1969 TARTAN

TARTAN

1969

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Helix High School
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La Mesa, California

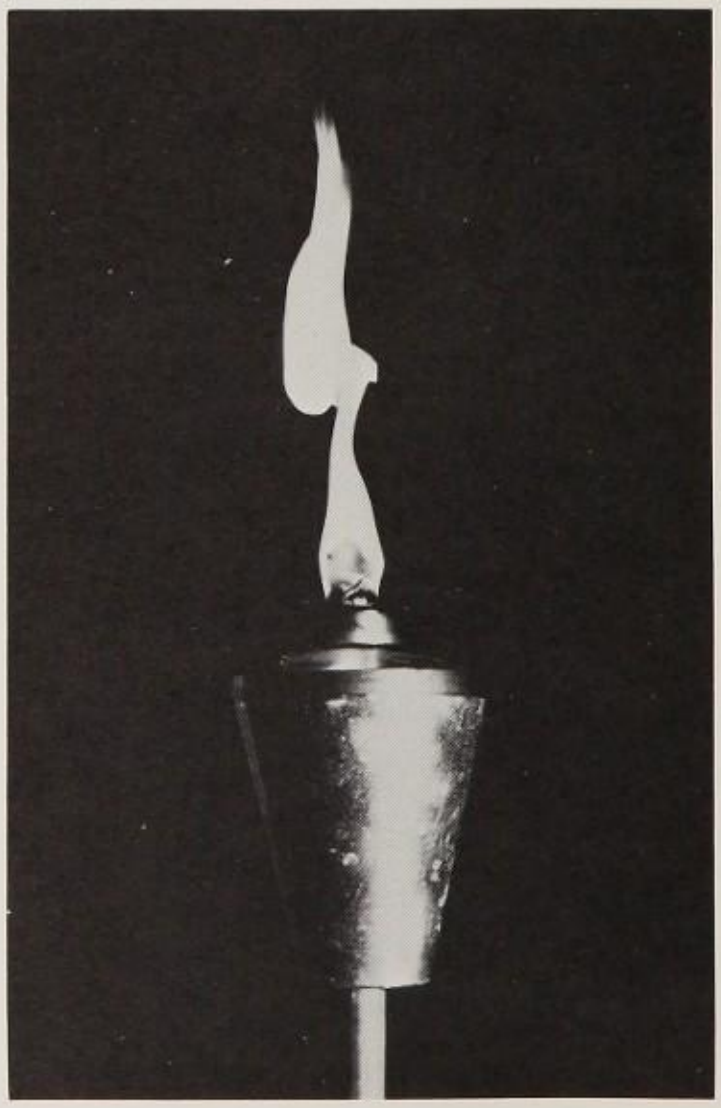
As We See It

In 1952, when Helix High School graduated its first class of 234 Seniors, it was a far different place than it is today. Our school has greatly changed and progressed in that span of fifteen years.

Enrollment at Helix has doubled since it first opened its doors. This year 578 Seniors will graduate. Achievements in all areas of academics and sports have won us the recognition of being one of the finest schools in the county.

This year we have made more progress than ever before. Where basketball courts once stood, now stands a new $141,000 classroom building. The editors of the 1969 TARTAN have endeavored to capture this progression. We feel that the light that has led us and helped us develop will keep shining in the years to come.

Hence our theme . . .



. . . The Torch of Progress

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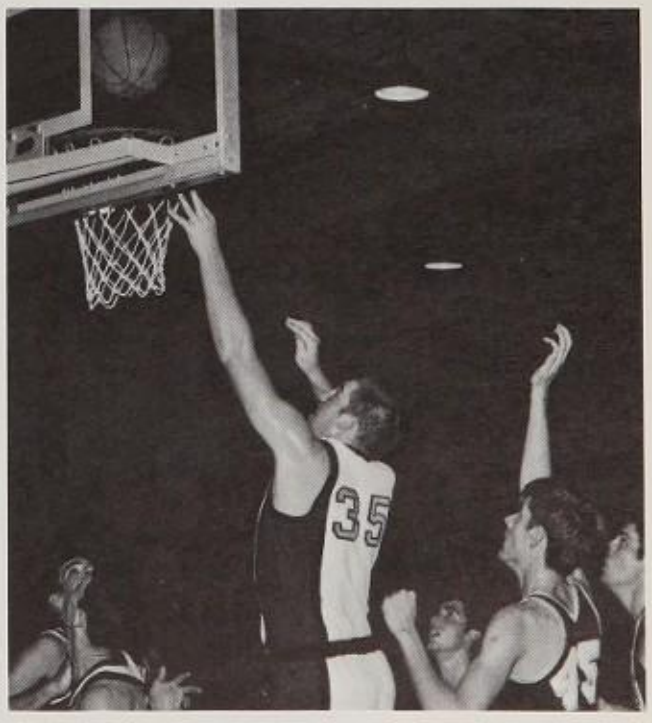
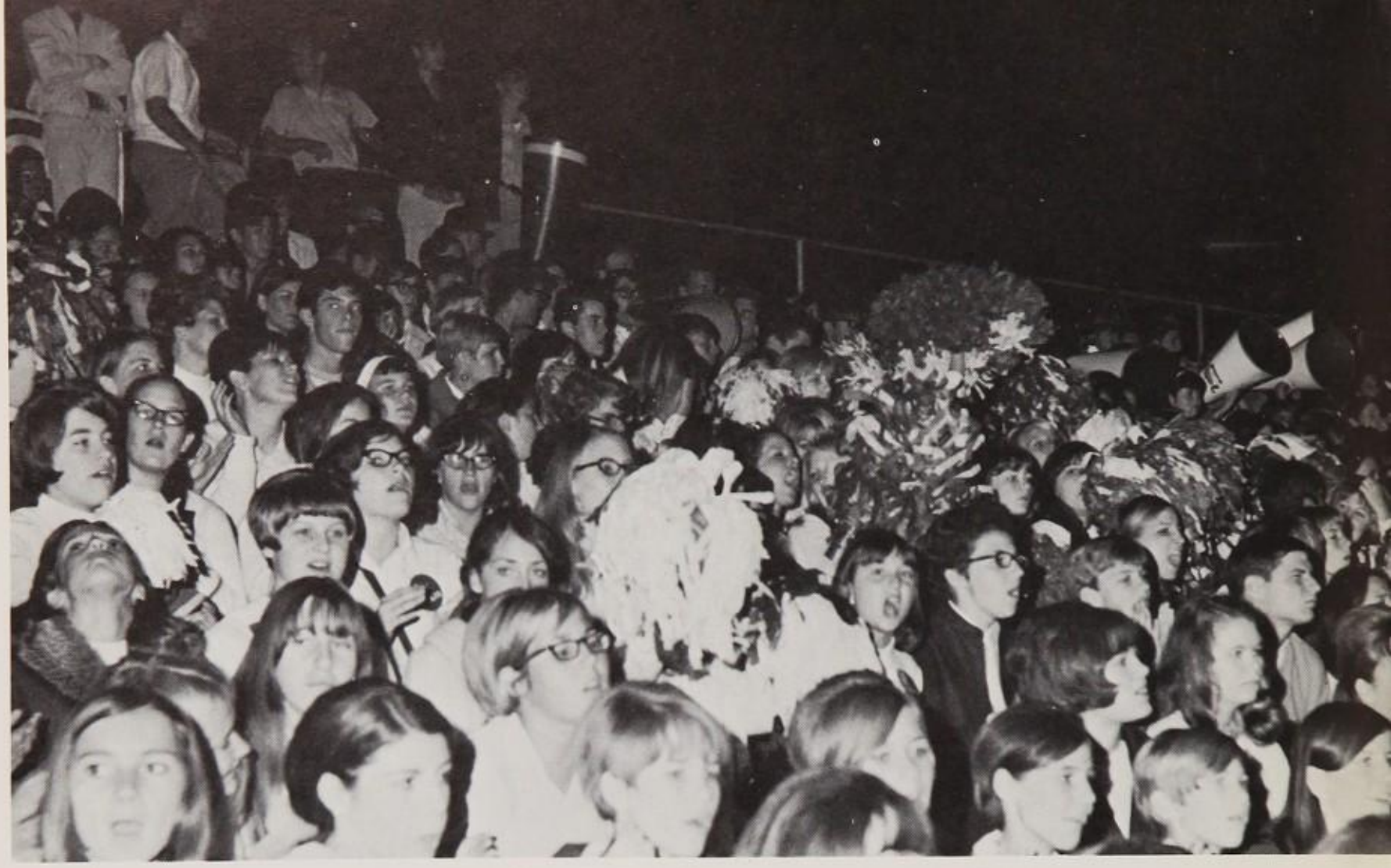




Highlanders opened their mouths wide and cheered their team on to victory against Mount Miguel.

Helix Spirit Has A

"Monte Vista - We salute you."

A lot of leg and a lot of spirit is demonstrated at Helix's early morning pep rallies.

The Senior benchwarmers added glamour and spirit to Helix's football games.

Lot of "hubba-hubba"

"We're from Helix. We couldn't be prouder. And if you can't hear us, we'll yell a little LOUDER!" The Helix Highlanders did yell a **lot** louder as they cheered on their great football team to victory. A new addition to Helix's spirited throng was the Sr. Benchwarmers. And accompanying our peppy cheerleaders, the Helix Pep Band worked hard this year, playing at every game.

"Laugh over Mount Miguel."

"Hot-dogging it" around the new go-cart center has become a favorite pastime of many thrill-seeking Highlanders.

Highlanders "brave the bumps" on San Diego's exciting Astro-slides.

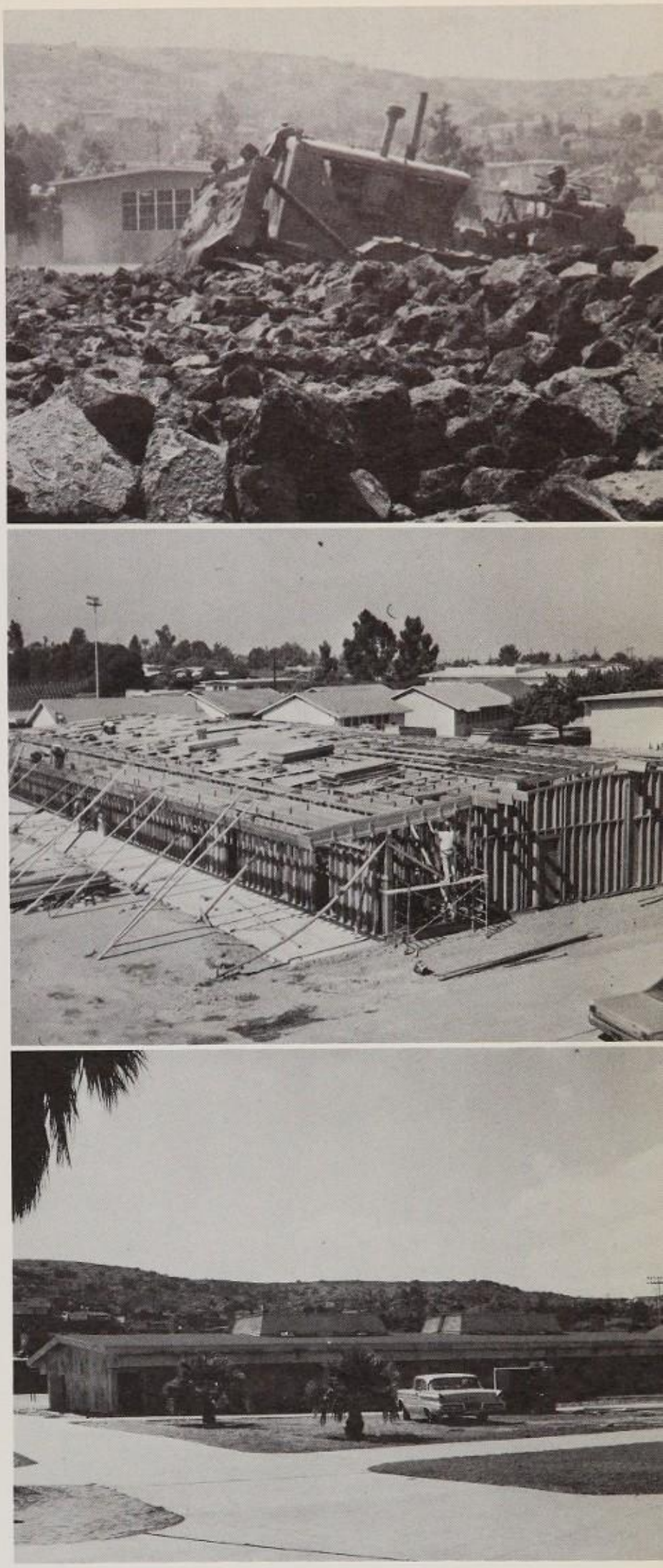
Highlanders Enjoy Changes On

Amid jokes and laughter, Helix' lassies were told the do's and don'ts of dressing.

This movie of outer space and inner religious meanings attracted many Highlanders.

And Off Campus

On the Helix Campus this year there were many noticeable changes made. One of them was the erection of our new modern building, which includes air-conditioning, built-in audio-visual aids and portable walls. The 'pleasure-seeking' Scotsmen found such things as go-carting and sliding to be the "in" exciting thing to do. For those who really wanted to "freak-out", such movies as **2001** provided ample stimuli. All in all, Helix met another exciting year head-on and made the most of it.



Our new building progressed rapidly—from broken earth to modern, livable classrooms.

HELIX HIGH
BASKETBALL 7 10 WREST 7
SENIOR PLAY DEC 8 9
TOYS FOR TOTS
CHORAL CONCERT DEC 10

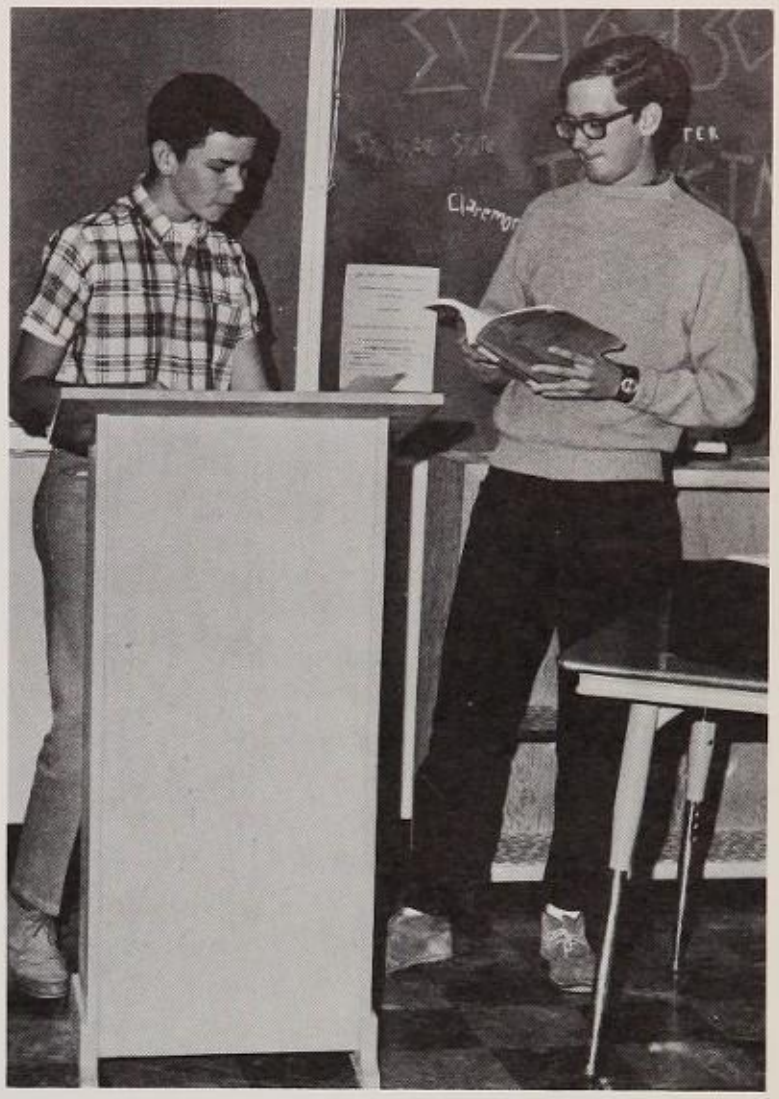
"Hooked on

Highlanders' zest for food extends even to the cafeteria.

The feeling of victory was not a stranger to Helix gridders.

a Feeling''

There are many kinds of emotions in this world. There are feelings of good will, triumph, accomplishment, and failure. All of us have a special feeling—a favorite thought—that we think of every now and then. We get ''hooked on a feeling'' that we really dig and the whole world just seems like a better place to live in. A special feeling that the whole world wants, yet finds hard to get, is the feeling of Peace. Why can't the world get hooked on that feeling of brotherhood and love?



Emotions can sometimes be put into words.

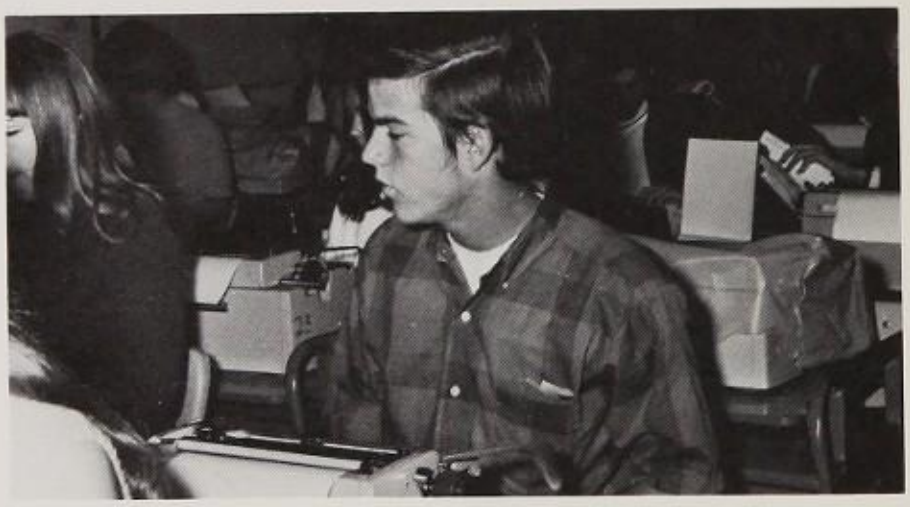
Workin' on a groovy thing.

There comes a time when one must be alone to think things over.

Here are many hard-working people raising money for a worthy cause - the 1969 TARTAN.

Do Highlanders Work

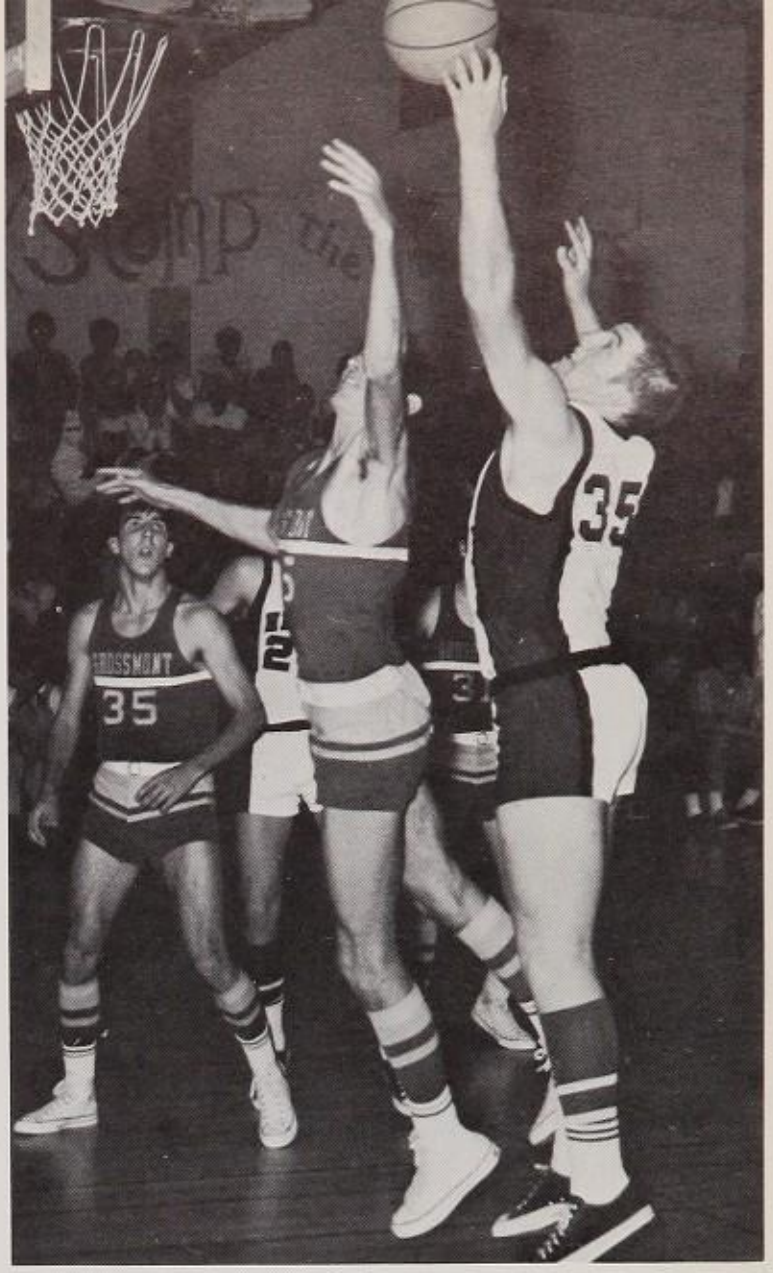
Working hard.



Typing class is one of activity and hard labor on your finger-tips.

Kids, there is a Santa Claus!

Highlanders "lab it up" in the Physical Science laboratory.

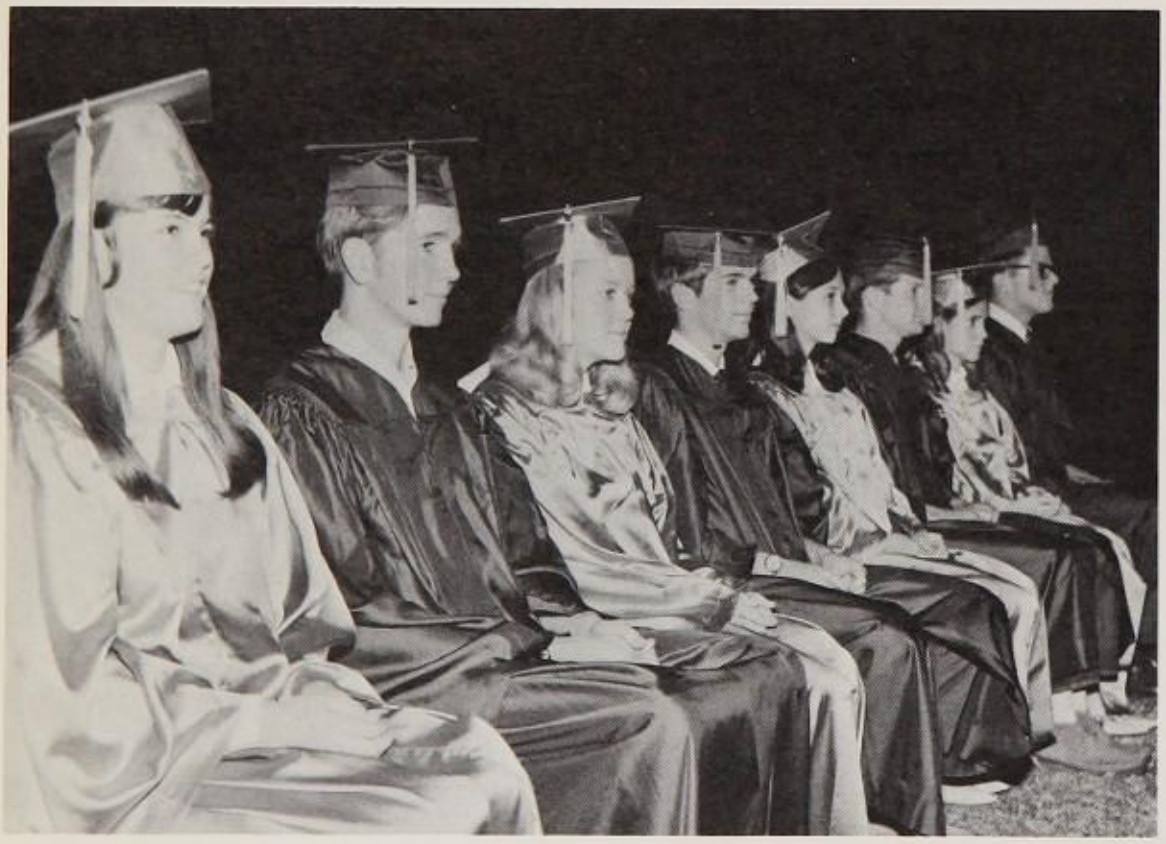


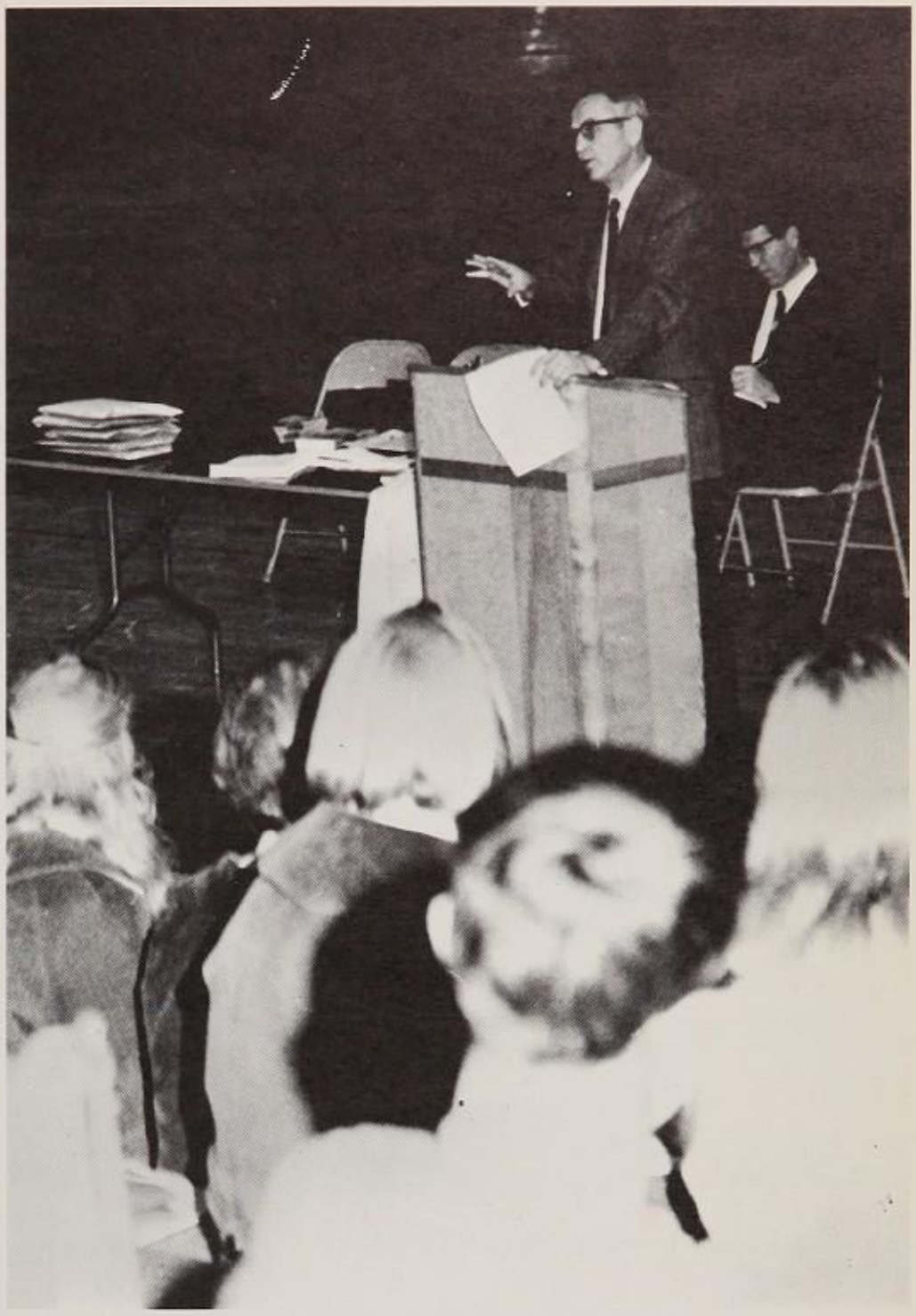
"Hooping" it up again?

Hard?—YES!

Whether it was working in the laboratory, washing cars, or practicing hard at sports, Helix Highlanders managed to keep themselves busy throughout the year. One new project started was the Christmas candy and toy collection by the language classes. In order to give needy children a merry Christmas, the foreign language students donated toys and candies, and even Christmas trees, to their cause. All in all, Highlanders worked hard and wrapped up an exciting 1968-1969 school year with a bundle of achievements.

Many students managed to study at the library, above the illegal uproar of conversation.

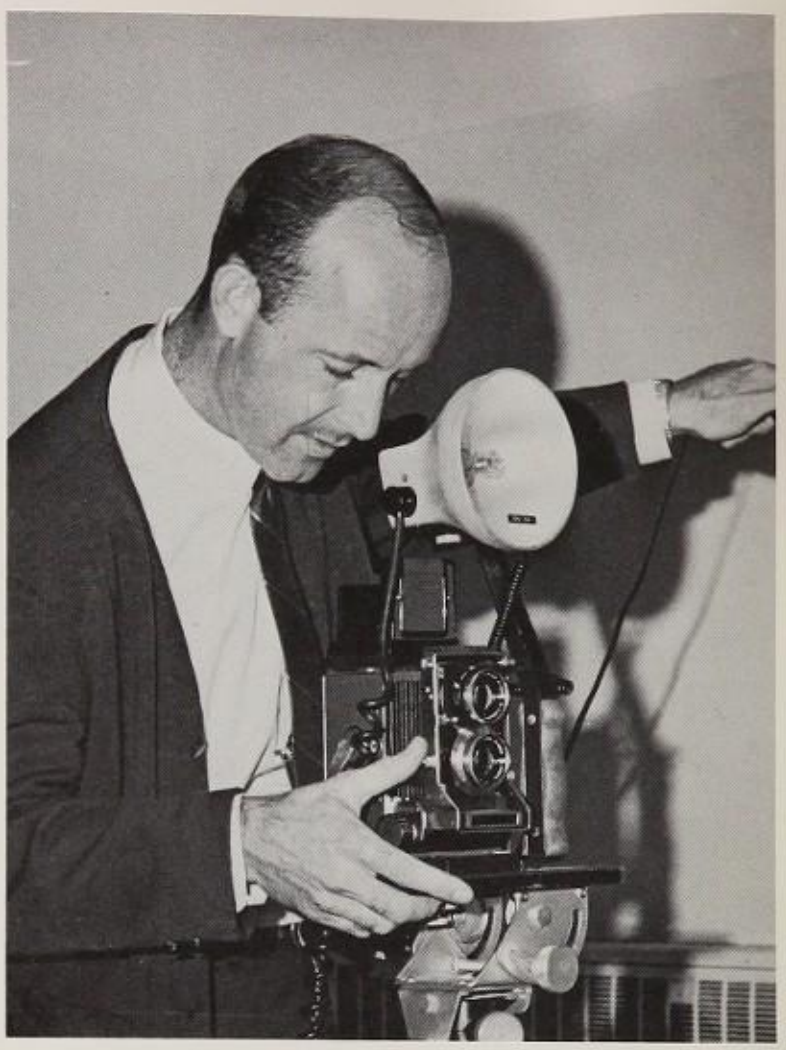




SENIORS

Dedication

Participating in the Car Smash for Hoot Mon, Mr. Ray exhibits enthusiasm for school activities.



It is a familiar sight to see Mr. Ray taking pictures.

Mr. Ray is always ready to give assistance to Helix students.

The Senior Class of 1969 dedicates this year's TARTAN to Mr. Roland Ray. As advisor of the yearbook, he has spent many long hours taking pictures and giving advice. Mr. Ray is always eager to participate in school activities. He can be seen photographing many of our school functions. Mr. Ray has always been friendly to the students at Helix and is always ready to lend a helping hand. It is for these reasons that we, the graduating class of nineteen hundred and sixty-nine, dedicate the TARTAN, with deep appreciation, to you, Mr. Ray.

Miss Robbins, Counselor

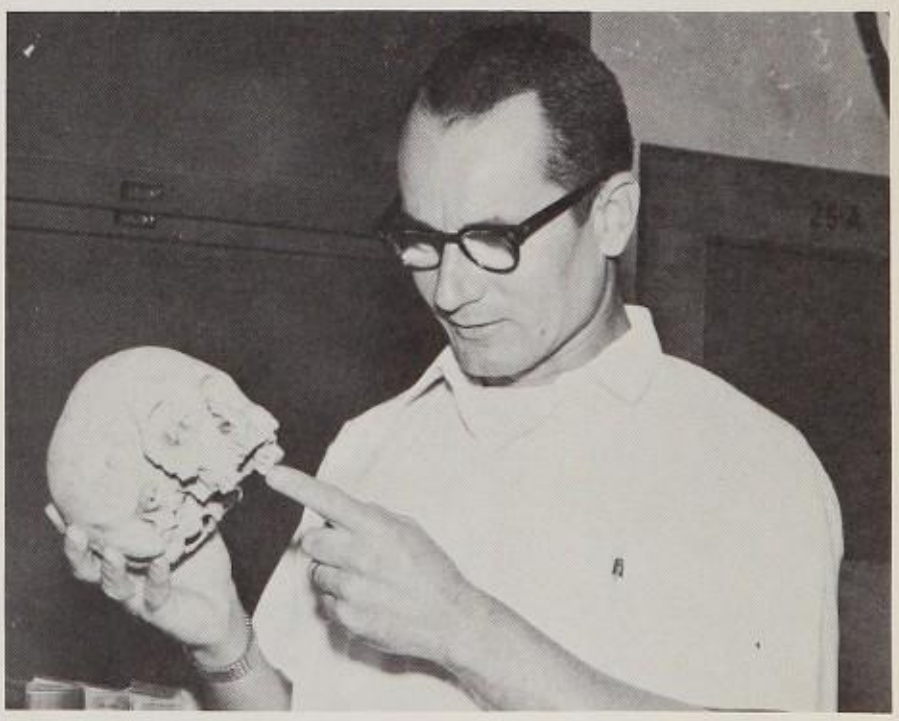
Mr. Ramsey

Advisors

The Senior Class advisors sponsor all of our activities. They have guided us through our four years in high school and have always been on hand to give advice. In accordance with their efforts, we would now like to offer our sincere thanks and appreciation for the time and help they have given us.

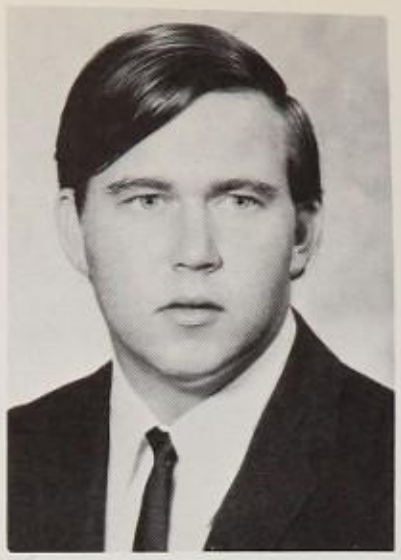
Mrs. Haynie

Mr. Carlton, Counselor



Mr. Pirie

Gale Sutton and Roberta Merritt talk to Mac.



ALAN ABERNATHY

LARRY ADAMS

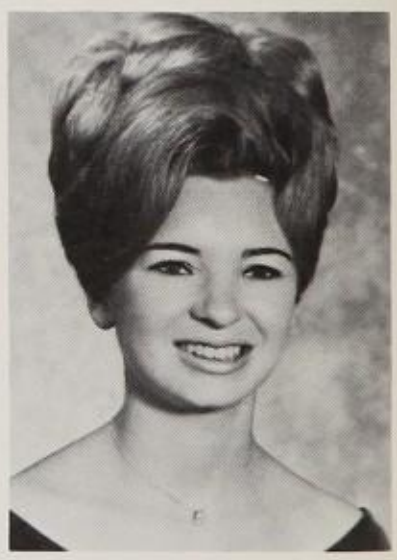
TONY ADOLPHSON

ROBERT AGUIRRE

CAROL ALBANESE

RACHELE ALBANESE

JOSE ALCALA



SHIRLEY ALEXANDER

MIKE ALTHOF

NANCY ALLRED

NANCY ANDERSON

CURT ANDERSON

ADAMS, LARRY MARION
ACTIVITIES: Lettermen's Club 4; Track 2,3,4. MEMORY: My Junior and Senior years, Mr. Kahan, Mr. Woods, Coach Muirhead, and a dumb girl.

AGUIRRE, JESUS ROBERT (Popeye)
MEMORY: All of the good times with Sherry, Ron and Mackey at A&W Root Beer, dances, Mt. Helix, Jan. 16, 1966, Soul and Inspiration.

ALBANESE, CAROL JEAN (C.J.)
ACTIVITIES: Y-Teens 1,2,3,4; Campus Life 3,4; Christmas Dance Comm. 1,2; Swim Team 3; Sr. Board (Prom Comm. Chrm.); Carousel Princess 1; Nominating Convention 1,2,3,4. MEMORY: Concerts, Purple Haze Building, Steve's, Mt. Helix, Balboa Park, Fair, 3:00 A.M. trip, Pop Festival, all of us, and paranoid.

ALEXANDER, SHIRLEY E.
ACTIVITIES: Library Club 1; Big Sister 3,4; Campus Life 4. MEMORY: I will always remember the "strong one" and the friends I've made.

ALLRED, NANCY JO
ACTIVITIES: Y-Teens 2,3,4; Nominating Convention 3,4; Sr. Benchwarmers. MEMORY: Gorilla Girl, summer of "66," Y-Teens slumber party, beach parties, Bon, Deb, and Frog with our little party, and Gary.

ANDERSON, BONNIE G.
ACTIVITIES: Y-Teens 1,2,3,4; Sr. Benchwarmers. MEMORY: The summer before my Senior year with that certain someone, August 5, 1968, "Junior," and the girls.

ANDERSON, CURTIS NEAL (Stocus)
ACTIVITIES: Basketball 1,2,3; Track 1,2,3,4; TARTAN 1,2,3,4; Head Photographer 3,4. MEMORY: Joe Manor for Frosh English, Little Danny, Huba-Huba workouts, and knees flexed and hands up. "See You In September"

ANDERSON, GAROLD C.
ACTIVITIES: Football 1,3,4; Basketball 1,2; Baseball 1,2,3,4. MEMORY: Hoover game "68," my senior year and all the fine athletes.

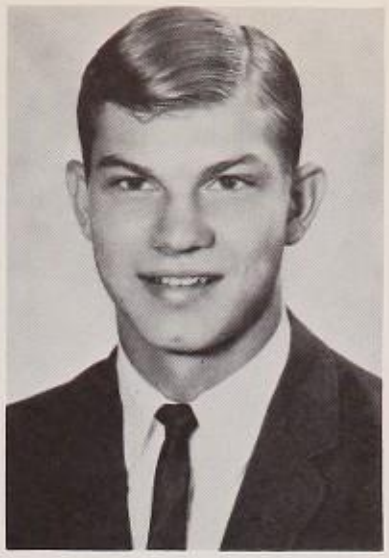
ANDREWS, MERLENE D.
ACTIVITIES: Big Sister 2,3; Christmas Dance Comm. 2,3; Y-Teens 1,2,3,4; Sr. Benchwarmers; Nominating Convention 2,3; Campus Life 2,3,4; Fashionality Night Comm. 4. MEMORY: Malt Jam, Tab, Halloween "65," wonderful years with Lee, my Frosh year, the Harvard street gang, Maham, and Point Loma.

AQUA VIVA, NICOLE (Nikki)
ACTIVITIES: Y-Teens 1,2,3; Nominating Convention 2,3,4; Page 3; Campus Life 3,4; Girls' League Christmas Dance Chrm. 4; TARTAN 3,4; Sr. Benchwarmers; ASB Play "Harvey," "Bye Bye Birdie," and "My Fair Lady." MEMORY: A new friend, Lynette giving me a concussion, talks with Mr. Ray, papering, captivating moods, Tom's whirlpool, "Hello, fun seekers!"

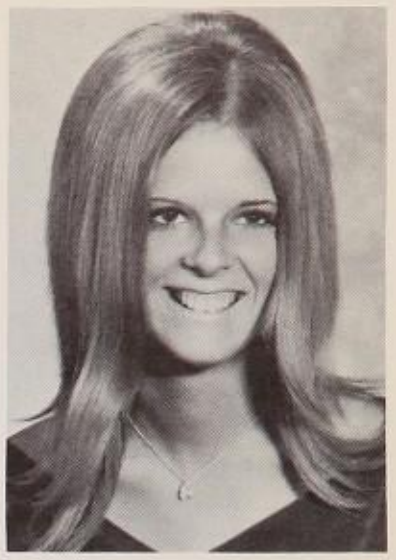
ARGUBRIGHT, KENT F. (Augie)
ACTIVITIES: CSF 1,2; Bagpipe Band 2,3,4; Chess Club 3; Nominating Convention 1,2,3,4; Baccalaureate Usher 3; Cross Country, Track 2,3. MEMORY: Mr. Stearn's jokes, Coach Speidel's cheers, happy numbers in chemistry, Cosner Soul Saving Society, Bagpipe Band practices at night and porcupine.

ARNTSON, DAVID RAY (Dave)
ACTIVITIES: Frosh Football, Golf 2. MEMORY: Goofing off in class and going into the Marine Corps.

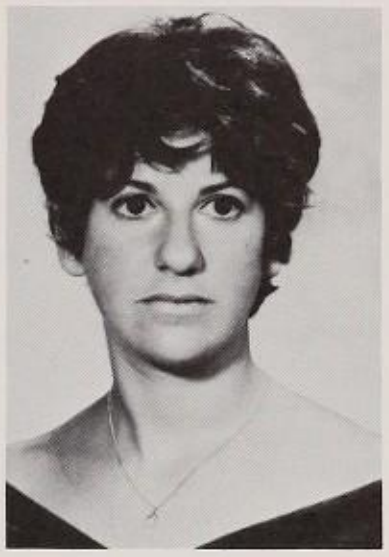
ARON, JAMES ROBERT (Rob)
ACTIVITIES: CSF 1,2,3,4; Science Club 1,2,3,4; Campus Life 1,2; Nominating Convention 2; Math Team 4; Graduation Ass't 3; Chess Club 3; Math Field Day 1,2,3. MEMORY: Huba-Huba, the Sophomore cruise with Admiral Stearns, Mr. Basketball's attitude, the football games, Mr. Hill's humor and "Church is out" Q.E.D.



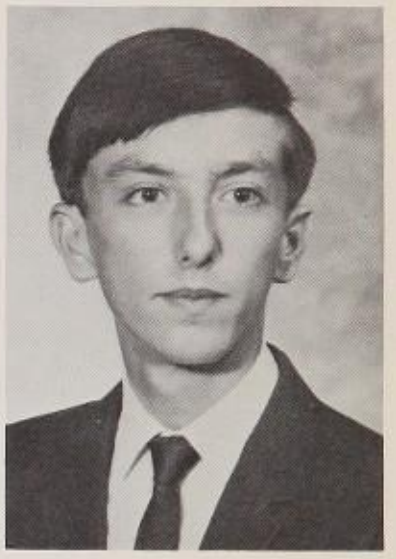
JERRY ANDERSON



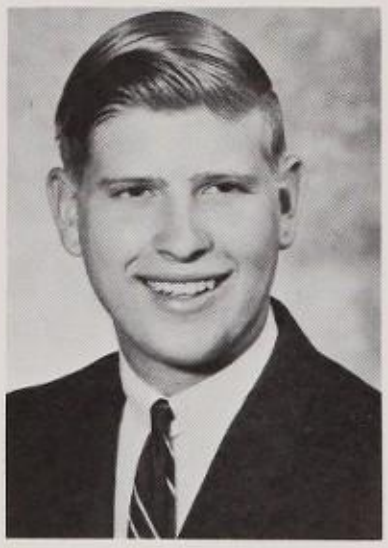
MERLENE ANDREWS



NIKKI AQUA VIVA



PAUL ARELLANO



KENT ARGUBRIGHT

DAVID ARNTSON

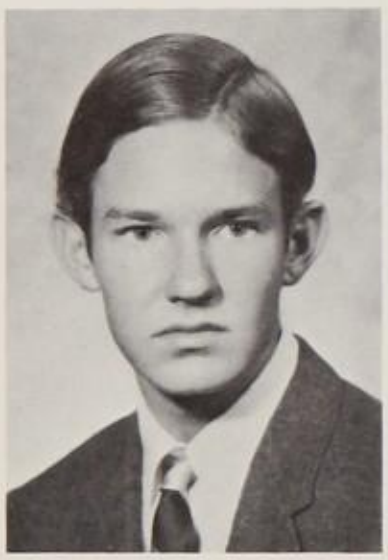
ROB ARON

JIM AZIZ

NANCY BAER

STAN BAILEY

ROSANA BANGS



DENNIS BARNES

ROB BARNETT

MEG BARSI

PAT BARTOL

TOM BEEBEE

BAER, NANCY JEAN (Nan)
ACTIVITIES: Tennis Team 4; Campus Life 1,3,4; Y-Teens 3; Young Life 3; Nominating Convention 2; International Club 2,3; Green Peppers 4. MEMORY: Summer of "68," grunion hunting, college dancer, moonlight tennis, all my wonderful friends, and Miss Moore's English class.

BANGS, ROSANA FAYE
ACTIVITIES: Girls' League Functions. MEMORY: My Senior year, my Civics and English classes, and the wild stories Mr. Grainger told us.

BARNES, DENNIS R.
ACTIVITIES: Basketball 1,2; Tennis 1,2; Nominating Convention 2; DECA 4; Key Club 4. MEMORY: Two days at Newport, speeding and the bummer days.

BARNETT, ROBERT ALLEN (Rabbit and Toes)
ACTIVITIES: Track 1,2,3,4; Basketball 1,2,3,4; Lettermen's Club 4; Key Club 4; Nominating Convention 1,2. MEMORY: Summer "68," the gang, CIF Track and State Meet, Ocean Beach and the shores, the little girl at Monte Vista, and "El."

BARSI, MEGAN GARNETT (Meg)
ACTIVITIES: Big Sister 3. MEMORY: Higby's English class and my Junior summer in San Francisco.

BERGER, LAURIE (Burgie)
ACTIVITIES: Y-Teens 1,2,3,4; Tennis Team 2,3,4; Campus Life 2,3,4; Bowling Club 3; Hula Hop Comm. 4; Senior Announcements 4; Big Sister 2,3,4. MEMORY: The elephant, SMH, our girls' Tennis Championship "67-68," "duder," summer "67," Junior and Senior years, Mrs. King and Mr. Lee.

BERGESON, DAN VERNE
ACTIVITIES: Wrestling 1,2,3; Track 1,2,3,4; Key Club 2,3,4; Nominating Convention 2; Student Council 2. MEMORY: "The Beach House," and being captured on Halloween.

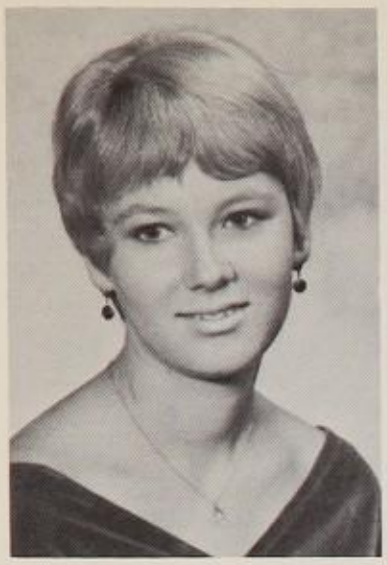
BICHOWSKY, JULIE M.
ACTIVITIES: Hi-Steppers 2; Campus Life 1,2,3,4; Christmas Dance Comm. 3; Hula Hop Comm. 3; Alumni Tea Comm. 4; NFL 3; Sr. Benchwarmers; Sr. Prom Comm.; Sr. Assembly Comm.; Nominating Convention 3; Fashionality Night Model 1,3; Drama Club 4; Big Sister 3,4; CSF 3; Inter-Club Council 3; Sr. Breakfast Comm. Sr. Banquet Comm. MEMORY: Singing with Betty, football games and spirit, Madame Auger, nervous speeches, the "clan," drama, Sweetheart Ball, Hawaii, Corps practices, and green.

BIRCH, ALAN LYNN (Lynn)
MEMORY: Micheline and the gang in Hammerschmit's study hall, Turtle Woman and Kim, March 23, 1968.

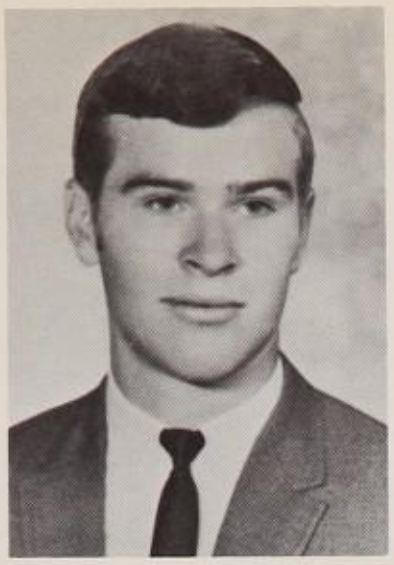
BISHOP, CAROL SUE (Carol)
MEMORY: Dave, Ensenada, all my good friends, the games I missed, summer time, Sunday mornings, my groovy teachers, "Bend Me, Shape Me."

BISHOP, MICHELE RAE (Shell)
ACTIVITIES: Big Sister 2,3,4; Student Council 2; Y-Teens 2,3; Hi-Steppers 3; TARTAN 4; Sr. Benchwarmers 4; Green Peppers 4; Quill and Scroll 4; Sr. Prom Comm.; Sr. Dance Comm. MEMORY: Summers "66" and "68," Hawaii, Jon, 48, Hi-Stepper practices, P.J.'s thoughts, Comrade Boone, Mr. Lee's quiet lectures, and all the fun times being with my friends.

BISSELL, RICHARD ALAN (Rick)
ACTIVITIES: Soph. Class Comm.; Jr. Class Comm.; Sr. Board Chairman (Special Events); Tennis Team 2,3,4; TARTAN 4; America's Abroad finalist from Helix; I-Club Pres. 4. MEMORY: Long hard hours spent on the courts and in books, but then lots of fun, and the good old Green Room.

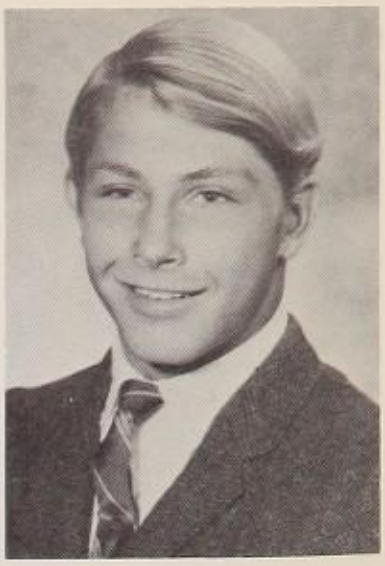


FRANCES BEEMAN



BARRY BEISWENGER

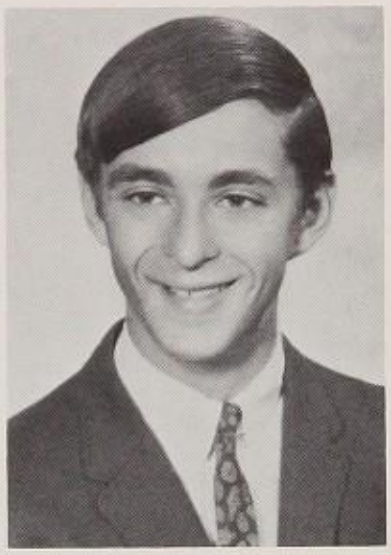
LAURIE BERGER



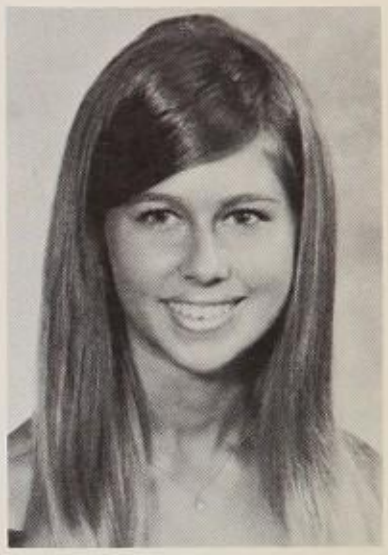
DAN BERGESON

DARYL BERRY

MARTHA BERRY



DOUG BETHUNE

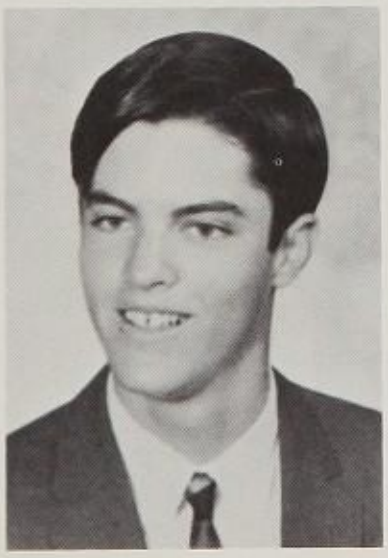


JULIE BICHOWSKY

LYNN BIRCH

CAROL BISHOP

MICHELE BISHOP



RICK BISSELL

Vona Gallemore cheers Highlanders on.

ESTHER BLACK

JOANN BLAHA

LINDA BLANKS

GARY BOBO

BYRON BODDY

ALAN BOYD

LINDA BOYETTE

JOHN BRANCH

RANDALL BRODERDORF

CHERYL BROWN

MARCIA BROWN

HELEN BROWNING

Nikki Aqua Viva and Lynette Carlile try out for the Senior Play.

BLACK, ESTHER MARIE (Essie)
ACTIVITIES: Library Club 1,2,4; I-Club 1,2,3; Future Nurses Club 3,4; Sec. 4; Inter-Faith Council 2,3,4; Campus Life 1,2,3,4. MEMORY: Madame Auger's third year French, "Beef," and our mountain, fun and follies with Karensky, Gale-baby and Kathy, and General Assembly.

BLANKS, LINDA J.
ACTIVITIES: Nominating Convention 1; Hula Hop Comm. 1,2; Hi-Steppers 2. MEMORY: April 2, 1966, "8," football games, Gary.

BODDY, BYRON
ACTIVITIES: CSF; Bagpipe Band; Nominating Convention 2. MEMORY: Mr. Hill's insane jokes, Schwendy, Dr. Vogel's sex education, Prof. Ramsey's happy numbers, Stearn's victory in the Pacific, and the Speidel attitude.

BOYD, ALAN MAC MULLIN (Al)
ACTIVITIES: Football 1; Wrestling 1,2,3,4; Track 1,2,3; Frosh Treas.; Ass't. Commissioner of Publicity 3; Key Club 2,3,4; Nominating Convention 1,2,3,4. MEMORY: Palm Springs, cabin, Commission Class, the Green Bomb, football, Key Club, joints, the gang, Jan, Dee Dee.

BOYETTE, LINDA J. (Angel)
ACTIVITIES: Roman Banquet 2; Activities Comm. 2; Campus Life 3,4; Big Sister 3,4; Nominating Convention 3,4; Sr. Benchwarmers. MEMORY: Football games, dances, my sister Linda, my talks with Rob, "Light My Fire," colored visors, and one very special guy.

BROWN, CHERYL (C.B. or Chuggers)
MEMORY: How all the kids at Helix were friendly towards me when I came here in the beginning of my Senior year.

BROWN, MARCIA ANN (Mut-Head)
ACTIVITIES: D.E. Student Manager; Y-Teens 4; Sr. Benchwarmers; Tennis 3. MEMORY: Summers of "66," "67," Christmas Dance "67," Hi-Ho, "Sky Pilot," Pop Festival, Concerts, Bumper, Te-Te, outrageous.

BROWNING, HELEN ANN
ACTIVITIES: Green Peppers 1; Gymnastic Club 1,2. MEMORY: November 16th and 17th, 1967, the night Madell, Jim, John and I went to the Catamaran, and all the fun we had together.

BURGER, JOEL WESLEY (Wes)
ACTIVITIES: DECA Pres. 4; Student Council 2,3,4; Nominating Convention 1,2,3,4; Speech Team 4; Football 1; Swimming Team 1. MEMORY: Lynette in Chemistry, all the study halls, and all my good friends.

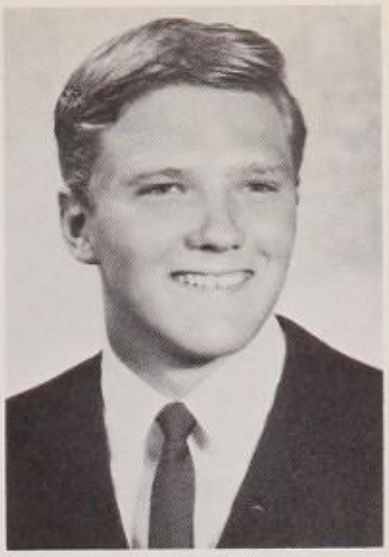
BURKE, DANIEL DURWARD
ACTIVITIES: Football 1,3; Baseball 1,2; Campus Life 2,3,4. MEMORY: Peter's Palace, last part of my Frosh year and summer, meeting Julie, and all the fun at Helix.

BUSKIRK, JO LYNN
ACTIVITIES: Y-Teens 2; Student Council 2,3; Nominating Convention 1,2; Campus Life 2,3,4. MEMORY: Flaking, flying kites, Herekiah, Torrey Pines, prune trees, and changes.

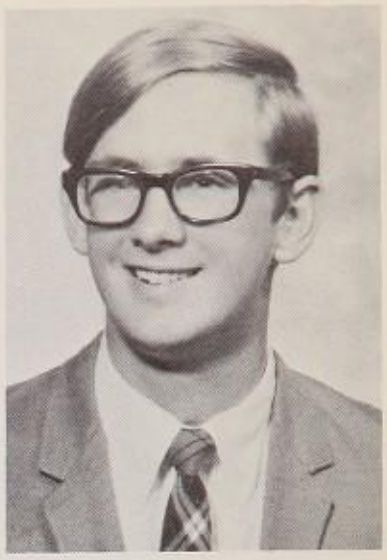
BUTLER, VIRGINIA LEE (Ginny)
ACTIVITIES: Big Sister 2,3,4; Swim Team 3,4; Girls' League Comms. 2,3,4. MEMORY: Mr. Ramsey's Chemistry class and Van Pelt, Senior Math class of all boys, Miss Garcia's classes, and Bill Arnold.

BYDEVIER, YVONNE
ACTIVITIES: Girls' Glee, Fashionality Night Comm.; Alumni Tea Comm.; Canned Food Drive Comm.; Choir 3,4; Choir Office Sec.; Green Peppers 1; Sr. After-Game Dance Comm.; Y-Teens 4.

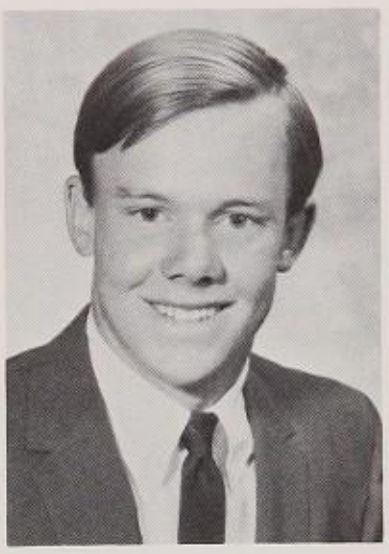
CALABRO, STEVEN (Pizza)
ACTIVITIES: Bowling Club 1,2,3,4; Key Club 4. MEMORY: Summer with Jeanne, the hard times with Hammerjaws, the wedding, blind date, Angel and Popeye, August 31, and the circus.



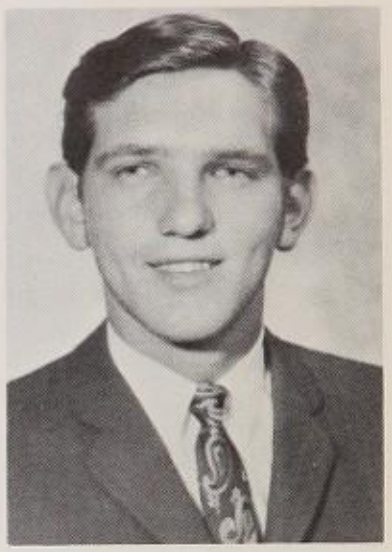
TIM BULOW



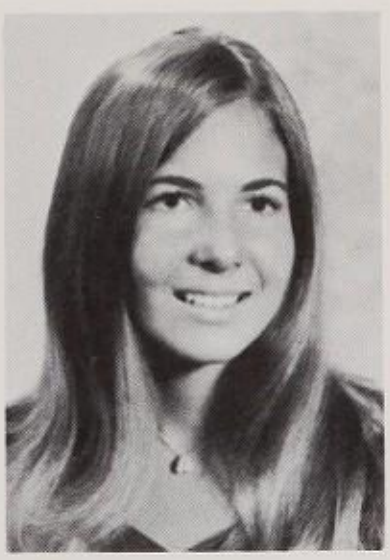
WES BURGER



DAN BURKE



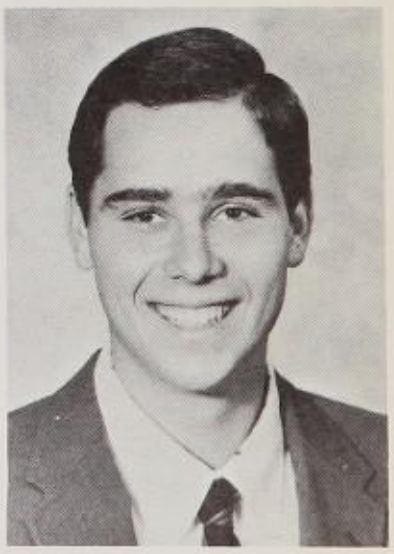
GORDON BURROWS



JO BUSKIRK

GINNY BUTLER

YVONNE BYDEVIER



STEVEN CALABRO

KATHY CAMPAGNA

KARIN CAMPBELL

KOCHIENNE CARDIN

LYNETTE CARLILE

VICTOR CARLINO

CHERYL CARLSON

JUDY CARTER

PAM CASALE

CAMPBELL, KARIN ANN (Frog)
ACTIVITIES: Y-Teens 1,2,3,4; Green Peppers 1,2,3,4; Campus Life 1,2,3,4; Nominating Convention 3,4; Student Council 3; Sr. Benchwarmers; Sr. Comms. MEMORY: Hoot-Mon, bicycle race, Gorilla Girl, football games, true friends, Alv., Taco-Tisha, slumber party, "that's the way God wanted it."

CARDIN, KOCHIENE M. (Koch)
ACTIVITIES: Hula Hop Comm.; Soph Class Council (Publicity Chrm.); Tennis 1,2,3,4; Vice-Pres. 2,3; Choir 4. MEMORY: Jimjann, Betsy, Sue Ann, the little kid, the hassle, Concerts, happenings, Brain Police Dance, Smithy, pink waves and paisley walls.

CARLILE, LYNETTE KAY
ACTIVITIES: Girls' Glee 1; Choir 2,3,4; Student Council 3,4; Christmas Cance Comm. 4; Hula Hop Comm. 4; Campus Life 2,3,4; Choraliers 4; Bye Bye Birdie 3; Sr. Benchwarmers 4; Daily Bulletin 3; Nominating Convention 3. MEMORY: Great football, hamburgers, Nikki giving me a concussion, Mr. Manor's civics, chemistry and Wes, "Higher Discussions," the gang, "Mr. Lee-Humanitarian."

CARLINO, VICTOR JAMES (Buttercup)
MEMORY: A certain girl and R. T. Wood's civics class.

CARLSON, CHERYL LYNN (It)
ACTIVITIES: Campus Life 1,2,3,4; Y-Teens 3; Nominating Convention 4; Big Sister 2,3,4; Christmas Dance Comm. 4; Green Peppers 4. MEMORY: L.B., Seaside, the gang, trying to surf, April 2, "67," Prom "67," summer "67," "68," the hearse, and especially Bob.

CARTER, JUDY (Blackie)
ACTIVITIES: Hi-Steppers 3; Y-Teens 1,2,3. MEMORY: My Freshman year, Mama Drake's English class, Cindy finally getting Scott, and Indian.

CASALE, PAMELA LESLIE (Pam)
ACTIVITIES: Big Sister 4; Christmas Dance Comm. 4; Hula Hop Comm. 4; Y-Teens; Campus Life 1,2,3. MEMORY: Summer cruises, staying at the beach, forth coming trip to Hawaii, Miss Garcia, certain people, "Down on Me."

CHAMBERLIN, DEBBY (Turtle)
ACTIVITIES: Y-Teens 1,2,3,4; Nominating Convention 1,2,3,4; Leadership Conf. 1,2,3,4; Green Peppers 1,2,3,4; Ass't. Commissioner of Publicity 3; J.V. Cheerleader; Varsity Cheerleader; Publicity Comm. 1. MEMORY: The 1966 Leadership Conference, Liverpool Court, Tracey's chicken, and about ten people that made it all worth going through.

CHEUNG, PATRICIA (Patti)
ACTIVITIES: Nominating Convention 1; Student Council 1; Tennis 2. MEMORY: Football games, Nov. 23, 1966, "Together."

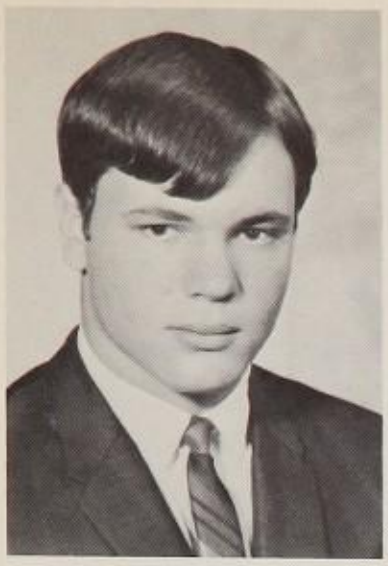
CLARK, VIKI JANE (Vik)
ACTIVITIES: Hi-Steppers 4; MEMORY: I will always remember being mistaken for a "Nark" in my junior and Senior year. Also I'll remember Hi-Steppers.

CLAY, KENNETH JOESPH (Ken)
ACTIVITIES: CSF 2,3,4; Bowling Club 1,2,3,4; Nominating Convention 2; Student Council 2; Tartan Bearer. MEMORY: Mr. Schwendiman's monsoon lectures, Mr. Stearn's political philosophies, Mr. "Attitude" Speidel's football cheer, and Coach Hammerjaw's tennis shoes.

CLEMENS, KRISTINE MARIE (Kristy)
ACTIVITIES: Y-Teens 1,2,3,4; Green Peppers 2,3,4; CSF 3,4; Campus Life 2,3,4; Young Life 3,4; Student Council 2,3; Soph. Class Council; Jr. Ring Comm.; Jr. Activities Comm.; Jr. Class Cabinet, Sr. Board; Cap and Gown Chrm.; Prom Comm.; Sr. Breakfast Comm.; Big Sister 2,3,4; Leadership Conf. 2,3,4; Nominating Convention 3,4; Graduation Usher 3; Christmas Dance Comm. 2,3,4; Hula Hop Comm. 2,3,4; Fashionality Night Comm. 3,4; Girls' State; Varsity Cheerleader 4. MEMORY: The Honor (?) Group, Danny, upsets of Spring "68," Lovebug, "Dickie," Mr. Higby and the dictionary, Girls' State, every Friday Night of my Senior year.

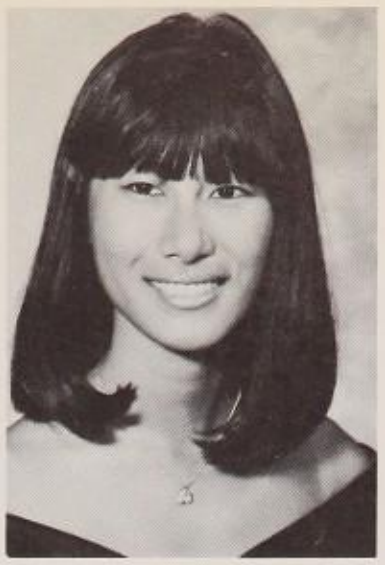
CLIPPINGER, STEVE A.
MEMORY: Beach House, flying saucers, and visiting Mrs. Yawkey.

COLLINS, SANDRA RAE
ACTIVITIES: Y-Teens 3,4; Gymnastics Club 3; Green Peppers 3; Campus Life 4. MEMORY: Football games, Junior English, tryouts for cheerleader, getting to know the school, and kids here, the gang, Spud.



ROMAN CHAM

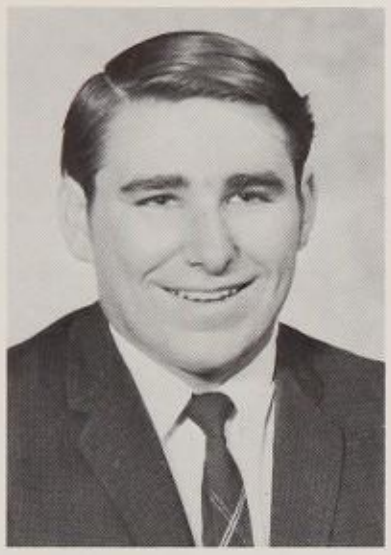
DEBBY CHAMBERLIN



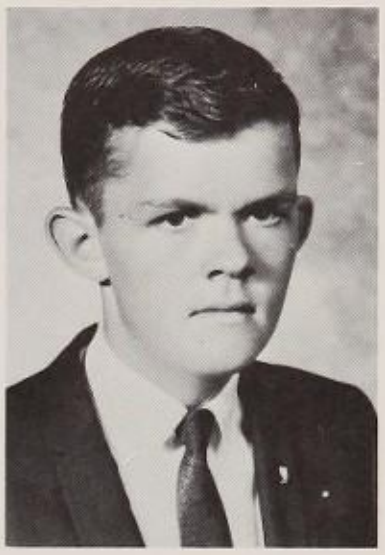
PATTI CHEUNG

TED CLARK

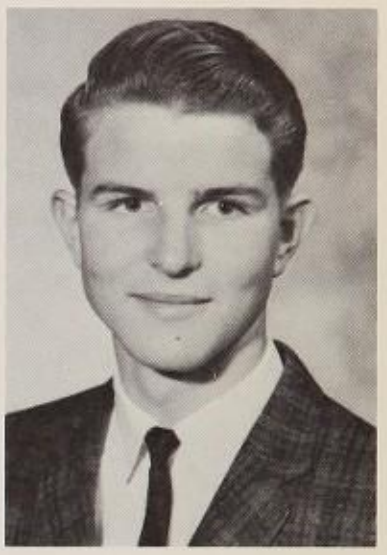
VIKI CLARK



WILLIAM CLARK

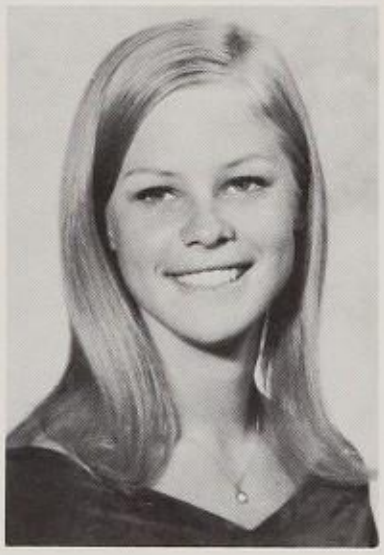


RICHARD CLARY

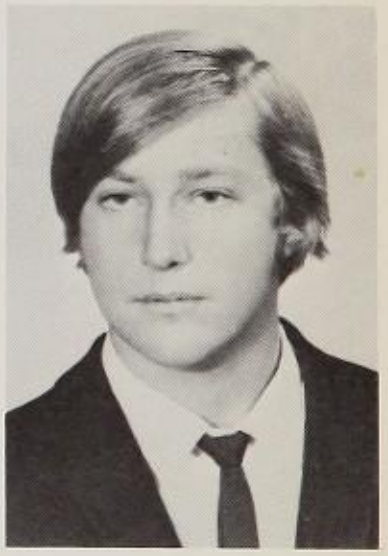


KENNETH CLAY

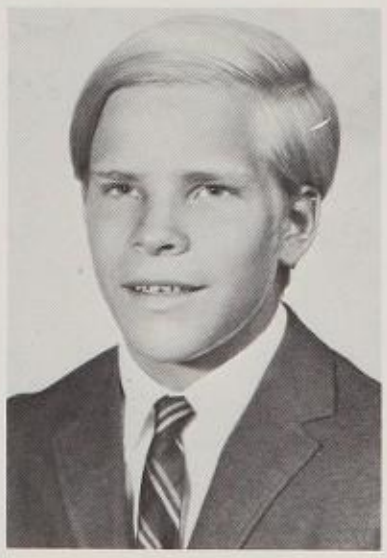
Senior Benchwarmers warm the benches at the Santana Game.



KRISTY CLEMENS

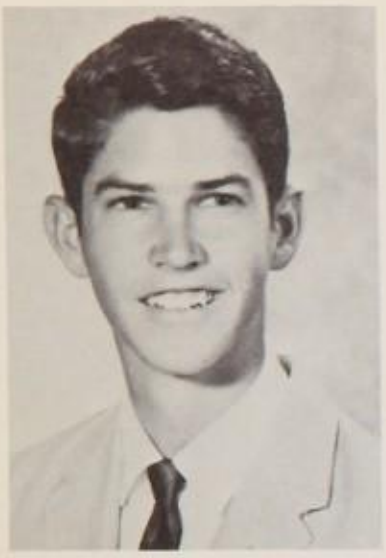


PAUL CLEMONS



STEVE CLIPPINGER

SANDY COLLINS



TOM COLLINS

SHANNON CONN

LINDA CANNEY

DON CONYERS

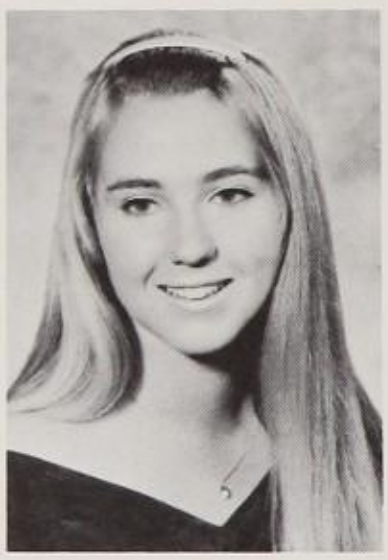
KARL CORBETT

CHRIS COSNER

GREG COUR

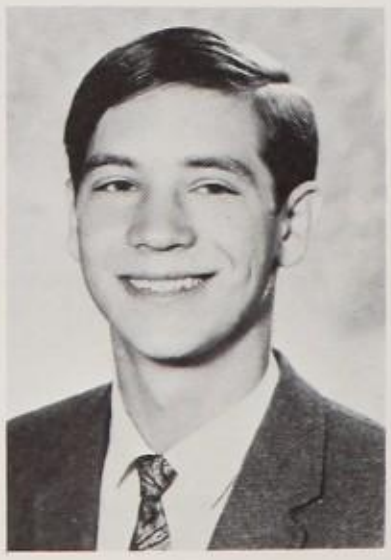
PATSY CREEL

Kristy Clemens adds spirit to the Highlanders.



PAT CROCKER

CARLA CROSS



JERRY CROUCH

PAUL CUSHMAN

COLLINS, THOMAS LAWRENCE (Tom)
ACTIVITIES: Cross Country 1; Track 1,2. MEMORY: Marine Street, the library at night, Disneyland.

CONN, SHANNON M.
ACTIVITIES: Mixed Chorus; Senior Glee; Choir 2,3,4; Choraliers 4; Sr. Benchwarmers; Library Club 1,2; Christmas Dance Comm. 1,4; Campus Life 3; Big Sister 3,4. MEMORY: Choir trips, April 1st, R.T. Woods and his green apples, football games and Senior Benchwarmers.

CONYERS, DONALD M. (Don)
ACTIVITIES: Library Club 1,2,3; Bowling Club 3,4; Nominating Convention 1,2,3,4. MEMORY: Mr. Lee's history class, R.T. Wood's civics and audio-visual, football, and that one special memory.

CORBETT, KARL ARTHUR
MEMORY: July 4th and many other liberations; people who made places and things worth remembering; those who showed me life's good things.

COSNER, GEORGE CHRISTOPHER (Chris)
ACTIVITIES: Nominating Convention 1; Science Club 1; CSF 1,2,3,4; Math Team 2,3,4; Scholastic Olympics 3; Tartan Bearer; Track and Cross Country Manager 2. MEMORY: Mr. Munson, Mr. Stearns, water fights, arguments won and lost, friends, math contests, highly illogical behavior patterns in myself and others.

COUR, GREG JOHN
MEMORY: My trip to Australia and back --- Tickle me Elvis.

CREEL, PATRICIA JO (Ski)
ACTIVITIES: J.V. Cheerleader, Nominating Convention 1,2,3; Leadership Conference 1,2; Soph. Activities Comm.; Y-Teens 1,2. MEMORY: Oct. 30, 1967, the Santana and Monte Vista football games "67," the J.V. games, Sheila's personality, Freshman year, Kenny, the crumby people here.

CROCKER, PATRICIA MARIE (Patty)
ACTIVITIES: Marching Band 2,3. MEMORY: Patty Poo, Spiderman, handball, the trips, my 4½ children, planting the radish patch on Grossmont's football field, the beach.

CROSS, CARLA LEE
ACTIVITIES: Hi-Steppers 2,3,4; Treasurer 4; Big Sister 2,3; Graduation Ass't. 3. MEMORY: Mr. Ramsey, football 1966, the number one corp of 1967, summer 1968, and allen, the surprise visit from New York.

CROUCH, DONALD JEROME (Cruncher)
ACTIVITIES: Cross Country 1,2; Track 1,2; AFS 3; Graduation Ass't. 3. MEMORY: Mr. Ramsey's three ways to make a million dollars, and T.J., the night we T.P.'d Hill's and Woodfield's house.

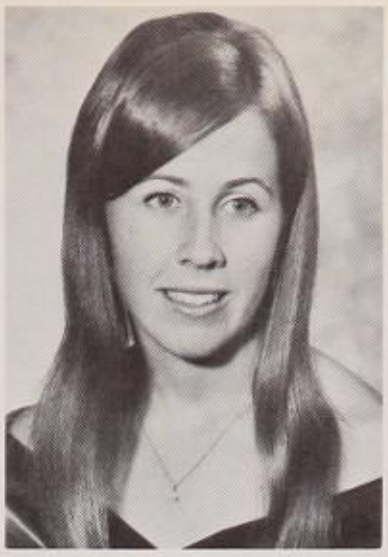
CUSHMAN, SUSAN LEE (Susy)
ACTIVITIES: Green Peppers 3,4; Campus Life 3,4; Christmas Dance Comm.; Big Sister. MEMORY: Football games, Coach Hammerschmidt's Biology class, Carlsbad, all the dummies, summer of "68" and my Junior and Senior year.

CYMAN, ROBERT HENRY (Boobie)
ACTIVITIES: Football 1,3,4; ASB Rep. 3,4; Nominating Convention 3, Student Council 4; Lettermen's Club 3,4. MEMORY: Summer of "68," football, and the nuttie people, "The Place," and Paula.

DAVIDSON, LARRY ALLEN
ACTIVITIES: Wrestling 1,2,3,4; Track 2. MEMORY: Mr. Helmuth's class, Mr. J. Boone, the great team we had in "67-68."

DAYHOFF, DEBORAH ANN (Dee Dee)
ACTIVITIES: CSF 2; "My Fair Lady" 2; Tennis Club 2; Girls' Swim Team 3; Nominating Convention 2,3; TARTAN 3,4; Quill and Scroll 3,4; Sr. Board; Cheerleader 4. MEMORY: Azteca, pizza, my 17th birthday, Cardiff-by-the-Sea, red roses, frozen peanuts, Oct. 29, 1966, "our picnic," beaches at night, and surfing.

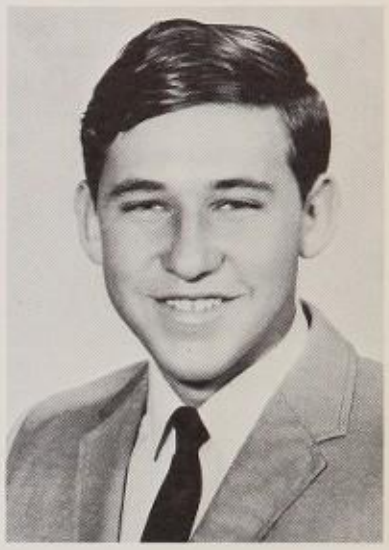
DEVINNEY, DARRYL (Stokey)
ACTIVITIES: Tennis 1,2,3,4; Chess Club 3,4; NFL 4; I-Club 4; TARTAN 4; Nominating Convention 2,3,4; Sr. Class Pres. MEMORY: The Junior After-Party, after the Santana Game "68," La Jolla "V," this hill, fire, all the out-of-sight people that go to Helix.



SUSAN CUSHMAN

TINA CUSUMANO

BOB CYMAN

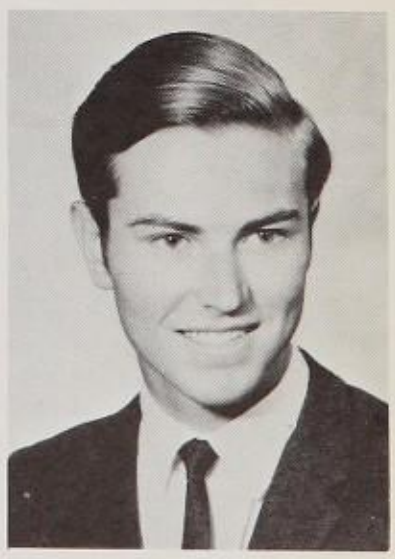


DAN DAUGHERTY

LARRY DAVIDSON

DEE DEE DAYHOFF

DARRYL DEVINNEY



DAN DE WINTER

DENHART, WILLIAM (Gus)
ACTIVITIES: Football 1,2,3,4; Basketball 1,2; Baseball 1,2,3,4; Lettermen's Club 4; Nominating Convention 2,4. MEMORY: Football games, Mr. Rolback, summer of "67," Hammer, lunch, first period, "67-68."

DENNIS, CHARLES ANDREW (Charlie or Chuck)
ACTIVITIES: ASB Vice-President 4; Boy's State 4; Student Council 1,2,3,4; Class Council 1,2,3,4; Nominating Convention 1,2,3,4; Leadership Conf. 2,3,4; Intra-District Leadership Conf. 4; Soph. Class Candy Sale Chairman; Trainer, Football 2,3,4; Track 3,4; CSF 1,2,3,4; Scholastic Olympics 1; Tartan Bearer 3; Science Club 1,2; Campus Life 1,2; Lettermen's Club 3,4. MEMORY: Kinky, Nominating Convention "68," football games, hamburgers at Dee Dee's, watermelon, Karl's humor, my Hemi, Hula Hop "68," Azteca, all my friends, Commission Class "68."

DILL, CATHERINE VIRGINIA (Repete)
ACTIVITIES: Campus Life 1,2; Alumni Tea Comm.; Big Sister 2,3; Hi-Steppers 2,3,4; Publicity 4. MEMORY: The fantastic spirited corps, "Ma Smith," the Superslide, June 29, 1968, the friendship "Pete" gave me through the years.

DILLAHUNT, JAMES (Dillajaws)
ACTIVITIES: Football 1,2,3,4; Baseball 1,2,3,4; Wrestling 1; Key Club 3,4; TARTAN Staff 3,4; Nominating Convention 3. MEMORY: Cabin, Green Bomb, Green Machine, Coaches, and all the good athletic teams.

DOLL, CYNTHIA LEE (Cindy)
ACTIVITIES: Nominating Convention 2,3; Student Council 3; Y–Teens 2,3; Green Peppers 2,3. MEMORY: Aztec football games, summer concerts, getting lost from Disneyland, the fabulous Mexico trip, our last Christmas, Big Bear, and Gary.

DONAGHE, DEBORAH ANNE (Deb)
ACTIVITIES: Nominating Convention 1,2,3,4; Y-Teens 1,2,3,4; Campus Life 1,2,3,4; Green Peppers 1,2,3,4; Jr. Ring Comm.; Christmas Dance Comm. 1; Senior Board Chrm.; Senior Talent Show; Sr. Benchwarmers; Soph. Class Council; Student Council 2,3; MEMORY: "That's the way God wanted it." Race, Dary's ring, Photography I, Goo-mobile, Gorilla Girl, October 4, 1968, all my true friends.

DOWLING, CYNTHIA LYNN (Cindy)
ACTIVITIES: Marching Band 1,2,3; Concert Band 1,2,3; Nominating Convention 2; Hula Hop Comm. 2,4; TARTAN Staff 3, Sr. Editor 4; Student Council 3; My Fair Lady 2; Girls' League Vice-President 4; Frosh Tea Comm. 4; Sr. Benchwarmers; Christmas Dance Comm. 4; Canned Food Comm. 4; Senior Comm.; Big Sister 4; Green Peppers 4; Leadership Conf. 4; Inter-Club Council 4; Fashionality Night Comm. 4. MEMORY: Band, Mr. Thompson, competitions, my brother Rob, TARTAN staff, social gatherings, Miss Robbins, Leadership Conference "68," Mr. Ray, Girls' League Cabinet, "74," "Shamrocks."

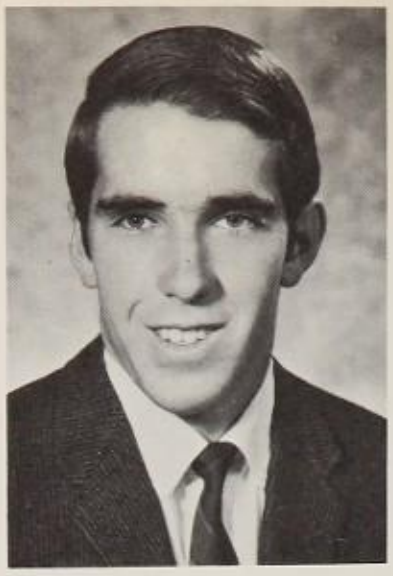
DRANE, JENNIFER LEIGH (Jenny)
ACTIVITIES: Soph. Class Candy Sale; Jr. Class Cabinet; Jr. Class Party Comm.; Jr. Class Publicity Comm.; Ass't ASB Vice-President, FLING: Y-Teens 1,2,3; Campus Life 1,2,3,4; Green Peppers 1,2,3,4; Big Sister 2,3; Leadership Conf. 3,4; Nominating Convention 1,2,3,4; Gymnastics Club 3. MEMORY: Summer of "66" and Ron, cheering at all the "66" football games, "67" Prom, Lumberwagen.

DUFOUR, LINDA SUE (LSD)
ACTIVITIES: Mixed Chorus 1; Choir 2,3,4; Big Sister 2; Christmas Dance Comm. 4. MEMORY: Choir and merchandising trips, my U.S. History class, my friends, Macbeth, Rosy, and Olivia, my sister, Turtles.

ELLIOTT, LYNN (Charley Tuna)
MEMORY: Mr. Pirie's Biology, Mr. Boone's U.S. History, summer of "68," my Junior year, all the surprise parties, New Years, our trip to Fort Ord.

ELLIS, JOHN FRANK (Fish)
ACTIVITIES: Football 1,2; Basketball 1; Swimming 1,2,3,4; Lettermen's Club 1,2,3,4; Frosh Vice-President; Campus Life 2,3,4; Nominating Convention 1,2,3,4; Leadership Conf. 1,2; Water Polo 3,4; Student Council 2,3,4; Lettermen's Club Treas. MEMORY: Mr. Ramsey's "Happy Atoms;" Luther's Fire Brigade, Hollywood, Jon and the Fun in the Sun Club, Senior year and visors.

ELY, RICHARD (Rick)
ACTIVITIES: Track 1,2,3,4; Basketball 1,2,3; CSF 1,2,3,4; Lettermen's Club 1,2,3,4; Leadership Conf. 2,3; Nominating Convention 2,3,4; Student Council 2,3; Jr. Class Vice-President. MEMORY. El Cap basketball game, "68," Hootmon "67," Admiral Stearns, Bouncin Bob, Boot at Shakies, Peter's Palace, Gay's Green Bomb, Mr. Ramsey's Happy Atoms.



BILL DENHART

LOUISA DENNINGTON

CHARLIE DENNIS

KATHY DICKINSON

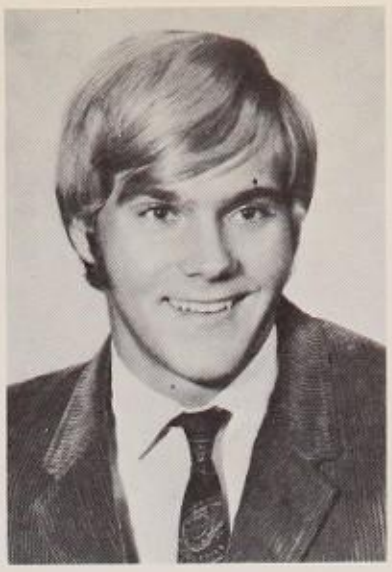
CATHY DILL

JIM DILLAHUNT

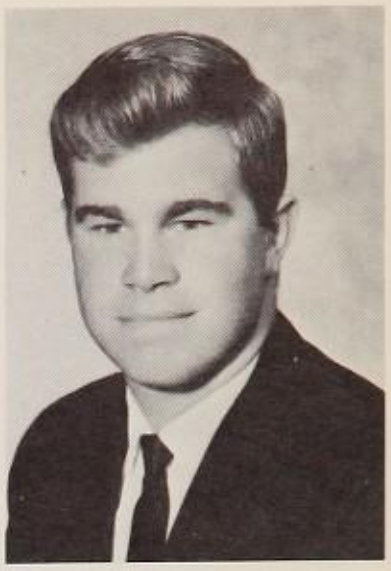
CINDY DOLL

DEBBY DONAGHE

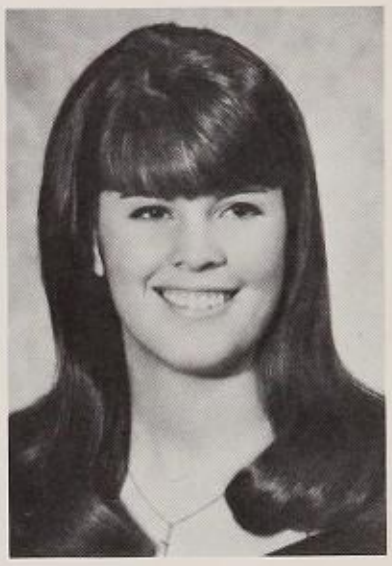
Senior Benchwarmers instill spirit at all football games.



WALTER DORS

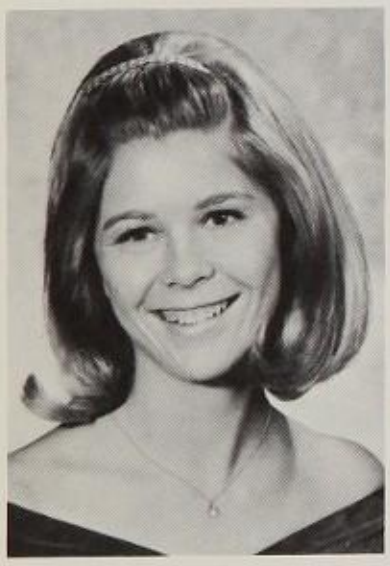


CURT DOSHIER

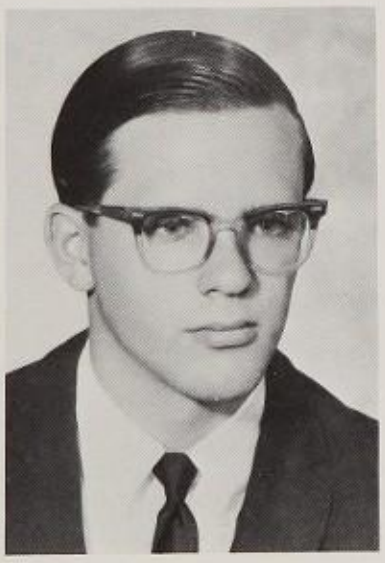


CINDY DOWLING

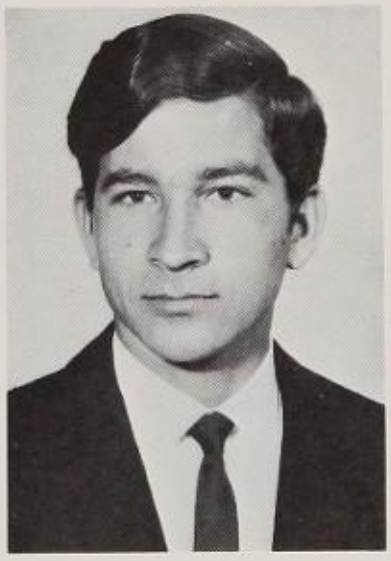
JENNY DRANE



LINDA DUFOUR

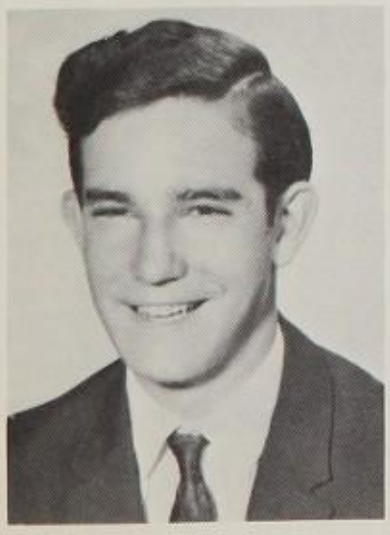


DENNIS DUNN



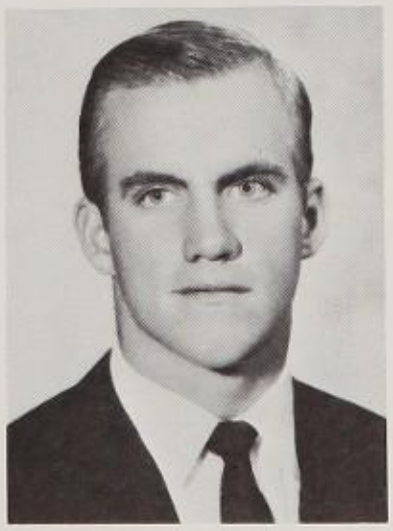
JEFF DUTTON

DIANA DWYER



JIM EASTON

LYNN ELLIOTT



JOHN ELLIS

RICK ELY

HARRY EMBREE

ED ENGELKE

Senior boys await the morning bell.

CHARLES ENGSTRAND

CHERI ENID

JIM ERAUTT

KATHY ERICKSON

JOHN EVANS

LESLIE EVANS

WILLIAM EVANS

WILLIAM EVERETT

TOM EVERHART

DIANNE EVERS

EMBREE, HARRY TEIL (Zoo Man)
ACTIVITIES: Tennis 3,4; Basketball 1, Baseball 1; Nominating Convention 1,3,4; Library Club 2; Science Club 3,4; Coin and Stamp Club 3. MEMORY: Bouncing Bobby Spiedel, Mr. J. Woods, Riley Twiss, Woodshop.

ENGSTRAND, CHARLES (Inky)
MEMORY: Miss Nichols, Art, Doghouse, Duck and Popeye, carnations, I love Vicki, ambition, art teacher, 12th of never.

ENID, CHERI MAUREEN
ACTIVITIES: Descendants of Sophocles; Y-Teens 2; I-Club 3. MEMORY: Stevie-luv, Dave's driving, and the Dick.

ERAUTT, JAMES (Jimbo Root)
ACTIVITIES: Football 1,2,3,4; Baseball 1,2,3,4. MEMORY: Camping trips, the cabin, Peter's Palace, Picacho, the athletic teams, and all my friends at Helix.

ERICKSON, KATHY
ACTIVITIES: TARTAN Staff 4; Student Council 3; Art Club 4. MEMORY: I remember homework, lunch, activities, and U.S.D.

EVANS, WILLIAM (Billy)
ACTIVITIES: Wrestling 1,2; Key Club 2,3. MEMORY: Peter's Palace, Salton Sea, Marine Street, summer "67," "68," mountain cabin.

EVERETT, WILLIAM (Bill)
ACTIVITIES: Athletics 2,3. MEMORY: Mr. Boone, Mr. Bob Woods, Mr. Munson, and the few honest people I knew.

EVERS, DIANNE LYNN (Dinah)
ACTIVITIES: Swim Team 3,4; Y-Teens 3,4; Campus Life 1,2,3,4; Sr. Class Treasurer; Sr. Benchwarmers; Diving Team 3; Green Peppers; Leadership Conf. 3,4; Nominating Convention 3,4; MEMORY: The Balloon pack, singing with Nancy, Campus Life, Benchwarmers, my true friends, six, the Leadership Conference, political tennis games, Crown Point.

FAGELSON, GLENN
ACTIVITIES: Nominating Convention 1; Tennis Team 1,2,3,4; Ensemble 2,3,4. MEMORY: Broken racket-$2.00 fine; summer of "68," 3,000 games of Solitaire, Mr. Rue, Coach Walker, F.B.I., Wafna, and that certain girl.

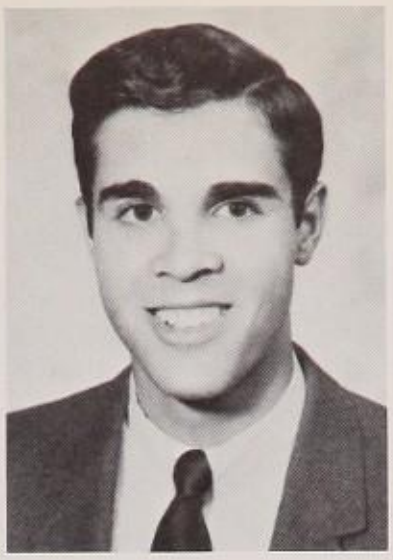
FALCONER, JAMES
ACTIVITIES: Nominating Convention 1. MEMORY: Captain Flash, banana-cheese sandwiches, Spanky and Alfalfa, Tiger and Lynette, Tom Dale, Sandy, Cream, Canned Heat, Hootmon, Karyn, Carin.

FARES, ANNE MARIE (Anne)
ACTIVITIES: Latin Banquet 1; My Fair Lady 1. MEMORY: First lunch "66," Spanish I "68," summer of "68."

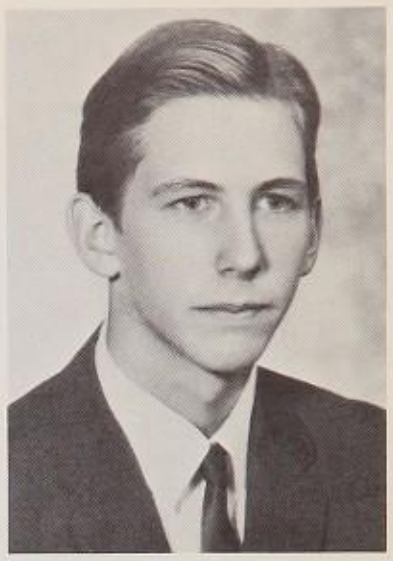
FARNSWORTH, LEE AMOS (Farny Lumberjack)
MEMORY: Mr. Kahan's mustache, Sue, Gloria, Patty, Bill, Jeff, George, and Becky.

FARRELL, SYLVIA (Rockett)
MEMORY: Meeting Chris, my friend Puppet and all of the fun at Helix.

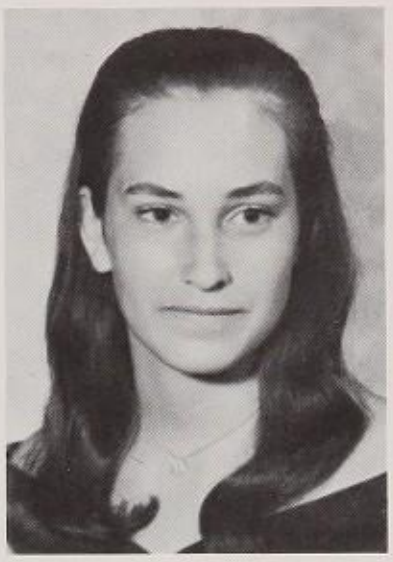
FISHER, PAMELA CANDIS (Mike)
ACTIVITIES: Y-Teens 2; Nominating Convention 2; Big Sister 4. MEMORY: Always I will remember Miss Garcia's classes, "Schwartzy Baby," carnation, the football games, the "Duck," and most of all David.



GLEN FAGELSON

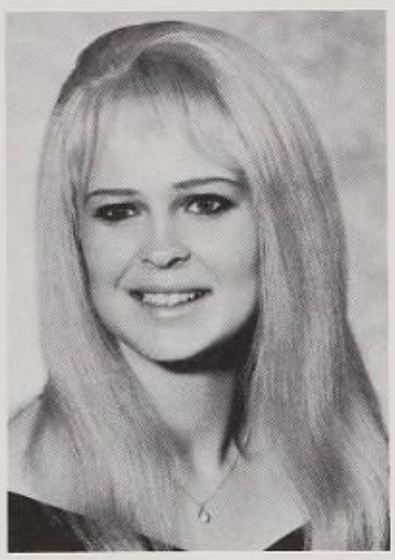


JIM FALCONER

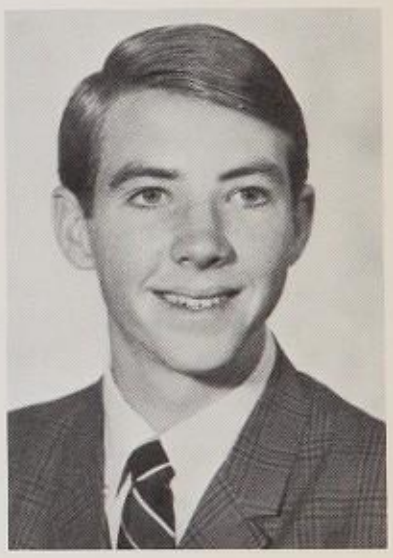


ANN FARES

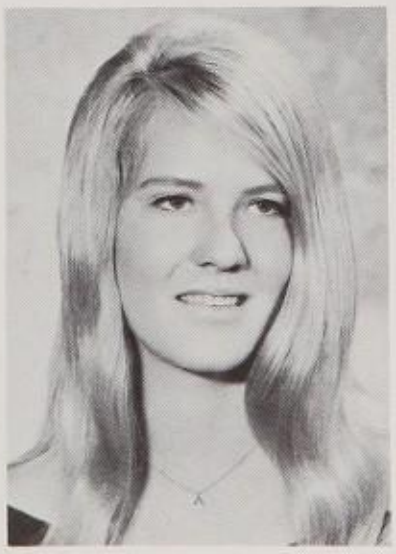
LEE FARNSWORTH



SYLVIA FARRELL



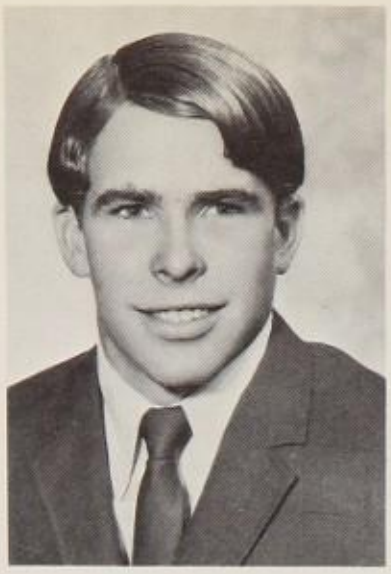
KEN FAULKNER



PAM FISHER

GEORGIANN FITZGERALD

TERRY FITZGERALD



DAVID FLOYD

VICKIE FONVILLE

DEBBI FORDEM

JON FOSTER

SUE FREITAS

JANET FREY

KATHY FRONTIERO

FITZGERALD, TERRY LEE (Ter)
ACTIVITIES: Tennis 2,3; Y-Teens 1,2,3,4; Sr. Benchwarmers. MEMORY: Outrageous life of 67-68, Animals, Mexico, Hi-Ho, Droopy, Bogard, friends, kinks, trouble flowered pants, a lost ring and orange skies.

FLOYD, DAVID JEFFERY
ACTIVITIES: Wrestling 1,2,3,4. MEMORY: Newport, Tijuana, the pill.

FOSTER, JONATHAN (Jon)
ACTIVITIES: Track 2,3,4; Special Events Comm.; Key Club 4. MEMORY: Mr. Ray's summer Photography class, League Finals, track, Philosophical discussions by the Pit, Mr. Homesley's Driver's training class, and the rest.

FONVILLE, VICKIE LEA
ACTIVITIES: Big Sister 1,2,3,4. MEMORY: That certain guy (Dennis), my surprise party, Mike, Mr. Helmuth, football games, grandma's house, January 13, Righteous Brothers Concert, 2:21.

FORDEM, DEBRA SUSAN (Debie)
ACTIVITIES: Student Council 2,3,4; Jr. Class Council, Y-Teens 2,3,4; Sr. Benchwarmers. MEMORY: Hawaii with Lynn, river third-kidney, model-A, windy days, country, Christmas, Doctor Zhivago, "smile," summer, bot blimps, Hampson, plastic people, born free, How good?

FOSTER, JONATHAN (Jon)
ACTIVITIES: Track 2,3,4; Special Events Comm.; Key Club 4. MEMORY: Mr. Ray's summer Photography class, League Finals, track, Philosophical discussions by the Pit, Mr. Homesley's Driver's training class, and the rest.

FREITAS, SUSAN HELEN (Sue)
ACTIVITIES: Y-Teens 1,2,3; Activities Comm. 2,3; Swim Team 2,3; Green Peppers 2,4; Sr. Benchwarmers, Student Council 1,2,4; DE 4; Big Sister 2,3,4. MEMORY: Hootmon "67," Sophomore Speech class, my troph, Miss Garcia and all the activity in room 205, my nickname, Deca, and Chemistry.

FREY, JANET MARIE (Tweetie Pie)
ACTIVITIES: Campus Life 2,3,4; Green Peppers 2; Big Sister 4; Y-Teens 2,4; Christmas Dance Comm. 3. MEMORY: When Sue's gym shorts fell off in soccer, laugh-ins with Sylvester, cycle riding, and Ramjet. "Will You Still Love Me Tomorrow."

FRONTIERO, KATHLEEN GRACE (Kathy)
ACTIVITIES: Sr. Benchwarmers; Nominating Convention 1,4; Green Peppers; Sr. Dance Comm. MEMORY: My locker partner, 6:30 A.M., Sacramento, Mr. Feezer, and all the crazy things that happened in four great years at Helix.

FUKUSHIMA, SHIRLEY
ACTIVITIES: Y-Teens 2,3,4; Big Sister 2,3,4; Christmas Dance Comm. 4; Hula Hop Comm. 4; Library Club 2; Sr. Assembly Comm. MEMORY: My Frosh year, joints, some of the people at Helix and summer time.

FYOCK, LOUISE ELAINE
ACTIVITIES: Campus Life 1; Alumni Tea Comm. ; Y-Teens 1,2,3,4; Sr. Benchwarmers; Choir 2,3; Choraliers 3,4; Jr. Class Council; Big Sister 4. MEMORY: Summer "68," "Rest Home," Rick, those who showed me that the mind doesn't come in plastic, a close friend, "Good."

GALLEMORE, YVONNA RAE (Vona)
ACTIVITIES: Varsity Cheerleader 4; Cheer Camp 4; Green Peppers 2,3,4; Leadership Conf. 3,4; Nominating Convention 3,4; Y-Teens 3,4; Big Sister 4. MEMORY: "Laue," November 24, 1967. . .patience, Glebe, Rings, The Football Women, cheerleading, Dum Turtle, understanding with Lowery, learning a lot from my shy guy, Today.

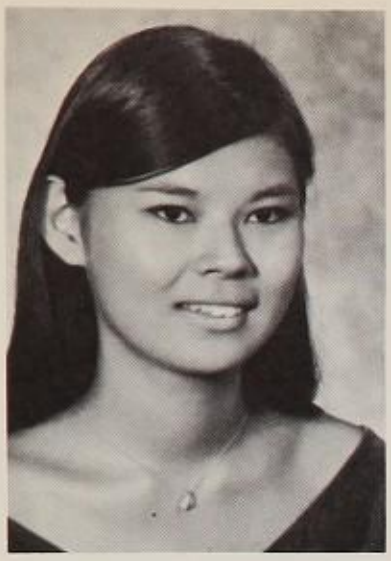
GARDNER, RONALD LOUIS (Ron)
ACTIVITIES: Football 1; Baseball 1,2; Wrestling 1,2,3,4; CSF 3. MEMORY Tijuana, athletic events, summer before my senior year, my senior year, friends, teachers, and the squad record.

GARRETT, PATRICIA LYNNE (Pat)
ACTIVITIES: Future Nurses Club 2; Vice-President 3; President 4; Campus Life 1,4; Inter-Faith Council 4; Graduation Ass't 3; Inter-Club Council 4; Quill and Scroll 4; TARTAN Staff 4. MEMORY: Mr. Lee, Mr. Higby, Pityriasis Rosea, Crummy Buttons, Love is Blue, Poodles, my many failures, trying for my license.

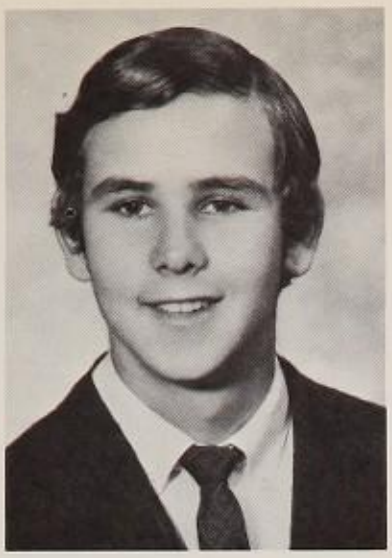
GEORGE, WANDA GAIL
MEMORY: All my friends, Margo, Ginger, Ron, Charlie, Miss Garcia's I and II Typing Class.

GETZ, MICHAEL BRUCE (Mike)
ACTIVITIES: Basketball 1,2,3,4; Golf 1,2,3,4; Lettermen's Club. MEMORY: Basketball games with Miguel, CIF and Filmore, Hammer, Mr. Lee, and J. Woods.

GILCHRIEST, LEONA ANN
ACTIVITIES: Nominating Convention 1; Student Council 1,2; Y-Teens 2,3; Campus Life 1,2,3,4; CSF 3,4; MEMORY: Oscar, Torrey Pines, Mr. Hart's Algebra class, rides in my Mustang on Friday nights, "Light my Fire."



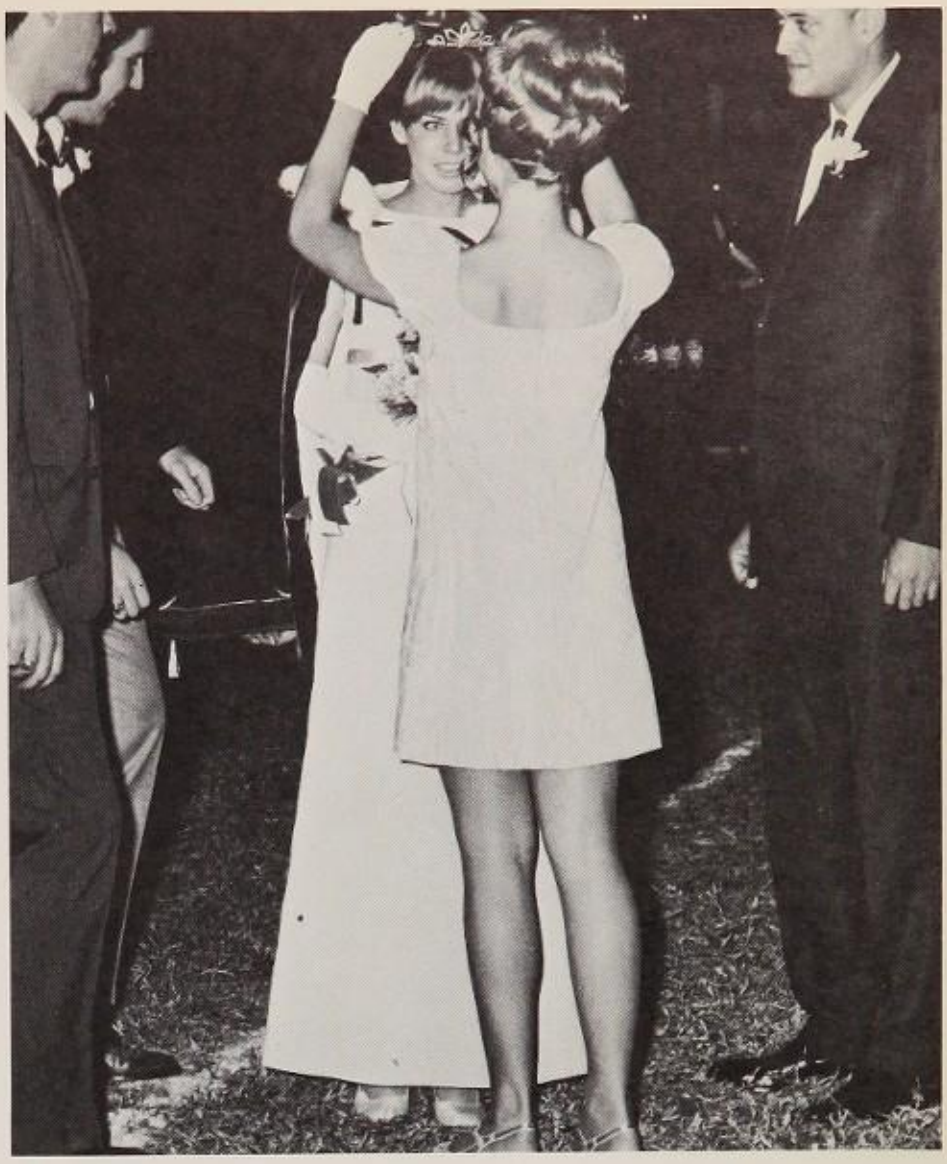
SHIRLEY FUKUSHIMA



GARY FULLER

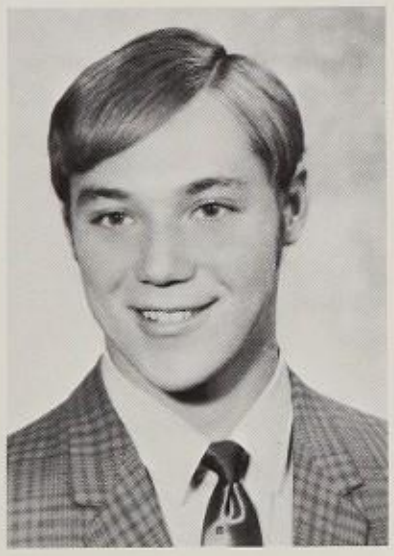
LOUISE FYOCK

VONA GALLEMORE

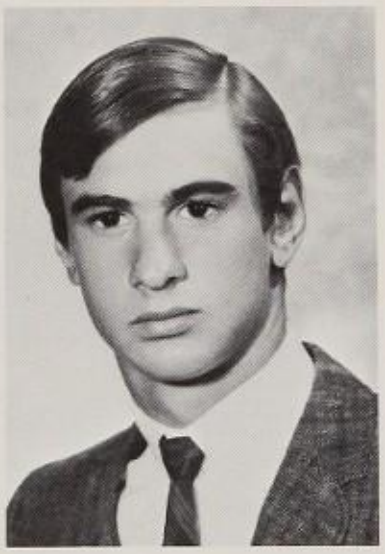


Queen Nancy receives her crown from last year's Queen, Donna Owens.

SUSAN GAMESTER



RON GARDNER

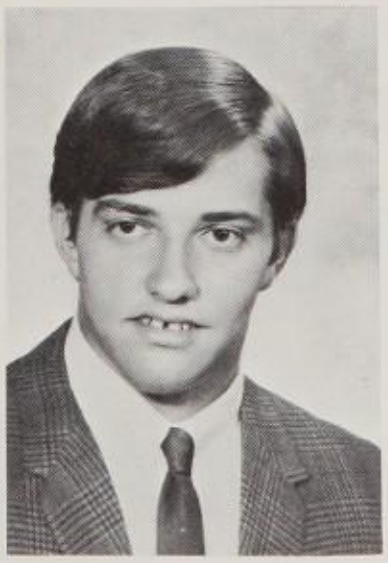


DON GARRETT

PAT GARRETT

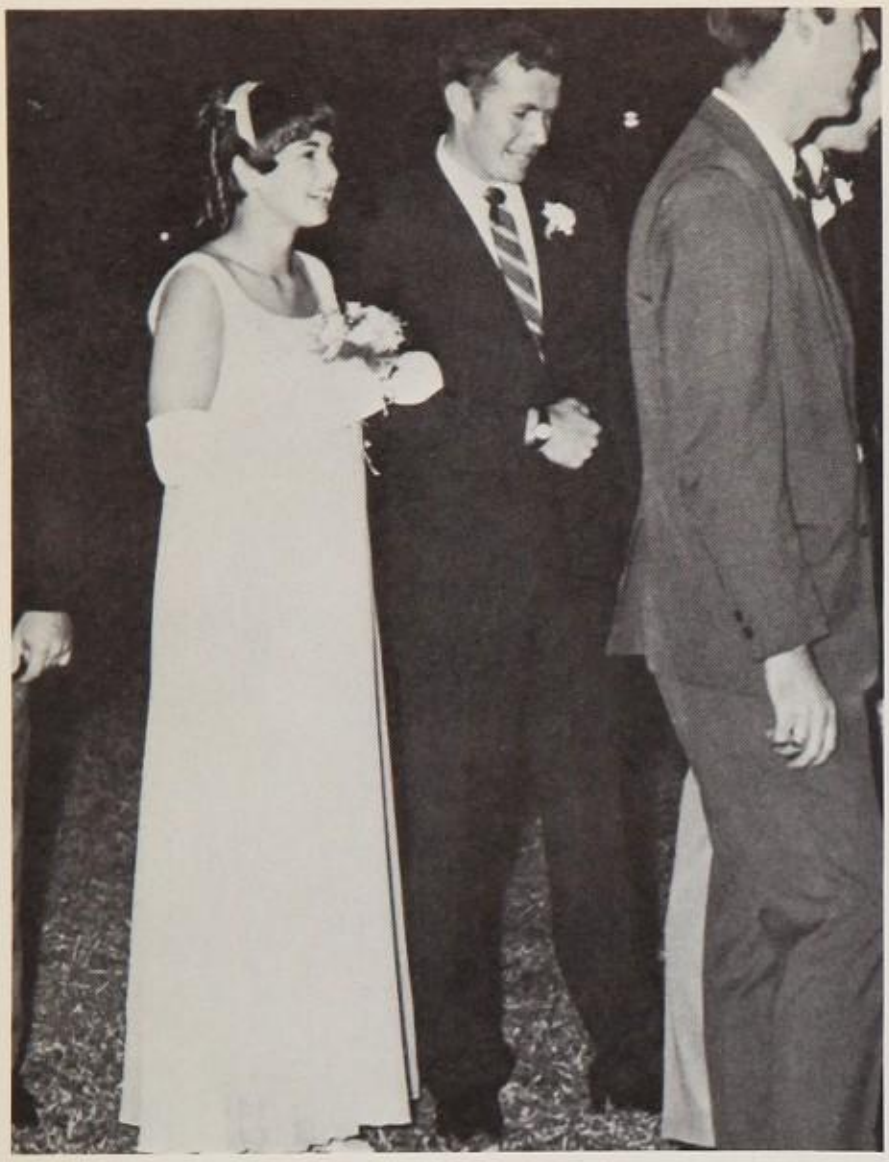
JOELLE GAULTIER

WANDA GEORGE



MIKE GETZ

LEONA GILCHRIEST



Princess Marian watches the Homecoming crowning.

CRAIG GILES

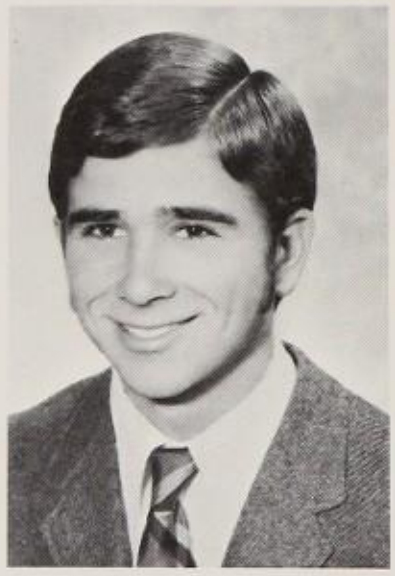
RICH GLEASON

RICH GORDON

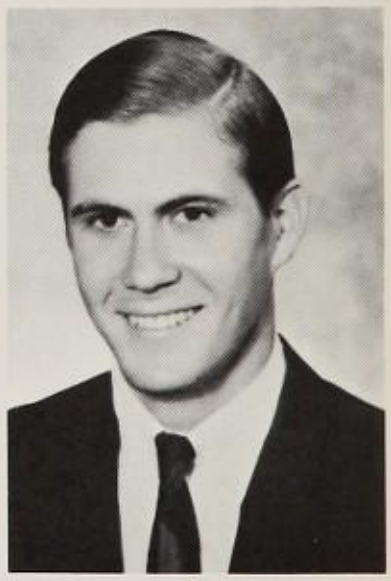
BRIDGET GRANT

CECILIA GRANT

DEBBIE GRASER



RICK GRAY



LARRY GREEN

OLIN GREEN

HAL GRIFFITH

KEVIN GROTE

JERI GROWCOCK

GILES, DOUGLAS CRAIG (Craig-las)
ACTIVITIES: CSF 2,3; Choir 2; Ensemble 3,4; Torchbearer; Campus Life 2,3,4; Bye Bye Birdie. MEMORY: Groovy people, parties, places, summer of "68," "Wafna," Mrs. A., Idyllwild, Mitch, Mr. Rue, those special girls, Steff, Lenore.

GLEASON, RICHARD LEE
ACTIVITIES: Football 1; Basketball 1,2; Swimming 2,3,4; Water Polo 3; Soph. Class President; Sr. Class Vice-President; Key Club, Treasurer 3, President 4. MEMORY: The great athletic teams, all the groovy trips, cabin, Palm Springs, Montreal, and East Coast, Clansmen parties.

GRANT, BRIDGET (Bi-Frost)
MEMORY: Rick, Mike, Dave, Ken, Barrel, the few teachers I respected, Pancake House, the many excursions I shared with a good head.

GRANT, CECILIA MARGARET (Ce Ce)
ACTIVITIES: Latin Club, Tennis Club, Bowling Club, I-Club, Gymnastics Club. MEMORY: The only teacher that has ever made me learn - Mr. Larsen, the old gang, Mr. Boone, Mr. Pirie.

GRASER, DEBORAH JEAN (Deb)
ACTIVITIES: Campus Life 1,2,3,4; Sr. Benchwarmers, Y-Teens 3; Frosh Tea Comm. 2,3; Nominating Convention 3; Sr. After Game Dance Comm; Christmas Dance Comm. 3; Green Peppers 2,3,4; MEMORY: All those daisies, all my wonder friends, Senior Benchwarmer spirit, one really great person, the beach, and that special guy.

GRAY, RICHARD THOMAS (Ricky)
ACTIVITIES: Track 3,4. MEMORY: Concerts, Newport Pop F., grave-digging, USD, Juice-Freaks, doing my own thing, and being with Judy.

GREEN, LARRY DWAYNE (Goober)
ACTIVITIES: Track 1,2,3. MEMORY: The parties in my Junior and Senior years, Russ's place, and Mighty Mike Muirhead.

GRIFFITH, HAROLD LEE (Hal)
ACTIVITIES: CSF 2,3,4; Vice-President 3; President 4; Cross Country 1,2,3; Track 1,2,3; Sr. Board, Sr. Paper; TARTAN Staff; FLING Staff; Graduation Ass't. MEMORY: Never will I forget Helix's two most "exceptional" teachers, Mr. Stearns, and Mr. Higby.

GROWCOCK, JERILYN (Jeri)
ACTIVITIES: Y-Teens 1; Hula Hop Comm. 2; Christmas Dance Comm. 1; Campus Life 1,2; Big Sister 2,3; Green Peppers 2; Alumni Tea Comm. 2; MEMORY: Good times, bad times, times a changin fast, and all the times I spent with Mike.

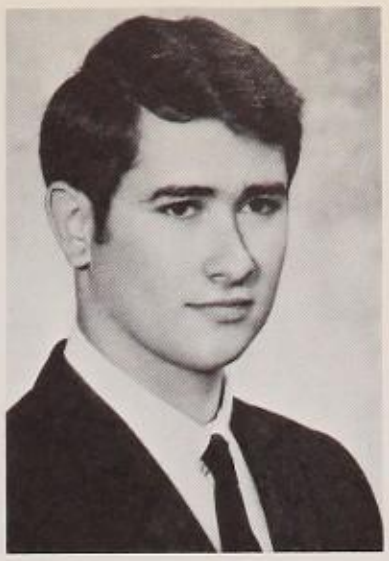
HAHN, MARILYN JEAN (Toad)
ACTIVITIES: Swim Team 2,3,4. MEMORY: Five days in summer "67," goofing around with Ugly, cruising in Chula Vista and Del Cerro.

HAMPSON, THOMAS (Tommy)
ACTIVITIES: Campus Life 2,3,4. MEMORY: Lynnie, Easter Vacation, my truck, Jim's deer, "68" fair, Los Angeles, Debbie Fordem, Mr. Pyle, George, Bonnie and Clyde.

HANRAHAN, JAMIE
ACTIVITIES: CCC 2,3,4; Speech Club 3,4; Library Club 3; Math Team 3. MEMORY: Speech IA, Hex and Mr. Munson's super formulas.

HARBAUGH, DEBORAH (Debbie)
ACTIVITIES: I-Club 2; Big Sister 3; Speech Tournament 1,2; CSF 2,3,4; Baccalaureate Usher; FLING. MEMORY: Miss Garcia, Miss Moore, BYU, Fling, Farrell's Zoo, making paper penguins with a friend. Christmas "67," Bruce, summer "66," and Birdie.

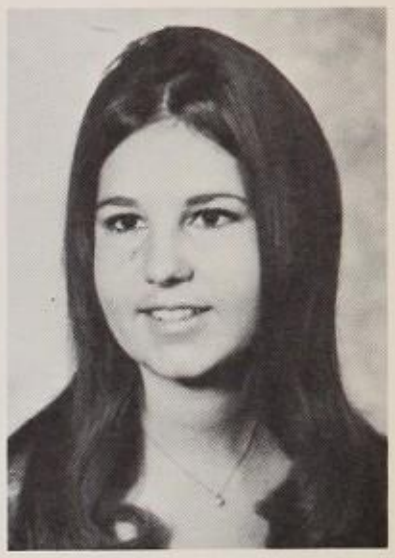
HARDIN, LINDA
ACTIVITIES: Big Sister 2,3; I-Club 3; Campus Life 4; Christmas Dance Comm. 4. MEMORY: Football games, funfilled dances, riots, Mr. Lee ripping up my final, "Little Red Haired Boy," and my fall in the hall.



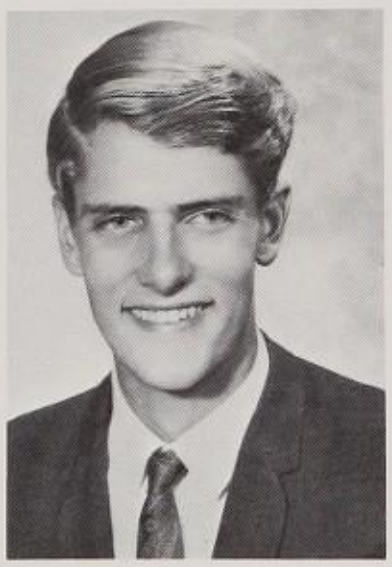
RICHARD HADDOCK

BOB HAFNER

MARILYN HAHN

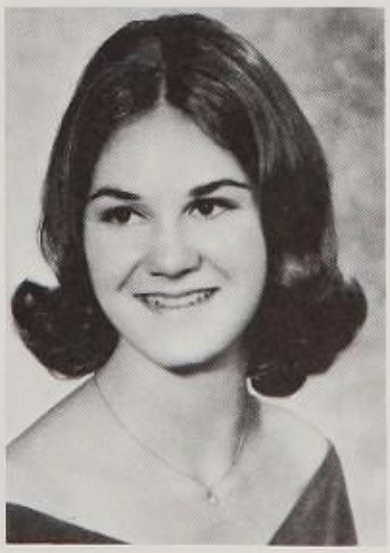


SANDY HALE



TOM HAMPSON

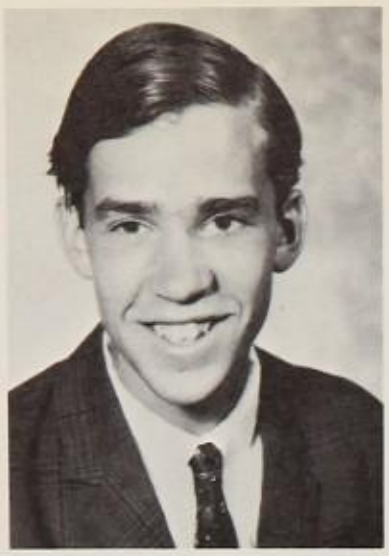
JAMIE HANRAHAN



DEBBY HARBAUGH

LINDA HARDIN

DENNY HARMUTH



ROY HARPER

ROSEMARY HARRINGTON

DENNIS HARRY

LYNDA HART

ROXANNE HART

RICHARD HARTEGAN

BRIAN GESS

HARRINGTON, ROSEMARY
ACTIVITIES: Sr. Play 2,3,4; ASB Play 2,3,4; Sr. Play Comm.; Descendants of Sophocles 2,3,4. MEMORY: Helix, all my teachers, Miss Robbins, the plays, and Mrs. Noll.

HART, LYNDA CHERYL (Wendy)
ACTIVITIES: Y-Teens 1,2; Campus Life; Sr. Benchwarmers; Big Sister 2,3; D.E. 4. MEMORY: Summer "67," all my friends at Helix, my Soph. year, and Tim.

HART, ROXAN E (Ambrose, Roce)
ACTIVITIES: Frosh Class Secretary; Soph. Class Secretary; Ass't ASB Secretary 3; ASB Secretary 4; Y-Teens 1,2,3,4; President 1; Walker Scotts Hi-Debber 4; Leadership Conference 1,2,3,4; Nominating Convention 1,2,3,4; MEMORY: Dave's armpits, Marian's wet-pants, summer "67", R.T. Woods, "The Letter," metting Las, peace in our time, our boys.

HARTEGAN, RICHARD LEE (Rick)
ACTIVITIES: Track 1,2,3,4; Basketball 1; Young Life; Lettermen's Club 3,4. MEMORY: Berkeley, CIF Basketball Teams, CIF Football Teams, the summers, lunch, "No Scrap In the Scrap Book."

HARTER, CONNIE LYNN (Con)
ACTIVITIES: Nominating Convention 1,3,4; Young Life 2,3; Campus Life 2,3,4; Y-Teens 3,4; Tennis Team 4; Sr. Benchwarmers; Green Peppers 4. MEMORY: Summers "66" and "67," my friends, Miss Garcia's money drives, football games, Eric, cruising, moonlight tennis, fickle people, and Pam's wedding.

HARTLEY, MELISSA M.
ACTIVITIES: Y-Teens 1,2,3,4; Vice-President 1,2; Christmas Dance Comm. 2; Senior Board, Chrm. Publicity 4; Tennis Team 2,3,4; D.E 4; Vice-President; Sr. Breakfast Comm. MEMORY: The eggbeater, frizzin on foggy days, pretty things in Jr. year, "Wow", flying kites on my hill, "Unbelievable".

HAYS, SHIRLEY JEAN (Pint Size)
ACTIVITIES: Sr. Glee 1; Big Sister 2; Choir 2,3; Choir Staff 3; Choraliers 3,4; Campus Life 4; Interfaith Council 4. MEMORY: Summer "68," Papa Rue and the Choir, library, getting lost in Mexicali, The Committee and "What Do You Seek."

HAYWARD, DEBORAH S. (Ugly)
ACTIVITIES: Nominating Convention 1; Letter Carrier 3,4; MEMORY: Tai and our plans and dreams, my ship, Toad, Chula Vista, band trips, great friends, April 26, and late dates.

HEACOCK, HOLLY LYNN
ACTIVITIES: Y- Teens, Nominating Convention, Student Council, Big Sister, Campus Life. MEMORY: Jr. dances, grunion hunt, Rickshaw Boy's, "Wednesday nights," and my good friends.

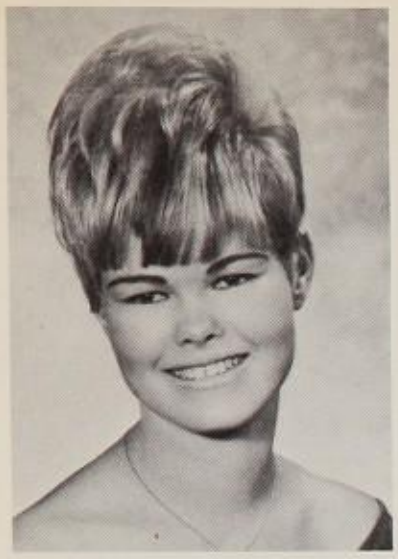
HEGG, CINDA SUE (Buckwheat)
ACTIVITIES: Y-Teens 1,2,3,4; Christmas Dance Comm. 3,4; Hula Hop Comm. 4; Ass't Commissioner of Finance 4; Tennis Team 4. MEMORY: The wonderful people in my Soph. year, Mike's Prom, my Sr. year, all my friends, especially Sue, Mike and Buckwheat.

HEITMAN, LYNETTE V.
MEMORY: Music Workshop, R.S., February 9, 1968, May 3, 1968, concerts, Del Mar, G.B., the beautiful summer "68," especially July 21, 1968, August 7, 1968, and August 25, 1968.

HENRY, SANDRA JEAN (Sandy)
ACTIVITIES: Bowling Club 2,3,4; Drama Club 4; Sr. Play; I-Club 4. MEMORY: Mrs. Drake's English Class, Mrs. Noll's Drama Class, and "He Shouldn't-a, Hadn't-a and Oughtn't-a Swang on Me."

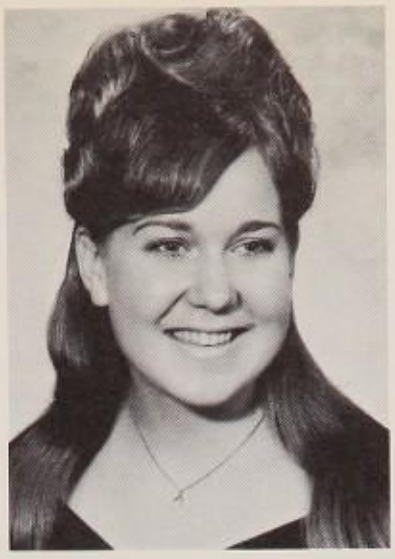
HERDEL, PAMELA MARIAN (Flash)
ACTIVITIES: Student Council 3; Nominating Convention 3,4; Sr. Assembly Comm.; Hula Hop Comm. 4; Sr. Benchwarmers. MEMORY: Warming benches, Mr. Boone, Mr. Heyer, lunches, football games, the snow and them.

HEYER, JAMES ALAN (Jim)
ACTIVITIES: Rifle Team; Color Guard; Drill Team and Chess Club. MEMORY: Miss Robbins, Mr. Stearns, Coach Speidel, Mr. Woodfield, Mr. Ramsey, Miss Moore, Mr. Hart, Mr. Freed, and others equally infamous.



CONNIE HARTER

MELISSA HARTLEY



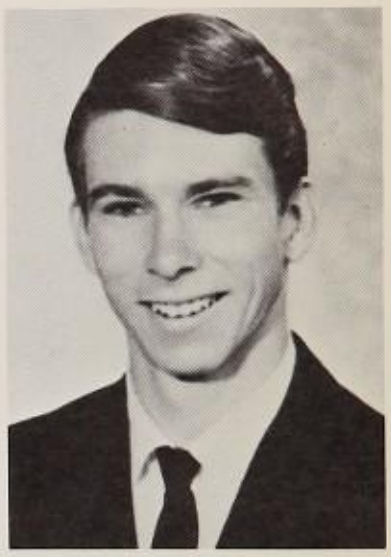
SHIRLEY HAYS

DEBBIE HAYWARD

HOLLY HEACOCK

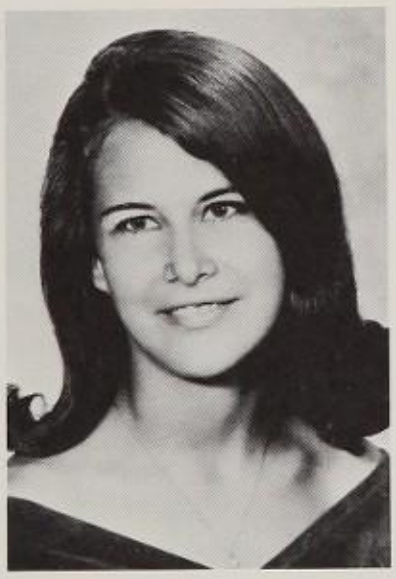
CINDA HEGG

LYNETTE HEITMAN

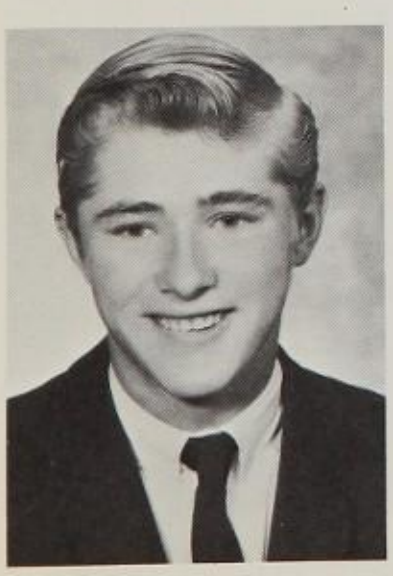


HOWARD HENDRICKSON

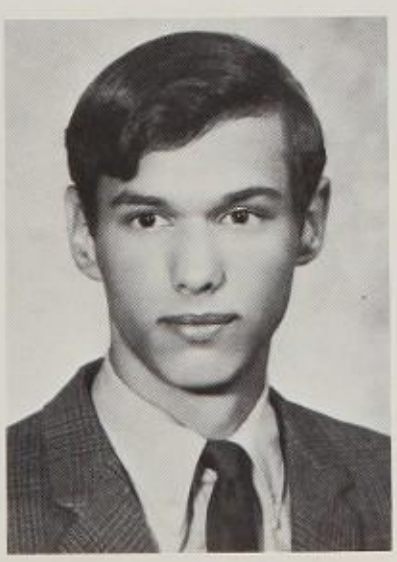
SANDRA HENRY



PAM HERDEL



STEVE HERNDON



JIM HEYER

Princess Joelle is driven by Sr. Charlie Dennis to the crowning.

NANCY HILBERS

CINDY HILDEBRAND

LONNIE HILL

MARCY HOAGLAND

DONNA HODGES

KATHY HOLFORD

CYRIL HONZ

DONNA HOY

KENNETH HURLBERT

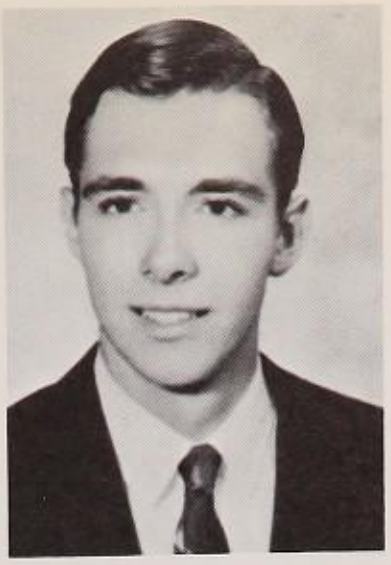
DEBBIE HUNTER

DAVID INABINETT

TOM IRION

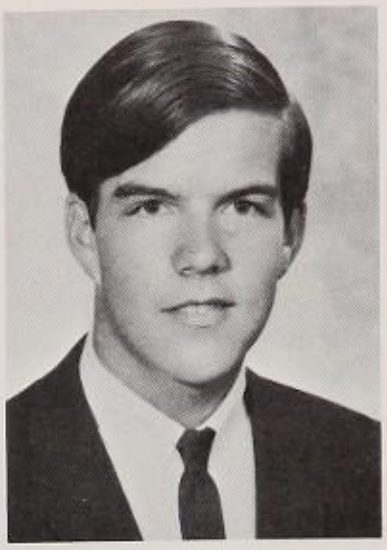
Princess Yvonne with her escort anxiously awaits the crowning.

HURLBERT, KENNETH S. (Ken)
ACTIVITIES: FLING photographer. MEMORY: Mr. Ray's photography classes, FLING Staff, Mr. Boone, Mr. "Genghis" Kahan's grammar, and all my friends.
IRWIN, BRUCE WAYNE
ACTIVITIES: Track 1,2,3,4; Basketball 1,2; Student Council 2; Nominating Convention 2,4; Campus Life 2,3,4. MEMORY: Helix spirit, great athletic teams, 1968 Track Champs, summer "68," hurdling, Mr. Ramsey, Mr. Lee's lectures, Track League Finals "68," and "69," and South Bay Relays.
IRWIN, KAYE (Stretch)
ACTIVITIES: Girls' Glee 1; I-Club 1,3; Sr. Play 2; Fashionality Night Comm. 1.3 MEMORY: Sackett outings and Marshmellow Kid, Tarzan, joy of the hunt, and "What's -his-name."
ISENMANN, DENNIS FRANK
MEMORY: May 25, the summer of "68," all the fun I had with Maryann.
JACKSON, MARY
ACTIVITIES: CSF 1; Y-Teens 1,2,3,4; Student Council; Nominating Convention; I- Club; Jr. Party Comm.; Big Sister 2,3; Campus Life. MEMORY: My Jr. year, my close friends, all the homework I didn't do, Mr. Boone, Mr. Lee, Miss Moore, and Hoover.
JANZEN, CONNIE COLLEEN
ACTIVITIES: Y-Teens 1,3; Green Peppers 2,3; Tennis 4; MEMORY: The bomb I drive to school, flying kites, summer school, coloring, 5th period biology with Luther, and Europe.
JEFFREY, MARILYN (Jeff)
ACTIVITIES: Big Sister 3,4; Frosh Tea Comm. 4; Canned Food Drive Comm. 4; Alumni Tea Comm. 4; Christmas Dance Comm. 4; Hula Hop Comm. 4; Fashionality Night Comm. 4; Sr. Benchwarmers. MEMORY: Blacks, Del Mar, Jack's, "the gang," football games, Sharks, Dan, "Jimbo," "Boobie," summer "68," The Van, and especially Bruce.
HILBERS, NANCY E.
ACTIVITIES: Big Sister 2,4; Y-Teens 2; I-Club 3; Campus Life 4. MEMORY: My Frosh year, football games, the time Linda fell in the halls and playing Old Maid in study hall.
HILDEBRAND, CYNTHIA MARIE (Cindy)
ACTIVITIES: Green Peppers 2; Y-Teens 3,4; Campus Life 3; Young Life 3; Big Sister 3,4; Christmas Dance Comm. 3,4; Nominating Convention 3; Sr. Prom Comm.; Hula Hop Comm. 3,4. MEMORY: Denni, football games, Redhair, Mrs. Drake, summer "67", Y-Teen's joints, J.C. Dances, that "special guy", and kindergarteners.
HILL, LONNIE C.
MEMORY: Being in the California Cadet Corp for four years and meeting all my friends.
HOAGLAND, MARCIA (Fire Truck)
MEMORY: The Rat Pack, Yosemite, "The Wedding!", discovering Donovan, super problem, "Epistle to Derroll," and all my fantastic trips!
HODGES, DONNA BENAY (Sylvester)
ACTIVITIES: Alumni Tea Comm. 1; Y-Teens 1,2,3,4; Hula Hop Comm. 4; I-Club 2,3; D.E. 4; Big Sister 2,3,4. MEMORY: Janet's ice cream, Mazatlan, Palm Springs, Linda, Barb, Laurie's dance, "Down On Me."
HOLFORD, KATHY HELEN (Kat)
ACTIVITIES: Gymnastic Club 1; Speech Tournament 1; Christmas Dance Comm. 3. MEMORY: The year I met Shar, going to the Christmas Dance with Johnny, Newport, New Year's Eve "68."
HOY, DONNA LYNN (Bunny Rabbit)
ACTIVITIES: Big Sister 2,3; Hi-Steppers 2,3; Sr. Benchwarmers. MEMORY: Curfew Station L, Mission Beach Power Team, insane days, Carol Mermald, Terry, hee haw, Presidio, palace, November 13, 1967, and James Edward Priest III.
JESSEE, MARY ELLEN (Bunny)
ACTIVITIES: Y-Teens 1,2,4; MEMORY: Goods and bads with Chris. best times with Roxie. mv guy and "The Look of Love."

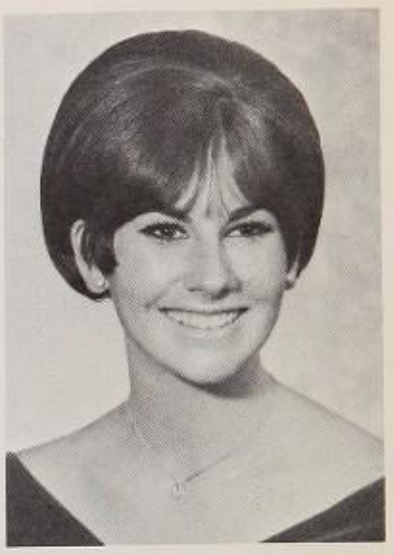


BRUCE IRWIN

KAYE IRWIN



DENNIS ISENMANN

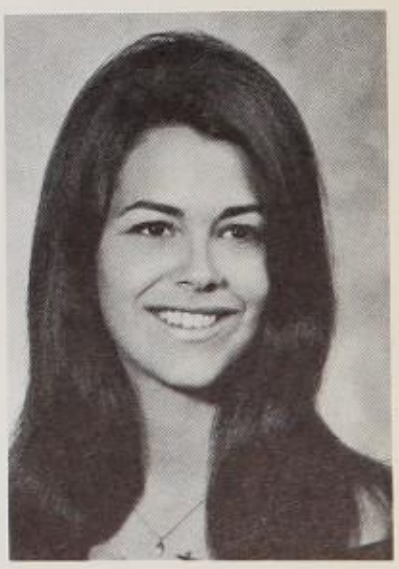


MARY JACKSON

MARGARET JAEGER

CONNIE JANZEN

MARILYN JEFFREY



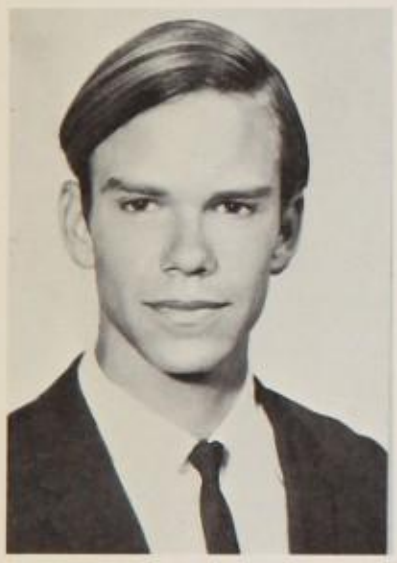
MARY JESSEE

LIZ JESSUP

BARBARA JOHNSON

CHARLES JOHNSON

LENORE JOHNSON



RICHARD JOHNSON

RODNEY JOHNSON

SUE JOHNSON

GEORGE JOHNSON

JESSUP, ELIZABETH (Liz)
ACTIVITIES: Sr. Class Secretary; Girls' League Comm.; Sr. Benchwarmers; Speech Team; Y-Teens 4. MEMORY: The great togetherness we had at the Leadership Conference last year.

JOHNSON, BARBARA (Mac)
ACTIVITIES: Nominating Convention 2,3,4; Y-Teens 2,3,4; Christmas Dance Comm. 2,3; Campus Life 3,4; Fashionality Night Comm. 4. MEMORY: Shelter Island, Point Loma Prom, Maham, Deb, Jason, May 23, Joe and Mae who will always be more than memories.

JOHNSON, CHARLES (Charlie)
ACTIVITIES: Baseball 3,4; Wrestling 1. MEMORY: As a new student from Monterey, I will remember all the great activities created by the ASB of Helix.

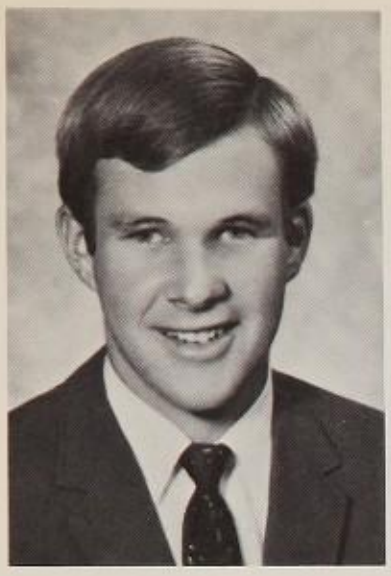
JOHNSON, LENORE ANN
ACTIVITIES: CSF 1,2,3,4; Foreign Language Field Day 2; National Spanish Contest 2; Helix Math Field Day 3; Tartan Bearer 3; Interfaith Council 4. MEMORY: German Christmas caroling with Mr. Knott's class, and all the fine teachers I have had.

JOHNSON, RICHARD (Fritz)
ACTIVITIES: Football 1,2,3,4; Track 1,2. MEMORY: Mama Steele's English lectures.

JOHNSON, SUSAN LEE (Sue)
ACTIVITIES: Campus Life 1,2,3,4; Tennis Team 4; Secretary ; Hula Hop Comm. 4; Big Sister 2,3; Nominating Convention 3; Bowling Club 1,2,3,; Drama Club 4; Y-Teens 4; Sr. Benchwarmers. MEMORY: Hoot Mon "67," yellow Ford, Disneyland with the gang, Soph. year, "Duder," Mr. Kahan and eating chocolate covered grasshoppers in biology.

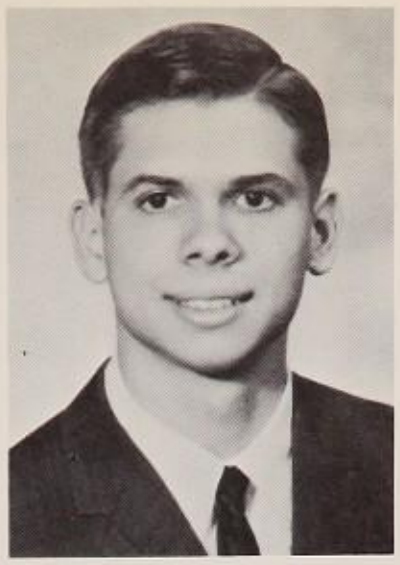
JONES, LINDA MAUREEN (Jonesie)
MEMORY: Summer "67," Poway, Azteca, The Pier, Huntington Beach, Big Sur, a couple of animals, Rosie Week's house, "The Letter."

KLIMEK, THOMAS DANIEL (Dan)
MEMORY: Summer "68," Tuesday nights, the concerts, the park, the Hoover game, and my new neighbor.

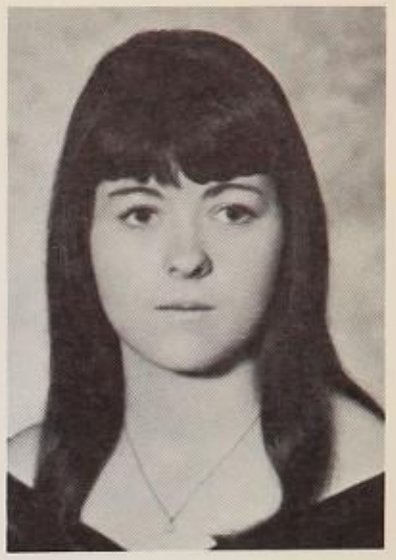


BOB JONES

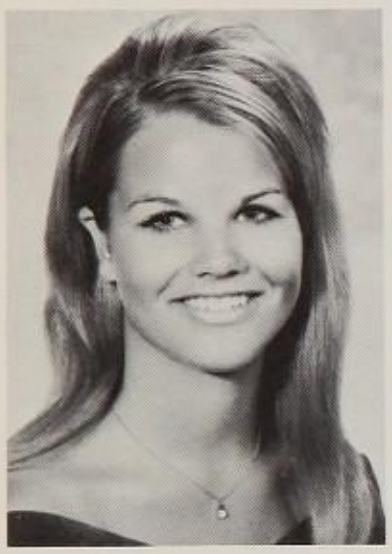
LINDA JONES



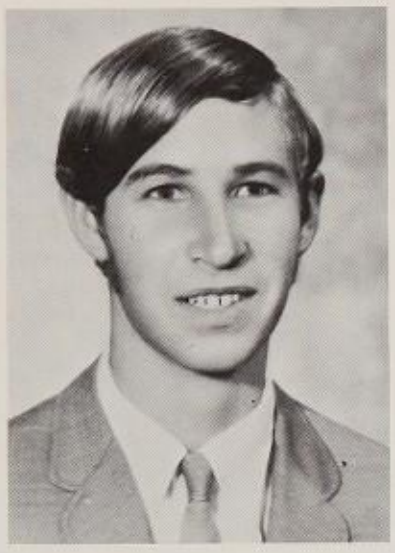
JEFF JUSTICE



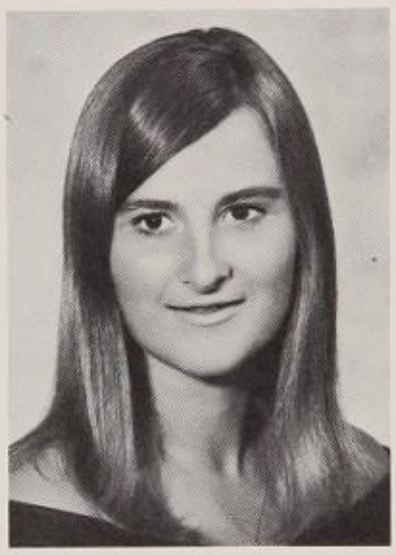
KATHY KEANE



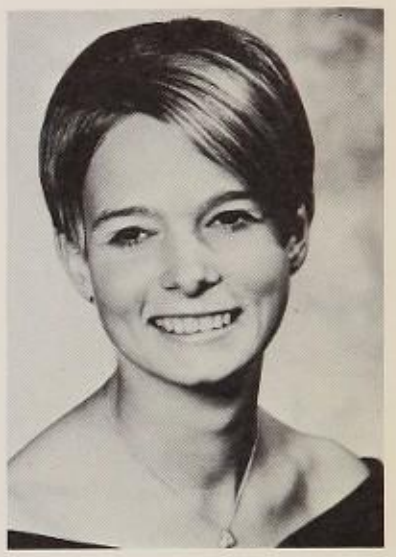
TERRY KELLER



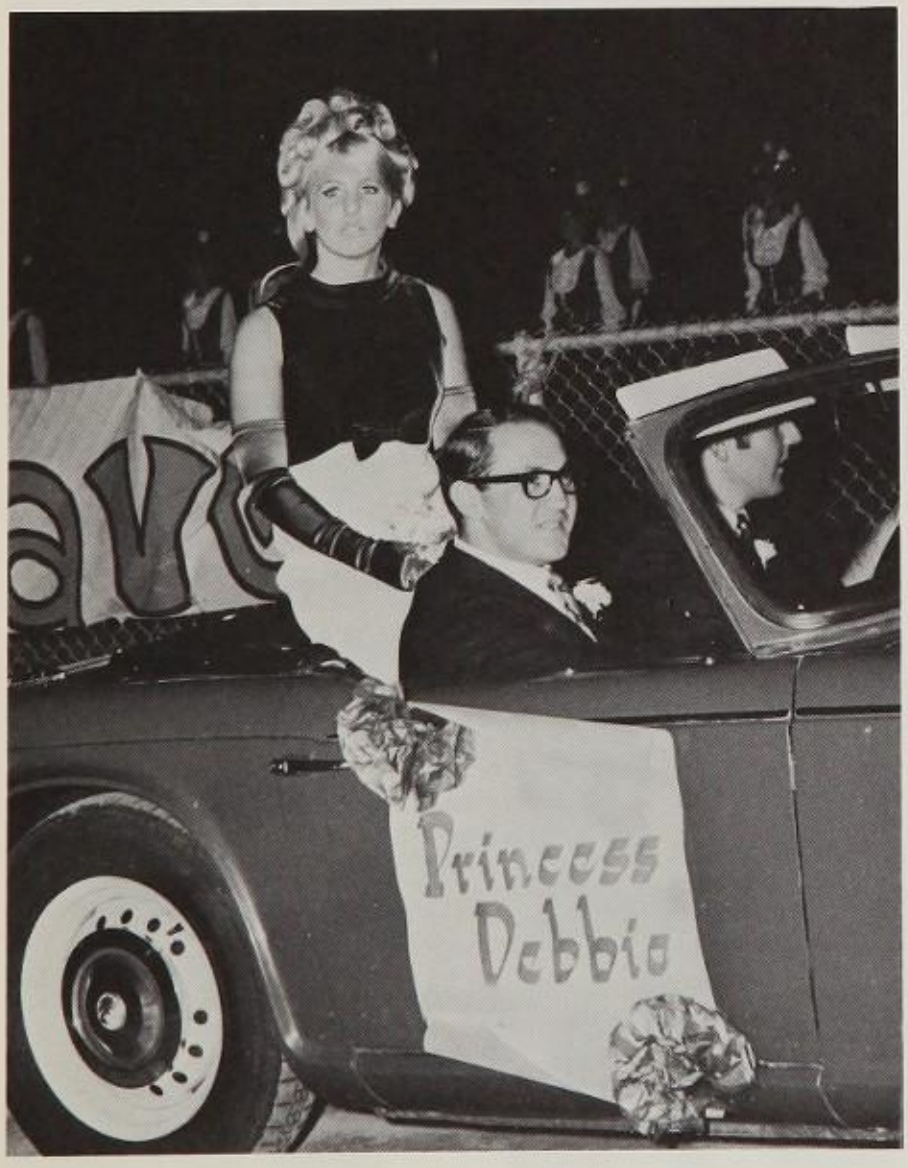
STEVE KELSEN



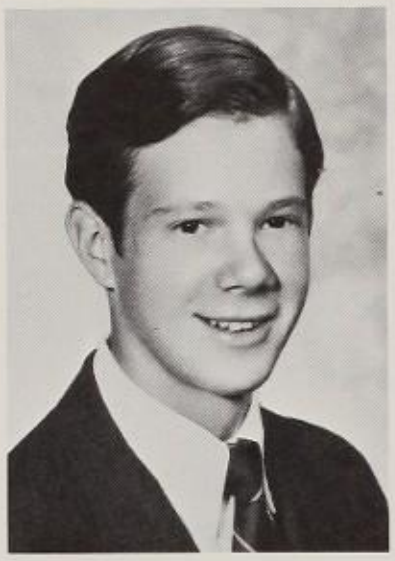
MAE BETH KENDALL



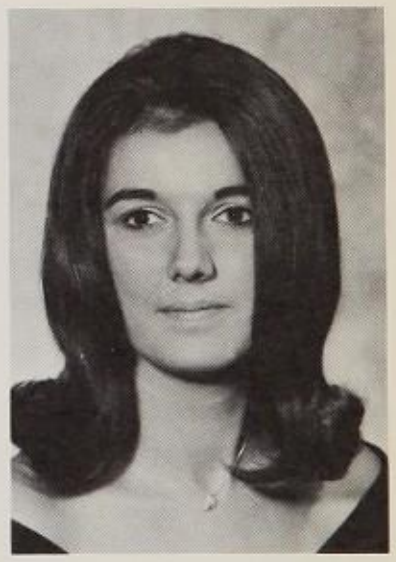
SUSIE KERNS



Princess Debbie is driven by Sr. Dave Unroe to the crowning.

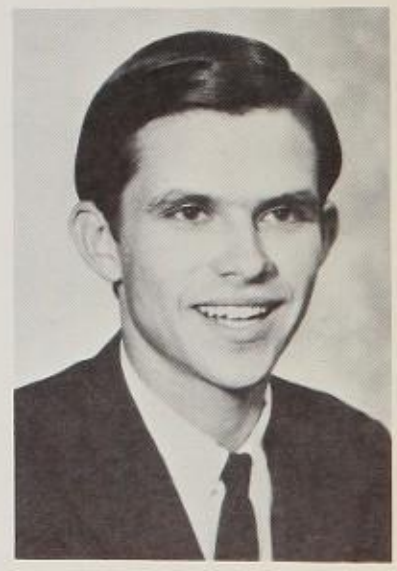


DON KIENER

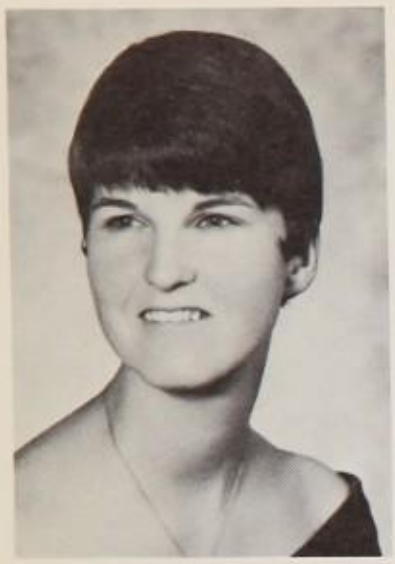


YVONNE KIRK

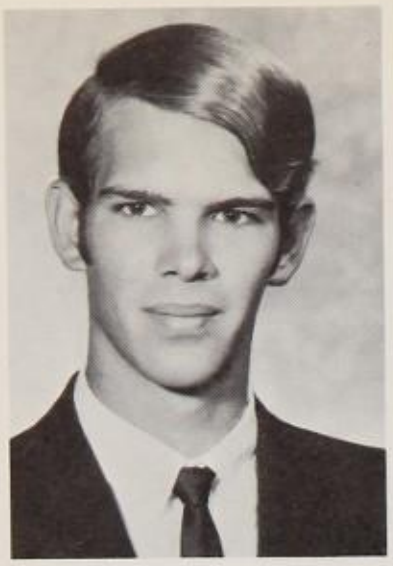
DIXIE KLEYMANN



TOM KLIMEK



LYNN KOENEKAMP



GARY KOETHER

PEGGY KONZEN

LINDA KRAMER

MARTY KRAUEL

BILL KRAUS

TOM KURTZ

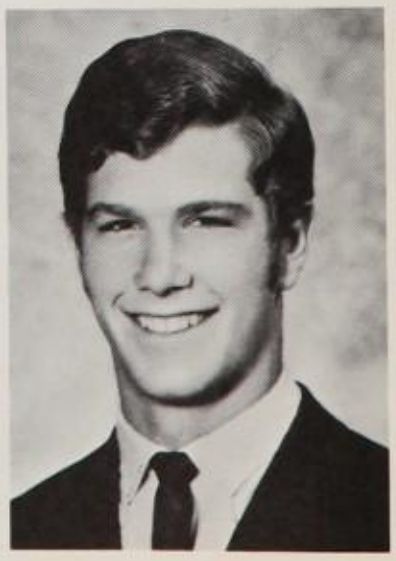
BILL LANDWEHR

Princess Vivian and her escort await the crowning.

ROBIN LARSEN

STEELE LARSEN

RICK LATIMER



BOB LAUE

KOENEKAMP, LYNN PATRICIA
ACTIVITIES: CSF 1,2,3,4; FLING 4; Sr. Board, Baccalaureate Chrm.; Quill and Scroll 4; Y-Teens 1,2; Jr. Ring Comm.; Sr. Prom Comm.; Sr. Annual Signing Party Comm.; Tartan Bearer 3; Sr. Benchwarmers; Big Sister 3. MEMORY: The Admiral, Mr. Ramsey's happy atoms, 100% attitude, second period math classes, winking, the gang, BYU, rooming with Jeannie.

KONZEN, MARGUERITE VIRGINIA (Peggy, Duck)
ACTIVITIES: Ass't ASB Sec. 4; Nominating Convention 1,3,4; Y-Teens 1,3, Secretary 4; Leadership Conf. 3,4; Big Sister 3; Alumni Tea Comm. 1; Fling 4; Sr. Benchwarmers; Student Council 1; Campus Life 1,3,4; Jr. Party Comm.; Jr. Caroling Party Comm. MEMORY: The gang, Mrs. Drake, Gorilla Girl, braces, the thief, boots, the collision, Happy Trails. . . , downtown safari, my 17th birthday, Dave's heart murmurs, my true friends, and Steve.

KRAMER, MALINDA RENEE (Linda)
ACTIVITIES: Girls' League functions 1,2; Nominating Convention 1; Student Council Rep. 1,3. MEMORY: My four years working in the office for Mrs. Montgomery.

KRAUEL, MARTIN C.(Marty)
MEMORY: All the good times I had in the summer before my Junior year and that certain girl I met in December. West Coast Surfing Association.

KRAUS, WILLIAM K. (Bill)
ACTIVITIES: Track 2,3,4. MEMORY: The thrills and agonies of school life, never eating in the cafeteria, the conservative viewpoint taken against students by teachers.

KURTZ, TOM
ACTIVITIES: Football 1; Key Club 2,3,4; Student Council Rep. 4. MEMORY: The summer of "68," Mexico, R.T. Woods, joints, when Ken and I were arrested for racing, going out with Leslie.

LANDWEHR, WILLIAM T. (Bill, Grass)
MEMORY: Presidio Park, Green Valley Falls, Pat Festival, Pancake House, and "Martha."

LARSEN, ROBIN JOY
ACTIVITIES: Y-Teens; Green Peppers; Campus Life; Bowling Club; Nominating Convention; Big Sister; Student Coundil Rep. MEMORY: The summer of 1966, Mr. Boone's history class, Mr. Ray's photography classes, all of my friends, and one certain party.

LATIMER, RICHARD G. (Rick)
ACTIVITIES: Cross Country 1,2,3,4; Track 1,2,3,4; Stamp and Coin Club; Chess Club; Math Seminar. MEMORY: Uncle Wim, Johnny Geography, Ramsey's happy atoms, J. Wood's "Uncle Sap," huba huba, Scholastic Olympics, decorating houses, and my Senior year.

LAUE, ROBERT KEITH (Bob)
ACTIVITIES: Football 2,3,4; Basketball 2; Wrestling 3; Track 2,3,4. MEMORY: Peter's, Palm Springs, Salton Sea, Junior summer, Glebe, Today, On the Road Again, Byrds, November 24, 1967, German, PeeWee.

LAUFER, PUALETTE S.(Paulie Sue)
ACTIVITIES: Student Council Rep. 1,2,3; Nominating Convention 2,3; Tennis; Sr. Benchwarmers; Y-Teens 1,2; D.E. Club; Green Peppers. MEMORY: Summer of "67," "Rusty," Soul and Inspiration, red Rambler, Marlene, Denwood, "Tom," "Wait Till Dark," Leah, my surprise party, Teddis, Harvey.

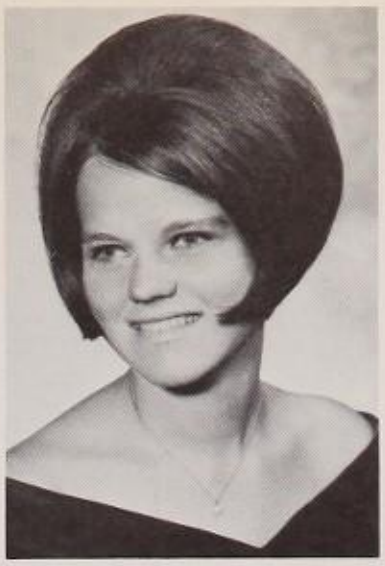
LEDFORD, CHERYL LYNN
ACTIVITIES: Girls' Glee 1; Choir 2,4; Choraliers 3,4; Hula Hop Comm. 1; Christmas Dance Comm. 1; Y-Teens 1,2; Big Sister 3,4; Nominating Convention 3. MEMORY: The great football games, choir trips, dissecting in Mr. Nash's biology class, Manor's Civics class, all the students and faculty.

LEE, KAREN RUTH
ACTIVITIES: In Japan; J.V. and Varsity Cheerleader 2; Pep Squad 2; Class Rep. 2; at Helix: Student Council Rep. 4; Nominating Convention 3; Big Sister 4; Y-Teens 4; Sr. Benchwarmers; Green Peppers 4; D.E. Club, Treasurer 4; Campus Life 3,4. MEMORY: My first year at Helix, the summer of "68," all the great people I've met and the good times we've had together, especially in 4th and 2nd period gym, the aggressive one, "Whoopee!", "We're a bus."

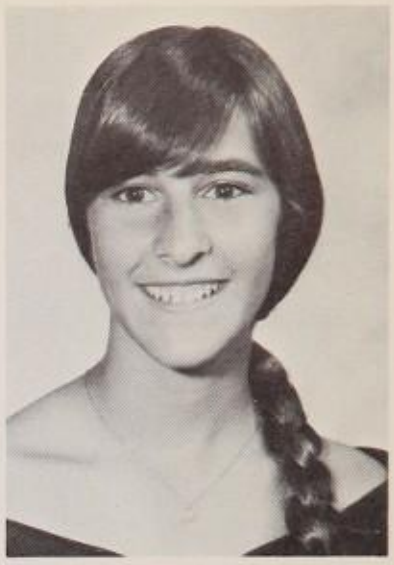
LEE, KATHY RAE
ACTIVITIES: Y-Teens 4; Green Peppers 4; Sr. Benchwarmers; Campus Life 3,4; Student Council Rep. 4. MEMORY: All the great football and basketball games, all the fun we've had warming benches, Act "4," "Whoopee!"

LEGLER, SUSAN ELIZABETH (Sue)
ACTIVITIES: Y-Teens 1; Nominating Convention 2,3. MEMORY: Summer of "68," Scott, ups and downs, a few groovy friends.

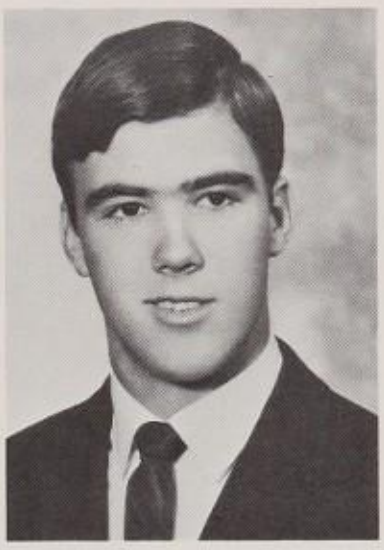
LEMMING, CAROL (Tiny Bopper)
ACTIVITIES: Drama Club; Y-Teens 4; Campus Life; Nominating Convention; Girls' League functions; Green Peppers. MEMORY: Comical friends, football games, "The Look of Love," grape soda pop, Mr. Woods, "A Beautiful Morning," September 29, 1967, and Chuck Babe.



PAULETTE LAUFER



RONI LAVINE



BOB LEAN

CHERYL LEDFORD

KAREN LEE

KATHY LEE

SUE LEGLER

CAROL LEMMING

NANCY LEMMON

DENNIS LESLIE

SUE LESLIE

GERRY LIMPIC

ALLEN LINTVEDT

MARK LITTLE

ROXIE LITTLE

DEBBIE LONG

LEMMON, NANCY LOUISE
ACTIVITIES: Christmas Dance Comm. 3,4; Nominating Convention 3. MEMORY: The "can," beets, summer of "68," football and basketball games, room 205, and the "the Mongo."

LESLIE, DENNIS JON
ACTIVITIES: Football 1; Wrestling, J.V. 2, Varsity 3,4; Lethermen's Club 3,4; Campus Life 2,3,4. MEMORY: Big trouble named Jude, my trip to Washington D.C. for the national physical fitness test.

LESLIE, SUSAN MARIE (Sue)
ACTIVITIES: Hula Hop Comm. 1,2,3,4; CSF 1,2,3,4; Y-Teens 1; Student Council Rep. 1; Specialty Corp 2; Christmas Dance Comm 2; I-Club 3,4; Baccalaureate Usher 3; TARTAN 4; Baccalaureate Comm.; Sr. Announcements Comm.; Sr. Annual Signing Party Comm. MEMORY: Summer at UCD, chicken livers, Stearns, Speidel, Mrs. Ornelas, Vogel's biology class, and all the wonderful people I've known.

LIMPIC, GERALD RICHARD (Gerry)
ACTIVITIES: Lettermen's Club 2,3,4; Campus Life 1,2,3,4; CSF: Basketball 1, Wrestling 2; Tennis 1; Varsity Swim Team 2,3,4; Ass't ASB Vice-President; Ass't at Large; Leadership Conf. 3,4; Nominating Convention 1,2,3,4; Student Council 1,2,3,4. MEMORY: Commission Class "67"-"68."

LINTVEDT, ALLEN LAVERNE
MEMORY: Mr. Roang, Mr. Boone, Miss Moore, the people that followed every fad, the fascist gym coaches, and that special nobody.

LITTLE, MARK
MEMORY: Recess, Senior privileges, Uncle Jack, milk break, bricks, dopey friends, Wednesday nights, Q.E.D.

LITTLE, ROXANNA RUTH (Roxie)
ACTIVITIES: Y-Teens 1,3,4; MEMORY: My two best friends, the first Hoover game, the deal with Mary, and most of all the first date with Ron.

LONG, DEBBIE LENORE
ACTIVITIES: Class Comm. 1,2,3,4; Nominating Convention 1,2,3,4; Y-Teens 1,2,4; President 3; I-Club 3; Campus Life 3,4; Leadership Conf. 2,3,4; Leadership Banquet 2,3,4; Inter-Club Council 3; Green Peppers 1,2,3; Big Sister 2; Junior Class Treasurer; FLING 4; Commissioner of Finance 4. MEMORY: True friends, CIF "66," Mr. Stearn's history class, spring of my junior year, Europe "68," Prom "68," and most of all Bruce.

LORENZEN, CHRISTINE (Tina)
ACTIVITIES: Campus Life 2,3,4; Y-Teens 1, Big Sister 2; Green Peppers 2,4; Christmas Dance Comm. MEMORY: "67" CIF football games, summer of "68," Mr. Heyer, wrestling matches, "The Impossible Dream," I Corinthians 13:1-13, a certain boy.

LOUKES, JOHN FLETCHER
ACTIVITIES: Cross Country 1; Track 1; Wrestling 3,4. MEMORY: My great senior year, working in the press box, following the band, J. Woods, Psych assemblies throughout the years.

LOWERY, KAREN SUE (Lil' Low')
ACTIVITIES: Y-Teens 1,2,3,4; Inter-Club Council 3; Soph. Class Council; Jr. Ring Comm.; Sr. Benchwarmers, Chrm.; Talent Show Comm. 4; Green Peppers; Campus Life 2; Nominating Convention 3. MEMORY: All my friends, parties, Alvie, the cop , my junior year, football women, Benchwarmers, football season, July 1, 1967, and my Michael.

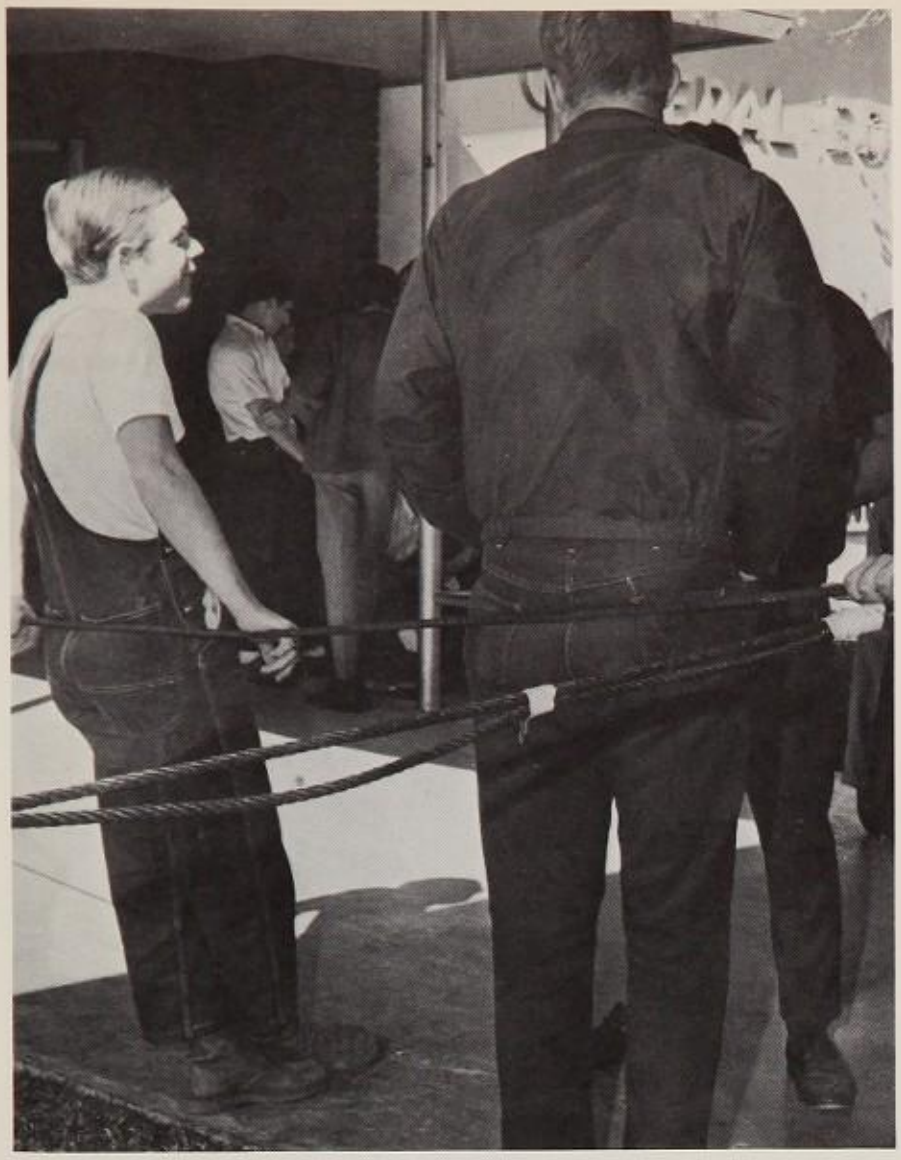
LOZINSKI, PATTY
ACTIVITIES: Christmas Dance Comm. 3,4; Nominating Convention 2,3; Canned Food Drive Comm. 2,3. MEMORY: The "can," the beets, May 20, 1967, Mr. Lee, Miss Garcia, those exciting basketball games, "the Mongo," go carts.

LUJAN, MARY
MEMORY: All the fun I had as a senior, the guy I met, and the Christmas Dance.

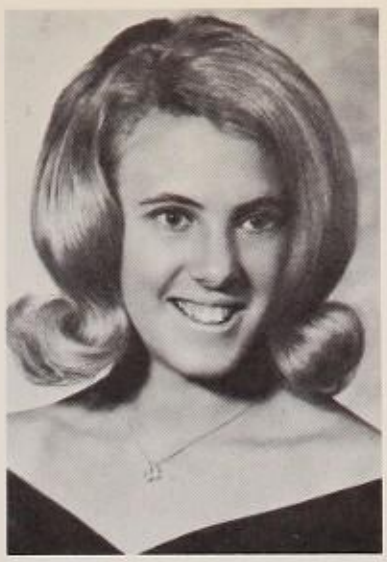
LUNDMARK, GAY MARIE
ACTIVITIES: Y-Teens 1,3,4; Treasurer 2; Nominating Convention 2,3; Student Council Rep. 2,3; Girls' League Comm. 1,2,3,4; Class Comm. 1,2,3,4; Campus Life 2,3,4; I-Club 3; Orchestra 1, Senior Play 2; Sr. Benchwarmers; FLING 4; Big Sister 2,3. MEMORY: My three best friends, Rickshaw Boys , Mr. Ramsey's help, Mr. Lee, Mrs. Drake, and BYU (Brigham Young University).

MACKEY, KENNY ALLEN (Ken)
ACTIVITIES: Basketball 1,2. MEMORY: Popie, the pink Texan, Dodo Breth, Tom, the trip maker, Palm Springs, Mexico, Lake Tahoe, the River.

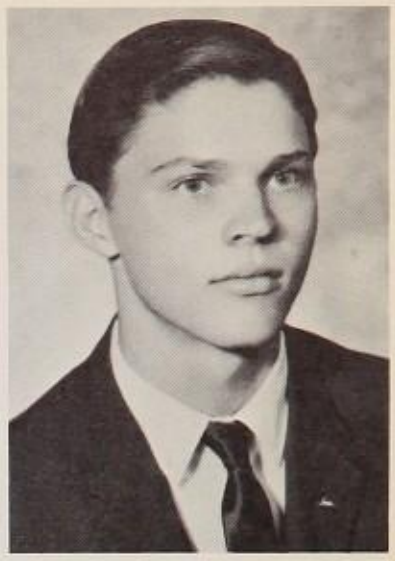
MADRUGA, MARYANN
ACTIVITIES: Y-Teens 1,3,4; Big Sister 2; Sr. Benchwarmers; Hula Hop Comm. 1,2; Christmas Dance Comm. 1,2. MEMORY: May 17, that certain guy, Mr. Lee, the green machine, all my little talks with Susan, Santana.



Riley Twiss offers his daily inspirational message to the Senior boys.



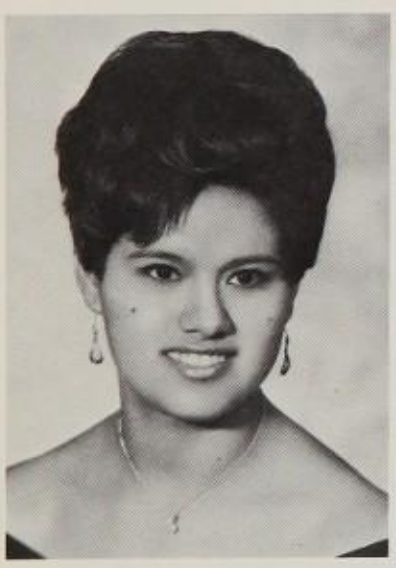
TINA LORENZEN



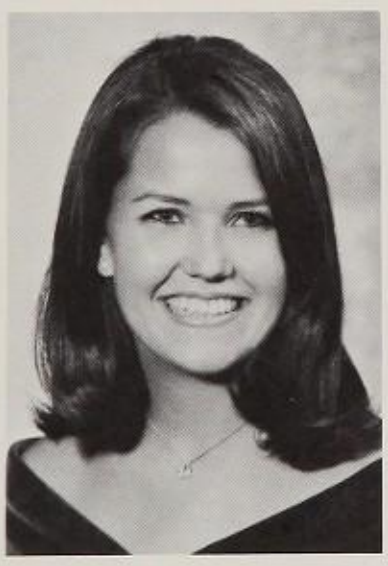
JOHN LOUKES

KAREN LOWERY

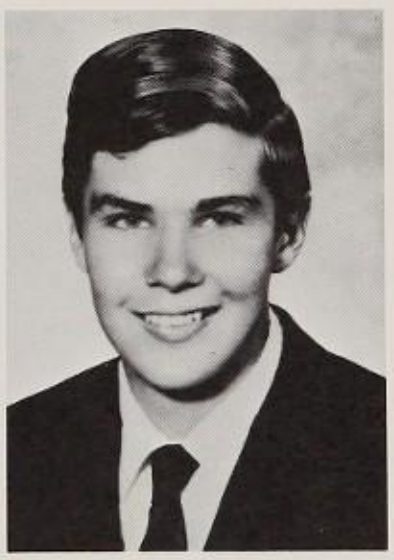
PATTY LOZINSKI



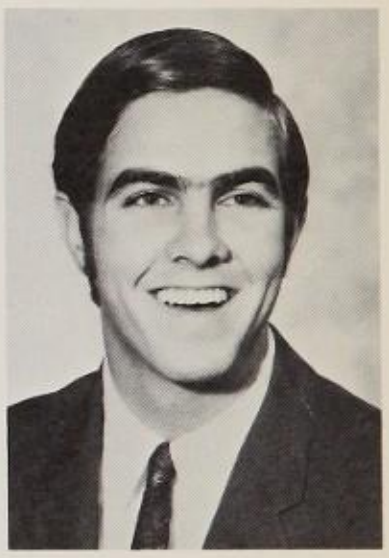
MARY LUJAN



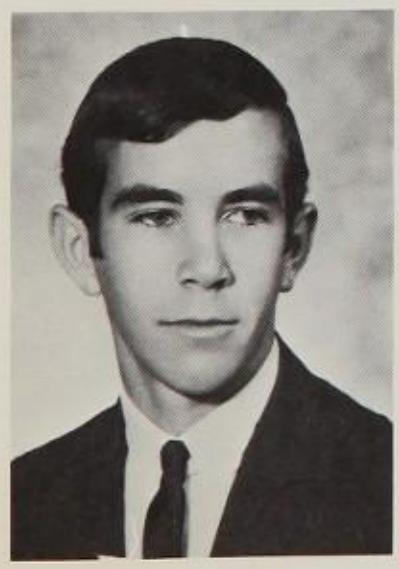
GAY LUNDMARK



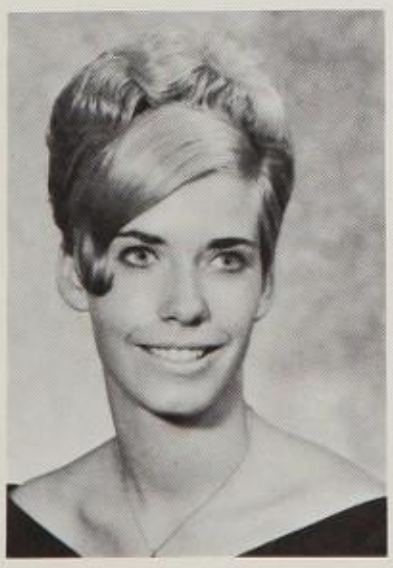
STEVE LUPPENS



KEN MACKEY



KEN MACLEOD



MARY ANN MADRUGA

PHYLLIS MAISEL

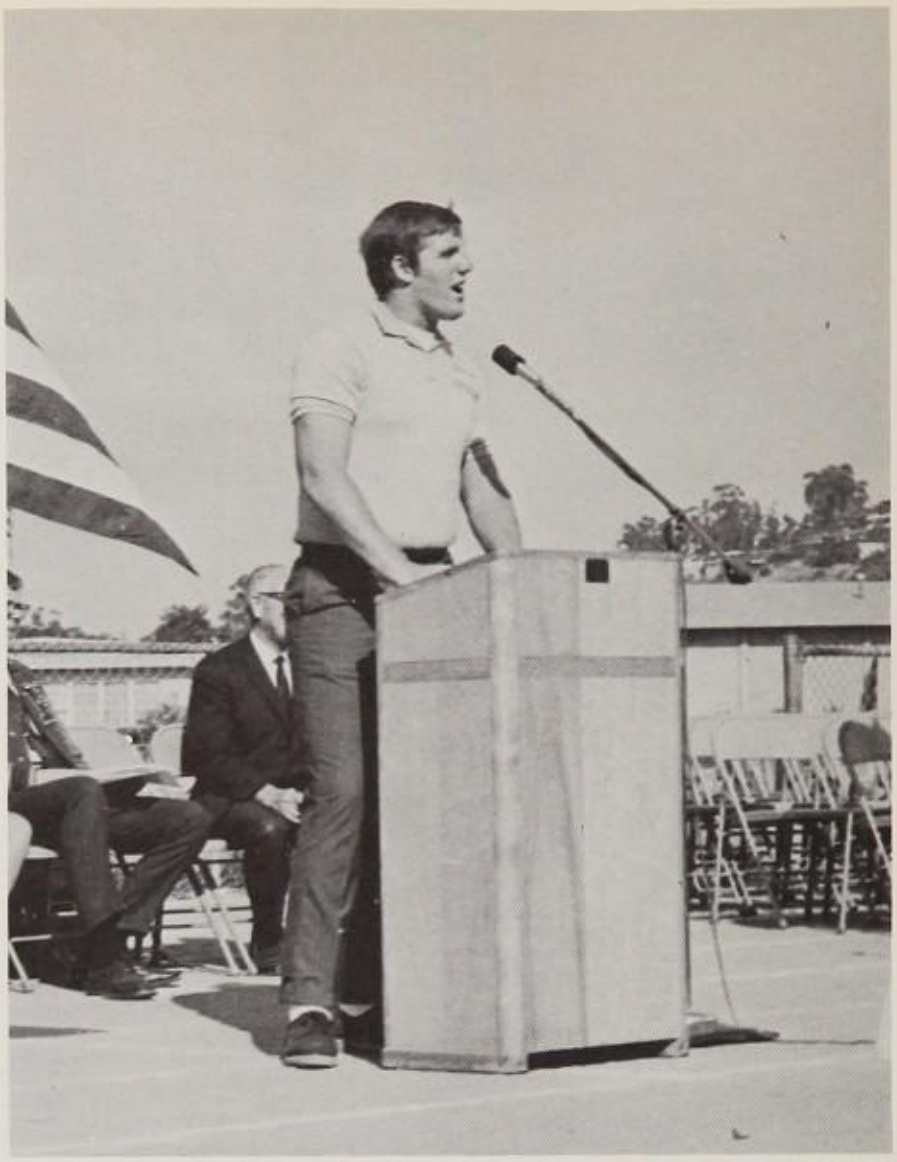
LEE MALSACK

LYNDA MANARD

MICHELLE MANDOLF

LYNN MARCOE

JEANNE MARIKLE

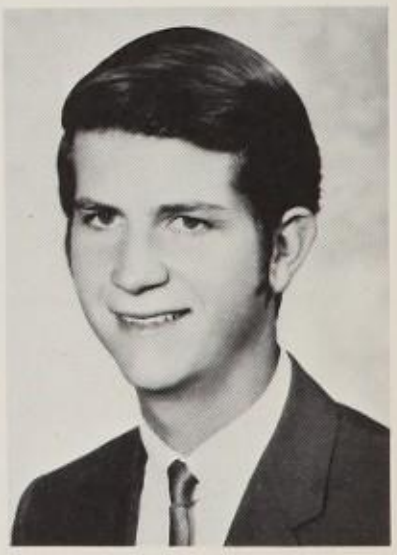


Bruce Walton introduces the mighty Highlander football team.

MIKE MARR

DENISE MARSHALL

BILL MARTIN



RON MARTIN

SHIRLEY MARTIN

TIM MARTIN

MIKE MASON

HELEN MATSON

MANARD, LYNDA DIANE (Fly)
ACTIVITIES: Y-Teens 1,2,3,4; Green Peppers 2,3,4; Campus Life 2,3,4; Young Life 3,4; Soph. Class Council; Jr. Class Council; Cap and gown Comm.; Prom Comm.; Sr. Breakfast Comm. 3,4; Big Sister 2,3,4; Christmas Dance Comm. 3,4; Hula Hop Comm. 3,4; Sr. Benchwarmers; Student Council 4; Jr. Ring Comm.; Jr. Activities Comm.; Special Events Comm. 4; Fashionality Night Comm. 4. MEMORY: "Dickie," "The Ditch," Grossmont guys, winning tradition, "46" Ford, Buttercup, summer before my senior year.

MANDOLF, MICHELLE L. (The Flirt)
ACTIVITIES: Campus Life; Student Council Rep. MEMORY: I'll remember all my wonderful high school days at Helix, the summer of "67," the Denwood gang, and our happenings.

MARCOE, LYNN (Lynnie Poo)
ACTIVITIES: Y-Teens 2,3,4; Campus Life 4; Hula Hop Comm. 4. MEMORY: Tommy, the "River," trip to Hawaii with Deb, Smitty, chuga-chuga, summer of "68," the beach, B.B. 7-9, sneezes, "How bad?", "So bad!"

MARSHALL, DENISE ALVIDA
ACTIVITIES: Alumni Tea Comm. 1; Y-Teens 2,3,4; Green Peppers 1,4; Sr. Benchwarmers; Nominating Convention 3; Big Sister 2,3,4; Campus Life. MEMORY: Football games, spirit, Campus Life camp, Saint Augustine's Prom, Joe Woods' Civics class, all my friends, senior year, "my guy."

MARTIN, SHIRLEY KAY (Jud)
ACTIVITIES: Campus Life; Green Peppers 1,2; Student Council 3; Y-Teens 2,3; Nominating Convention. MEMORY: Our excellent sports teams, all the times at Helix, being called a freshman every year, hey Jud, August 9, 1968.

MARTIN, TIMOTHY ALLEN (Marty)
ACTIVITIES: Football 1,2; Basketball 1; Swimming 1; Nominating Convention 3. MEMORY: The bus ride up to Fresno with the Distributive Education class.

MASON, MICHAEL (Mike, Tin Grin)
MEMORY: The dances, concerts, games, and the nights at the shows.

MC FEELEY, MARGARET A. (Peggy)
ACTIVITIES: Y-Teens 1,2,3,4; Nominating Convention 2,3. MEMORY: Two certain parties during Christmas vacation "67," March 3, 1967, a certain boy with dimples, track meets, games, and dances.

MC GREW, THOMAS YATES (Tom)
ACTIVITIES: Helix Numismatic and Philatelic Society. MEMORY: Dictionary Hill, Mr. Verschoor, the chases, football and basketball games, Bulk, girls.

MC KINNEY, JANET NORENE
ACTIVITIES: Big Sister 2,3; Student Council Rep. 1,2,3; I-Club 1,2,3; Nominating Convention; Class Comm. 2,3,4. MEMORY: I will always remember the fun I had at the games and the Hula Hop 1967.

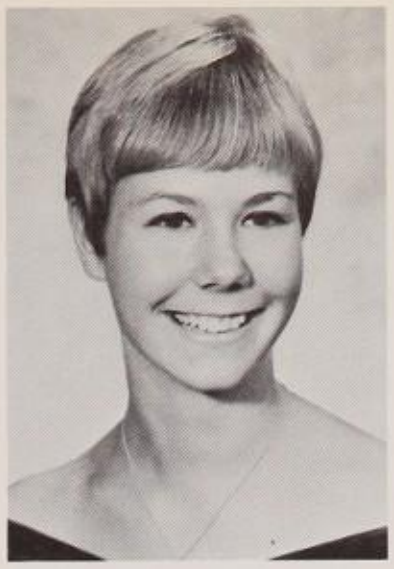
MCNEILL, PATRICIA LYNNE (Patti)
ACTIVITIES: Green Peppers 1,4; Y-Teens 2,3,4; Sr. Benchwarmers; Alumni Tea 1. MEMORY: The slumber party September 2, 1968, April 19, 1967, September 24, 1968, all the fun and experiences I've shared with my friends and Jimbo.

MC NULTY, SANDRA (Sandy)
ACTIVITIES: Nominating Convention 2; Student Council Rep.2; Y-Teens 1; Christmas Dance Comm. 1. MEMORY: Scott, getting stuck in the trash can when I was a freshman, the tasty cafeteria food, and all the squirrelly people.

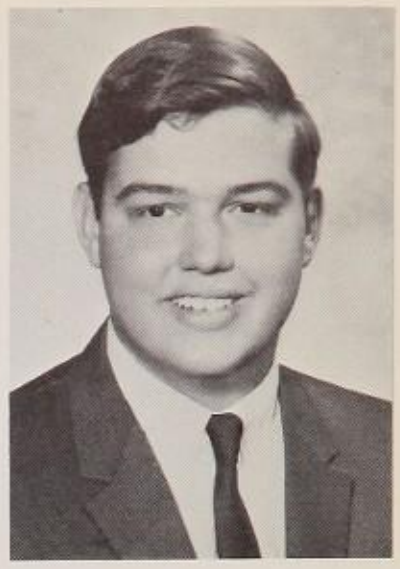
MENDOZA, CHARLOTTE (Charlie)
MEMORY: All the people I met at Helix.

MENSER, BRUCE EDWARD (Horatio, HHH)
ACTIVITIES: Basketball 1,2,3,4; Baseball 1,2; Tennis 3,4; ASB President 4; Jr. Class President; Soph. Class Vice President. MEMORY: Coach Bob Speidel, Summer League Basketball Championship, "Roxanne's tears," CIF, "The Hill."

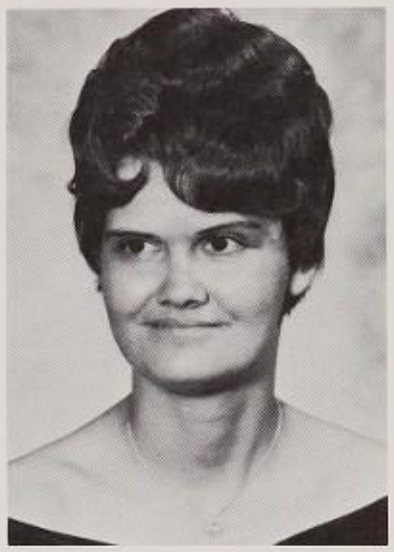
MERRILL, CHRISTOPHER (Chris, Tree)
ACTIVITIES: Cross Country 1,2,3,4; Track 1,2,3,4: I-Club 2; CSF 2,3,4; Torch Bearer 3. MEMORY: Mr. Stearns, Naval War Hero, road runs, "huba-huba," 1:55, Coach Speidel, attitude, "Brandenburg Concerti."



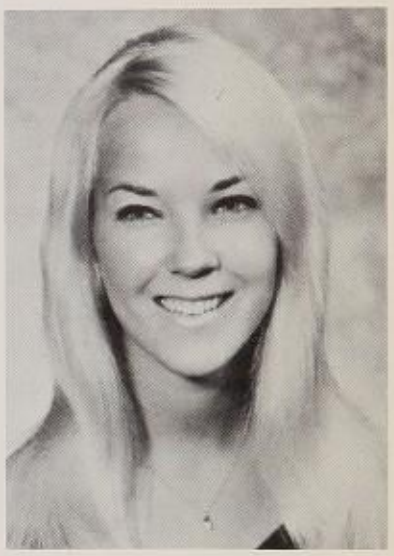
PEGGY MC FEELEY



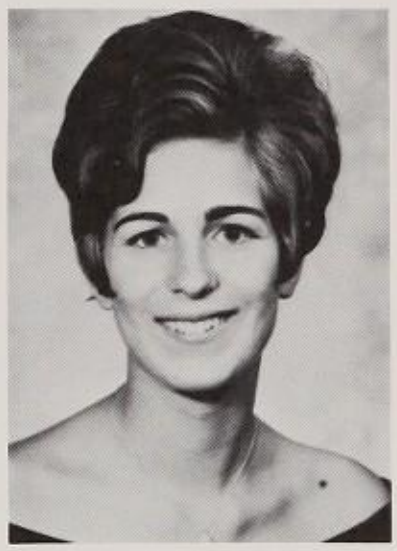
TOM MC GREW



JANET MC KINNEY

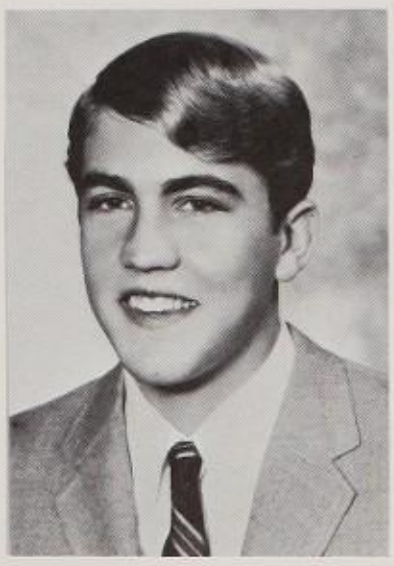


PATTI MC NEILL

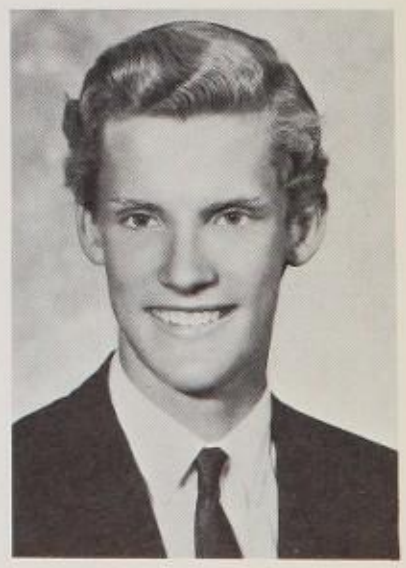


SANDY MC NULTY

CHARLOTTE MENDOZA



BRUCE MENSER



CHRIS MERRILL

GREG MERRILL

ROBERTA MERRITT

JIM MEYER

HANNU MIKKONEN

DEBBI MILBOURNE

LINDY MILLER

BARBARA MITCHELL

KAREN MITCHELL

MERRILL, GREGORY (Greg)
ACTIVITIES: Bowling Club 2; CSF 1,2; Cross Country. MEMORY: Captain Shepherd's World History class, Mr. Tolin's transparancies, Mr. Ramsey's chemistry class, final CIF football game.

MERRITT, ROBERTA LYNNE (Birdie)
ACTIVITIES: I-Club 1,2,3,; Big Sister 3; CSF 3; Sr. Paper; FLING 4; Sr. Benchwarmers; Green Peppers 1; Sr. Prom Comm.; Sr. Baccalaureate Comm.; Jr. Ring Comm.; Graduation Ass't 3. MEMORY: Summer of "68," BYU, winking, Stearns, the group, Coach, Fling, the "zoo," October 5, Smut.

MIKKONEN, HANNU ARUO (Finn)
ACTIVITIES: Football 1,2,3,4; Lettermen's Club 4. MEMORY: The football teams, Canada 1968, the great Junior Party, Peter's Palace, the elections, Tia Juana, and Marine Street.

MILBOURNE, DEBBIE (Deb)
ACTIVITIES: Green Peppers 1,2; Swimming 1,2; Big Sister 2; Christmas Dance Comm. 2; Sr. Dance Comm. 4. MEMORY: Stereo-phonies, Memorial Day Eve "67," "Big Brother," all the colors in a rainbow, Wednesday nights, Balboa Park, cats, and Alan.

MILLER, MELINDA (Lindy)
ACTIVITIES: Glee Club 2; Choir 3,4; Hula Hop Comm. 3; CSF 2,3; Jr. Ring Comm.; Sr. Breakfast Comm., Y-Teens 2. MEMORY: Papa Rue's swinger singers, and the floods and fires of physical science.

MITCHELL, BARBARA JEAN (Barb)
ACTIVITIES: Tartan Bearer 3; I-Club 3,4; Quill and Scroll 3,4; Inter-Club Council 3,4; TARTAN 3,4; Y-Teens 1,2; Christmas Dance Comm. 2; Frosh Tea Comm. 2; Hula Hop Comm. 1,2,3, Chrm. 4; Big Sister 2; Nominating Convention 3; Tennis 2,3; Sr. Announcements Chrm.; Frosh Publicity Comm.; Soph. Activities Comm.; Graduation Comm.; CSF 1,2,3,4. MEMORY: The prize, my summer in Hawaii, July 28, Waimea Bay, Sunset Beach, summer before my junior year, NNLA, my board, baby sitting, Mrs. Ornelas, BB7-9, more than anything else Hanauma Bay, July 30, 1968.

MITCHELL, KAREN ANN (Samie)
ACTIVITIES: Nominating Convention 1,2; Big Sister 2,3,4; Library Club 2,3,4; Y-Teens 1,2; Campus Life 1,2,3,4; Student Council Rep. 2,4. MEMORY: Summer of "68," Malinda's moods, Mr. Frank's finals, Mr. Vogel's terrific lectures, Termite, Hula Hop "68."

MOE, EMORY SCHURER (Emoe)
ACTIVITIES: Nominating Convention 1,2,3. MEMORY: Mr. Ramsey, Mr. Bauer, Mr. Hart when he got mad, flying, and all the plastic people.

MONROIG, ROBERT ALAN (Bob)
ACTIVITIES: Campus Life. MEMORY: Summer in New York, driving, "Fertility Right," Mr. Ramsey, Mr. Corbisez, Miss Moore, Mr. Gordinier, Greenwich Village, the Russian Eagle.

MOODY, CAROL ANN
ACTIVITIES: Glee Club; Sr. Glee; Choir 3,4. MEMORY: The 1968 Riverside trip, the Bobsey twins, Shakey's Pizza, my friends in choir and biology class.

MORGAN, KENT DOUGLAS (Mac)
ACTIVITIES: Track 1; Nominating Convention; Campus Life 2,3,4; Mac 4. MEMORY: Mr. Vogel's biology class, going to Grossmont College, Purple Haze.

MORGAN, KURT COLLINS
ACTIVITIES: Football 1; Track 1,2. MEMORY: Mr. Frank's junior English class, the good people and the bad people all trying to climb to stardom.

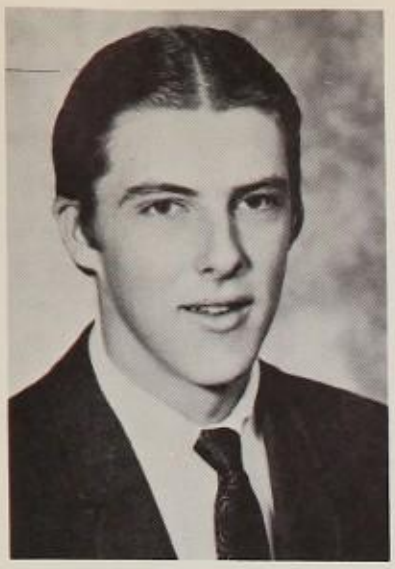
MULLOY, ELIAZBETH (Liz)
ACTIVITIES: Green Peppers; Sr. Benchwarmers; Nominating Convention. MEMORY: The fun at Helix the last two years, football games, dances, benchwarmers, making flowers.

MULVIHILL, CAROL (Mulvi)
ACTIVITIES: Swimming 3,4; Y-Teens 1,2,3,4; Nominating Convention 1,2,3; Corp 2; Big Sister 2,3; Green Peppers 2,3,4; Sr. Benchwarmers. MEMORY: Swim practices, cheer tryouts, the 6th, Mr. Ray, circle dances, Helix's winning team, mono, lunch with the group, J. Woods' Civics class.

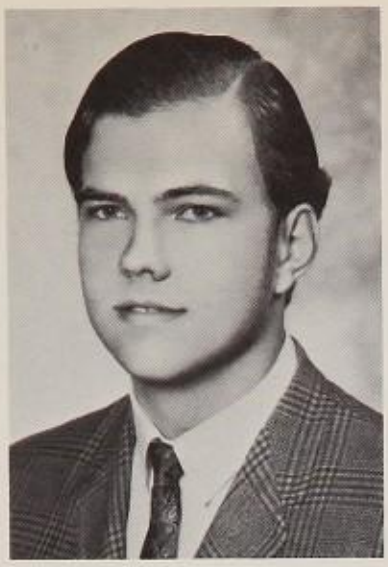
MUNSON, MARLENE (Hackamore)
ACTIVITIES: Tennis 3,4; Campus Life 1,2,3,4; Big Sister 2,3; Student Council Rep. 1,2; Nominating Convention 2; MEMORY: Summer "67," Colorado River, Polly, League in tennis, Duder, yellow Charger, Denwood, red Rambler, Wilbur, first period shorthand, Clarence's master.

MYERS, JOHN DOUGLAS (Doug)
ACTIVITIES: Football 1; Basketball 1; Baseball 1,2,3,4; MEMORY: Summer before my senior year and my senior year.

NELSON, LINDA
MEMORY: Stranger than truth adventures of the Cowardly Lioness and her beloved companions, Scarecrow, Woodsman, and Dorothy; Master dames; Del Mar.



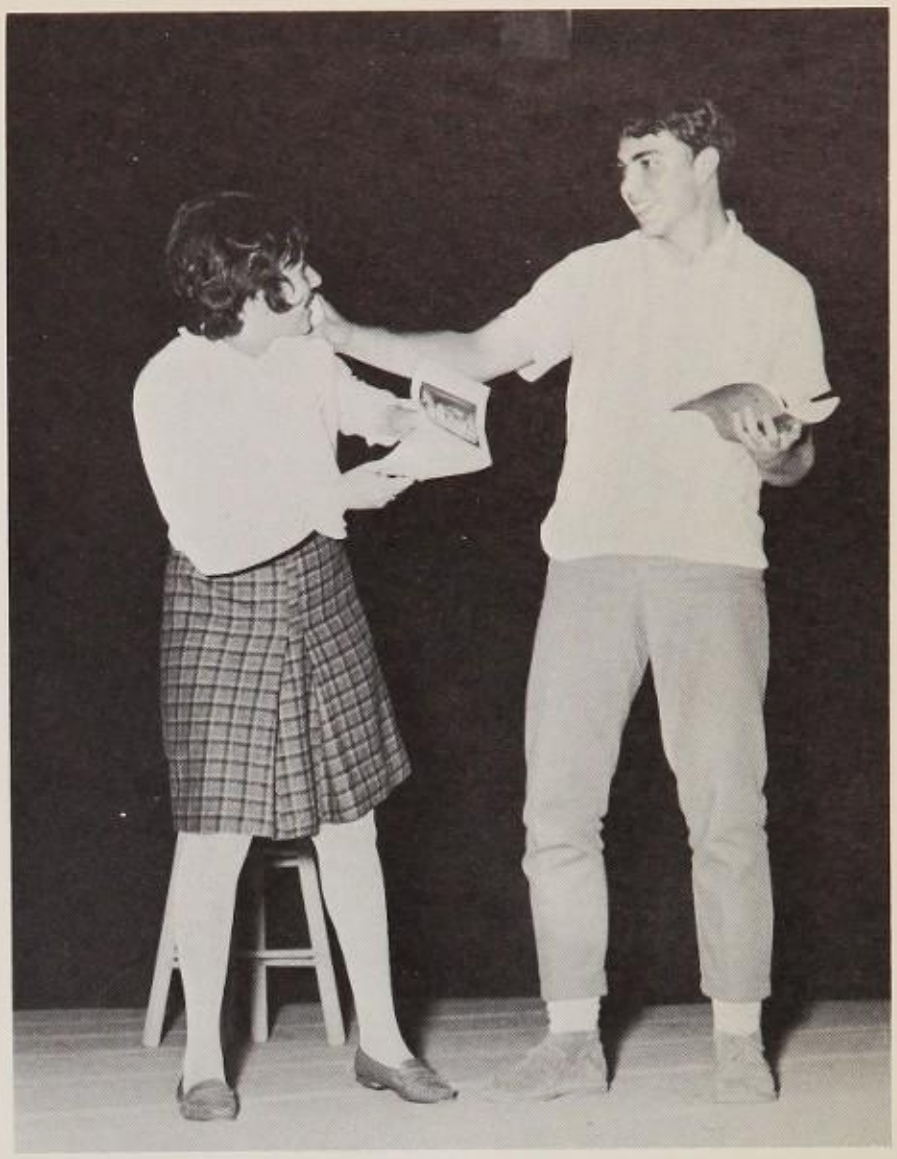
EMORY MOE



DAVE MONJO

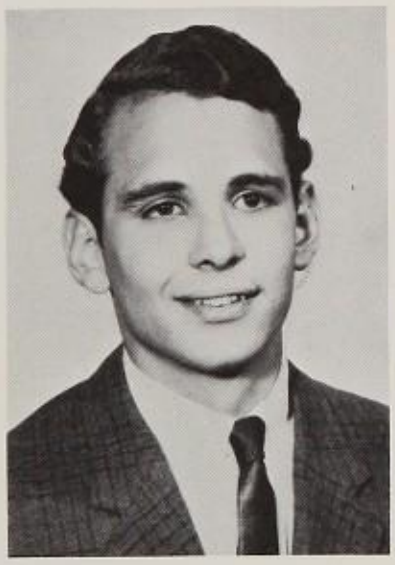
BOB MONROIG

CAROL MOODY

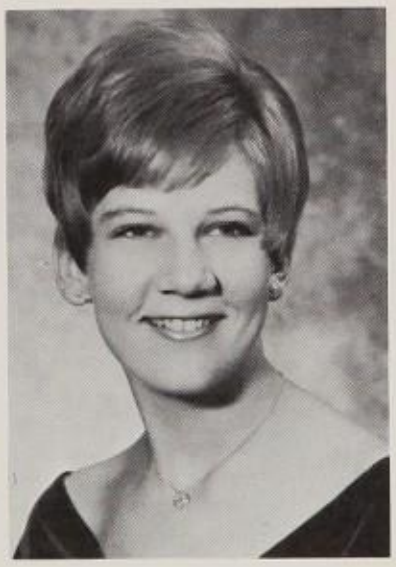


Nikki Aqua Viva and Larry Olmsted try out for the senior play.

KENT MORGAN



KURT MORGAN

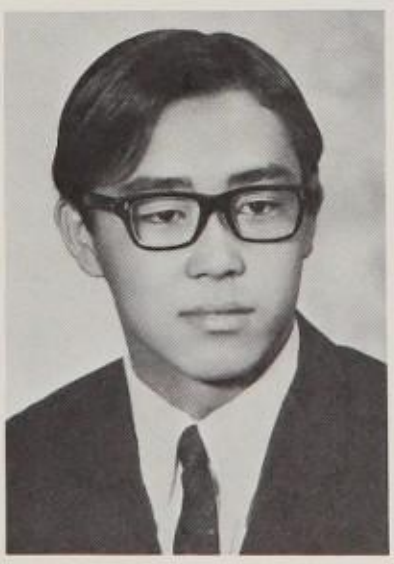


ELIZABETH MULLOY

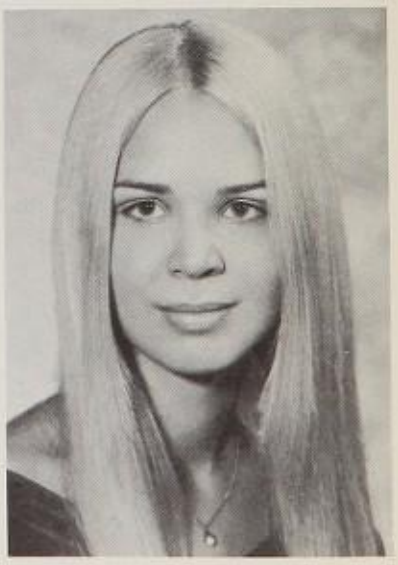
CAROL MULVIHILL

MARLENE MUNSON

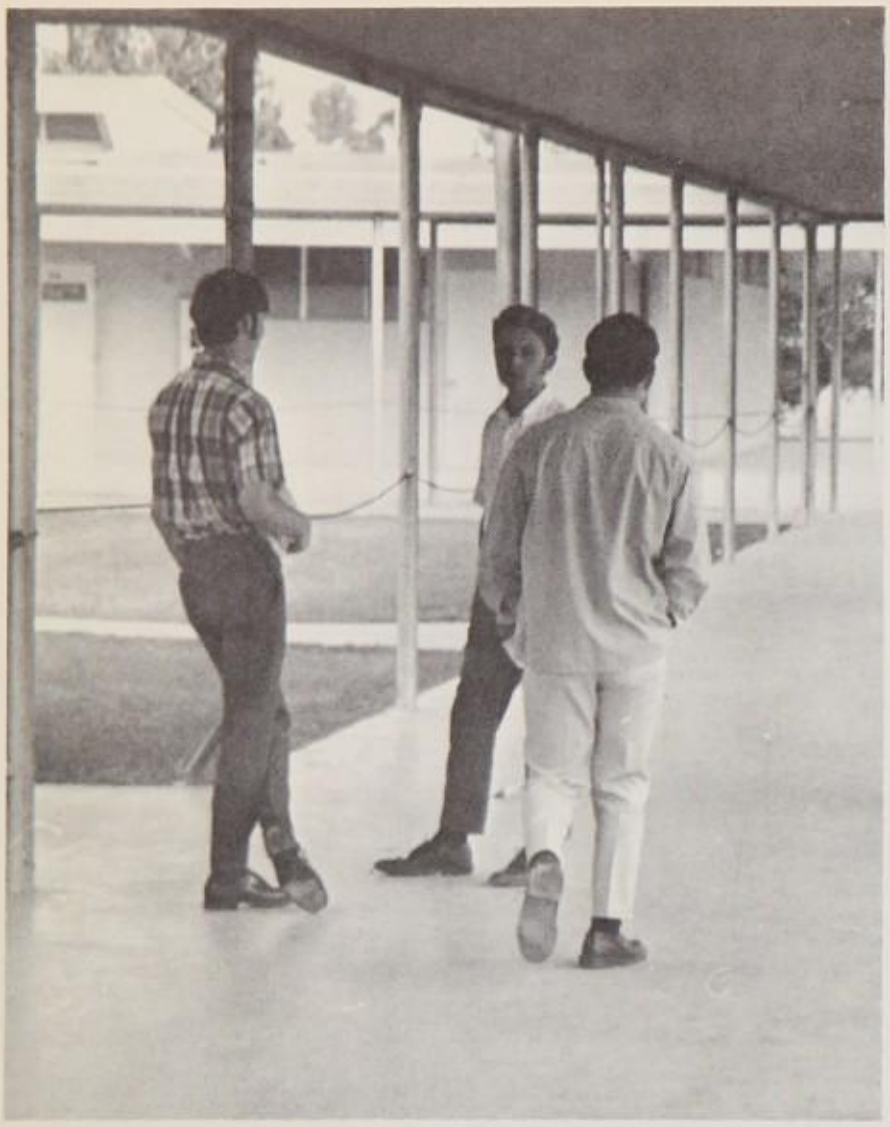
DOUG MYERS



WAYNE NAKANO



LINDA NELSON



Seniors Chuck Carvajal and Tom Papoulias use their senior privilege of ditching study hall.

PAUL NEWKIRK

TOM NIELSON

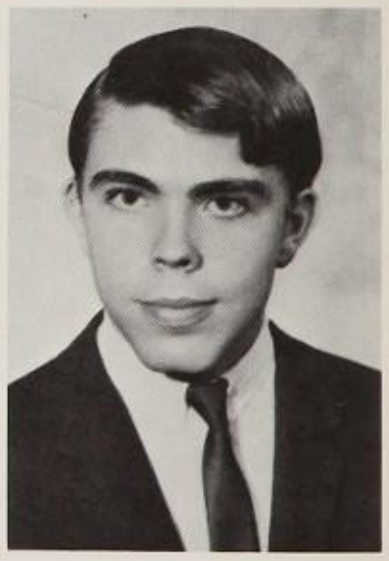
BETTY NORK

ELLEN NORTH

MARGO NYSTROM

MIKE O'DOM

BILL OGDEN



LARRY OLMSTED

MARILYN OLMSTEAD

DEBBIE OLSON

GREG OLSON

KENNETH OLSON

NEWKIRK, PAUL ARTHUR
ACTIVITIES: Football 1; Wrestling 1,2,3.

NIELSON, TOM (Red)
ACTIVITIES: Student Council 2,3. MEMORY: The Pump Handle and the Alv., getting red mountained at Black Mountain, it's a bust.

NORK, ELIZABETH (Betty)
ACTIVITIES: Campus Life 2,4; Soph. Class Comm.; Interfaith Club 1,2; Big Sister 4; Alumni Tea Comm. 4; Sr. Prom Comm.; Sr. Assembly Comm.; Sr. Benchwarmers. MEMORY: Singing with Julie, the football games, the good activities, friends, and the time I left the gym without my shirt on.

NORTH, ELLEN SUE (Ellie)
ACTIVITIES: TARTAN Staff 4; Art Club 4; Big Sister 3,4. MEMORY: Summer at U.S.D., sunny and rainy days, and all my friends.

NYSTROM, MARGO EDITH
MEMORY: Football games, J.C. dances, all my friends, Sunday at Self's, Randy, Ging', and all the wild things we did.

ODOM, MICHAEL LEE (Mike)
ACTIVITIES: Football 3,4; Wrestling 2,3,4. MEMORY: Jumping Jack Munson, CIF "66," first day, Milton's Mad House, and Halloween "66."

OLIVER, DOUGLAS MICHAEL (Doug)
ACTIVITIES: Football 2,3,4; Basketball 1,2,3,4; Swimming 2; Baseball 3,4; Nominating Convention 1,3,4; Student Council 4. MEMORY: Helix's great football teams, CIF "67," Tom the Trainer, Higby's English class, and a special little Jr.

OLLIFF, DONALD LOUIS (Don)
ACTIVITIES: Science Club 1,2,3,4; Military Science 1,2,3,4; CSF 2,3,4; Speech Team 1,2,3,4; Nominating Convention 2,3; Scholastic Olympics 3; Math Field Day 1,2,3. MEMORY: A few inspiring teachers and many interesting books, and silence in a library is almost as sensible as in Wall Street.

OLMSTED, LARRY LEROY (Igor)
ACTIVITIES: Library Club 1,2; Sr. Play 3,4; ASB Play 3; Spring Play 4; Drama Club 3,4; "Bye Bye Birdie" and "The Pajama Game." MEMORY: Mr. Patton singing "Kids," jealously ballet with Jill, being locked out of the house at 2:00 A.M., and spending the night at Lynette's in her little sister's bed.

OLMSTEAD, MARILYN ANN (Mar)
ACTIVITIES: Y-Teens 1,2,3,4; Big Sister 2,3,4; Nominating Convention 2,3,4; Jr. Ring Comm.; Hula Hop Comm. 2; Green Peppers 2,3,4; Sr. Breakfast, Chrm.; Sr. Publicity Comm.; Co-Chrm.; Prom Comm.; Sr. Benchwarmers. MEMORY: Gorilla Girl, Soph. gym, Melissa's cloud, "68" proms, "W. Way," The Aggressive One, whoppee, and all my true friends.

OLSON, DEBRA FAYE (Debbie)
ACTIVITIES: Y-Teens 3,4; ASB Play 2; Nominating Convention 3,4; Jr. Paper Comm.; Prom Comm. MEMORY: Mother Drake, wrestling beach party, my true friends, Porsche and Cadillac balloon packs, Mr. Ray's housewarming, Prom "68", Washington D.C., and Bart.

OLSON, GREG MARTIN
ACTIVITIES: Golf 1,2,3,4. MEMORY: CIF "65" football game.

ORR, JANEE LOIS (Banee')
ACTIVITIES: Big Sister 2; Bowling Club 2,3; Campus Life 1,2,3. MEMORY: April "67," summer "65," summerschool with Woods, football games with Grossmont and Helix spirit.

ORSBORN, JEFFREY JAMES (J.B., Tank, Ape)
MEMORY: Coach Hammer's eight-ball biology class, Mighty Mike Muirhead, the squeaky mouse and Suzie.

OVERTON, MARLA LEIGH
ACTIVITIES: Christmas Dance Comm.; D.E.; Big Sister 3,4; Sr. Prom Comm. MEMORY: Mrs. Drake, a certain "someone", Grossmont-Helix game "67," September 21, 1967, The Blue and Gray, and football games.

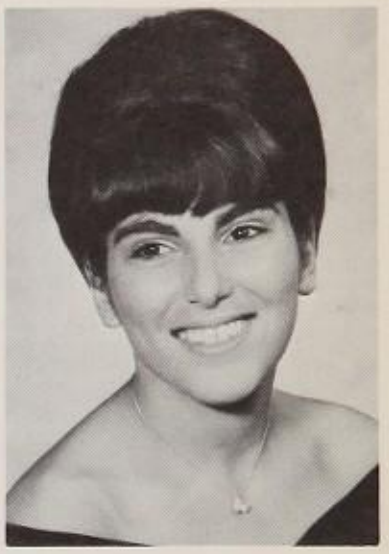
OWENS, BRADFORD ROBERT (Brad)
ACTIVITIES: Marching Band 1,2,3,4; Concert Band 1,2,3,4; Pep Band 2,3,4; Stage Band 2,3,4. MEMORY: The misery of selling Band Jamboree tickets.

PALLULAT, SUSAN ANNE (Suzy-Q)
ACTIVITIES: Marching Band 1,2,3; Concert Band 1,2; Stage Band 1,2; Pit Orchestra "My Fair Lady"; Y-Teens 3,4; Tennis Club 4; Christmas Dance Comm. 1,2; Hula Hop Comm. 2,4; Nominating Convention 2,3; Commission Class 4. MEMORY "66" and "67" band, campaigning, Commission Class "69," Leadership Conference, John's notes in Physical Science, Ocean Beach "68," and Holbrook High, Mass.!

VALERIE OHLSEN

DOUG OLIVER

JEAN OLEKSOW



JANEE ORR

JEFF ORSBORN

MARLA OVERTON

BRAD OWENS

SUSAN PALLULAT

TOM PAPOULIAS

ANITA PARDES

TOM PARISE

JIM PARKER

TOM PARKS

JEAN PASSINO

CONNIE PETERS

MARIAN PEHRSON

PAPOULIAS, TOM (The Greek)
ACTIVITIES: Baseball 1,2; Student Council. MEMORY: Summer "67", and Denwood, Proter Valley and the gang, and all the friends I met during my four years at Helix.

PARKER, JIMMY LYNN (Jim)
ACTIVITIES: Basketball 1,2; Tennis 1,2; Key Club 3,4; Graduation Ass't. 3; Campus Life 2,3. MEMORY: The athletics, all my friends, Jr. year, joints, and June 1, 1968.

PARKS, THOMAS PATRICK (Tom)
ACTIVITIES: Football 1,2,3,4; Track 1,2,3,4; Wrestling 1; Nominating Convention 2,3; CSF 2,3; Campus Life 2,3; Tartan Bearer 3; Key Club 4; Lettermen's Club 4. MEMORY: The cabin, Palm Springs, Green Bomb, big bust, Washington trip, Chet and Bobby, Helix people and teams, and especially Angie.

PASSINO, JEAN SUSAN
ACTIVITIES: Tennis 12,; CSF 2,3; Swimming 3; Big Sister 2,3; FLING Staff 4; Sr. Board, Annual Signing Party Chrm., Sr. Benchwarmers; Jr. Ring Comm.; Y-Teens 2; Alumni Tea Comm. 1; Quill and Scroll 4. MEMORY: Winking, the gang, Sr. gym, Adm. Stearns, t.p.ing Mr. Woodfield's house, "28", lunch discussions, BYU, Lake Murray, and sleeping through Mr. Ramsey's happy atom lectures.

PETERS, CONNIE LYNN
ACTIVITIES: Hula Hop Comm. MEMORY: Summers "67" and "68", Easter Vacation, and all my friends.

PEHRSON, MARIAN MARIE (Mortimer)
ACTIVITIES: Big Sister 2; Y-Teens 2,3,4; Secretary 3; Student Council 2; Soph. Class Council; Jr. Ring Comm.; Leadership Conference 3,4; Nominating Convention 2,3,4; Ass't. Commissioner of Cultural Affairs 4; Sr. Benchwarmers. MEMORY: "Funny people", everyone else, Dave's cheese pits, Clansmen parties, my bicycle, "wet pants", Hart and I cheerleading, "shake and Bake", and our guys.

PEPIN, VICTORIA LYNN (Viki, Red)
ACTIVITIES: Hi-Steppers 2,3. MEMORY: Bob, In-A-Gadda-Da-Vida, the summer after my Jr. year, and the ups and downs.

PERRIGO, JUDITH LYNN (Judy)
ACTIVITIES: Choir 2,3,4; President 4; Banner Corps 3,4. MEMORY: The gang at lunch in my Jr. year, Christmas Dance "67", Joe Wood's Civics class, band and choir trips.

PETERS, KAREN SUE (Petey)
ACTIVITIES: Hi-Steppers 3; Sr. Benchwarmers; Sr. Comm.; Big Sister 2. MEMORY: Camarillo and all those after school practices, tea for two Marcello, study hall sixth, and the saintman.

PETERSEN, WILLIAM (Bill, Peter)
ACTIVITIES: Football 1,2; Track 1,2,3,4; Key Club 2; Nominating Convention 1. MEMORY: Football games, dances, the parties, the cabin, Salton Sea, Alvi., and most of all Peggy.

PETERSON, JOHN SOMARS (Charlie)
ACTIVITIES: CSF 1; Math Field Day 1,2,3; Campus Life 3,4. MEMORY: Great tears in Algebra II and Seminar with Uncle Jack, civics with J. Woods, and November 17, 1967.

PETERSON, KAREN ANN
ACTIVITIES: Green Peppers 3; I-Club 3,4; Nominating Convention 3. MEMORY: The summer "68", standing around the trash can, Ken, Jaccie, Wanda, and Clyde, who have made life bearable.

PETERSON, STEVEN (Steve)
ACTIVITIES: Bowling Club 1. MEMORY: My Jr. year, and eating green apples in the dark, favorite artists and song; anything by the Beatles and Bach.

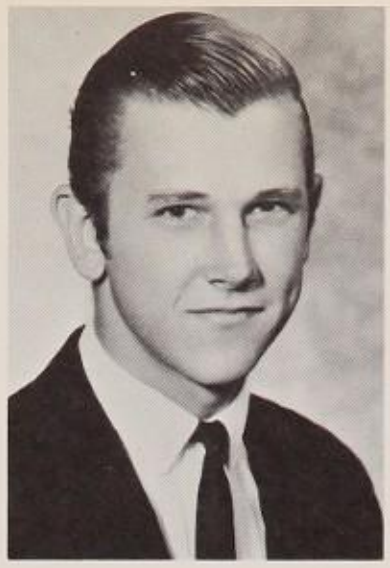
PETERSON, VIVIAN JEAN (Pete)
ACTIVITIES: Y-Teans 1,2,3,4; Big Sister 2,3,4; Student Council 1,2,3,4; Nominating Convention 1,2,3,4; Green Peppers 1,2,3,4; Campus Life 3,4; Cymnastic Club 2,3; Class Council 1,2,3; Jr. Ring Comm.; Jr. Class Secretary; Jr. Paper; Jr. Caroling Party Chrm.; Leadership Conference 2,3,4; Varsity Cheerleader 4; Commissioner of Spirit 4; Cheer Camp 4. MEMORY: Alvie, High St., Peter's Palace, Porsche balloon pack, Commission class and cheer, March 21, Mr. Ray, laughs with Dave, Marian and Roxanne, "The Green Machine"

PHILLIPS, KAREN
ACTIVITIES: Canned Food Drive 1; Library Club; Nominating Convention 2; Sr. Benchwarmers; Y-Teens 4; Drama Club; Student Council. MEMORY: Easter Vacation, Salona Beach, fire and Mike.

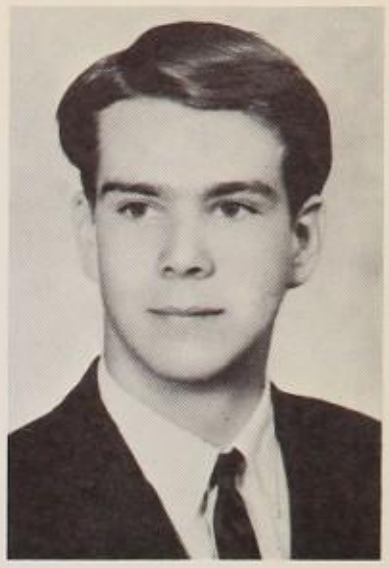
PITTMAN, LINDA JEAN (Pitt)
ACTIVITIES: Y-Teens 2; Secretary 1; Treasurer 3; Inter-Club Council 4; Big Sister 2,3,4; Nominating Convention 1,2,3,4; Leadership Conference 3,4; Jr. Ring Comm.; Green Peppers 2,3,4; Sr. Breakfast Comm. 4; Sr. Benchwarmers 4; Ass't Commissioner of Publicity 4. MEMORY: The thief at College Village, Gorilla Girl, goo-mobile, Hootmon, "that's the way God wanted it", October 4, 1968, and all my true friends.

VIKI PEPIN

JUDY PERRIGO

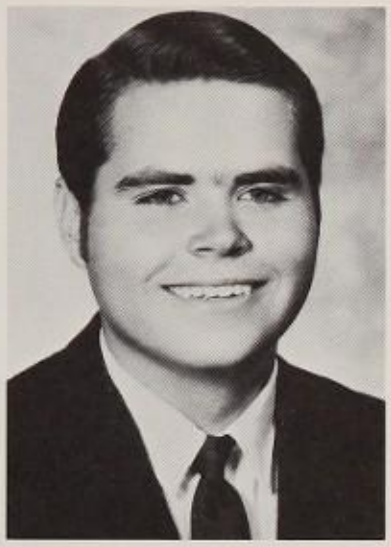


BILL PETERSON

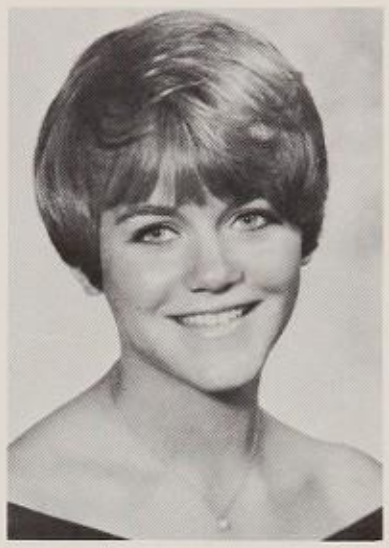


JOHN PETERSON

KAREN PETERSON

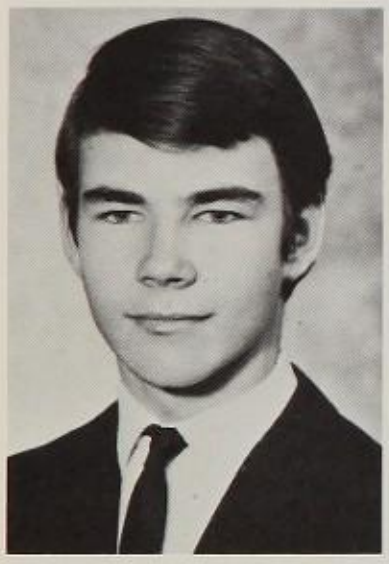


STEVE PETERSON



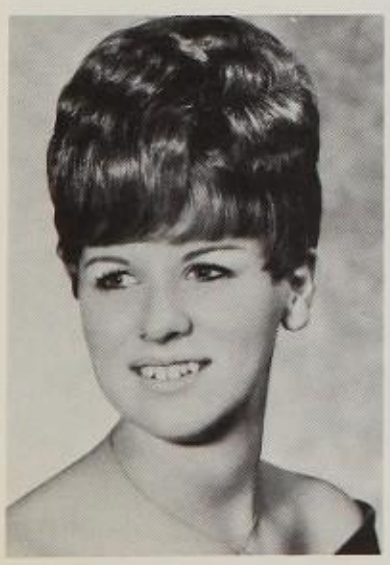
VIVIAN PETERSON

KAREN PHILLIPS

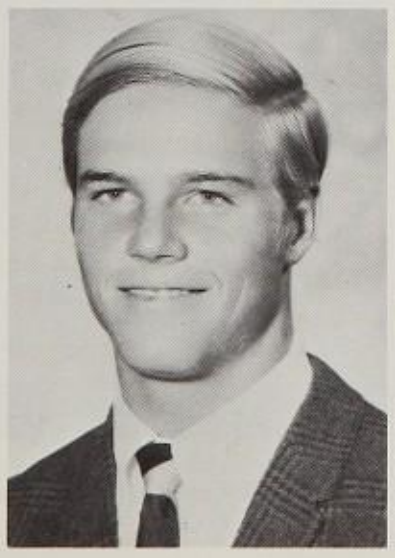


RON PITNER

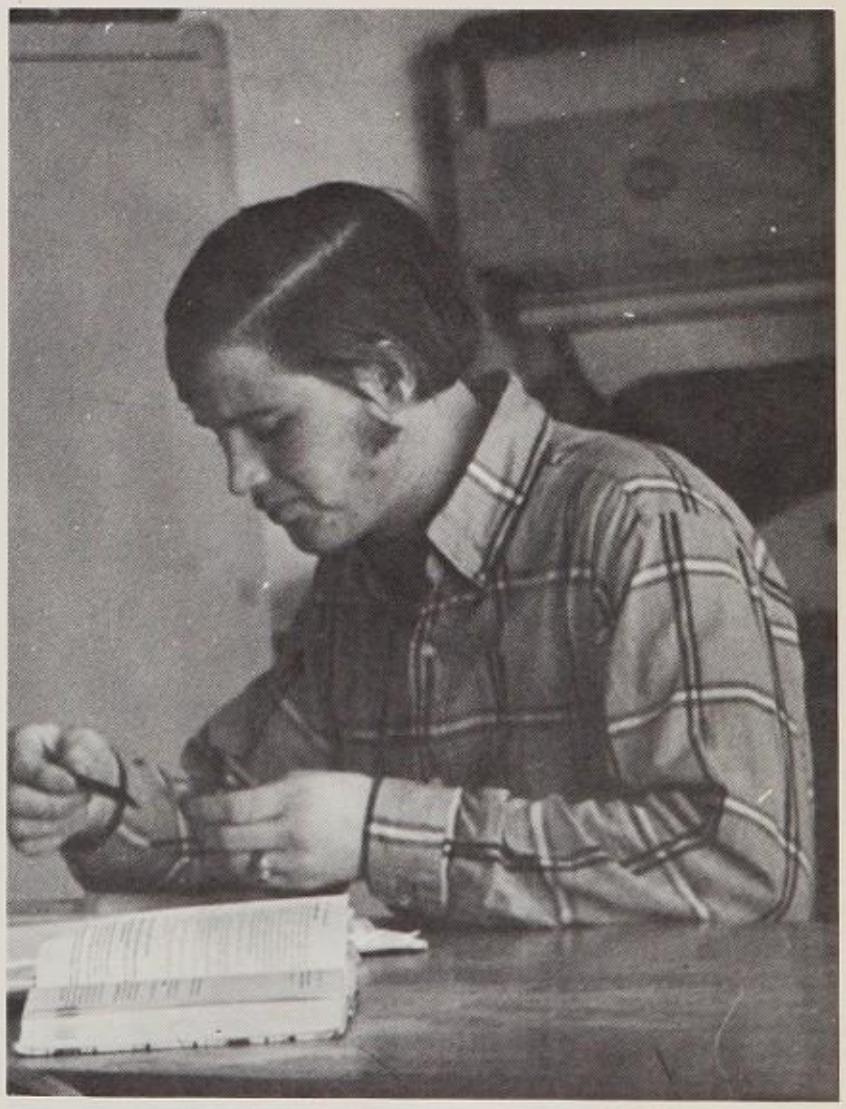
LINDA PITTMAN



LINDA POSKITT



TOM POWELL

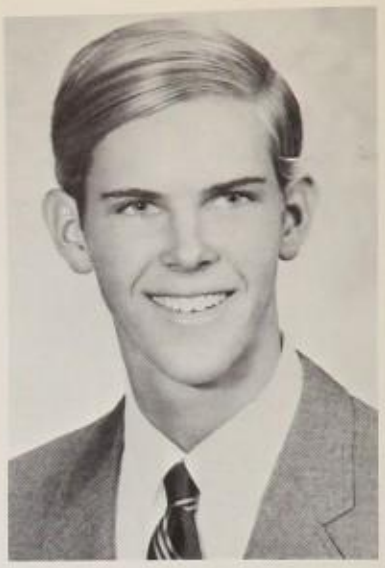


Jim Smith shows the concentration power of a Senior.

LARRY PYLE

CAROL RADFORD

WAYNE RAFFESBERGER



MIKE RAMSBACKER

STEVE RANDEL

KAREN RAUSCHER

SHARON RAZO

KEN REGAS

GARY REID

LINDA RENFROW

LINDA RETHER

PHYLLIS REVELLA

Senior Bill Kraus gives a passing glance to Senior Margo Nystrom.

RADFORD, CAROL LOUISE
ACTIVITIES: Y-Teens 4; Campus Life 2,3,4; Green Peppers 1,2; Christmas Dance Comm. 3; Sr. Dance Comm.; Baccalaureate Comm.; Prom Comm.; Sr. Breakfast Comm.; MEMORY: The few people that made it worthwhile, Newport, The Dopy People, "The Duck", Mr. Woods, and my Sr. year.

RAFFESBERGER, WAYNE (Raff)
ACTIVITIES: Key Club 2,3,4; Wrestling 1; Swimming 1,2; FLING Staff 4; Freshmen Class President; Sr. Board; Nominating Convention 1,2,3,4; Leadership Conference 1. MEMORY: Palm Springs, Dillahunt's cabin, The Green Bomb, Peter's Palace, Key Club Conventions, a great school and Helix's incredible athletic teams.

RAMSBACKER, MICHAEL WESLEY (Mike)
ACTIVITIES: Student Council 2,3; Nominating Convention 1,2,3; Key Club 4. MEMORY: The good times, the bad times, Friday and Saturday nights, and cruising with friends.

RANDEL, STEPHEN BRANT (Cazh)
ACTIVITIES: Golf 1,2,3,4; N.F.L. 4; Bulletin 4. MEMORY: The time "Hammer" went to sleep at the wheel on the way back from El Centro.

RAUSCHER, KAREN RUTH (Fire Brain)
ACTIVITIES: Letter Carrier 2,3; Big Sister 3; "My Fair Lady" 2; Campus Life 1,2,3,4; Nominating Convention 3,4; Green Peppers 4; I-Club 4; Hula Hop Comm. 4. MEMORY: Clodhopper, band trips, the "x", J. Woods, "what a waste", and hairy legs.

RAZO, SHARON (Raz)
ACTIVITIES: Y-Teens 2,3,4; Vice-President 3; President 4; Soph Activities Chrm.; Jr. Class Council; Jr. Comm. Chrm.; I.C.C. 4; TARTAN Staff 4; Graduation Comm. Chrm.; Announcement Comm.; Quill and Scroll 4; Hula Hop Comm. MEMORY: "Keith", December 3, 1967, slumber party at Viv's, baseball games, Mr. Feeser, Walker's triangle, and "Spooky".

REGAS, KENNETH ANDREW (Ken)
ACTIVITIES: Nominating Convention 1,2,3,4; Math Team 3,4; Athletic Manager 1,2,3,4; Commission Class 4; CSF 2,3,4; Campus Life 2. MEMORY: Admiral Stearns, Mr. Woodfield, Uncle Jack, Mr. Higby, and all the other outstanding teachers.

RENFROW, LINDA LEE
ACTIVITIES: Y-Teens; Green Peppers; Sr. Benchwarmers; Big Sister; Sr. Prom Comm. MEMORY: My four great years at Helix and the Highlander spirit at the football games and my groovy Sr. year and Jim.

RETHER, LINDA LOUISE
ACTIVITIES: Student Council 1,2,3,4; Campus Life 2,3,4; Y-Teens 3,4; Nominating Convention 1,3; Sr. Benchwarmers. MEMORY: The time the chemistry room flooded, the "57" Packard, "Insights", in my Soph. year, and all my wonderful friends.

REVELLA, PHYLLIS LEE (Phil)
ACTIVITIES: Bowling 1,2; Sr. Benchwarmers; Big Sister 2. MEMORY: Getting out early to teach, a certain boring class, Bill, Dave, "Look of Love", Miss Robbins, and my Sr. year.

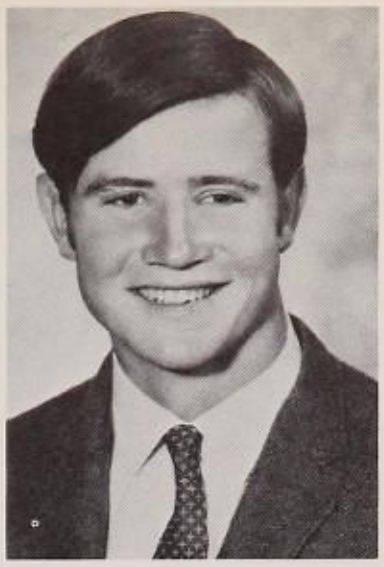
RICHTER, JOYCE ANN
ACTIVITIES: CSF 2,3,4; Secretary 2; Science Club 3; I-Club 4; Big Sister 4; Library Club 4; Future Teachers' Club 3; Tartan Bearer. MEMORY: Avogadro's Number (6.02 X 1023), the Latin Banquet in my Soph. year, summer of "68", my first day at Helix.

ROBINSON, MICHAEL LELAND (Indian)
ACTIVITIES: Basketball 1,2; Baseball 1,2; Football 1,2; Campus Life 1,2,3; Nominating Convention 3; DE 4. MEMORY: Judy and all the good times, sun kisses, summer concerts, joints, Stones, Animals, Crazy Leggs Smith, "Melt Your Cell Today."

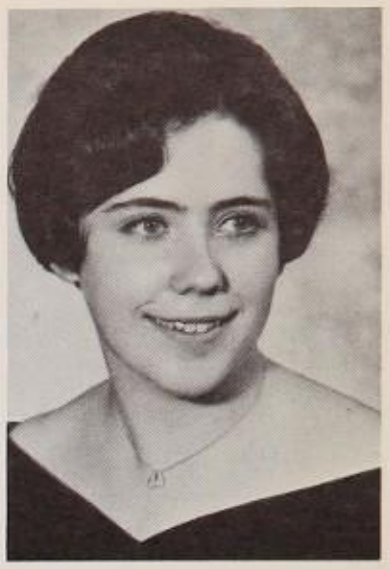
ROBINSON, ROBERT (Bob)
MEMORY: The day I was chased across the football field on orientation day.

ROGERS, JACQUELINE (Jack)
ACTIVITIES: Sr. Board; Sr. Assembly Chrm.; Sr. Benchwarmers; CSF 1,3; Speech-Debate Team 3,4; Nominating Convention; Big Sister 3,4; Hula Hop Comm.; Christmas Dance Comm.; Alumni Tea Comm.; Sr. Breakfast Comm.; Sr. Banquet Comm.; Sr. Prom Comm.; Student Council; Campus Life 1,2,3,4; Graduation Ass't. MEMORY: All the special teachers who have taken time to help me, the speech tournaments, and the "gang."

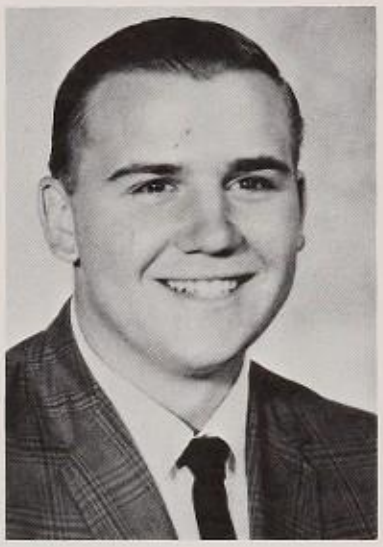
ROXBURGH, CLAUDIA (Claud)
ACTIVITIES: Activities Comm. 1,2; Leadership Conference 1,2,3,4; Nominating Convention 1,2,4; Y-Teens 1,2,3; President 2; Jr. Party Chrm.; Soph. Dance Chrm.; Soph. Class Treasurer; Commissioner of Cultural Affairs 4; Soph. Finance Comm. Chrm.; FLING Staff 3,4; Feature Editor, Associate Editor 4; Interfaith Club Council 2; Big Sister 2,3; Green Peppers 2,3; Jr. Ring Comm. MEMORY: Mrs. Drake, the end, Rickshaw Boy, BYU trip, Idlewild, Peter's Palace, drives with Leona, the Jr. Party, seven-eleven, the library, and July second of my Sr. summer.



GENE RHOADS



JOYCE RICHTER



ROBERT ROBINSON

JACQUELINE ROGERS

BRUCE ROSCOE

CLAUDIA ROXBURGH

JOE RUBALCABA

RIGO RUBIO

PAULA RUCKLE

LYNDA RUSH

KARLA RUYLE

GREG RYAN

SUSAN RYCENGA

JIM SABLE

CHRIS SANDER

NANCY SANDSTROM

RYCENGA, SUSAN KAY (Sue)
ACTIVITIES: Y-Teens 3,4; Treasurer 4; Green Peppers 3,4; Sr. Benchwarmers, Concert Band 1,2; Marching Band 1,2; Sr. Comm. Prom Comm.; Graduation Comm.; Hula Hop Comm. 1,2,4; Christmas Dance Comm. 2,4; Fashionality Night Comm. 2; Big Sister 2,3,4; Nominating Convention 3,4. MEMORY: May 31, 1968, that one certain guy that made it all worthwhile, Mr. Lee's History class, the girls, and January 7, 1967.

RUSH, LYNDA RUTH
MEMORY: My great Sr. year, my four years, and the football games.

RUYLE, KARLA DIANNE
ACTIVITIES: Bowling Club 1,2,3; Big Sister 2; Y-Teens 3; Campus Life 1,2,3,4; High Discussion. MEMORY: "Bugaluing Down Broadway", my motto, "with God all things are possible" and all my friends who have made life so liveable.

SABLE, JAMES ALAN (Jim)
ACTIVITIES: Tennis 1,2,3,4; Wrestling 1; Nominating Convention 1,3,4; Commission Class 4; Student Council 1; Lettermen's Club 4; CSF 2,4. MEMORY: VKVDRMDJALCB, Sr. year, cheese, publicity, sports, all of the strange characters in Commission class, and the activities we had.

SANDER, CHRISTOPHER GEORGE (Chris)
ACTIVITIES: Key Club 4; Swimming 3; I-Club 1; Sr. Comm. MEMORY: Mr. Ramsey's chemistry, cafeteria food, Moore's war with the Bearded Monster and Lake Murray.

SANDSTROM, NANCY JANE
ACTIVITIES: Student Council 1,2,3,4; Nominating Convention 1,2,3,4; Leadership Conference 1,2,3,4; Y-Teens 1,2; Fashionality Night Model 2,3; Big Sister 2,3; Soph. Publicity Comm.; Jr. Caroling Party Comm.; Jr. Paper Chrm.; J.V. cheerleader; Green Peppers 1,2; Swimming 3; Graduation Usher 3; Sr. Benchwarmers; Campus Life 4; Quill and Scroll 3; Vice-President 4; FLING Staff 3; Editor-in-Chief 4; Commissioner of Public Relations 4; Sr. Standout 4; Fashionality Night Comm. 4; Leading Lassie 4; Homecoming Queen 4. MEMORY: All the honors kids, folksinging with Diane, John and the "67" prom, BYU, Fling, "Blood, Sweat, and Tears" with Kochienne, "Little Pumpkie", and Homecoming.

SANDY, ELAINE KAREN
ACTIVITIES: Big Sister 2,3. MEMORY: My Jr. summer in Yosemite with the motorcycle rides, Mrs. Drake's stimulating class and Mr. Pirie's discussions.

SARDINA, ROSEANNA (Rosy)
ACTIVITIES: DECA 4; Future Nurses Club 1,2; Summer Music Workshop 1,2,3; Choir 2,3,4; Big Sister 2,3; Tennis 1; Nominating Convention 1. MEMORY: I will always remember the "great" choir trips, August 2, 1962, and the trips to Los Angeles and Fresno.

SAUTER, DALE ALVIN (C.B.)
ACTIVITIES: Wrestling 1,2,3,4; Track 1,2,3; Key Club 2,3. MEMORY: Peter's Palace, Alvy, Marine St., fuzz and all the Soph. parties, and Salton Sea.

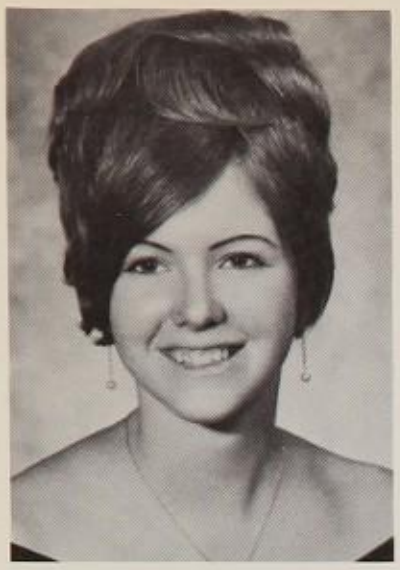
SCHATZ, CATHY LEE
ACTIVITIES: Hi-Steppers 2,3,4; Sr. Class Dance Comm.; Big Sister 2,3. MEMORY: J. Woods, the song "A Man and A Woman", the summer "68", August 14, 1968, and Robin.

SCHIMKE, GREGORY LEE (Big Lew)
ACTIVITIES: Cross Country 1,2; Track 1,2,3,4; Nominating Convention 2,3; Student Council 2,3,4. MEMORY: Frosh lunch week, road racing in the parking lot, after school fights down at the Dog House.

SEBACH, MICHAEL DRAKE (Mike, Bach)
ACTIVITIES: Track 1,2,3,4; Football 1; Lettermen's Club 4; Nominating Convention 3. MEMORY: Coach "Huba huba" Muirhead, Mr. Higby's English class, Mr. Ramsey, second lunch right after Mr. Vogel's Biology, and Sharon.

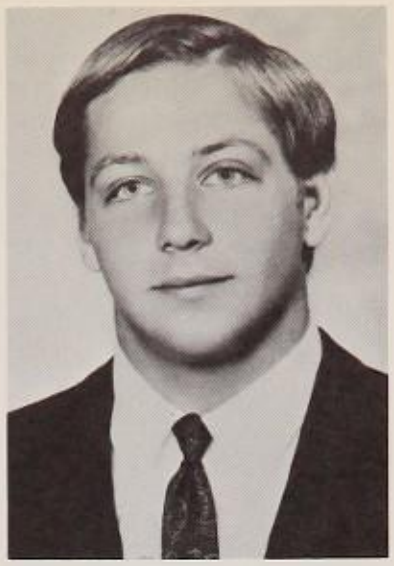
SEILER, RENATE
ACTIVITIES: Big Sister 2,3,4; Campus Life 2,3; Y-Teens 4. MEMORY: Football games, New Year's Eve 1967, my little buddy Robin, and the special guy that made it all fun, Terry.

SHAIEB, CAROL LEE (Christmas Carol)
MEMORY: All the beautiful people, the beach, Maynard's, Azteca, traveling this summer, Laguna Beach, my Soph. love, Presidio Park, and Dopy-Friends.

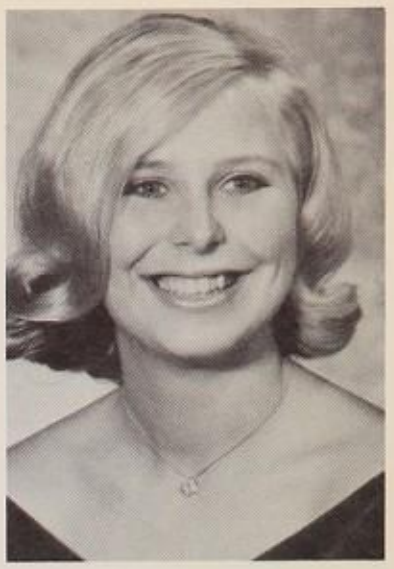


ELAINE SANDY

ROSEANN SARDINA



DALE SAUTER



CATHY SCHATZ

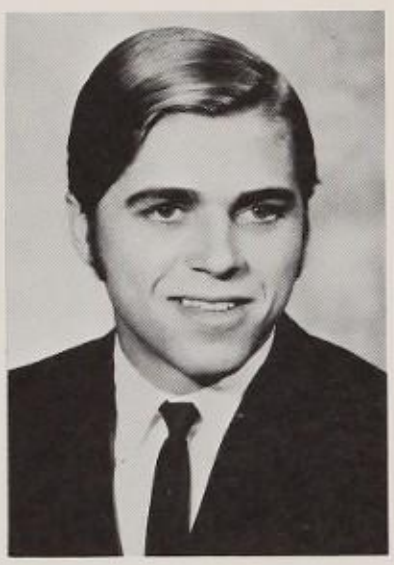
GREG SCHIMKE

GARY SCHRAM

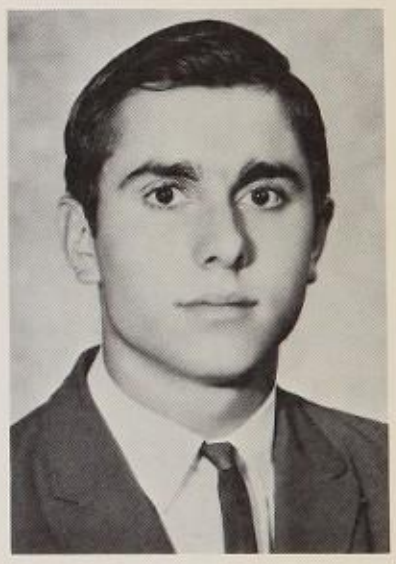
MIKE SEBACH

RENATE SEILER

Seniors relax and watch their friends after a tiring game of football.



TIM SELL



DENNIS SESMA

CAROL SHAIEB

CAROL SHANKLE

NANCY SHEPARD

LYLE SHIPPEN

TIM SIEVERS

DARRYL SIMMONS

BETSY SIMON

DAN SIMPSON

STEVE SIMS

MIKE SINGER

KAY SINGLAUB

JEAN SKALMAN

FRANK SKANES

JACCIE SLOBIG

Chris Sander avoids being tagged by his opponents as he races for a touchdown.

SHEPARD, NANCY LYNN
ACTIVITIES: Hi-Steppers 2, Third Lieut. 3, Capt. 4; Y-Teens 1; Big Sister 2,3; Nominating Convention 1,2,3; Sr. Dance Comm. MEMORY: Miss Smith, good times in corps, Hi-Stepper Banquet "69," Mr. Vogel, Beekhwan, spirit of the Pep Band, Franco.

SHIPPEN, LYLE REX (Ship)
ACTIVITIES: Football 1; Baseball 1,4. MEMORY: January 1, 1968, Dan, the fights, and that one certain Sherry.

SIMMONS, DARRYL LLOYD (Nose)
ACTIVITIES: CSF 1,2,3; Student Council 1,2,3,4; Attorney General 4, Cross Country 1,2,3,4; Track 1,2,3,4; Lettermen's Club 2,3,4; Torch Bearer 3; Nominating Convention 1,2,3,4; Leadership Conference 3,4; Inter-Club Council, President 4. MEMORY: Track, morning workouts, 4:27.7, Mt. Sac, Coach Muirhead, CIF Basketball, Coach Speidel, Commission Class, Palomar Leadership Conference, Honors, attitude, winning, girls.

SIMPSON, DANIEL A. (Dan)
MEMORY: Frosh initiation, football games, and lunch.

SINGER, MICHAEL DAVID (El Supremo)
ACTIVITIES: CSF 1,2,3,4; Chess Club 4; Science Club 4; Math Team 4; Graduation Ass't 3; Football 1,2,3. MEMORY: Our Messiah of Math, "Big Jack Munson," exciting Watenpaugh, Mr. Ramsey's phosphorous experiments of "68," Mr. Vogel's alcohol adventures, Mrs. Duke's scholarly students.

SINGLAUB, MARGARET KAY (Kay)
ACTIVITIES: Frosh-Sophomore Speech Tournament finalist, CSF 2,3,4; Quill and Scroll 3, President 4; Inter-Club Council 4; FLING 3; Big Sister 2,3; Sr. Paper Comm.; Graduation Usher 3; Sr. Baccalaureate Comm.; Sr. Prom Comm. MEMORY: Admiral Stearns, Coach Speidel, the gang, toilet papering June 1968, winking, BYU, all I learned in Fling, "Never My Love."

SKALMAN, JEAN SUZANNE
ACTIVITIES: Nominating Convention; Sr. Publicity Comm.; Jr. Class Council. MEMORY: Capturing Dan on Halloween, flaking, flying kites, Hezekiah, and Torrey Pines.

SLOBIG, JACCIE (Dum Dum)
ACTIVITIES: Choir. MEMORY: Eating lunch with Karen, Wanda, and Clyde and our hang out, Cinnamon Cinder. Good luck to all my friends.

SMITH, CATHERINE
ACTIVITIES: Library Club 1; Sales and Concessions 2; Y-Teens 2. MEMORY: All the groovy times at lunch, Mr. Ray's photography class, and Hipshot.

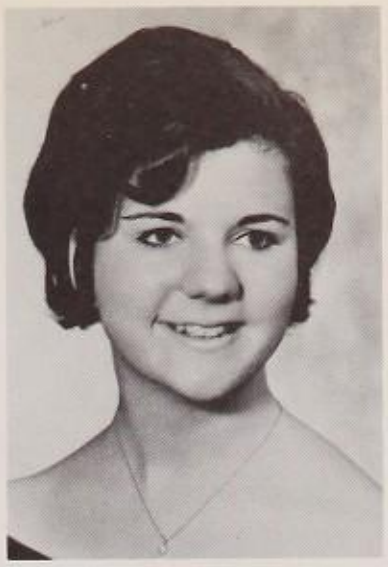
SMITH, DONNA LOU
ACTIVITIES: I-Club 2,3 Vice-President 4; TARTAN 4; Quill and Scroll 4; Tennis Team 3; CSF 1,2,3,4; Campus Life 2; Sr. Benchwarmers; Inter-Club Council 4; Y-Teens 2; Jr. Publicity Comm.; Sr. Special Events Comm.; Sr. Prom Comm.; Sr. Play Comm.; Sr. Annual Signing Party Comm.; Sr. Announcements Comm.; Sr. Baccalaureate Comm.; Sr. Publicity Comm.; Sr. Graduation Comm.; Tartan Bearer 3. MEMORY: Winking, the gang, T.P.ing houses, lunch, Admiral Stearns, Coach Speidel, parties, the beach, rootbeer races, Mexico, skiing at Mammoth, "the three of us."

SMITH, JAMES WILLIAM (Smitty)
ACTIVITIES: Wrestling 1; Football 2; Nominating Convention 1,2. MEMORY: Lunch at Butch's, summer concerts, Mike's Psyche, CIF and J.V. Football "66," Coach Feeser's weight-training class, and gym third period.

SMITH, JUDY ELLEN
ACTIVITIES: Y-Teens 1,2,3,4; Big Sister 2; Nominating Convention 1,2,3. MEMORY: All the kids I've met, the "other" Judy Smith, going to the cemetery, Halloween, my junior year.

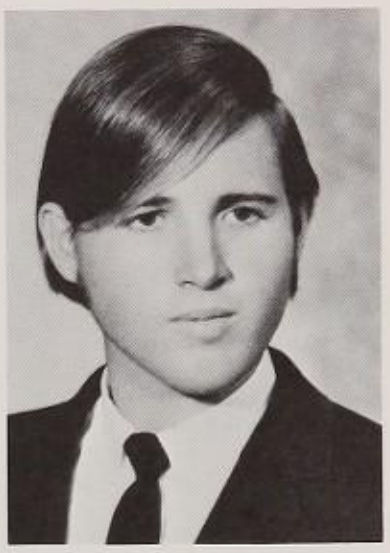
SMITH, JUDY GAYLE
ACTIVITIES: Alumni Tea, Student Council, Bowling Club, Y-Teens. MEMORY: The day I met that certain guy, Mr. Nash's biology class, and all my friends at Helix, Donald Duck.

SMITH, MARILYN JEANIE (Jeanie)
ACTIVITIES: Campus Life 1,2,3,4; Y-Teens 3; Nominating Convention 3; Frosh Tea Comm. 2; Baccalaureate Usher 3; CSF 2; Sr. Glee 1; Choir 2; Big Sister 2,3,4; Sr. Benchwarmers. MEMORY: Campus Life, summers of "67" and "68," the gang, swim meets, games, February 2, 1968, La Costa, and especially Dan.

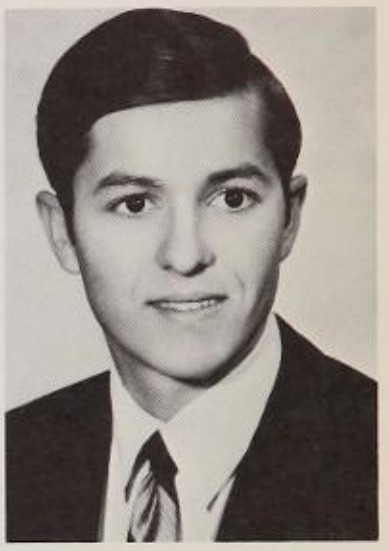


CATHY SMITH

DONNA SMITH

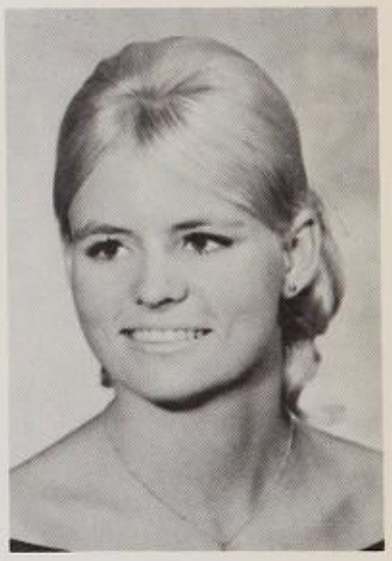


JIM SMITH



JIM SMITH

JUDY SMITH



JUDY SMITH

KATHY SMITH

MARILYN SMITH

JO ANN SNYDER

RALPH SOBEK

VICKI SPRUNG

CINDY STAHL

STEVE STARLING

MIKE STEIN

AL STEVENSON

LINDA STEWARDSON

SNYDER, JO ANNE (Jodi)
ACTIVITIES: Campus Life 2,4; "Bye Bye Birdie" 3; Big Sister 2; Y-Teens 2; Green Peppers 4; Hula Hop Comm. 4. MEMORY: "Bye Bye Birdie," freshman year; Lonely Hearts Society, Hume, explaining life to Patty, "Miss Rauscher," drama, the years with Craig.

SOBEK, RALPH PETER
ACTIVITIES: Numismatic and Philatelic Society, President 3,4; Science Club 1,2,3,4; Chess Club 3,4; Math Team 2,3,4; CSF 2,3,4. MEMORY: Uncle Wim, Mr. Watenpaugh, Mr. Ramsey, Jack M., Mr. Hart's computer classes, the group, our lunch political discussions, that great sophomore year, and "Di." H.N.P.S. Forever.

SPRUNG VICTORIA VANP (Sprung)
ACTIVITIES: Big Sister 2,3,4; Canned Food Drive 2,3; I-Club 3; Hula Hop Comm. 1,2; Nominating Convention 1,2; Car Wash 1,2,3; Jr. Bake Sale. MEMORY: Gordon Nash, Jane Drake, Mr. Melton, the football games, the Duck, the Doghouse, the gang, Chuck, Carnation's and mostly Curt.

STARLING, STEVEN (Steve)
ACTIVITIES: Football 1,4; Key Club 2,3,4; Lettermen's Club 4; Nominating Convention 3; Student Council 1,3,4. MEMORY: Green Bomb, Peter's Palace, sophomore parties, Alvie, Palm Springs and Wendy, cabin football, eating out with Jan and Dee Dee.

STEIN, MICHAEL (Mike)
ACTIVITIES: Football 1,2,3,4; Track 1,2,3; Wrestling 1,2; Nominating Convention 2,3; Lettermen's Club 4. MEMORY: Peter's Palace, the cabin, Alvie, camping trips, the cop, Fuzz, July 1, 1967, and Karen.

STEVENSON, GLEN ALLEN (Big Al)
ACTIVITIES: Track 1,2,3,4; Lettermen's Club 1, Football 1. MEMORY: Flirting with all the girls and giving Coach Muirhead bad times.

STEWARDSON, LINDA
ACTIVITIES: Big Sister 3,4; Christmas Dance Comm. 3; Green Peppers 2; Y-Teens 4; Campus Life 4. MEMORY: Football games, getting a friend to the prom, papering, arrangements with Janet, special "problems," last years gang, the water balloon fight.

STRAND, MARLENE
ACTIVITIES: Big Sister 2,3; Swim Team 2,3; Gymnastics Team 3,4; Sr. Benchwarmers; Glee Club 1; Sr. Glee 2; Choir 3,4. MEMORY: The 1968 Riverside trip, my senior year, Carol, the many friends I have made, the Bobbsey twins, Shakey's Pizza.

STURZ, PAULA GENE
ACTIVITIES: Hi-Steppers 2,3,4; Campus Life 2,4; Sr. Assembly Comm.; Big Sister 3; Alumni Tea Comm. 4; Sr. Prom Comm. MEMORY: Miss Smith's tear-jerking speeches to the corps and the out of town trips.

SUMEK, GARY EDWARD (Zoom)
ACTIVITIES: Football 1,2,4; Golf 3,4. MEMORY: Hammer, lunch, Coach Feeser, my "58" Chevy, and study hall.

SUND, CHRISTIAN (Chris)
ACTIVITIES: I-Club 4; FLING 4; Commission Class 4. MEMORY: Everything in this great year and all the wild people, football games.

SUTTON, GALE (Gaggle)
ACTIVITIES: CSF 2,3,4; Big Sister 2,3,4; Sr. Paper, editor; I-Club 2,3; Sr. Benchwarmers; Sr. Prom Comm.; Nominating Convention 3; Sr. Board. MEMORY: The group, winking, T.P.ing houses, Stearns, July 22, 1966, Kalamazoo, rusty Balboa, nanny goat, 15, fungi, weaving, art (?), summer "68."

SUTTON, MICHAEL ALLEN (Mike, Mac)
ACTIVITIES: CSF 1; Wrestling 1; Student Council 4; Campus Life 4, Mac 4. MEMORY: Summers, Mr. Freed's tidal wave, Mrs. Drake, my TR in the rain, Mac, my senior year, the prom, the privileges, girls, graduation.

SVIRSKY, ELLA (Alla)
ACTIVITIES: Y-Teens 2,3,4; Choraliers 2,3,4; Green Peppers 2,3; Soph. Class Comm.; Jr. Ring Comm.; Campus Life 1. MEMORY: Summer of "68," "Rest Home," a friend, the unconcerned, self-centered people, knowing "Good," and "I ought, therefore I can."

SVIRSKY, LORETTA
ACTIVITIES: Y-Teens 1,2,3; Jr. Ring Comm.; Hi-Steppers 2,3; Green Peppers 1. MEMORY: My four years at Helix, the Ford van, one very special person, and "Seek Out the Way."

SYRACUSE, NANCY JEAN
ACTIVITIES: Y-Teens 1; Green Peppers 3,4; Campus Life 2,3,4; Sr. Benchwarmers; Big Sister 4; Sr. Prom Comm. MEMORY: Football games, the little "M," Corky, Ginny and Nurses Aide Class, Miss Garcia's "Good Grooming," San Francisco, and Steve McQueen movies.

TABER, KAY LYNNE (Kay)
ACTIVITIES: Hi-Steppers 1,2,3, Fourth Lieut. 4; Big Sister 4. MEMORY: The years spent in the number one Helix drill team, afternoon practices, running through the sprinklers with the gang, Mama Smith.

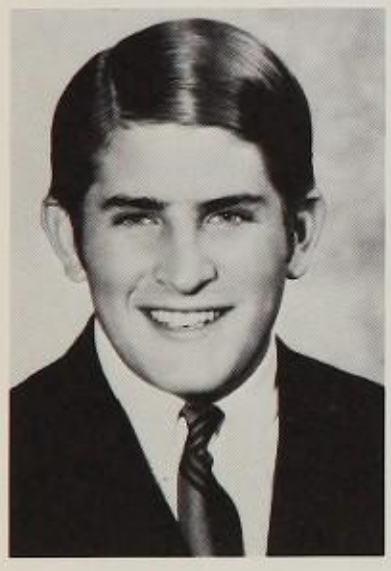
Joelle Gaultier has many new experiences away from her native France.

MARLENE STRAND

KAREN STRICKLAND

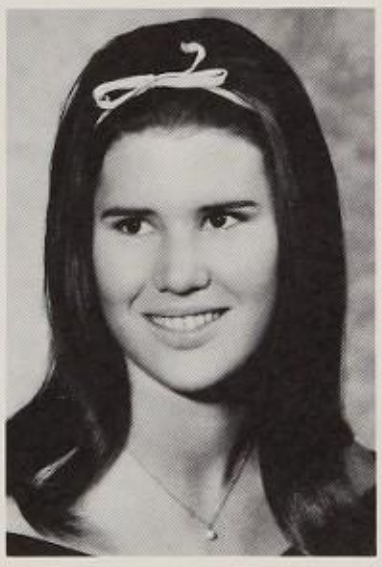
MIKE STROH

PAULA STURZ

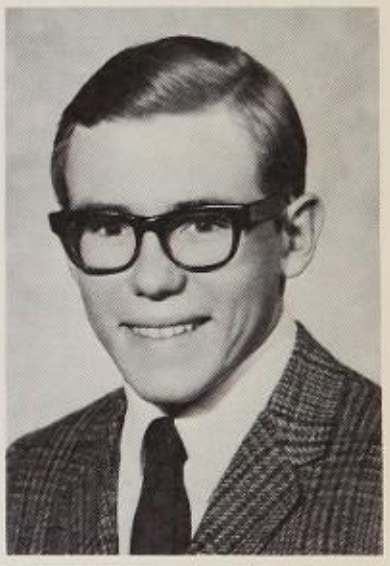


GARY SUMEK

CHRIS SUND



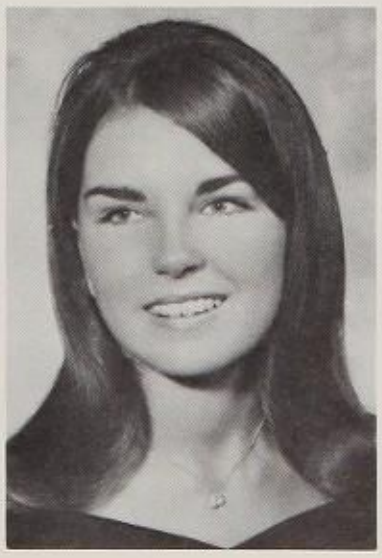
GALE SUTTON



MIKE SUTTON

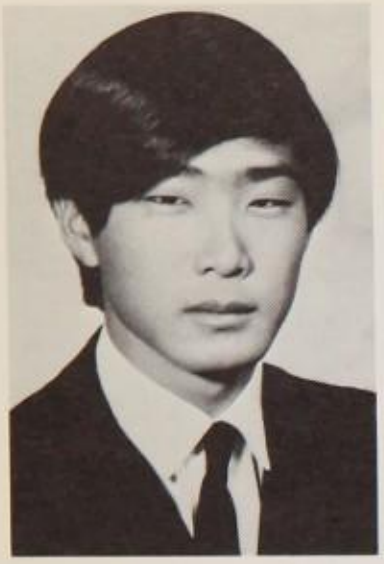
ELLA SVIRSKY

LORETTA SVIRSKY



NANCY SYRACUSE

KAY TABER

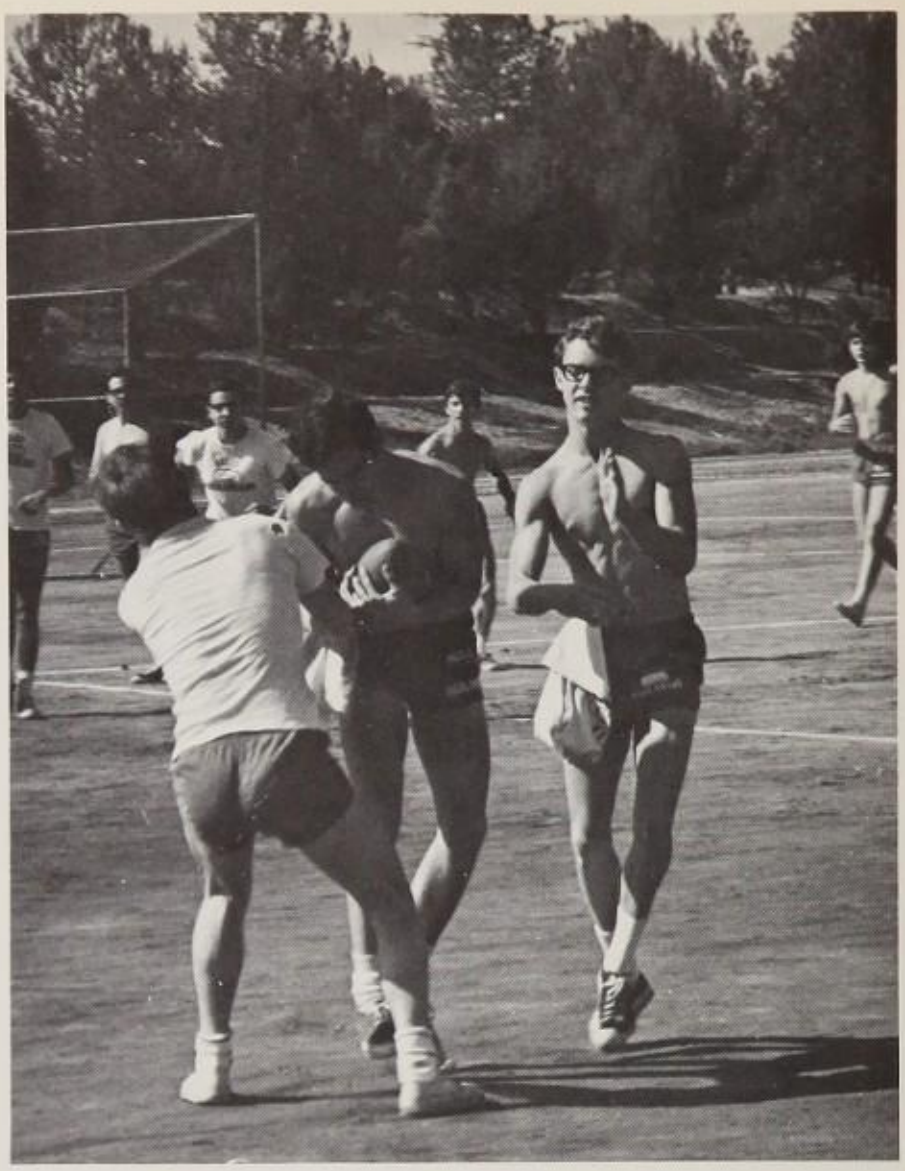


ART TAKANASHI

BRUCE TAYLOR

CATHY TAYLOR

SUE TERPENING



Seniors engage themselves in a wild game of football.

KATHY THOMAS

ROD THOMPSON

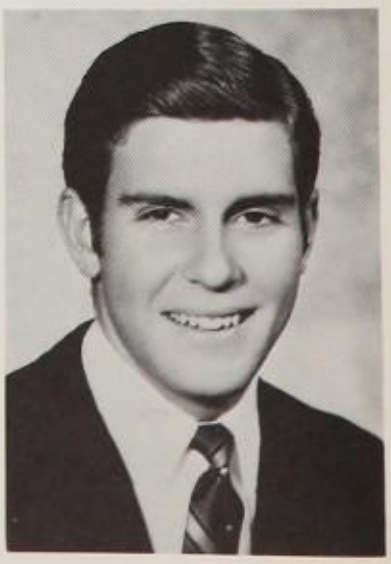
JEANNE THONER

MYRA TILLEY

ANGIE TOGUBAT

CAROL TUCKER

RILEY TWISS



DAVE UNROE

TAYLOR, BRUCE (Sonny)
ACTIVITIES: Football 2,3; Track 2,3,4; Wrestling 2; Chess Club 2,3. MEMORY: "Little One," and all the other friends I have made in my visit to Helix.

TERPENING, SUSAN (Sue)
ACTIVITIES: Nominating Convention 3; Student Council 3,4; Christmas Dance Comm. 2; Big Sister 2,3,4. MEMORY: Victor, October 26, hope, 8 years, "Light My Fire," Kellogg's, beach at night, Madge, Kellogg Rock, low ride.

THOMPSON, ROD
ACTIVITIES: Band 1,2,3,4; Pep Band 1,2,3,4; Modern Music Masters 2,3; CSF 1,2,3,4; I-Club 3; Student Govt. 2,3; Cross Country 2; Track 2; Northern Calif. Honor Band 2,3; State Honor Band 3; Chico Solo and Ensemble Festival 2; Brass Choir 2,3; Brass Quartet 2; "Sound of Music" Orchestra, "Pajama Game" Orchestra, Eagle Lake Science Expedition 2,3. MEMORY: Susie, Alice in Wonderland, Portofino's, band bus trips, Flash, Meadow Muffins, Ark, Berg, Biltmore, Honkers, Mr. Wells.

THONER, JEANNE LOU (George)
ACTIVITIES: Choir 1,2; Band 1,2; GAA 1; Graduation Ass't 3. MEMORY: Before the after game dances, perfume bottles, Chas, the gang, and trying to keep up with Debbi.

TILLEY, MYRA ELLEN (Midge)
ACTIVITIES: Hula Hop Comm. 3,4; Christmas Dance Comm. 4; Sr. Prom Comm.; Big Sister 4. MEMORY: Catalina and the boat, living at the beach, my friends at Helix, and Miss Garcia.

TOGUBAT, ANGELA (Angie, Togi)
ACTIVITIES: Tennis Team 3,4; Student Council 2,4; Nominating Convention 3; Y-Teens 2,4; Campus Life 2,4; Hula Hop Comm. 4; Fashionality Night Comm. 4. MEMORY: Interesting people, smiling faces, Dine, 8 words, chimes, Sun., Tom, all the events which have made me a happy, grateful, in-Love-with-life person.

TUCKER, CAROL
MEMORY: Friends, Kay, Miss Garcia's 1st period class of "67-68," the most wonderful teacher in the world—Miss Garcia.

TWISS, RILEY WARREN (Spud)
ACTIVITIES: Bowling Club 1; Soph. Class Candy Sale. MEMORY: Frank Cook, Frosh lunches with the Judges, Los Angeles "67," junior English with Mrs. Drake, "arch cookies," spring, training, Bird.

UNROE, DAVID JAMES (Dave, Doris)
ACTIVITIES: Basketball 1,2,3,4; Lettermen's Club 4; Tennis 1,3; Track 2; Campus Life 1,2,3,4; Soph. Class Council; Nominating Convention 3,4; Leadership Conf. 3,4; Comm. of Athletics 4. MEMORY: Marian's wet pants, Roxanne, Marian, Vivian, laughs, my watch and armpit, "The Hill," "Helix," Reggie.

VAUGHN, BILLY
ACTIVITIES: Wrestling 3,4; Track 3,4. MEMORY: A certain little freshman and her kicking me in S.H., my big senior year, lunch time, wrestling and track, the after game hangouts.

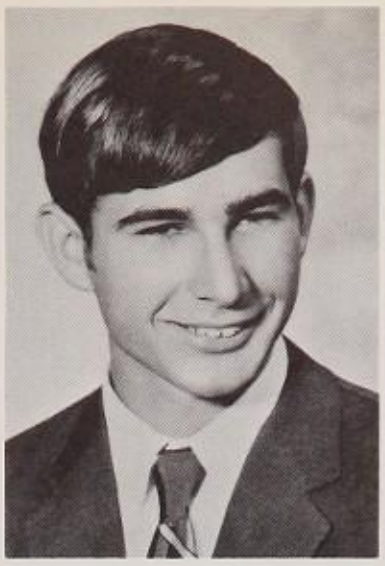
VEGA, JESUS IGNACIO (Chug)
ACTIVITIES: Wrestling 1,2,3,4.

VERDUSCO, JOHN JOSEPH (B.F.)
ACTIVITIES: Football 1; Baseball 1,2,3,4. MEMORY: All the great athletic teams, Mr. Lee, Mr. J. Woods, "The Day," "The Mongo."

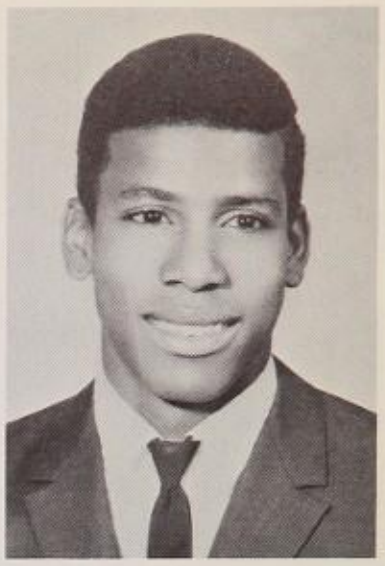
VERSTRATEN, KIM
ACTIVITIES: Basketball 1,2; Tennis 1,2,4; Key Club 1. MEMORY: Capt. Flash and Bananaman, "White Rhino," Pat with love, married life, the "strip," and Malibu, "Crossroads, Pat.

VICK, JACKLYN RHODA (Jackie)
ACTIVITIES: Y-Teens 1,2,3,4; Student Council 3,4; Nominating Convention 3; Campus Life 3. MEMORY: My freshman year, The Harvard Street Gang, all my good buddies, and some of my better teachers.

VINSON, MICHAEL LANCE (Mike)
ACTIVITIES: Pajama Game, Bye Bye Birdie, Choir. MEMORY: Mrs. Drake shooting down Mr. Lee.

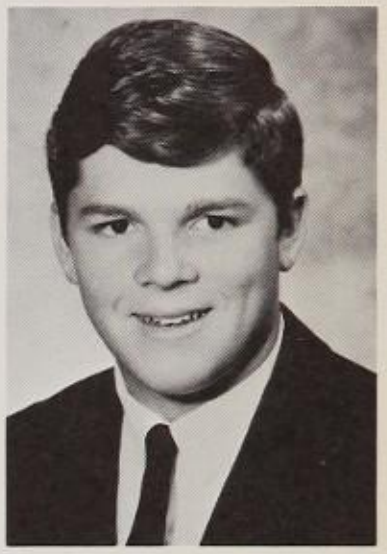


JACK VARGO



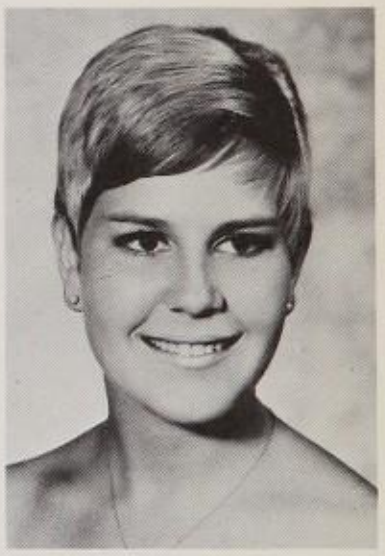
BILL VAUGHN

JESUS VEGA



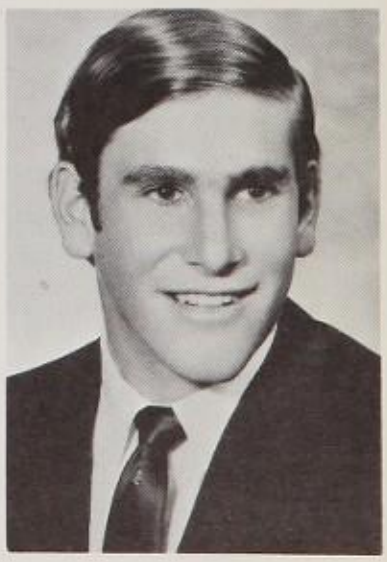
JOHN VERDUSCO

KIM VERSTRATEN



JACKIE VICK

MIKE VINSON



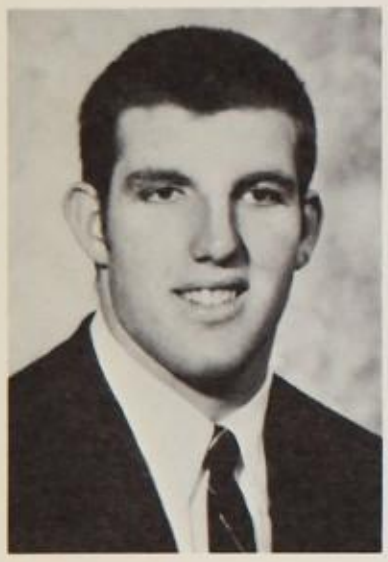
JEFF WALBA

CHARLIE WALKER

RON WALKER

CATHY WALSH

BILL WALTERS



BRUCE WALTON

DIANE WANGENSTEIN

STEVE WANTOCH

DEBBIE WAPLES

WALSH, CATHERINE DENISE (Cathy)
ACTIVITIES: Big Sister 3; Gymnastics 3,4; Health Careers Club 4; Sr. Prom Comm.; Hula Hop Comm. 4. MEMORY: Mr. Ramsey, chemistry labs and that lock, Mr. Higby, "Harvey" and drama, Mr. Manor, gymnastics, the football games, and Nurse's Aide.

WALTON, BRUCE EDWARD
ACTIVITIES: Football 1,2,3,4; Basketball 1,2,3,4; Track 1,2; Key Club 2,3; Nominating Convention 2,3; Jr. Paper. MEMORY: Peter's Palace, Salton Sea, Marine St., Alvie, all the sophomore parties, Fuss, the group and all the great times with Launa.

WAPLES, DEBRA LYNN (Debbi, Waps)
ACTIVITIES: Hula Hop Comm. 1,4; Christmas Dance Comm. 1,4; Y-Teens 3,4; Student Council 2,4. MEMORY: Football games, "66", CIF, dances, my first and last years, my friends, and a boot.

WARREN, EARL THOMAS (Tom)
ACTIVITIES: Nominating Convention 1,3; Baseball 2; Young Life 3,4; FLING 4. MEMORY: Mr. Hill, Mrs. Ornelas, Coach Hammer, Brigham Young, 2:21, "take your seat," lunch, CIF games, the 660.

WATSON, DIANE MARIE (Di, Di Di)
ACTIVITIES: Hi-Steppers 2,3, Secretary 4; Campus Life 2,3,4; Big Sister 2,3; Sr. Assembly Comm.; Alumni Tea Comm. 4; Drama Club 4; CSF 1. MEMORY: November 23, 1966, Miss Smith, the Hi-Stepper trips, and all my friends.

WEBBER, PATRICIA SUE (Mouse, Elephant)
ACTIVITIES: Gymnastics Club 1; Campus Life 1,4; Hi-Steppers 2,3,4; I-Club 2,3; Big Sister 2,3; Nominating Convention 2; Sr. Dance Comm.; Sr. Prom Comm.; Canned Food Drive Comm. 4; Sr. Breakfast Comm.; Sr. Announcements Comm.; Fashionality Night Comm. 4; Hula Hop Comm. 4. MEMORY: Auger, Comrade Boone, Mr. Lee's lectures and wild stories, Gary's and Bob's, the corps, most of all, my wonderful friends.

WEISINGER, ROBERT (Bob)
ACTIVITIES: Football 1,2. MEMORY: DoDo, Smacky, and Popie and all the groovy trips we've been on together. My best memory is the trips to the river.

WEST, LORENE VIRGINIA (Lory)
ACTIVITIES: Hi-Steppers 2,3; Nominating Convention 2; Big Sister 4; Campus Life 2,3. MEMORY: Sally and German class, Margo, flying high, Julie, all my friends, Mr. Kahan, San Francisco and Glenn, and mostly Jim.

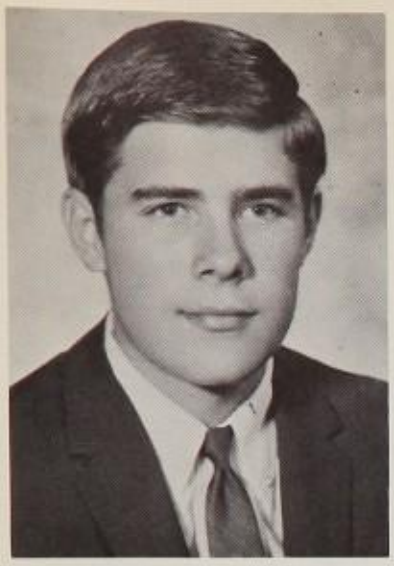
WHEATCRAFT, PAUL
ACTIVITIES: Marching Band 1,2,3,4; Concert Band 1,2,3,4; Nominating Convention 2,4; Clarinet Choir 2,3,4; Pep Band 2,4; Science Club 3, President 4; Coin and Stamp Club 3,4; Loading Crew 2,3,4; Chess Club 3,4; Scholastic Olympics 3. MEMORY: All the band trips—Thompson, Mr. Vogel's slime molds, Mr. Ramsey's happy atoms, Dudley Munson, Joey Woods' film festivals, "Cherish."

WHEELER, DANIEL (Dan)
MEMORY: Mr. Cox's auto shop, R.T. Woods' Civics class, Hootmon and "The Cult," Nicholas' "57" Ford, and all my "8" ball friends.

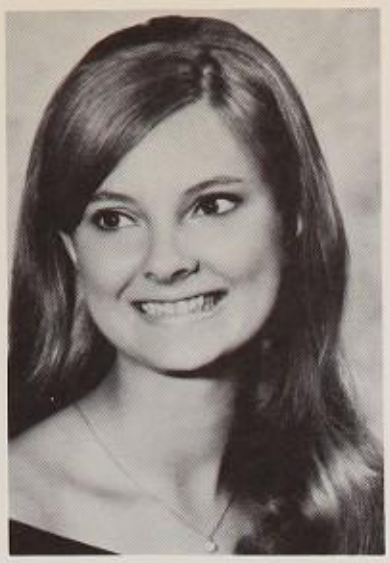
WHITE, ROBIN LEE (Runt)
ACTIVITIES: Campus Life 2,3,4; Green Peppers 2; Big Sister 2,3,4; Nominating Convention 3; Y-Teens 4. MEMORY: My junior year I spent with my favorite guy, Bill and last summer in South Carolina at the beach.

WILES, DONALD EDWARD (Paranoid)
ACTIVITIES: Wrestling 1,2,3; Track 2,3; Baseball 1. MEMORY: August 1967, Balboa Park, Doors, Steve's, Christmas, the family, wrestling, Purple Haze Building, bathroom, 3:00 A.M. trip, the fair, C.J.

WILKEN, CHRISTINE SHELBY (Chris)
ACTIVITIES: Hi-Steppers 3, Lieutenant 4; Sr. Board; Sr. After-Game Dance Comm. Chrm.; Prom Comm.; FLING 4; Sr. Special Events Comm.; I-Club 1,2,3; CSF 1,2,3,4; Campus Life 2; Green Peppers 2; Big Sister 3; Quill and Scroll 4; Hula Hop Comm. 2,4; Tartan Bearer 3; Sr. Baccalaureate Comm. MEMORY: Great times with the corps, Hi-Stepper Banquet "68," Miss Smith, all my friends, drill team camp, B.Y.U., "Ab, oui!," the zoo.

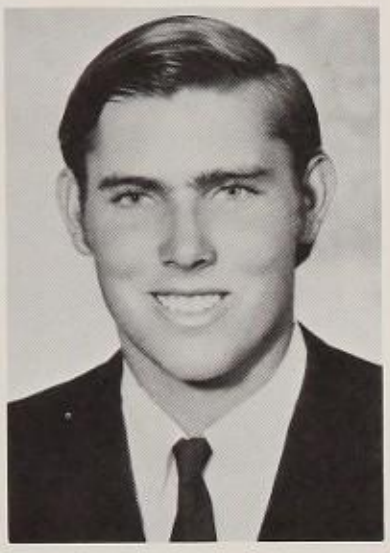


TOM WARREN



DIANE WATSON

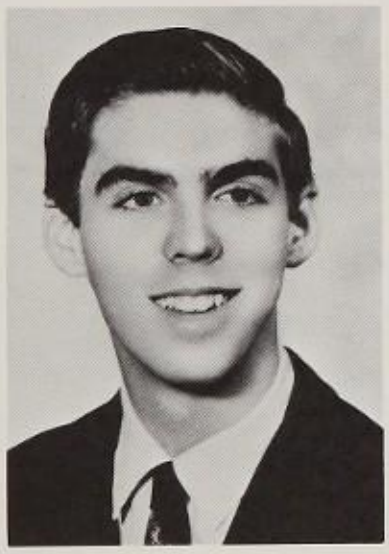
PAT WEBBER



ROBERT WEISINGER

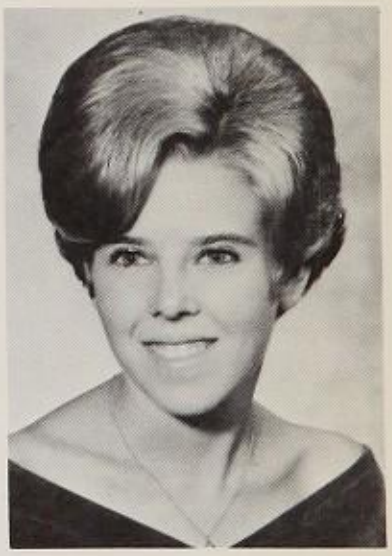
Many school activities keep the Seniors busy throughout the school year.

LORENE WEST



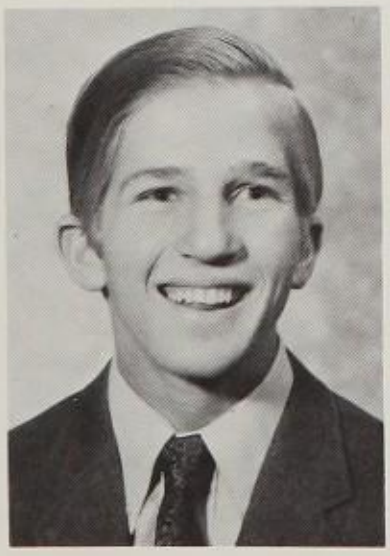
PAUL WHEATCRAFT

DAN WHEELER



ROBIN WHITE

JEAN WILCOX



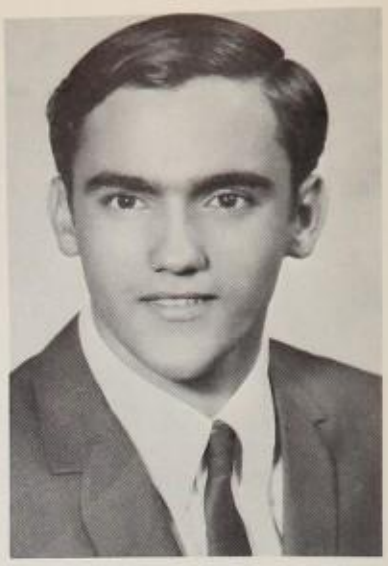
DON WILES

CINDY WILHELMI

CHRIS WILKEN

Dee Dee Dayhoff, Varsity Cheerleader, demonstrates her basketball technique during half-time.

PEGGY WILKINSON



LANCE WILLIAMS

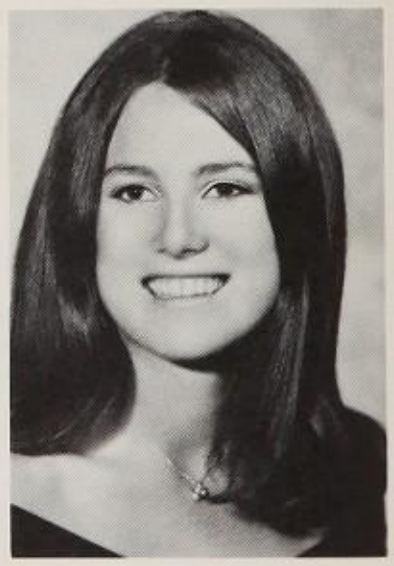
STEVE WILLIAMS

ANN WILSON

DEBBIE WOLBACH

CARL WOLFE

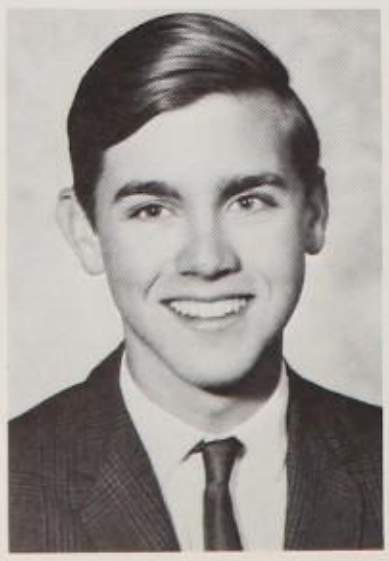
TOM WOLGAT



SHELLEY WOOD

MICHELINE WORD

JUDITH WRIGHT



RICHARD WRIGHT

OLIVIA YBARRA

WILKINSON, PEGGY
ACTIVITIES: Tennis Club 1; Future Nurses' Club 2,3, Treas. 4; TARTAN Staff Student Life and Academics Editor 3, Editor-in-chief 4; Quill and Scroll 3,4; Jr. Class Publicity Chairman 3; Frosh Tea Comm. 2; Alumni Tea Comm. 2; Big Sister 3,4; Girls' League Secretary 4; Leadership Conference 3,4; Graduation Ass't. 3; CSF 4. MEMORY: Breaking my leg in my Sophomore year, the endless hours spent checking pages for the TARTAN, Mr. Lee's lectures, all my friends and the great times we've had.

WILLIAMS, STEPHEN ALLEN
MEMORY: Mr. Ramsey's 1st period Chemistry class, "Mom" Drake and her aides, my Junior year, and light heat.

WILSON, ANN (Annie)
ACTIVITIES: Student Council 4; Sr. Benchwarmers 4: Y-Teens 4; Campus Life 2,3,4. MEMORY: Benchwarmers, Long Beach, 10½, Mr. Boone, Mission Bay, Mr. Pirie, rainy days, swim meets, Friday and Saturday nights.

WOLBACH, DEBORAH KAY (Debbie, Warty, Big "W")
MEMORY: All my friends, A & W, Green Bomb, "Fire", the beach, tennis, a few happy moments and a lot of sad ones.

WOLFE, CARL EDWARD (Woof)
ACTIVITIES: Nominating Convention 1,2,3; Campus Life 1,2,3; Student Council 1,4. MEMORY: Zoo, summers, Mr. Grainger, girls, Mr. Ramsey, Mrs. Drake, Wolf Jive, graduating, animal calls, friends, Chevy, Gringos, punch bowl, Giraffe Jizz, Mr. J. Woods.

WOLGAT, THOMAS
ACTIVITIES: Baseball 3,4. MEMORY: 1968 Baseball Season, shutout against Grossmont 1-0.

WOOD, SHELDON (Shelly)
MEMORY: Ed, the lost dream, renaissance, our future, the concerts, eggs, words in verse, "Epistle", the Mustang, Sunset Park.

WORD, MICHELINE (Mike)
MEMORY: That certain guy (Lynn), Vickie, March 23, Byrds' Concert, mud fight, '50 yellow fatpig, parties, the beach at night.

WRIGHT, JUDITH (Sport)
ACTIVITIES: Tennis 2,3. MEMORY: A & W, Green Bomb, the beach, shopping centers, cars, swap meets, dogs, "Fire," riding boys, Debbie, laughing, driving?

WRIGHT, RICHARD DANIEL (Dick)
ACTIVITIES: Bowling Club 1; Student Council 2,3; Nominating Convention 3,4. MEMORY: The great time Charlie and I had camping in the desert, always being capped about my last name.

YBARRA, OLIVIA CAMVNES (Liv)
ACTIVITIES: Nominating Convention 1; Choir 3,4; Canned Food Drive Comm. 1; Big Sister 2,3; DECA 4; Summer Music Workshop 1,2,3; Tennis 1,2; Christmas Dance Comm. 1. MEMORY: All the fun I had in merchandising and the trips to L.A. and Fresno, August 2, 1968.

YEZEK, BARBARA (Barb)
ACTIVITIES: Campus Life 2,4; Inter-Faith Council 2,3,4; Health Careers Club 3,4; Green Peppers 3; I-Club 4. MEMORY: First period shorthand and all our "no" parties, summer school, Mr. Pirie, Nurses' Aide, Mrs. King and Drivers' Training.

YOUNG, ARDYTHE (Ardie)
ACTIVITIES: Christmas Dance Comm. 1,2,3. MEMORY: Dave, summer after my Junior year, "Fire," naturally stoned, the trips and the good times, "In-a-Gadda-Da-Vida."

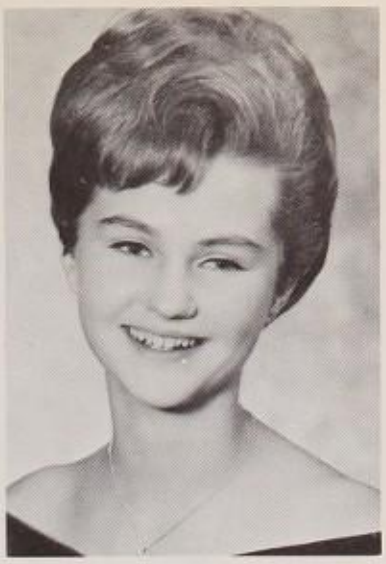
YOUNG, BERNA JEAN (Bernie)
ACTIVITIES: Inter-Faith Council 2,3,4; Campus Life 2,4; Health Careers Club 3,4; Green Peppers 3. MEMORY: Mrs. Drake's psychic English Class, the summer of my Junior year.

YOUNG, MILAN RONALD (Milo)
ACTIVITIES: Football 1,2,3,4; Baseball 1,2,3,4; Nominating Convention 1,2,3,4; Key Club 2,3,4; Student Council 4; Lettermen's Club 4. MEMORY: Peter's Palace, the cabin, Palm Springs, the summer of "68," Alvi, the great athletic teams and coaches, the crazy people.

YOUNGFLESH, SUE ANN
MEMORY: Entire summer of "68," my two friends, Betsy and Kochienne, Clifford's house, all the summer happenings, Miss Smith and Mr. Higby.

ZECH, KAREN DORIS
ACTIVITIES: Big Sister 2,3,4; Nominating Convention 2; Christmas Dance Comm. 3,4; Hula Hop Comm. 4; Sr. Benchwarmers. MEMORY: By mistake having four hours of typing in one day. All my great friends and the Prom of "67."

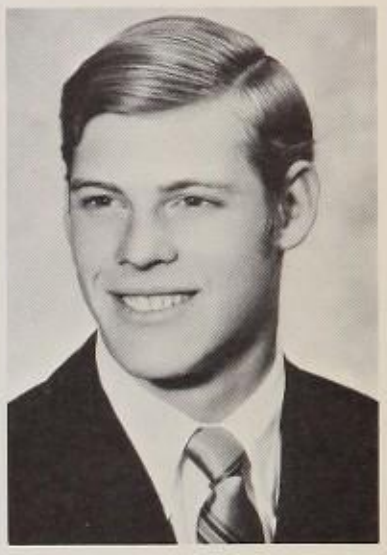
ZITREN, FREDERICK (Rick, Zit)
ACTIVITIES: Swimming 1,2,3,4; Campus Life 1,2,3,4. MEMORY: Junior year and my summer in Europe.



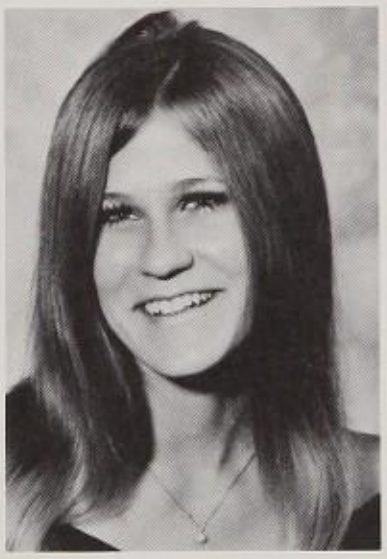
BARBARA YEZEK

ARDYTHE YOUNG

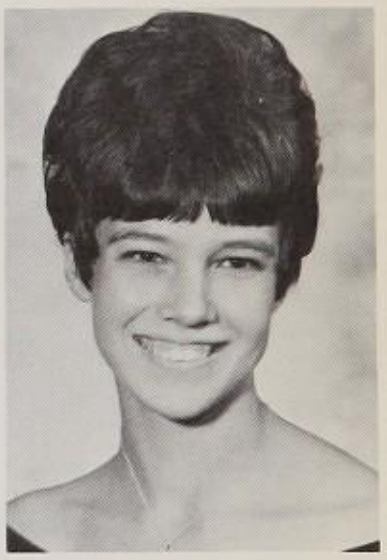
BERNA JEAN YOUNG



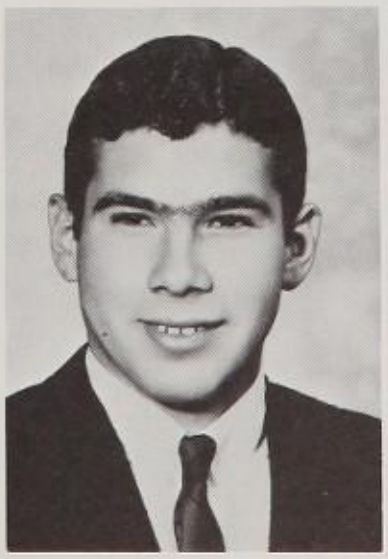
MILAN YOUNG



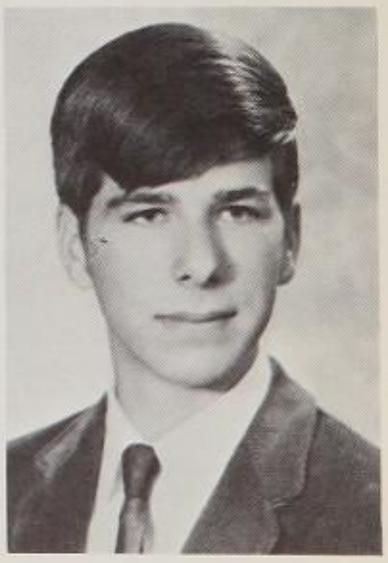
SUE ANN YOUNGFLESH



KAREN ZECH



FRED ZITREN



BILL BEARD

BARBARA BERTSCH

JOHN BERTSCH

RANDY BURKARD

KATHY BUTTS

MARY CADWELL

CHRIS CANTO

MIKE CARTER

CHUCK CARVAJAL

TOO LATE TO CLASSIFY

BEARD, JOHN WILLIAM (Bill)
MEMORY: Mr. Feeser's U.S. History class and "One Leg," Jumping Jack's class, summer "68," Halloween "67."

BERTSCH, BARBARA ELLEN
ACTIVITIES: Marching Band 1,2,3,4; Concert Band 1,2,3,4; Stage Band 1; Student Council 1,3,4; Campus Life 1,2; Alumni Tea Comm. 4; Christmas Dance Comm. 4; Hula Hop Comm. 4; Fashionality Night Comm. 4; Nominating Convention 4. MEMORY: Mr. Thompson, Arrowhead, expense paid trip to Catalina, bus trips, competition parades, musicals, Mr. Vogel, running with the boys, and Nov. 30.

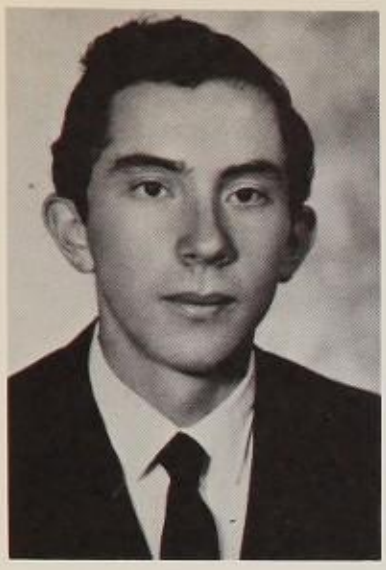
BERTSCH, JOHN
ACTIVITIES: Football 1; Wrestling 1; Track 1; Student Council 1,4; Nominating Convention 1; Campus Life 1,2. MEMORY: Wrestling with the Heavys, Dale Sauter especially, Hammer's class of eight-balls in Biology, and the Junior party at Vacation Village.

CADWELL, MARY
ACTIVITIES: Big Sister 2,3; Tennis Team 3,4; Badminton 3,4.

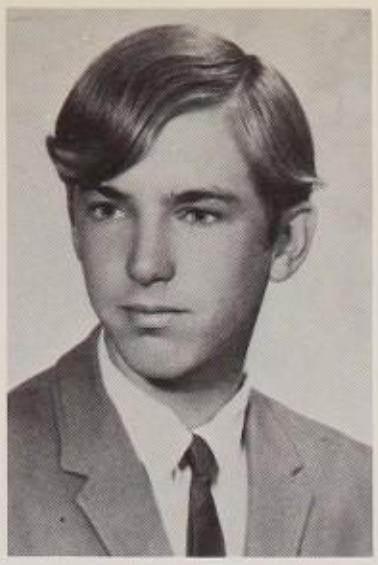
EVANS, LINDA ANN
ACTIVITIES: Nominating Convention 1; Swim Team 1, Tennis Team 1,3; I-Club 2,3; Frosh Tea Comm. 3; Canned Food Drive Comm. 3; Fashionality Night Comm. 2; Green Peppers 1,2; Campus Life 1,2,3. MEMORY: Summer "67," all those swim meets, Mr. Shepland's history class, Three Stooges, Ken and "You Showed Me," and all the really great people at Helix.

KEARNS, SUSAN LISBETH (Susie)
ACTIVITIES: Y-Teens 1,2,3,4; Campus Life; Young Life, Big Sister, Sr. Benchwarmers. MEMORY: Lost shoes, Malibu, Cancer Bowl, the fort, Shaberdober, Sutton, and Blackwood, locker with 45, RAW 3, Nov. 4, hack eyes.

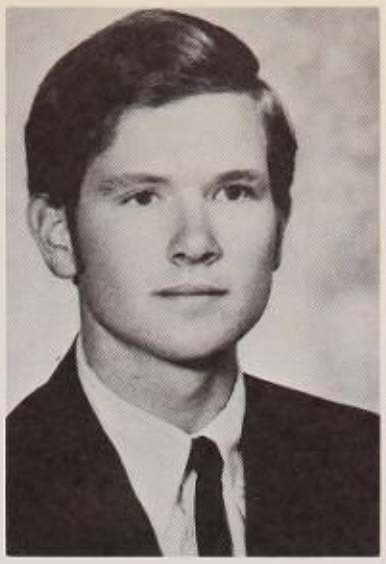
LARSEN, ROBIN JOY
ACTIVITIES: Y-Teens; Green Peppers; Campus Life; Bowling, Nominating Convention; Big Sister, Student Council. MEMORY: The summer of 1966, Mr. Boone's History class, Mr. Ray's Photography classes, all of my friends, and one certain party.



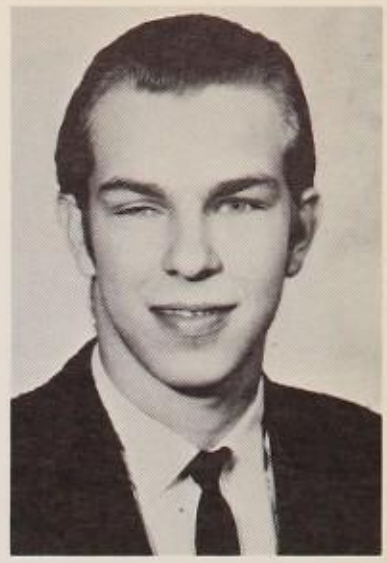
JOSE CESENA



JIM CONNER

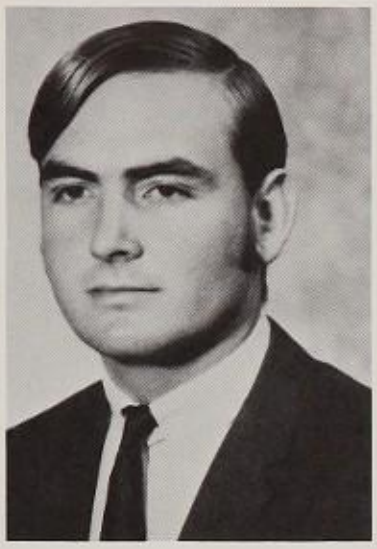


DAN DAVIS

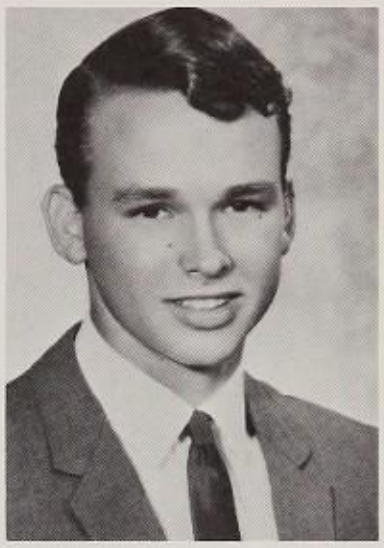


ROGER DAVIS

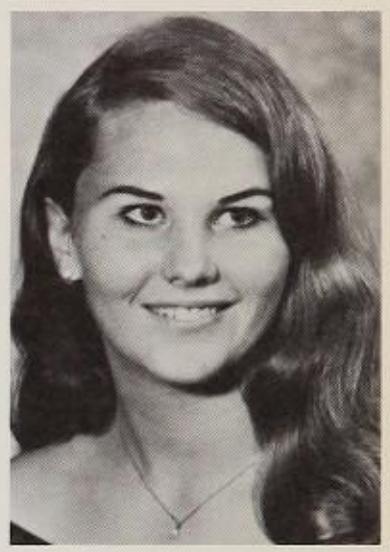
LINDA EVANS



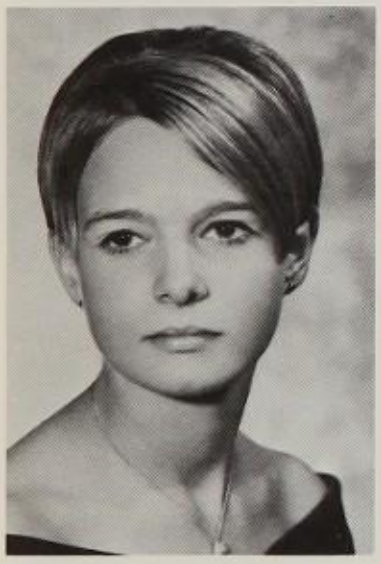
BRIAN GESS



WILFRED HARRIS



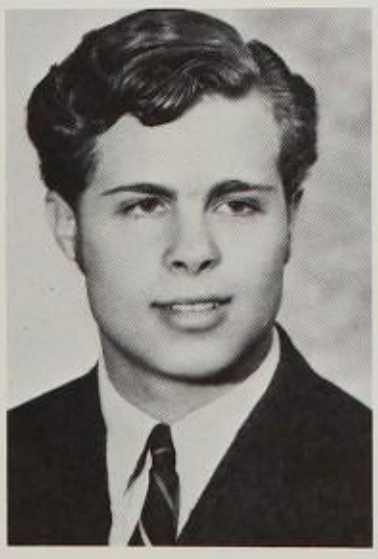
KATHY KENAGA



SUE KERNS

ROBIN LARSEN

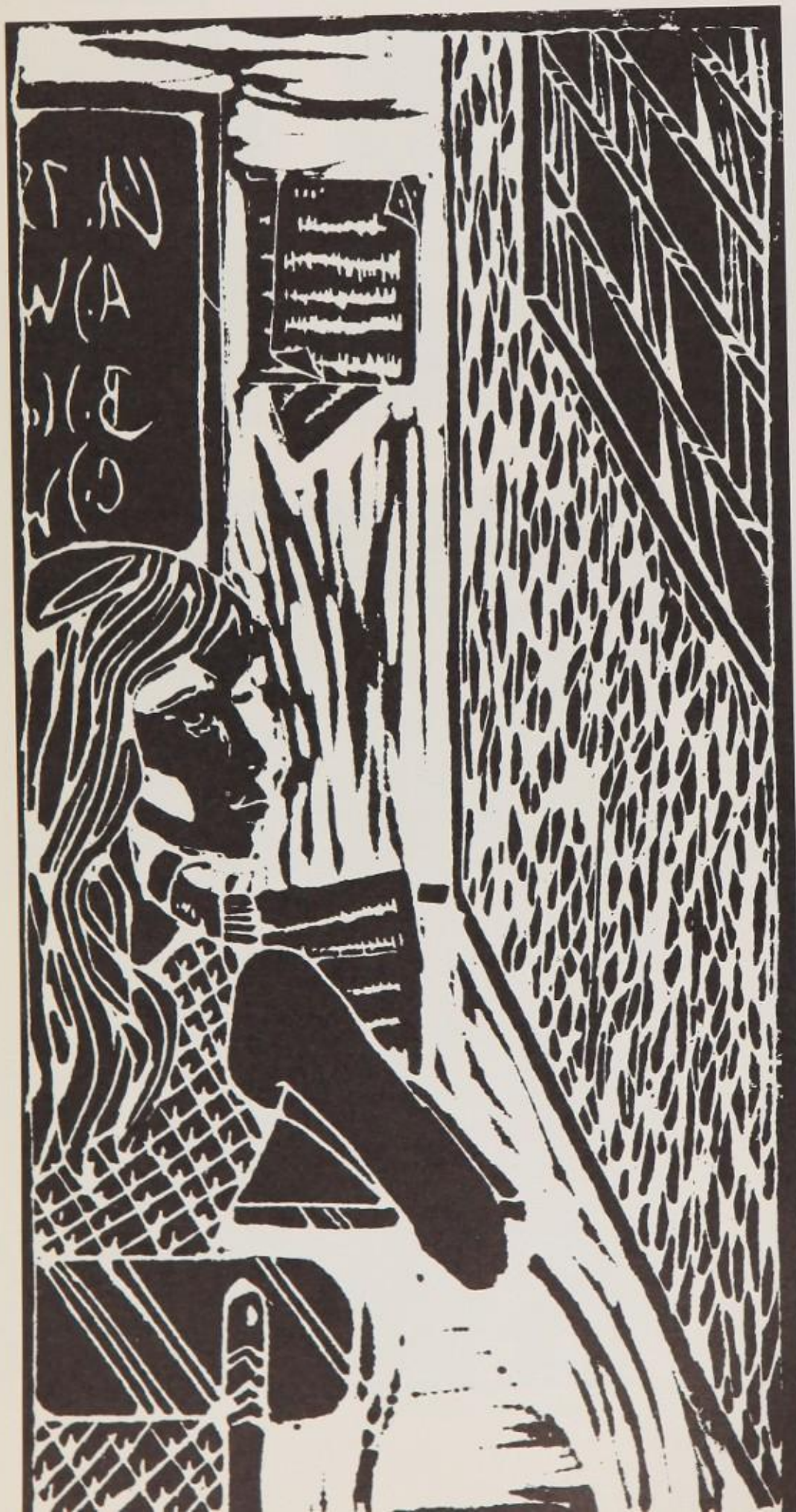
GREG MC DONALD

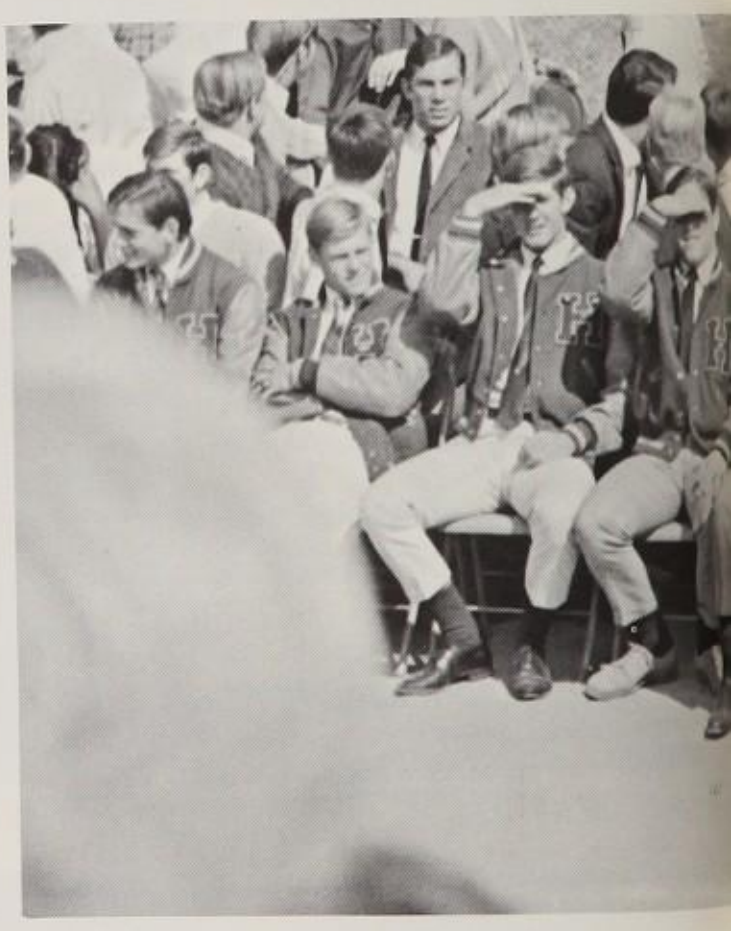


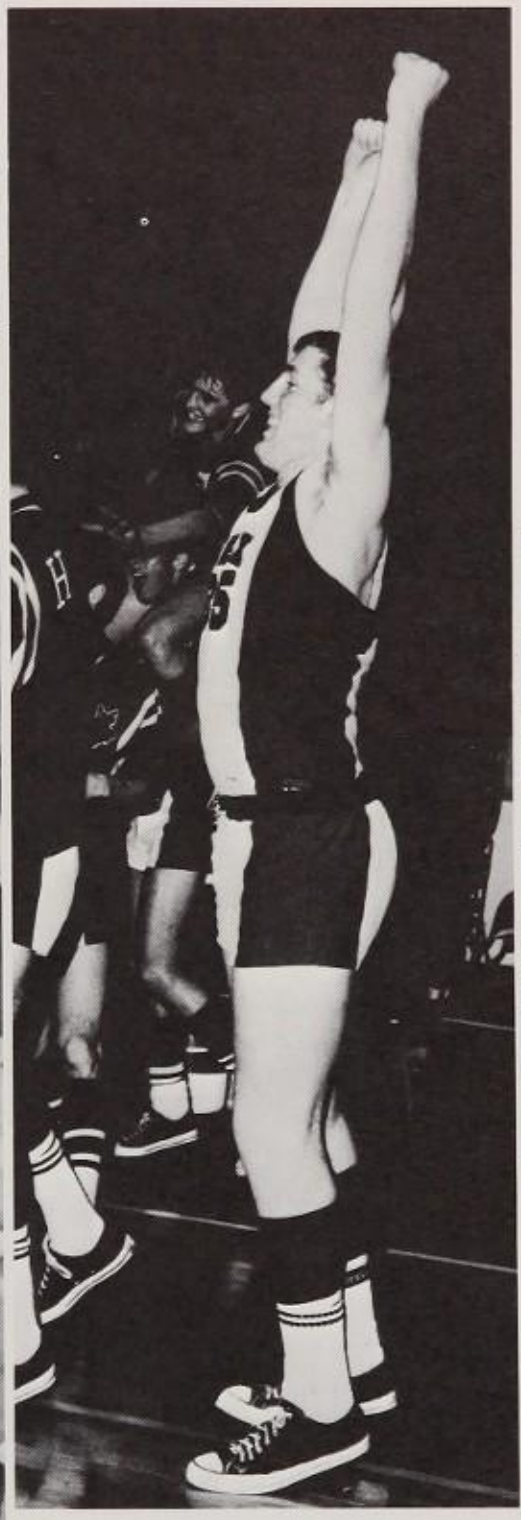
JIM MITCHELL

Seniors Tom Hampson and Mark Little play football during gym.

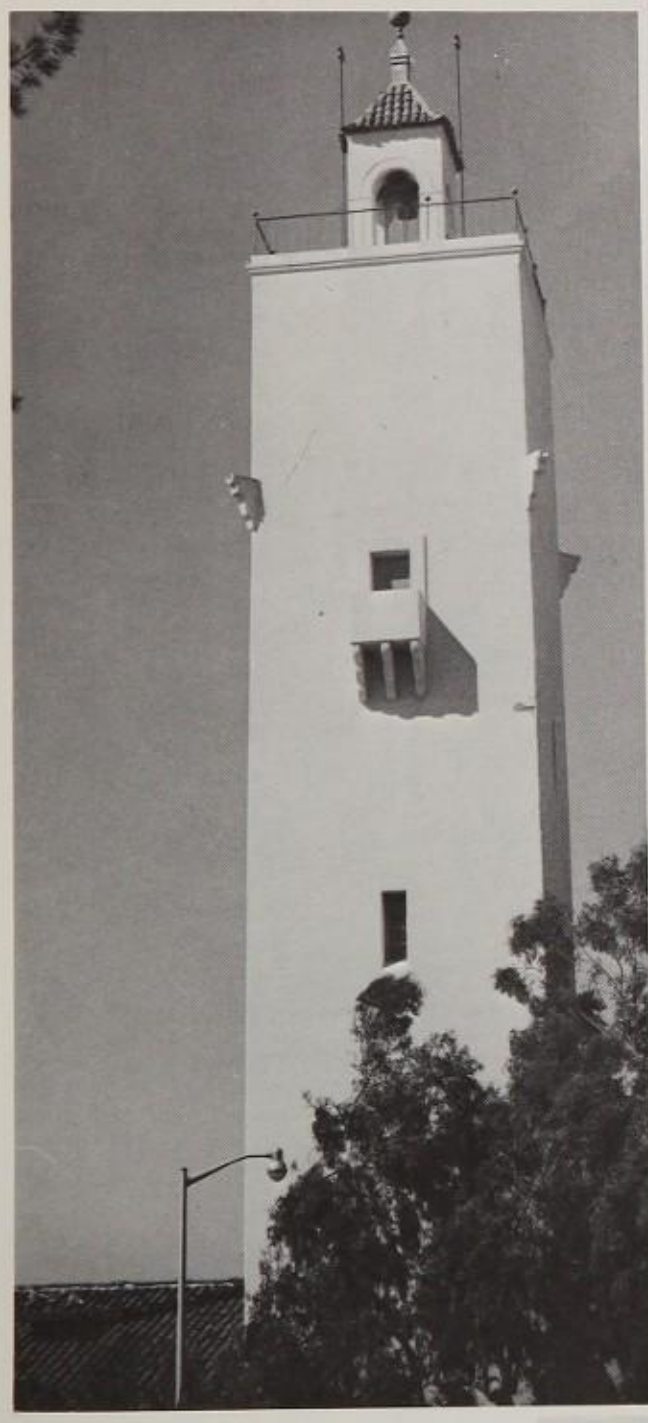
Seniors
Get Involved

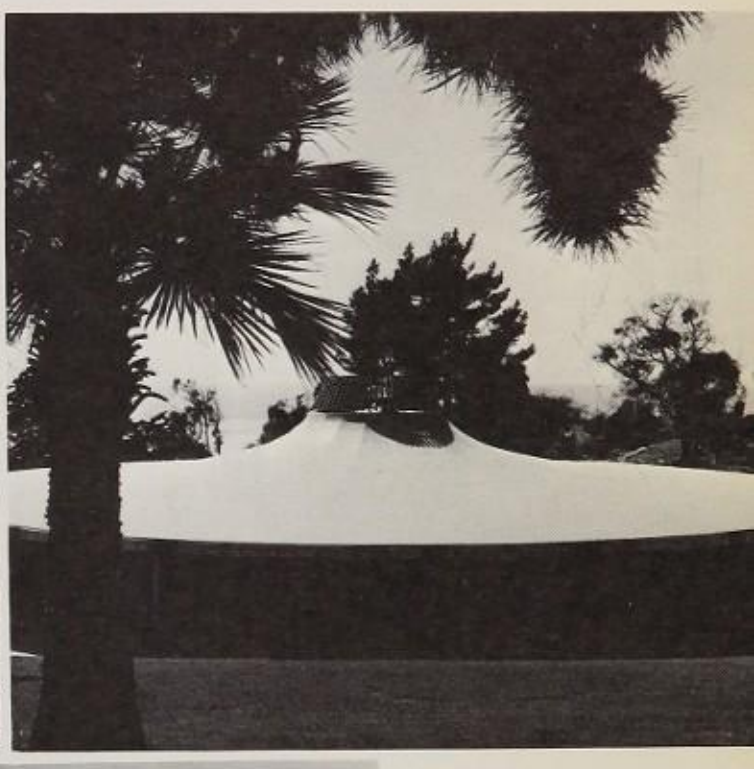






What does your future hold?

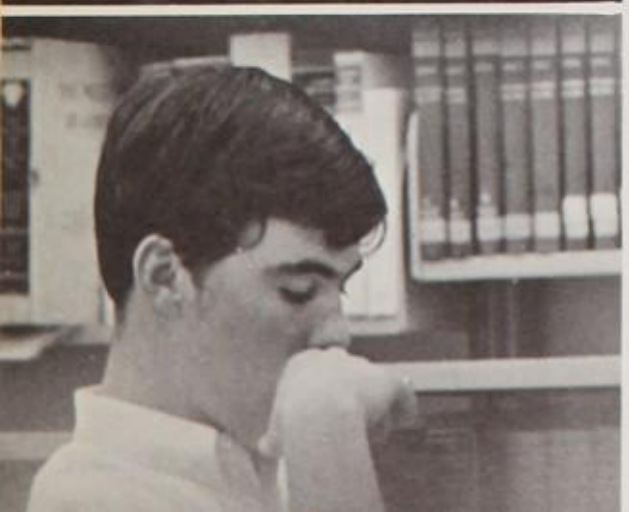




Enter the Young

By Terry Kirkman

Here they come,
Some are walking, some are riding
Here they come
And some are flying, some just gliding
Released after years of being kept in hiding
They're climbing up the ladder rung by rung



Here they come,
Some with questions, some decisions
Here they come
And some with facts and some with visions
Of a place to multiply without the use of divisions
To win a prize that no one's ever won

Here they come,
Some are laughing, some are crying
Here they come
And some are doing, some are trying
Some are selling, some are buying
Some are living, some are dying
But demanding recognition one by one

Enter the young,
They've learned to think
Enter the young
More than you think they think
Not only learned to think but to care
Not only learned to think but to dare
Enter the young

Senior Board Chairmen

Chris Wilken
Senior Dance

Barbara Mitchell
Announcements

Jackie Rogers
Assembly

Lynn Koenekamp
Baccalaureate

Kristy Clemens
Cap and Gown

Sharon Razo
Graduation

FRONT ROW: D. Smith, L. Koenekamp, K. Singlaub, K. Clemens. SECOND ROW: J. Rogers, S. Peterson, L. Maynard, C. Wilken. THIRD ROW: D. Dayhoff, K. Lowery, D. Donaghe, P. Weber. FOURTH ROW: W. Raffesberger, R. Bissell, B. Barnett, J. Foster.

Hal Griffith
Paper

Gale Sutton
Paper

Wayne Raffesberger
Prom

Carol Albanese
Prom

Melissa Hartley
Publicity

And Committee Members

FRONT ROW: M. Olmstead, B. Mitchell, S. Razo, P. Ruchle. SECOND ROW: L. Mulloy, L. Jessup, M. Miller, L. Jonson. THIRD ROW: C. Albanese, C. Radford, M. Bishop, J. Passino, C. Dowling. FOURTH ROW: R. Gleason, H. Griffith, C. Sander, D. Devinney.

The Senior Board consists of seventeen committee chairmen. Each committee chairman is reponsible for the organization and execution of their particular Senior activity.

The Senior Committees are the foundation on which a fine Senior year is built. The Committees begin work far in advance of the activity which assures the Seniors a year they can long remember.

Cheri Enid
Play

Darryl DeVinney
President

Rick Bissell
Special Events

Dee Dee Dayhoff
Co-Special Events

Marilyn Olmstead
Breakfast

Debby Donaghe
Talent Show

Jean Passino
Annual Signing Party

Senior Faculty Basketball

Senior Spirit Week

Senior Assembly

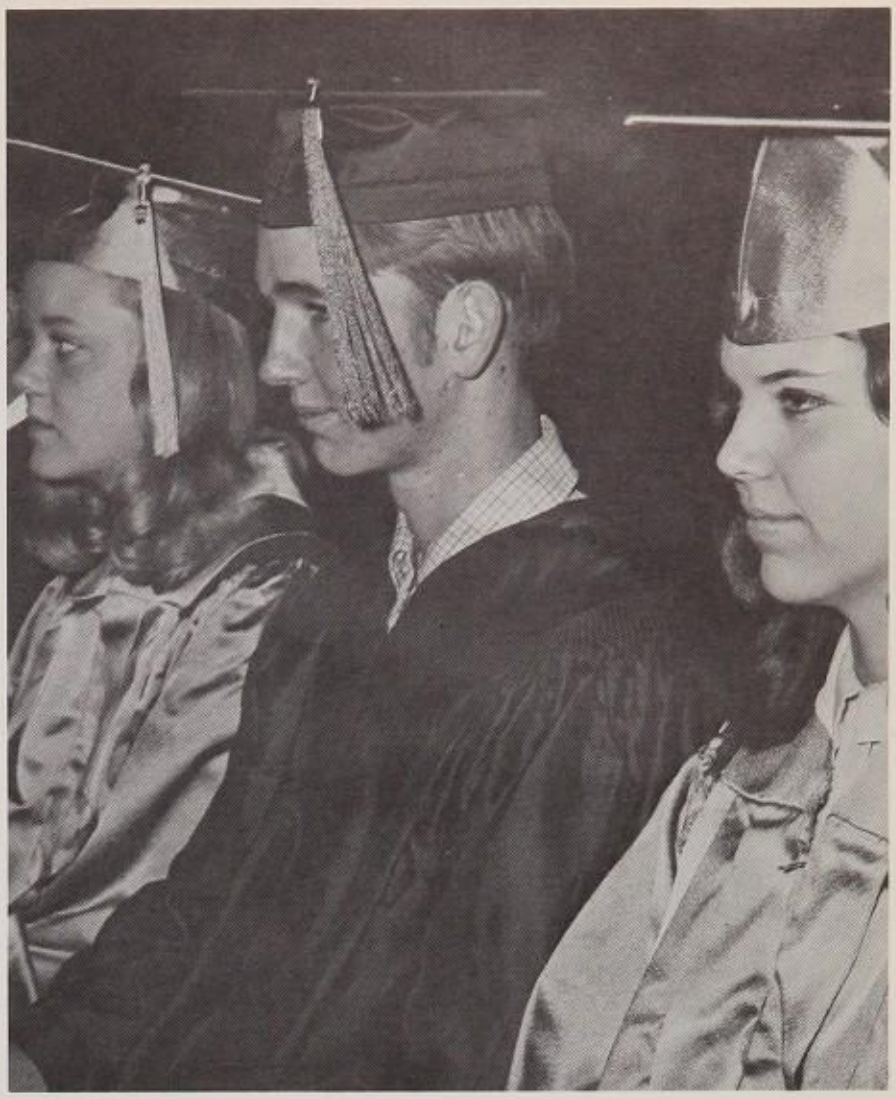
Senior Prom

Senior Talent Show

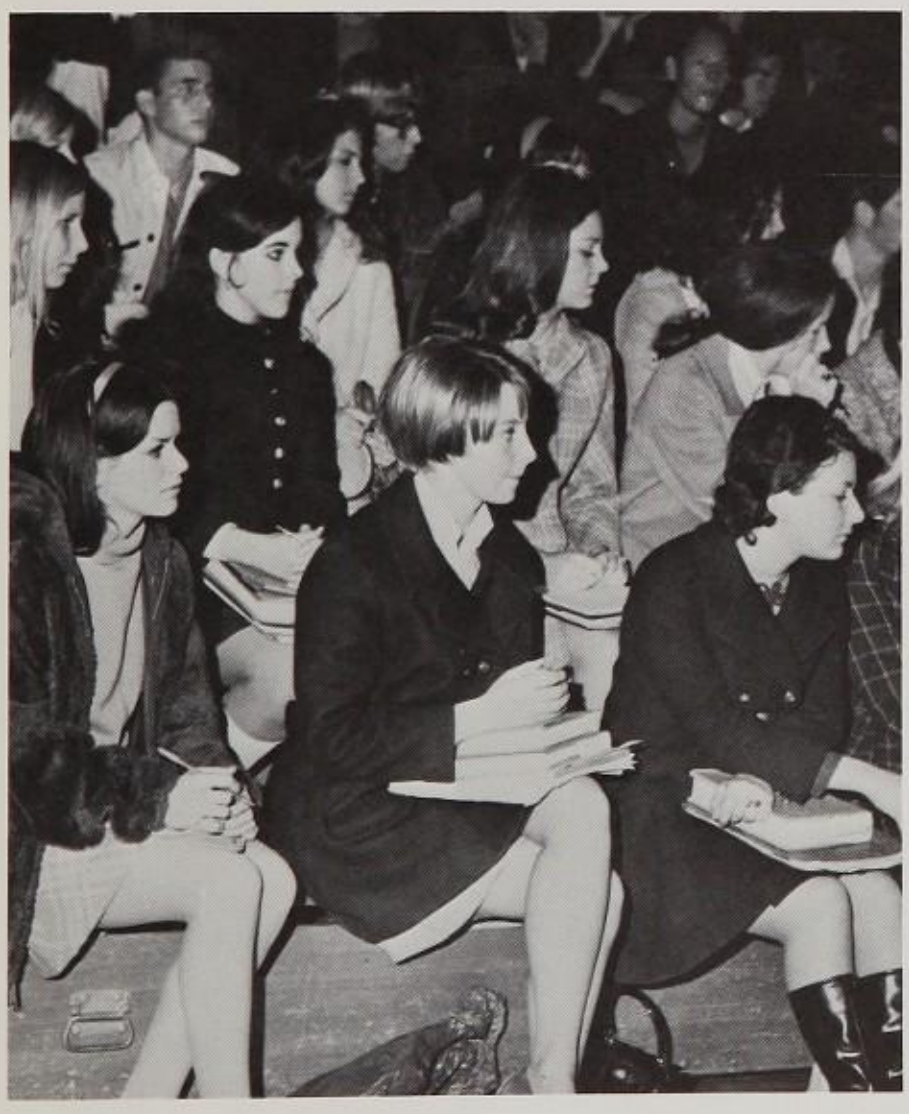
Senior Calendar

1968-69

November	12-15	Senior Spirit Week
November	15	After-Game Dance
December	4- 7	Senior Play
December	20	Senior Class Assembly
February	6	San Diego State Conference
February	27	Senior Talent Show
March	7	Senior/Faculty Basketball Game
April	24	Slave Auction
April	25	Slave Dance
June	4	Senior Lettermen's Banquet
June	6	Prom
June	13	Senior Annual Signing Party
June	15	Baccalaureate
June	18	Check-out
June	19	Senior Breakfast
June	19	Graduation
June	20	After-Grad Night



Graduation



San Diego State Conference

Senior Play—"Wait Until Dark"

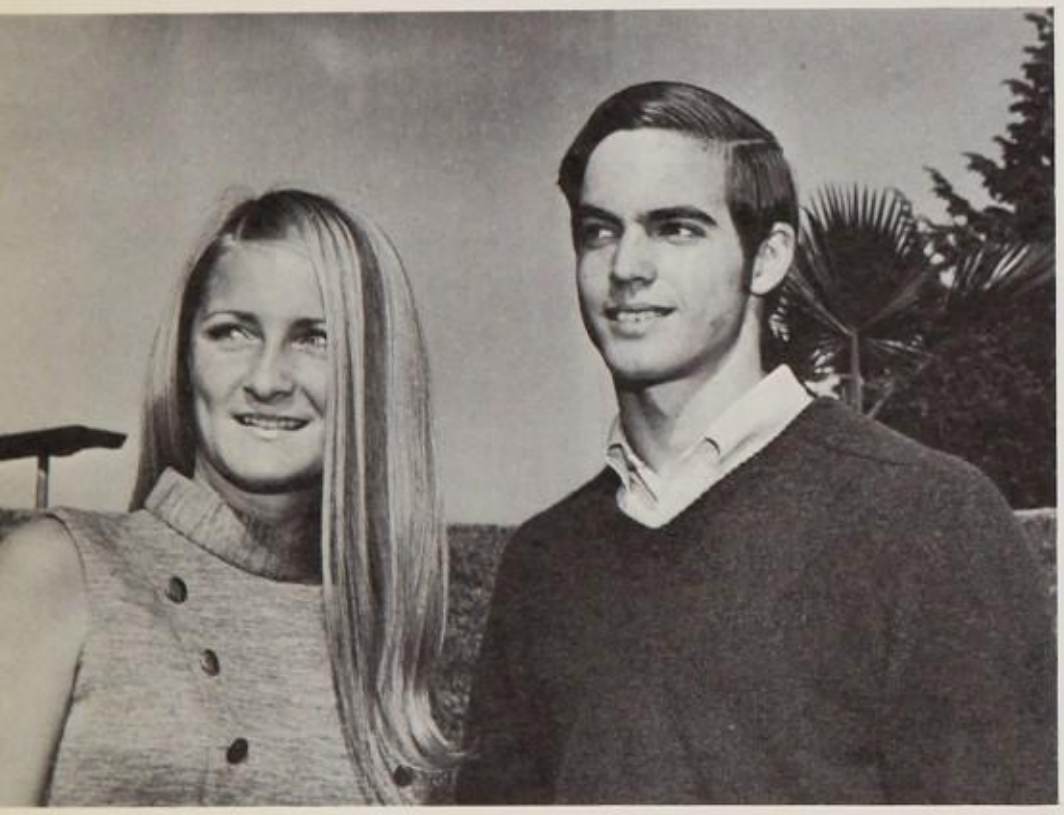
Class of 1969

Senior Class Officers

L to R: Secretary Liz Jessup, Vice-President Rich Gleason, Treasurer Dianne Evers, President Darryl DeVinney.

BEST FIGURE AND PHYSIQUE
Tom Parks and Debby Chamberlin

PRETTIEST EYES
Lynn Marcoe and Rich Gleason



BEST SENSE OF HUMOR
Marian Pehrson and Steve Starling

MOST TALENTED
Larry Olmsted and Cheri Enid

PRETTIEST SMILE
Mike Stein and Nancy Sandstrom

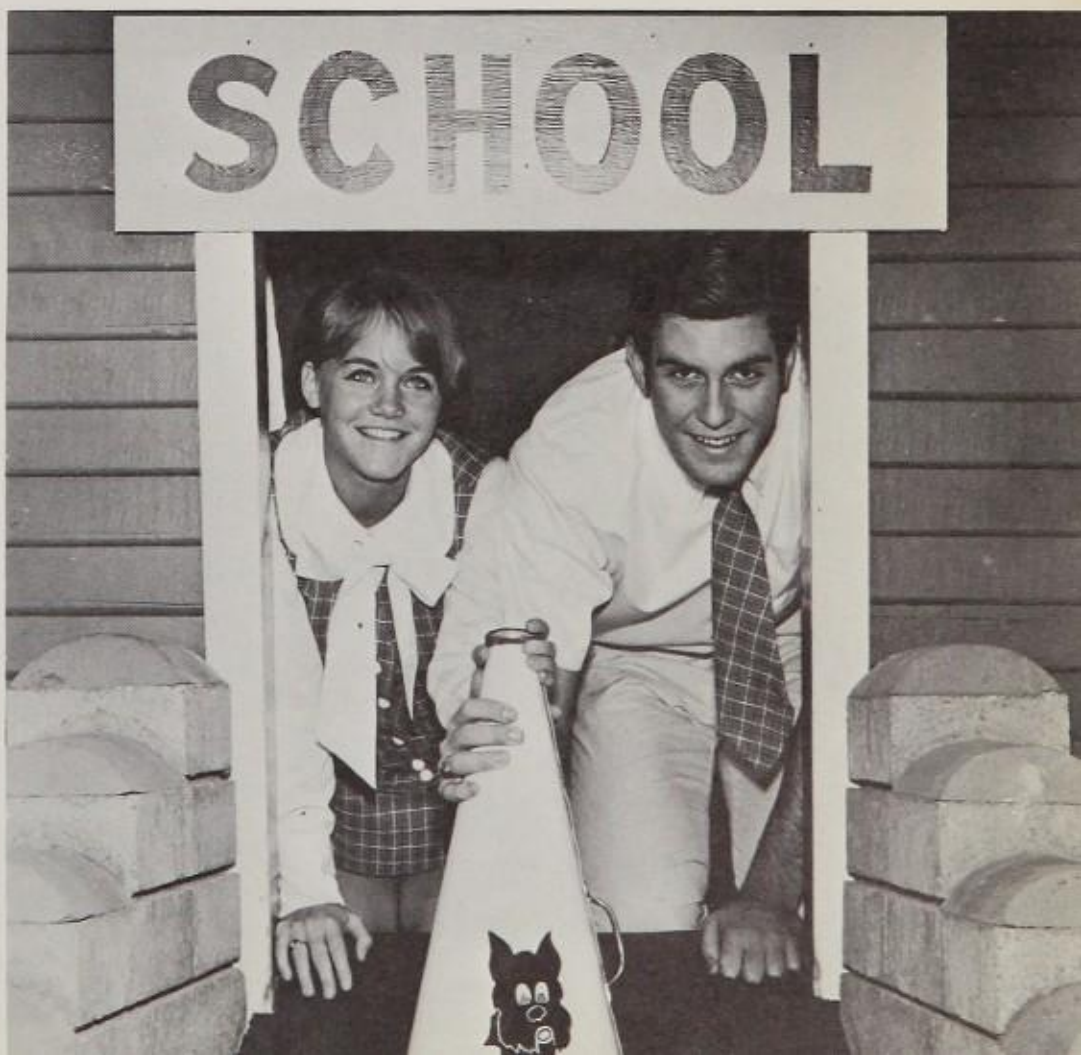
PRETTIEST HAIR
Janet Frey and Tom Powell

BEST GROOMED
Linda Manard and Gerry Limpic

Senior Standouts

BEST PERSONALITY
Yvonna Gallemore and Jim Erautt

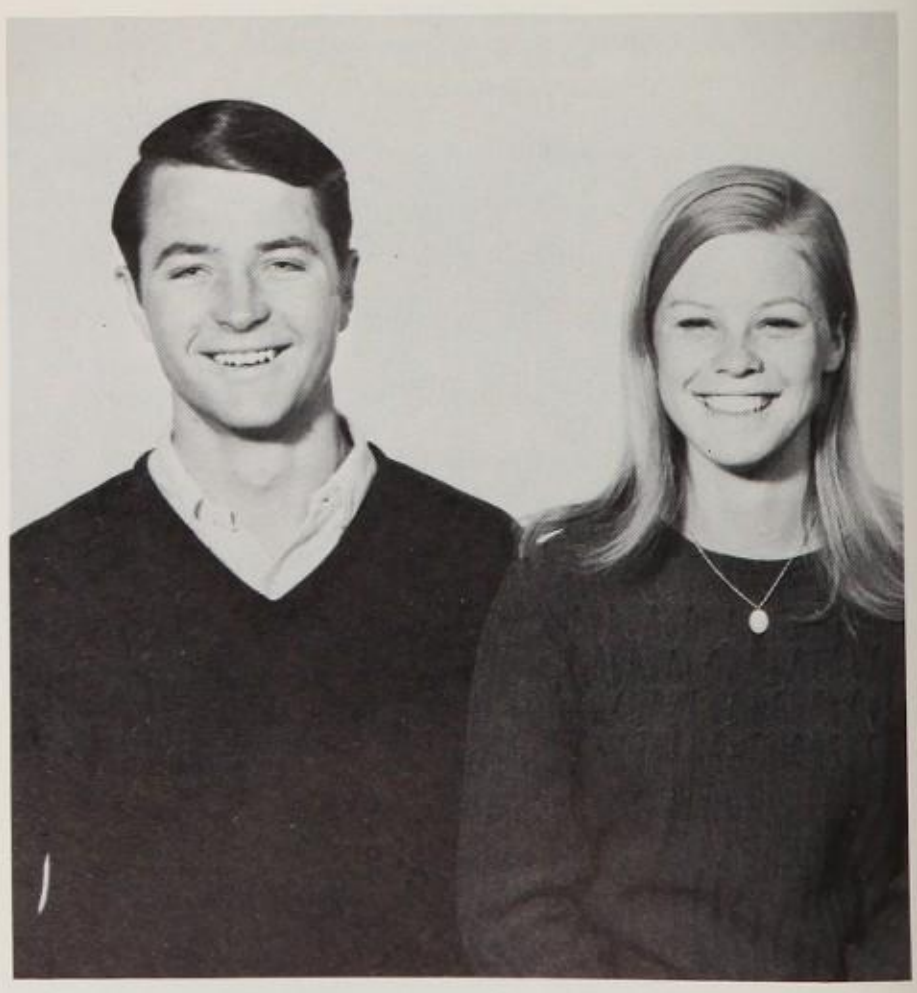
MOST SCHOOL SPIRIT
Vivian Peterson and Dave Unroe



MR. AND MISS SENIOR CLASS
Roxanne Hart and Bruce Menser

MOST SCHOLARLY
Lenore Johnson and Chris Cosner

MOST SCHOOL SERVICE
Claudia Roxburgh and Charlie Dennis



MOST LIKELY TO SUCCEED
Wayne Raffesberger and Kristy Clemens

The great thing in the world is not so much where we stand, as in what direction we are moving.

OLIVER WENDELL HOLMES

Seniors Present "Wait Until Dark"

Roat holds his knife ready as he discusses his plans with Mike and Carlino.

On December 5th, 6th, and 7th, the Senior Class presented the drama, "Wait Until Dark." The author, Frederick Knott, has presented a somewhat different approach to suspense writing and has established himself as the writer of realistic suspense and as one of the foremost writers of the Broadway stage.

Due to the efforts of the cast, the crew, Nikki Aqua Viva and Jill Kuykendall (the assistant directors), and Mrs. Noll (the director), the play was a great success.

Suzy explains to Gloria how they defrost their refrigerator.

Harry Roat forces the two con-artists, Mike Talman and Sergeant Carlino, into tricking Suzy Hendrix out of a doll stuffed with heroin.

CAST

Mike Talman	Rick Sousa
Sergeant Carlino	Larry Olmstead
Harry Roat	Dave Cownie
Suzy Hendrix	Rosemary Harrington
Sam Hendrix	Paul Rathbun
Gloria	Joan Brubaker
Patrolman no. 1	Charles Ashbrook
Patrolman no. 2	Ben Poncurak

Suzy grasps for Sam as he tells her that he must be on his way.

The teachers depict school life at the Homecoming Assembly.

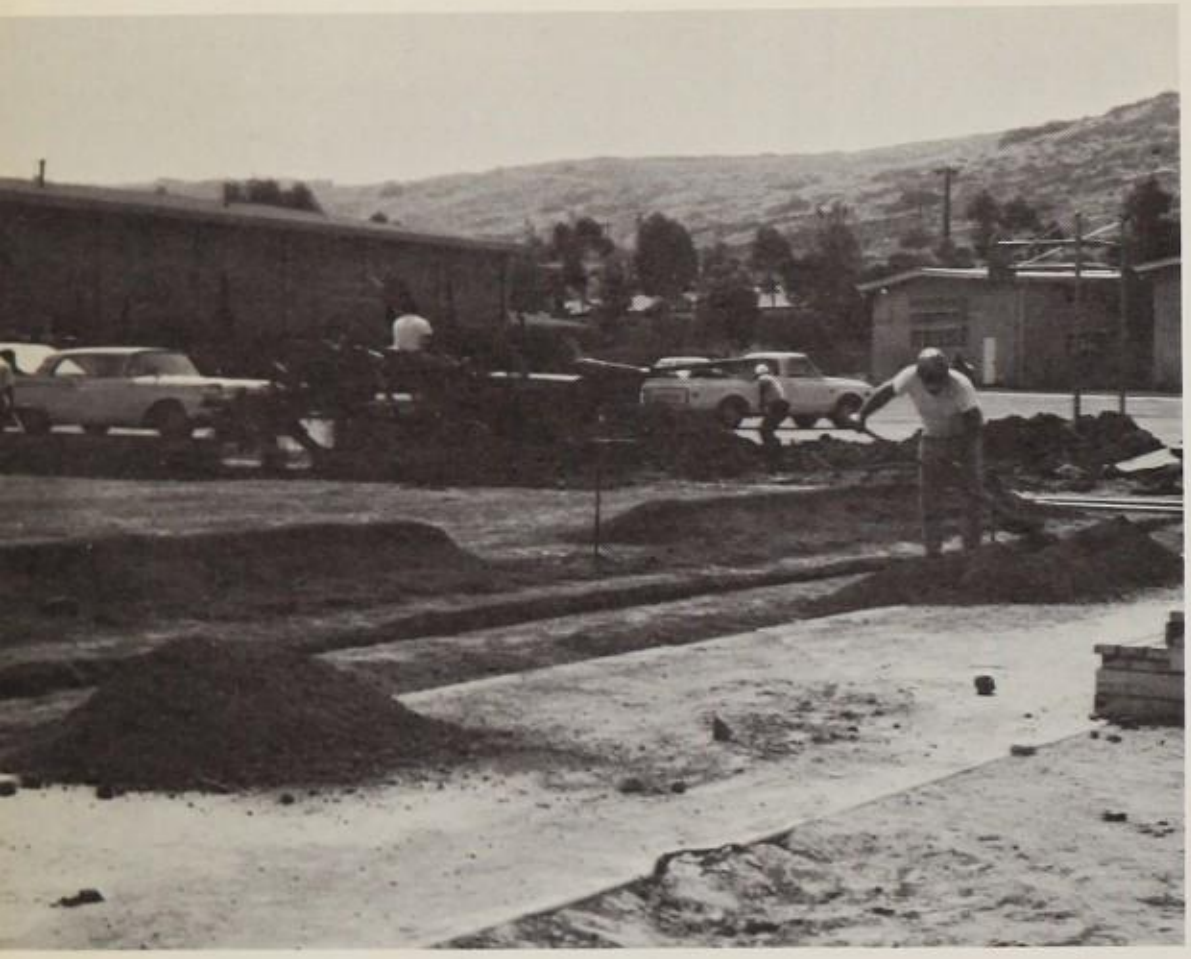
Queen Nancy stands before Helix student body after her crowning.

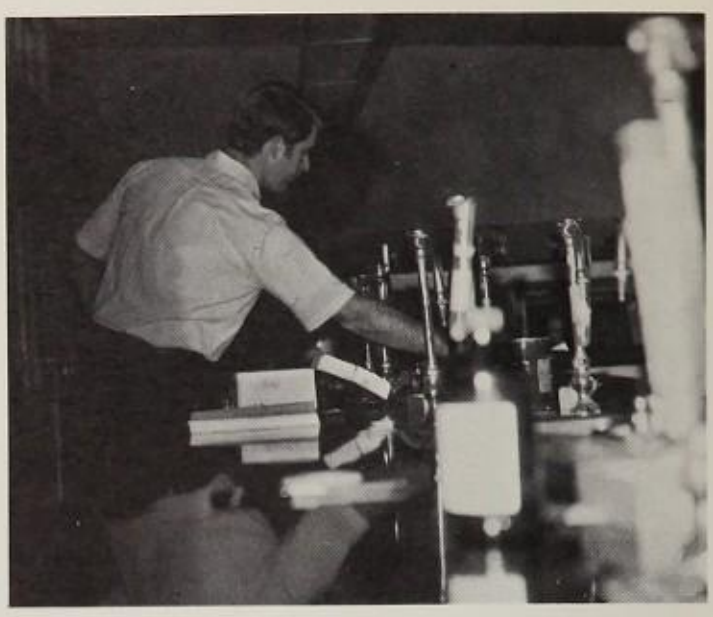
Homecoming

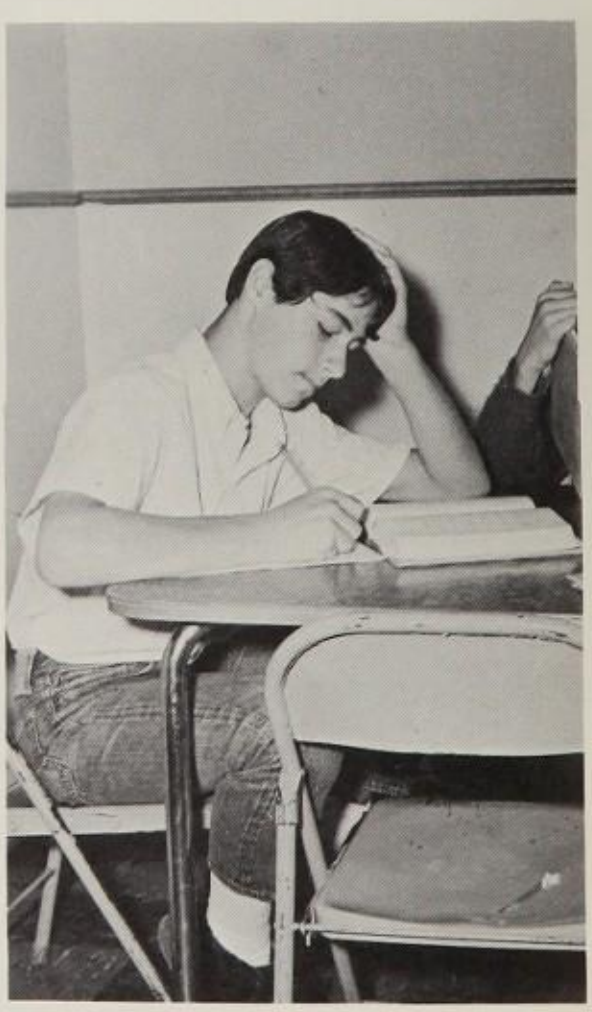
Helix Alumni enjoy the Alumni Tea presented by the Girls' League.

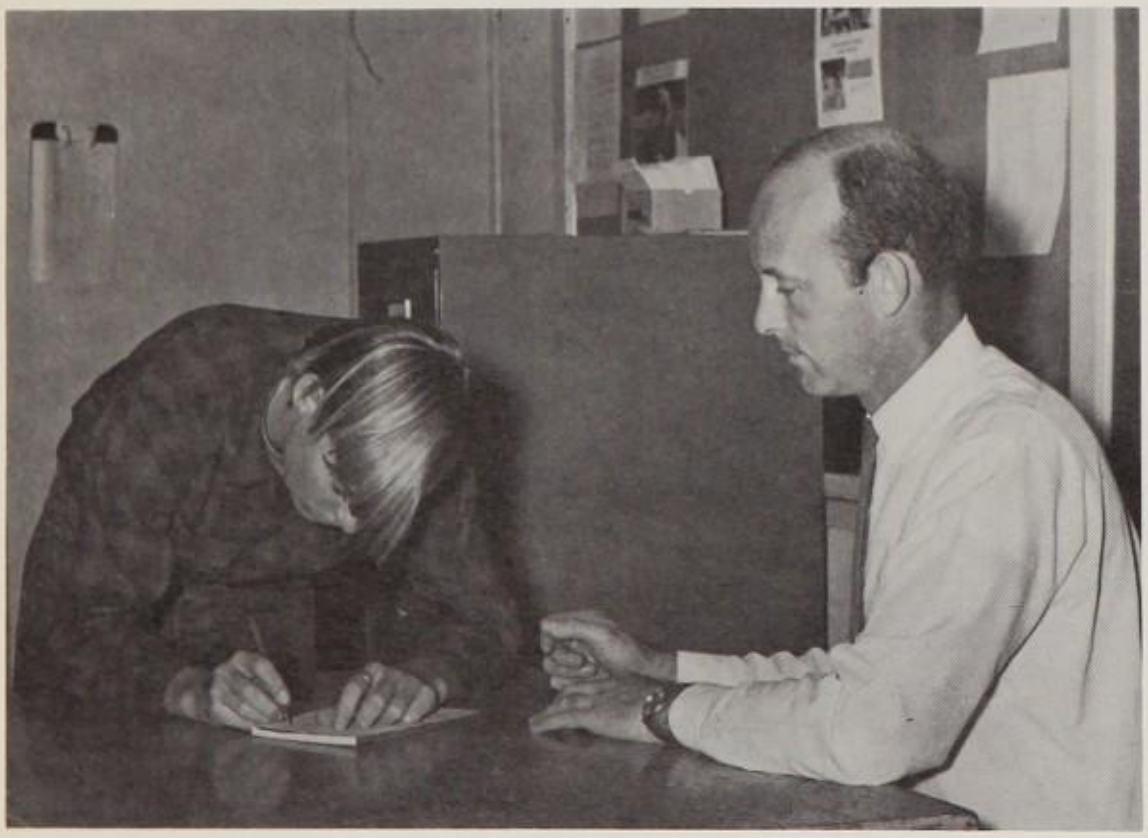
Friday, November 1 was Homecoming at Helix. During the day, Alumni returned to visit their Alma Mater. An assembly was held to honor past graduates and to add spirit to the football game against El Cajon that evening. The Girls' League sponsored the annual Alumni Tea which was held at the end of the school day. During half time at the game, the Homecoming Queen was announced. The queen was selected from five finalists chosen by the Senior Class. She was crowned by last year's Homecoming Queen, Donna Owens. The Homecoming Dance was held in the gym after the game.

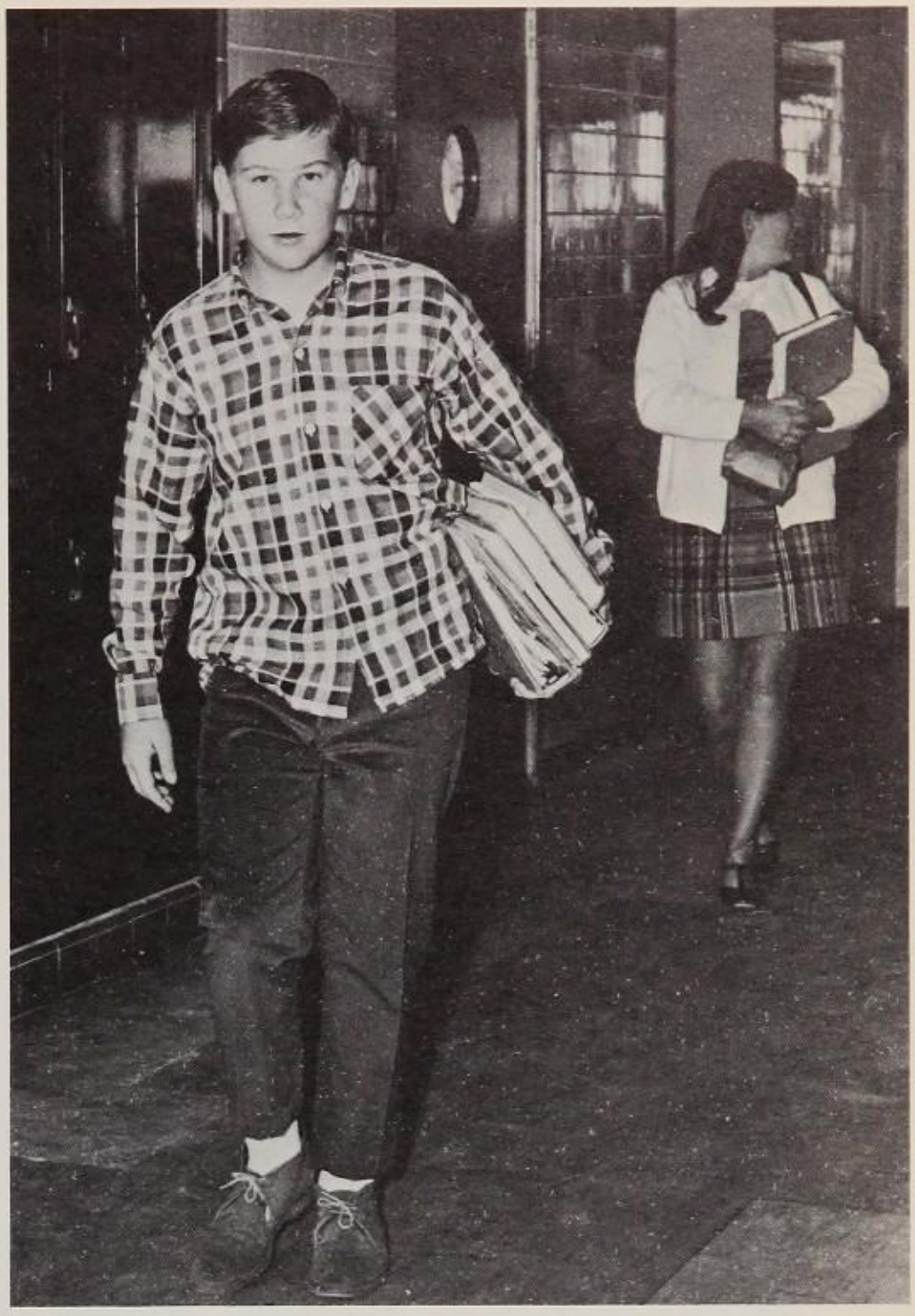
Queen Nancy
Princess Joelle, Princess Vona, Princess Marian, Princess Viv, Princess Debby





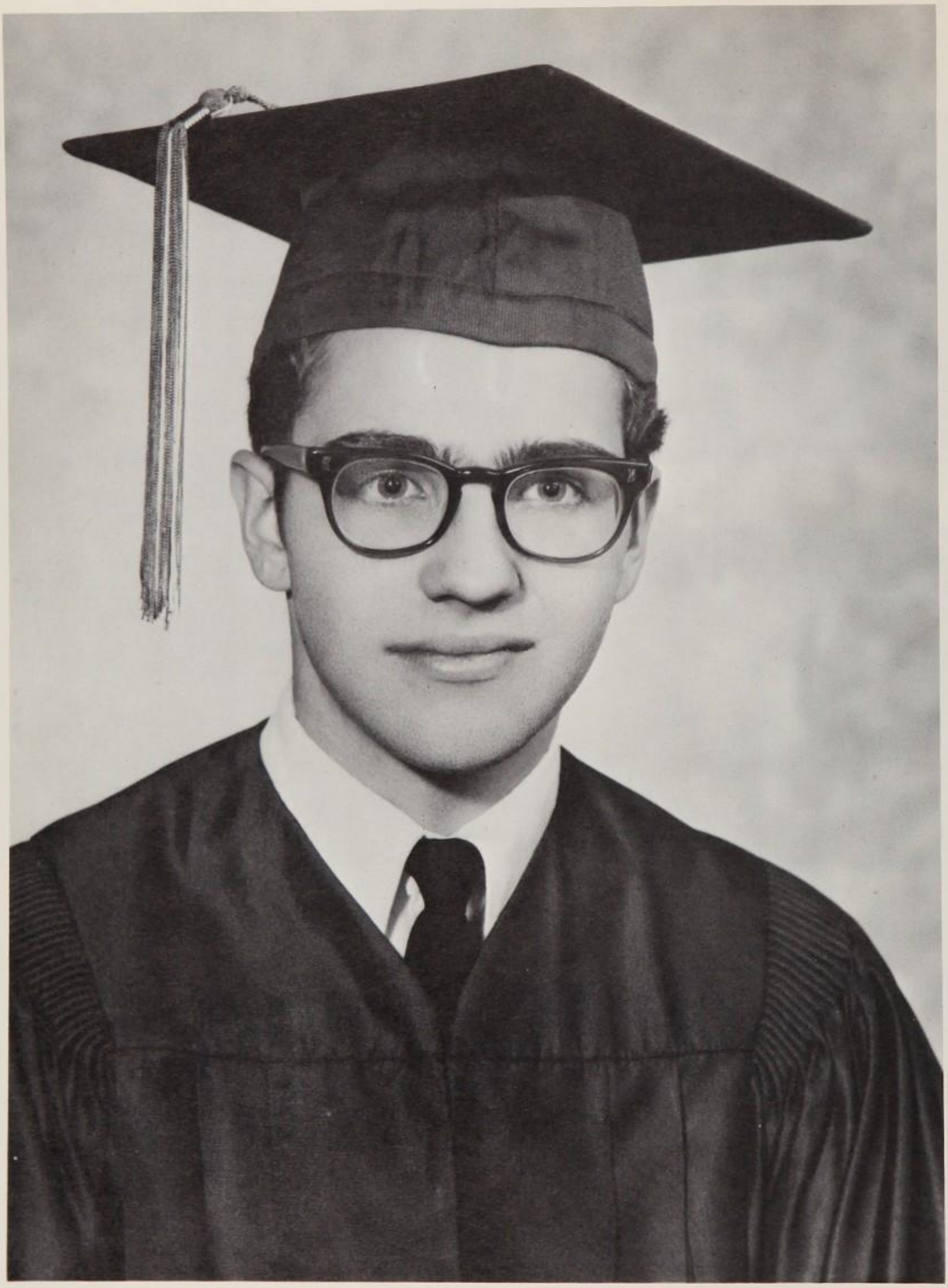






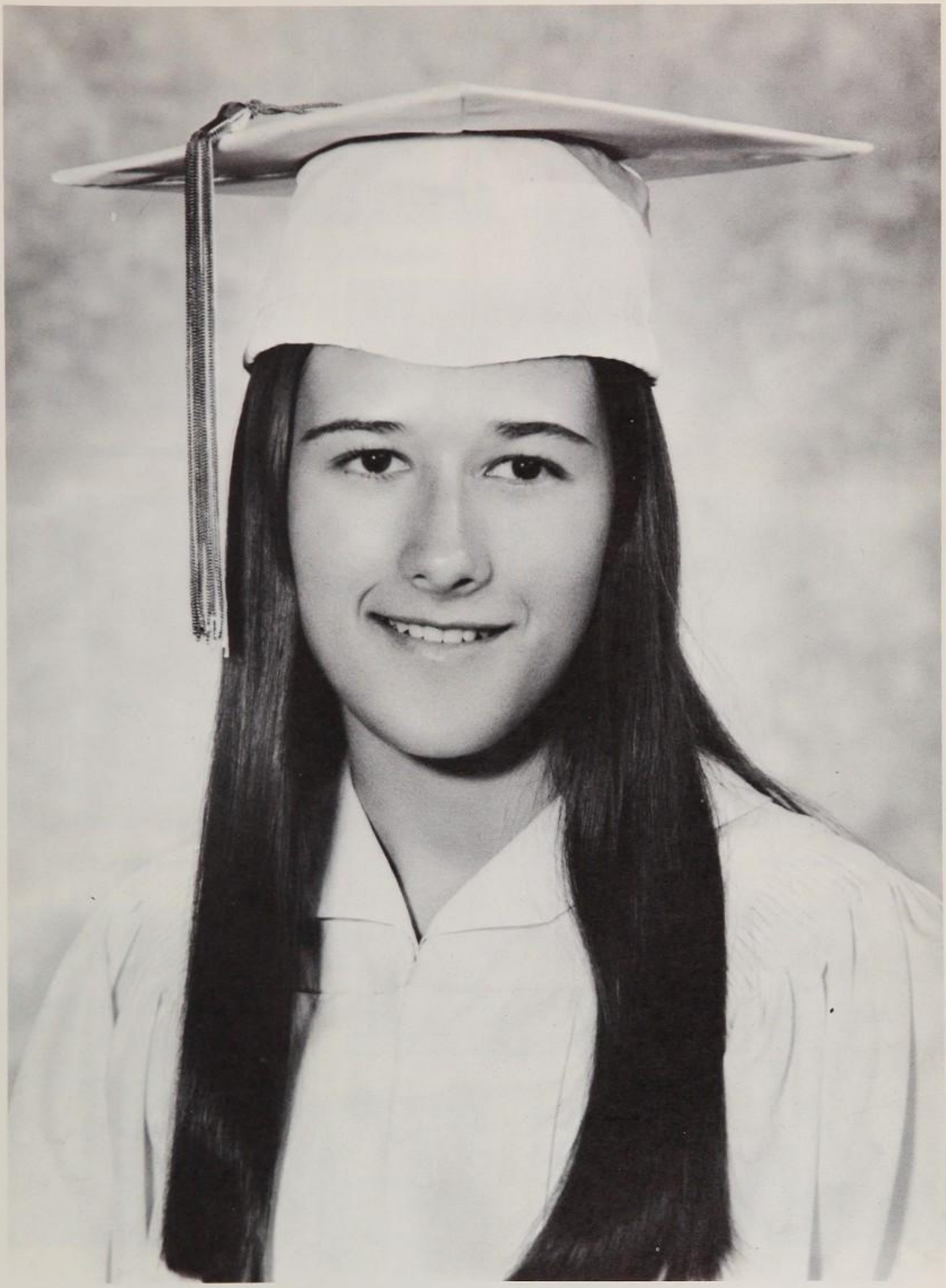
ACADEMICS

Valedictorian



George Cosner

Valedictorian



Donna Smith

Honor Grads

3. Lenore Johnson

3. Rodney Thompson

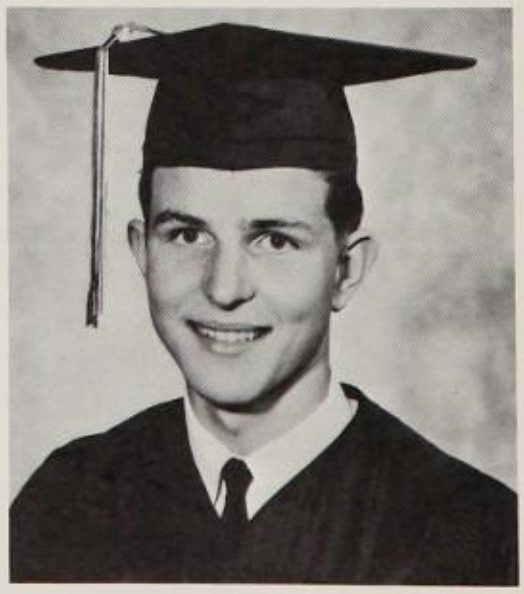
5. Kenneth Regas

6. Christine Wilken

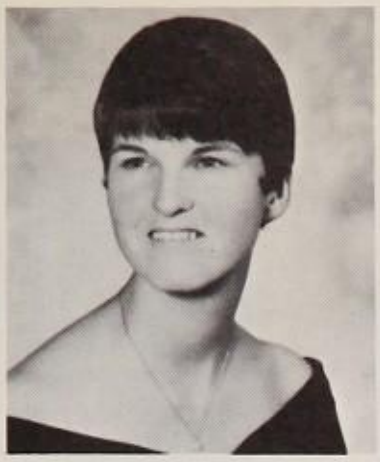
7. Thomas Parks

8. Margaret Jaeger

9. Barbara Mitchell



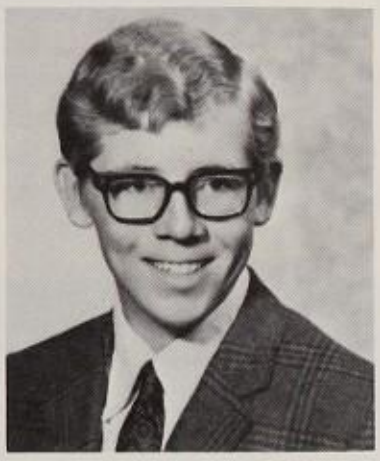
10. Kenneth Clay



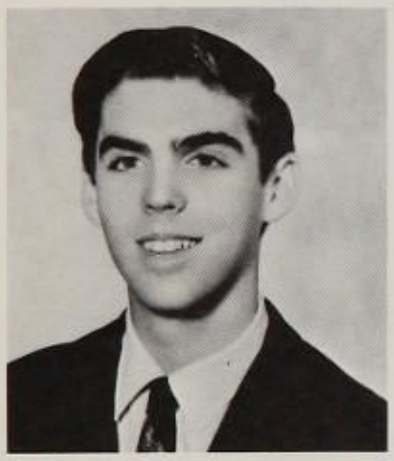
Lynn Koenekamp

Joyce Richter

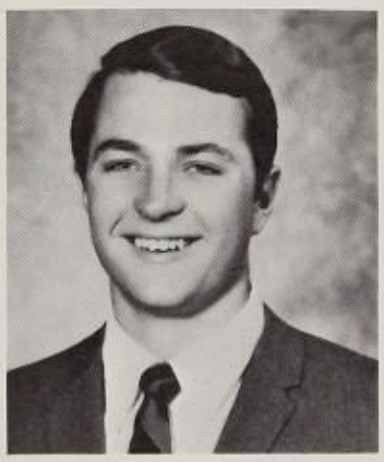
Douglas Giles



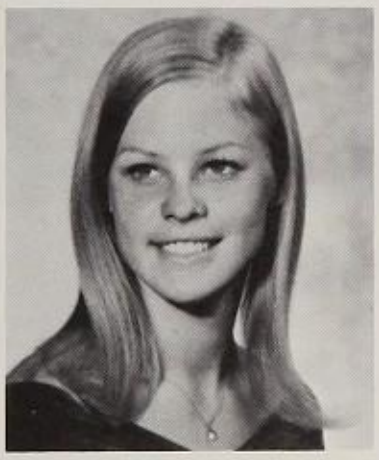
Charles Dennis



Paul Wheatcraft

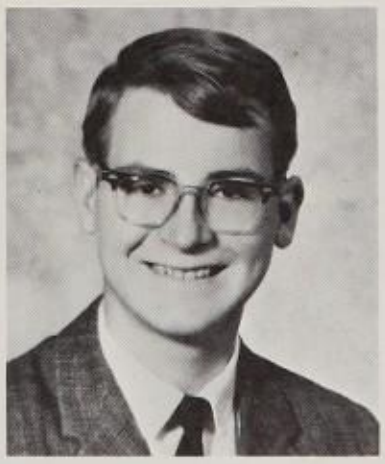


Wayne Raffesberger

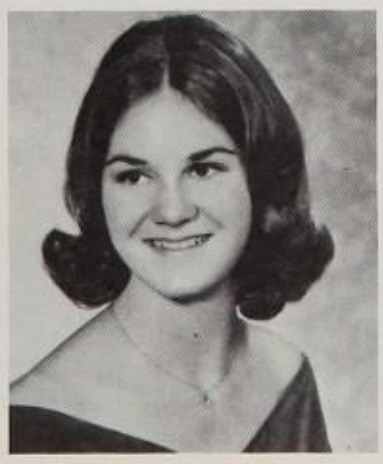


Kristine Clemens

James Aron



Byron Boddy



Deborah Harbaugh

Top 10%

1. George Cosner
1. Donna Smith
3. Lenore Johnson
3. Rodney Thompson
5. Kenneth Regas
6. Christine Wilken
7. Thomas Parks
8. Margaret Jaeger
9. Barbara Mitchell
10. Kenneth Clay
11. Joyce Richter
12. Paul Wheatcraft
13. Joelle Gaultier
14. Lynn Koenekamp
15. Charles Dennis
16. Kristine Clemens
17. James Aron
18. Christian Sund
19. Douglas Giles
20. Byron Boddy
21. Deborah Harbaugh
22. Wayne Raffesberger
23. Kay Singlaub
24. Christopher Merrill
25. Gale Sutton
26. Donald Olliff
27. Nancy Sandstrom
28. Delores Paredes
29. Susan Leslie
31. Cheri Enid
32. Melinda Miller
32. Harold Griffith
34. Kent Argubright
34. Ralph Sobek
36. Jacqueline Rogers
36. Michael Singer
38. Greg Olson
39. Darryl DeVinney
40. Gregory Merrill
41. Marilyn Smith
41. Antoinette Adolphson
43. Linda Blanks
43. Barbara Johnson
45. Ronald Gardner
46. Richard Ely
47. Darryl Simmons
48. Peggy Wilkinson
49. Bruce Menser
50. Richard Gleason
51. Richard Bissell
53. Carla Cross
54. Ella Svirsky
55. Richard Latimer
56. Mary Cadwell
56. Kristine Krusesky

Award Winners

Bank of America Plaque Winners

First Row, L. to R.: Kristy Clemens, Doug Giles. Second Row: Ken Regas, Debbie Harbaugh.

National Merit Finalists

First Row, L. to R.: Chris Cosner, Doug Giles. Second Row: Don Olliff, Rick Ely, Ken Regas.

Bank of America Certificate Winners

First Row, L. to R.: Rosemary Harrington, Lenore Johnson, Kathy Frontiero. Second Row: Chris Cosner, Tom Bulow, Wayne Raffesberger, Charlie Dennis.

California State Scholarship Semi-Finalists

First Row, L. to R.: Anita Paredes, Gale Sutton, Rob Aron, Don Olliff, Ralph Sobek, Bob Monroig, Jim Heyer, Rod Thompson, Chris Cosner, Lenore Johnson. Second Row: Ella Svirsky, JoAnne Snyder, Nancy Sanstrom, Kristy Clemens, Chris Wilken, Roberta Merritt, Jean Passino, Melinda Miller, Joyce Richter. Third Row: Charlie Dennis, Dave Unroe, Bruce Walton, Rick Ely, Rick Zitren, Darryl Simmons, Rick Latimer, Hal Griffith, Craig Giles, Earl Warren.

Girls' and Boys' State

Kristy Clemens was Helix's representative to Girls' State which was held on June 24-July 2, at the University of California at Davis. The function of Girls' State is to give the girls selected an opportunity to become acquainted with our government. It prepares them for the jobs and the responsibilities they will be functioning in the very near future.

KRISTY CLEMENS

CHARLES DENNIS

Representing Helix at Boys' State was Charlie Dennis. Boys' State was held at the State Fair Grounds in Sacramento on June 15-22. The boys selected were required to meet certain qualifications. Having leadership potential, getting along well with others, and having an interest in government were among these qualifications.

CSF Life Members

Kenneth Clay

Kristine Clemens

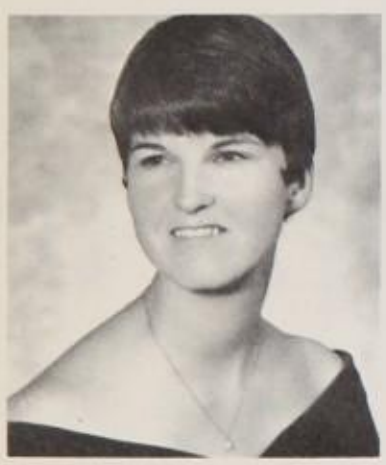
George Cosner

Charles Dennis

Harold Griffith

Deborah Harbaugh

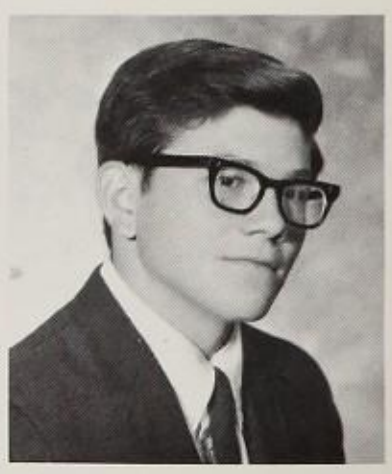
Lenore Johnson



Lynn Koenekamp

Barbara Mitchell

Donald Olliff



Kenneth Regas

Margaret Singlaub

Donna Smith

Rodney Thompson

Christine Wilken

California Scholarship Federation

CSF is a state scholarship organization whose theme is outlined by the motto "Scholarship for Service." Students must have at least three A's and two B's with no D's, F's or U's to be a member. If a students is a member for four semesters, one of which must be in his senior year, he becomes a life member. The organization has two guest speakers a year. Dr. Maurice Zemlick, a lecturer in psychology at San Diego State, gave a sensitivity 'hearing' for first semester members. Field trips, usually to Disneyland, and plans for a project at Hoot Mon are also regular activities for CSF members.

FIRST SEMESTER—First Row, L. to R.: E. Budzinski, P. Baxter, S. Skidmore, J. Armstrong, R.Hobson, C. Dennis, S. Kubanis, M. Jaeger, D. Harbaugh. Second Row: Mr. Keppler, Advisor, P. Wilkinson, S. Friedgen, M. Jingling, E. Laird, A. Beasley, L. Williams, E. Farnsworth, L. Johnson, H. Griffith. Third Row: G. Valkirs, P. Dayhoff, B. Mazalewski, K. Gerhart, M. Gilmartin, R. Aron, M. Singer, L. Koenekamp, K. Singlaub, A. Paredes, C. Wilken. Fourth Row: S. Fattig, R. Thompson, B. Thompson, V. Peterson, C. Cosner, D. Roy, J. Davis, L. Delp, J. Rogers.

SECOND SEMESTER—First Row, L. to R.: R. Aron, M. Gilmartin, R. Meyerhoff, C. McCollum, D. Cownie, V. Peterson, D. Roy, B. Heitman, S. Skidmore, K. Singlaub, L. Koenekamp, L. Johnson. Second Row: J. Bichousky, S. Kubanis, D. Smith, J. Smith, M. Boulio, L. Heerwald, G. Berg, K. Long, J. Lillich, D. Kroll, D. Harbaugh, C. Wilken. Third Row: S. Evans, T. Kuykendall, D. Posladek, P. Gilmartin, J. Abel, A. Beasley, B. Latimer, C. Cross, D. Pendleton, A. Beasley, L. Greenhill, D. Touchet. Fourth Row: C. Dennis, D. Jacobs, G. Valkirs, R. Latimer, J. Aunan, B. Taylor, D. Jacobsen, B. Mazalewski, R. Moore, S. Willis, Mr. Keppler.

Tartan and Torch Bearers

TARTAN BEARERS—Girls, Front to Back: Chris Hall, Lisa Williams, Nancy Niehaus, Rossayn Eady, Jill Kuykendall, Ann Beasley, Joan Abel. Boys: Steven Fattig, Kevin Gerhart, Oliver McConnell, Rolfe Moore, Dean Jacobs, Gunnars Valkirs, Craig McCollum. TORCH BEARERS—Girls: Joan Smith, Chris DeGaetano. Boys: Steven Rogers, Roger Meyerhoff.

Graduation Ushers

First Row: James Dakis, Mallia Boulio, Michael Gilmartin. Second Row: Gary Atkinson, Susan Kubanis, Barbara Brumbaugh, Barbara Schrock, John Rudolph.

Baccalaureate Ushers

First Row: Molly MacDonald, Evelyn Farnsworth. Second Row: Peggy Andolsek, Paula Kabance. Third Row: Craig Galbraith, John Aunan.

Helix High School once again honors the top ten percent of its Junior—soon to be Senior—class. These honored students are chosen by their counselor on the basis of their grade point averages. The Baccalaureate Ushers are in charge of seating the guests at the Baccalaureate ceremony which was held at the Balboa Park Bowl this year. The Graduation Ushers greet the audience and help cut down the confusion as the 578 members of this year's Senior class seat themselves for the big moment. The Graduation Assistants perform a vital, yet rarely spoken of, duty. They are in charge of getting all of the Seniors' graduation robes folded after graduation is over. These groups, under the direction of Sharon Razo, helped the Seniors graduate with the utmost efficiency.

Graduation Assistants

First Row: Patricia Franson, Susan Johnson, Joanne Baker, Suzanne Miller, Betty Barnett, Cheryl Smith, Lorraine Price, Tina Savage, Nancy Beishline, Virginia Lindsey, Pamela Dayhoff, Judith Ehrenfried. Second Row: Dennis Rodgers, Bruce Grandjean, Dennis Dickerson, Loren Schmitz, Michael Weaver, Ronald Oldchurch, William Walton, Randall Madsen, David Tanner, Richard Comer, Dan Jacobsen, Stephen Grant. Not Pictured: Thomas Thorvick.

Creative Arts

to be. . .

whistle loud
be heard
above the roar
of suburban life
busily
traversing
into the stars
pure
golden
against the velvet
of blackest night

sing loudly
be heard
above the rumble
of all trains
cars
taxis
everywhere
people talking
shouting
whispering
to themselves
to others

hum
to yourself
to people
loudly
secret tunes
with meaning
for you
alone
all alone
hidden
in a shell of plastic
never talking
singing
whispering
to other people
you are alone

Ken Melvin

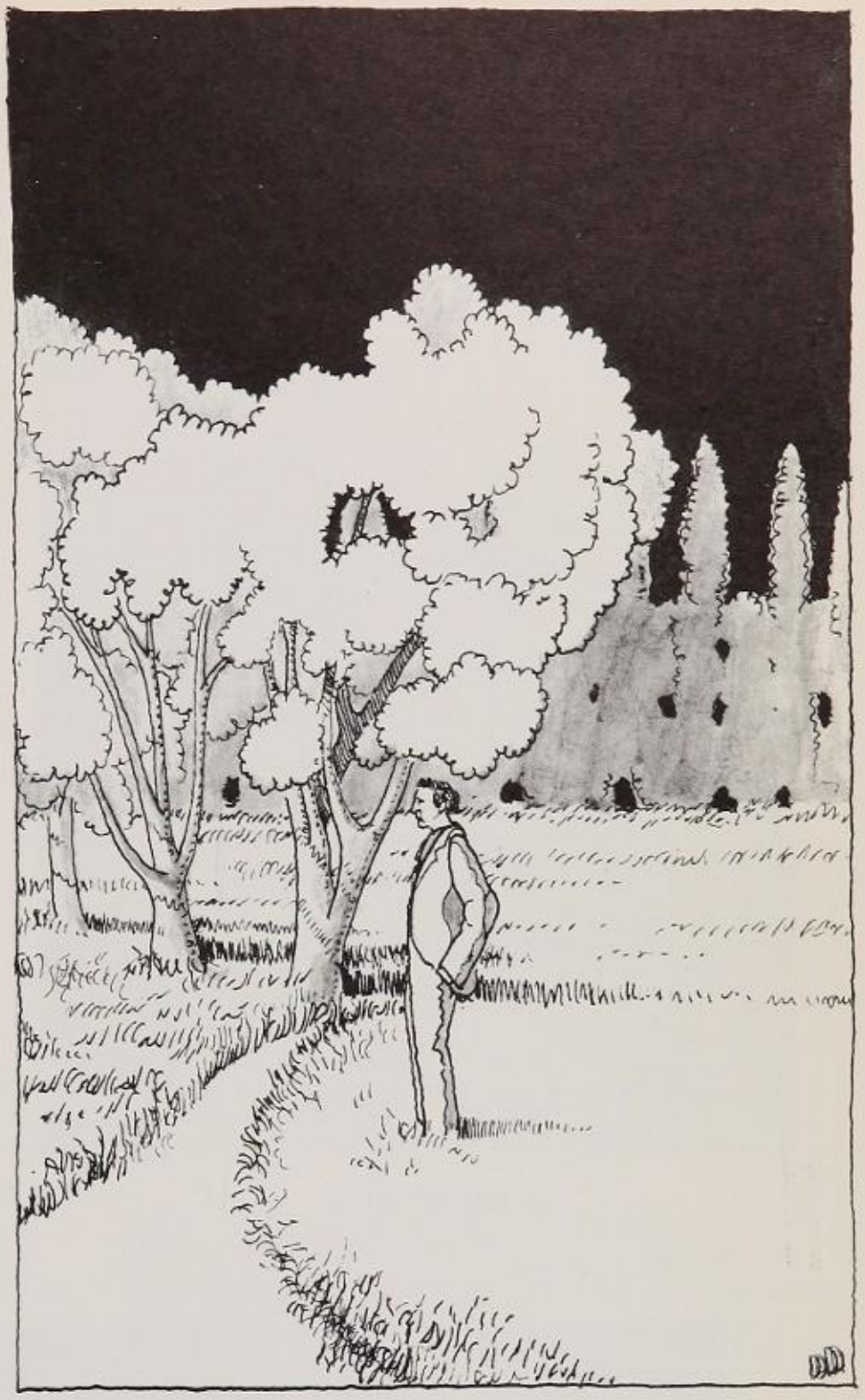
Poem I
You traval down the winding road.
Without knowing what lies around the bend.
You seem to go on endlessly,
Well, it must be the present trend.
Your carriage is driven by you know not what,
It must be something of the past.
From birth to death, it seems to be,
You travel on to eternity.

Steve Booth

Visions

Blessed as though of spirits realm
But whispers loud
To seek that pleasure pure
Refined by light
That shines unchanged
By love's moral laughter
Aged not by time
But the fire of man's abuse

David Dunn



Nature's Pride

To watch the moon in time of fullness
Cross the darkened sky,
And feel the water's trickling coolness
As it passes by.

To lie beneath the stars that shine
Upon the grass so green,
Surround by towering pines
no man has ever seen.

This is nature's pride
In every way,
For she will never set aside
This beautiful day

Steve Deeds

Helix

MR. BENTON HART

Congratulations to the Class of 1969 for its success during the past four years in providing leadership, scholarship and school spirit. Today's world needs well trained minds to cope with and understand and the experiences at Helix will serve you well in your future ambitions and goals.

District Administration

Austin Sellery

Stanley A. McClintic

Grossmont District Governing Board, L to R: Mrs. Portia Goode, Palmer Svalstad, Rexford Hall (chrm.), Robert Dryden, George Birch.

Administration

Graduation from high school is somewhat like emerging from one's cocoon. Up to this time in your academic life, you have been motivated, protected, and generally treated with tender, loving care.

Graduation is also a definitive point at which you become what is commonly considered an independent adult—and the TLC becomes a thing of the past.

Graduation is also commencement—the commencment of your adult life. What you become now is strictly up to you. May I offer my best wishes for success in your endeavors. Good luck, Class of '69.

NORMAN C. ROBBINS
Vice Principal

I suppose each graduating class, just as the Class of '69, has some conglomerate characteristics which give it a distinct personality. The basic goals, aims, and ambitions which motivate the students of that class are, however, the same as they were for the class before and the one which will follow.

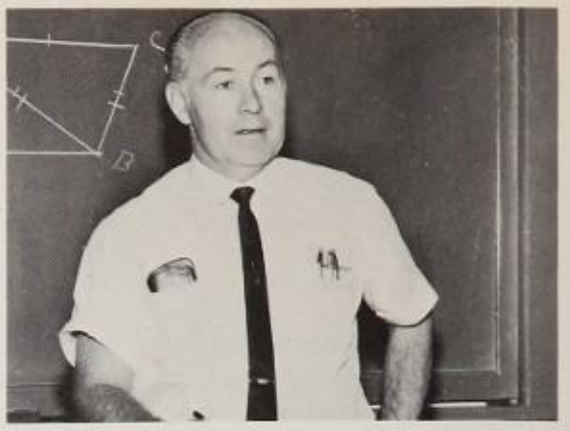
So, if I were to select one guide to suggest to all classes for the pursuit of these common objectives, it would be "Find Home Base." That is to say, in this day as in the past, there is an absolute, and ultimate, a truth, or in a word, a "Home Base." You find this and you find the meaning for your adventures, as well as a haven for returning.

ROBERT L. PYLE
Dean of Students

Faculty

Anna Altizer
Spec Ed.

Miriam Anderson
Latin II, III, IVC



Nilo Atkinson
Alg. IC, Pl. & Sol. Geom. IC, Math IA

Angele Anger
Fren. I, II, IIIC

Carolyn Baker
Girls PE

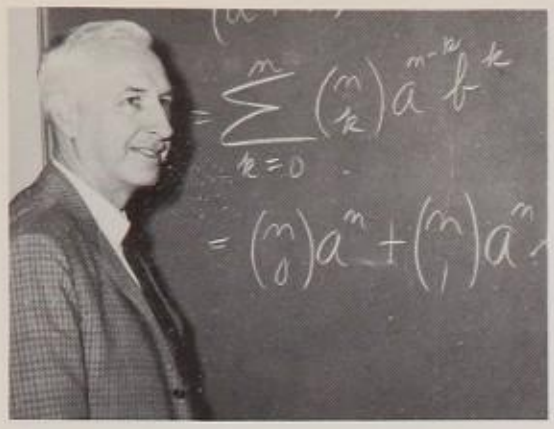
Natalie Barry
Eng. IIC, IIH

Norma Basgall
Eng. IC, Speech 1, 3, AS, Speech 5AS

Emil Bauer
Wood I, II, IIIA, Draft II, IIIA, Draft IA

John Boone
US Hist. IC, IA, Reading

Geraldine Branstetter
Home. IAS

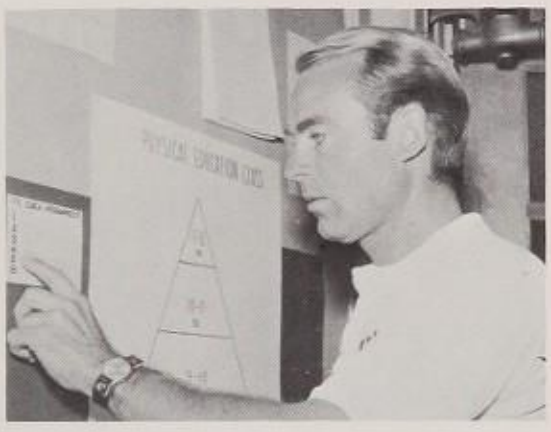


Gordon Braun
Alg. I, IIC, Adv. Sr. Math

Charles Corbisez
Eng. IIIA, Eng. IIIC

Jean Costa
Span. IIC, Span. IIIC

Albert Cox
Auto IA, Auto IIA, Auto IIIA



Jon Crawford
PE, Athletics

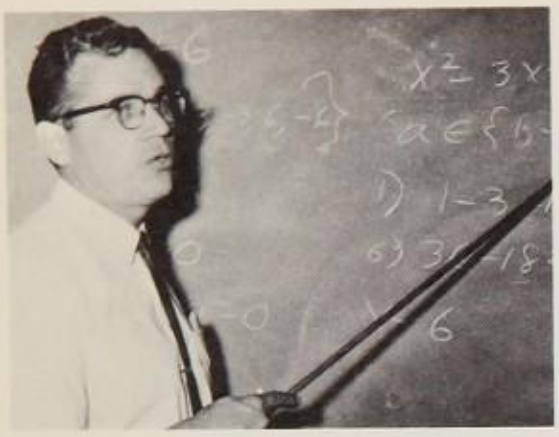
Nadia Davies
Span. IC, Span. IIC

Jane Drake
Eng. IIC, Eng. IIIC

Margaret Duke
Alg. I, IIC, Adv. Sr. Math

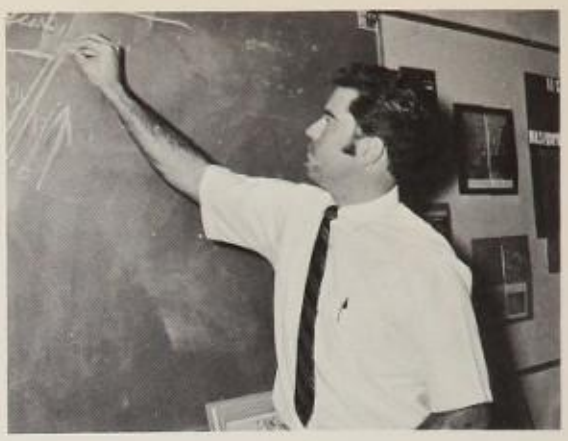
William Ehlers
Math IR, IA, Math IRL

Charles Feeser
World History C



Lewis Freed
Alg. I, IIC, Pl. & Sol. Geom. IC

Mary Garcia
Short. IA, Typ. 3AS, Sec. Off. Prac. IA



Jerry Gordinier
Geog. IA, IC, IH, Eng. IA

Reginald Grainger
Eng. IVA, Stud. Govt.

Al Hammerschmidt
Biol. IA, PE, Athletics

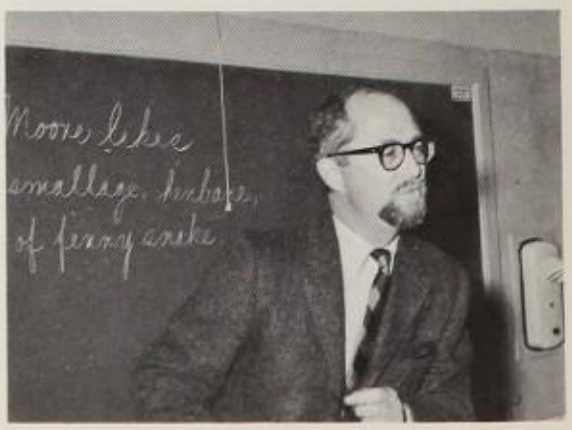
James Hart
Pl. & Sol. Geom. IC, IH, Calculus IH

Jessica Haynie
Eng. IIA, Eng. IIC

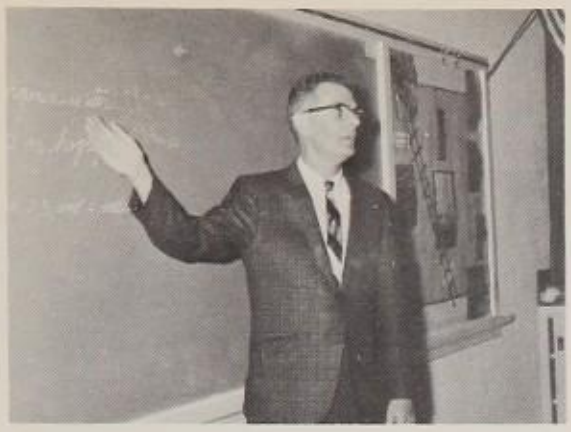
Maria Heimpel
Span. IIC, IVC, VC, Germ. IC

Lawrence Helmuth
Crafts I, II, IIIA

Thomas Heyer
Math IR, IIA, Alg. IC



Charles Higby
Eng. IVA, IVC, Eng. IVH



Clovis Hill
Eng. IIIC, IIIH, Journ. IC, IIC

Charles Jackson
Typ. IAS, Rec. Keep. IAS, Gen. Bus. IA

Mary Jones
Eng. IA, IIR, Read. Lab, Comp. Read.

Charles Kahan
Eng. IIIA, IIIR, Athletics

Mary Ann Kendall
Girls PE

Robert Keppler
English IA

Douglass Kerr
US Hist. A, Dr. Ed.

Agnes King
Girls PE

Mary Kloos
Home. IAS, 3AS, 5AS, 7AS, Sr. Home.

Philip Knott
Germ. II, III, IVC

Richard Langston
Geog. IA, IR, IC, Athletics

Alvin Larsen
English II, IIIA

Harry Lashmet
Dis. Ed IA, Bus. Law IAS, Merch. IAS

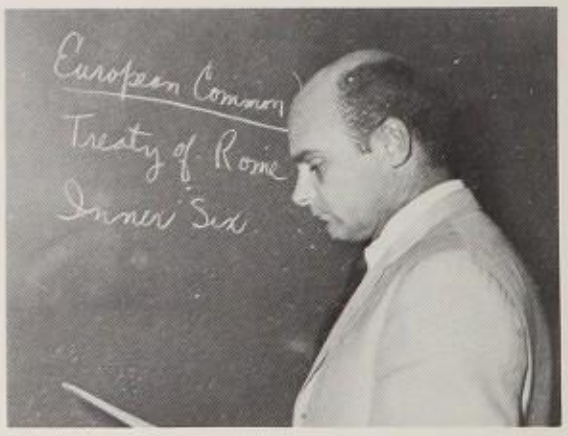
Richard Lee
US Hist. C

Frank Lueke
Geog. IA, IC, Mil. Sci.

Marianne Loftus
Girls PE

Robert Lucas
Boys PE, Athletics

Jean Macleod
English IC

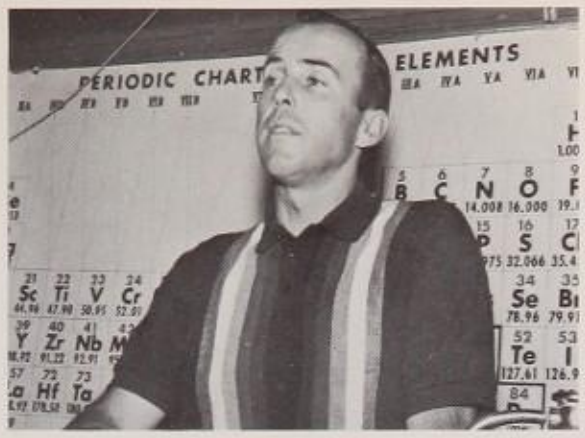


Joseph Manor
Civ. IVC, IVH, Eng. IH

Miriam Moore
English IVC, IVA

Michael Muirhead
Boys PE, Athletics

Robert Murphy
Eng. IIA, Eng. IR

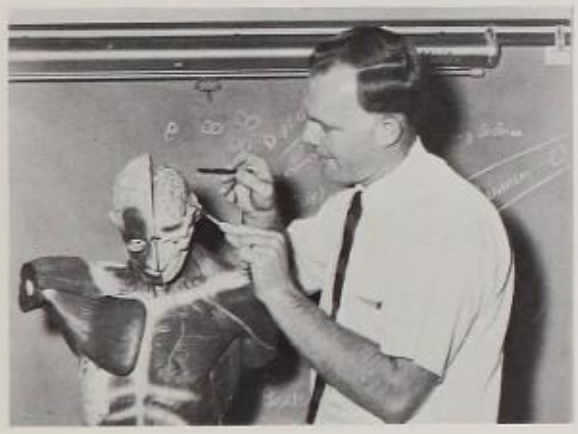


Gordon Nash
Biol. IA, Athletics

George Nepo
Russ. I, II,III, Span. IA

Betty Nichols
Art, Design I,II,III,IV

Evonne Noll
Drama I, III,V,VII,AS, Eng. IIC



Parker Olsen
Biol. IA, Athletics

Hazel Osborne
Bookk. IA, Typ. IAS

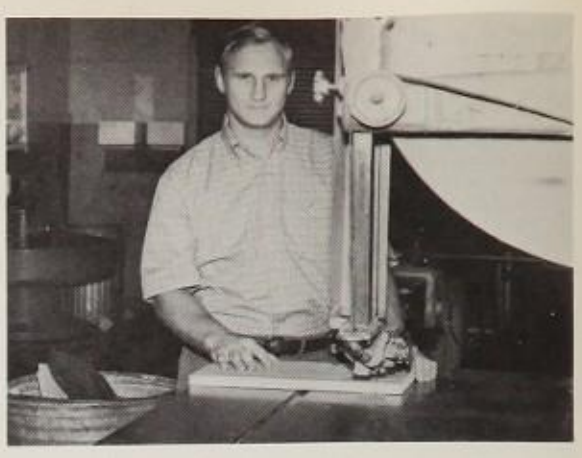
Philip Patton
Eng. IA, IR, IC

William Pirie
Biology IC

William Ramsey
Chem. IC, Sci. IC

Roland Ray
Photo I, II, Publications I, II

John Roang
Voc. Dup., Gr. Art IA



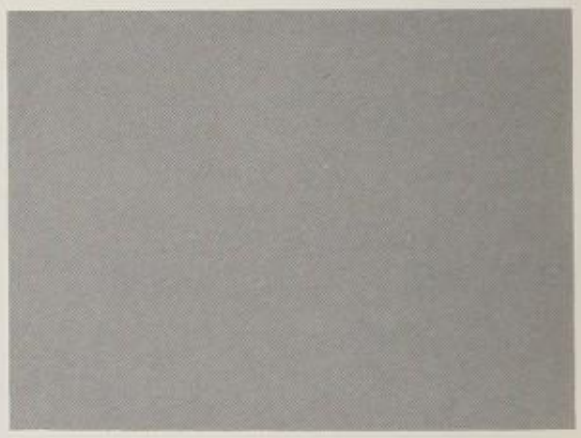
Joe Rockhold
Wood IA, Boys' PE,

Joseph Rolback
Span. IIC, Span. ICB

Robert Rue
Choir, Glee, Ensemble

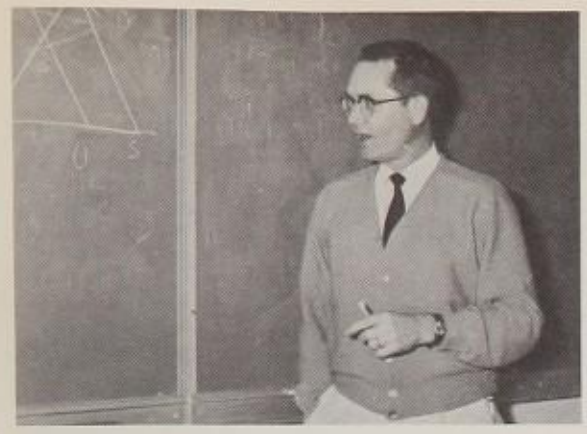
Sally Rushing
Girls' PE

John Schwendiman
Geog. IC, Eng. IC, Reading



Charles Serr
Photo IA, Crafts IA

Gerald Shepherd
U.S. Hist. A, W. Hist. H



William Simpson
Alg. IC, Geom. IC, Math IA

Samuel Singer
Work Experience

Jo Ann Smith
Girls' PE, Girls' Spec.

Dorothy Steele
Eng. IC, IIIC

Marion Taylor
Nurse

Carl Thompson
Cadet Band, Mar. Band, Band, PE

Robert Tolin
W. Hist. A, W. Hist. C, Civ. IVC

Warren Vinton
Geog. IR, Geog. IA, Athletics

Luther Vogel
Biol. IA, IC

Ross Walker
Alg. IC, Geom. IC, Athletics

James Wall
Eng. IIA, IIIA

Frank Watenpaugh
Phy. IC, Sci. IC

Arthur Welch
Voc. Metals, Metals IA

William White
Boys' PE, Athletics

Keith Woodfield
Geog. IA, U.S. Hist. H

Joseph Woods
Civ. IVA, IVC

Robert Woods
Civ. IVA, IVC

Robert Freeland
Librarian

Counselors

Darrel Gould
9th Grade

Wilmer Brobst
11th Grade

Robert Carlton
All Grades

Lynn Houghtaling
10th Grade

Patricia Robbins
12th Grade

Office Staff

Tom Archambault
Boys' PE Attendant

Kay Baker
Counseling Sec.

Zenola Barron
Counseling Sec.

Joyce Butts
Library Clerk

Eileen Clogston
Records Clerk

Mary Jane Conaway
Principal's Sec.

Jane Danielson
Book Clerk

Frank DuMond
Plant Manager

Barbara Hover
Girls' PE Attend.

Marguerite Key
A.S.B. Bookkeeper

Dorothy Montgomery
Attendance Clerk

June Ramsey
Mimeograph Clerk

Lyla Rush
Program Clerk

Evalyn Sanborn
Vice Principal's Sec.

Laurie Swiney
Receptionist

Groundsmen

First Row, L to R: Ted Smith, Eugene Zralka, Munson Burke, Joe Cavatt (head grounds-custodian).

Custodians

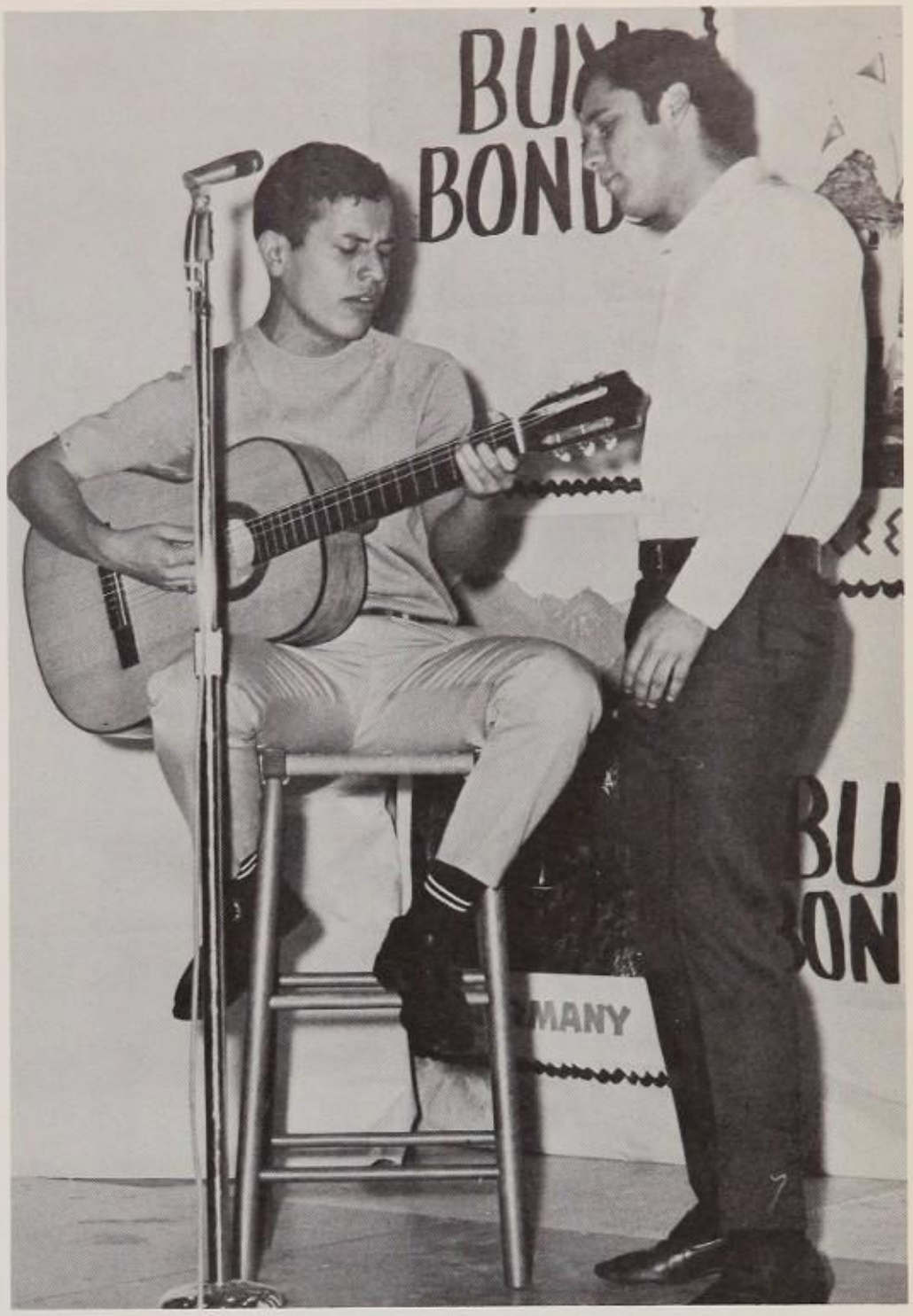
First Row, L to R: Ray Gehring (crew chief), Arnold Hamester, Richard Edic, Milo Munger. Second Row: John Mueller, Bruce Robertson, Stan Melrose, Charles Meyers, James Crawford, Uno Hermanson.

Cafeteria Staff

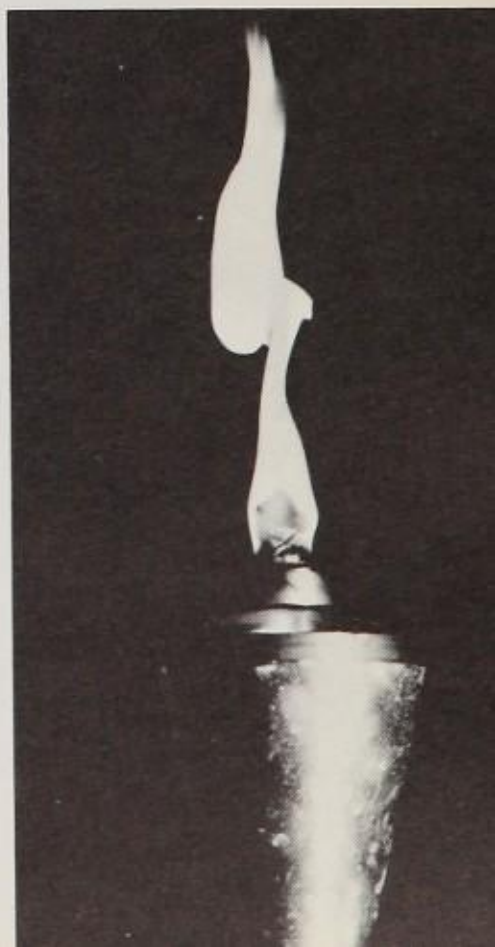
First Row, L to R: Rosa VanPelt, Donna Hogan, Helen Miller, Bess DeVries, Leona Coy, Sis Hodge, Marion McDaniels, Marie VanDeLinden.

AT THE

Get Involved
TODAY



ACTIVITIES



1968-69

Frosh walk through the Tartan.

Highlanders dance at an after-game dance.

Alumni reminisce over old memories.

September
13—Freshman Orientation
16—Hello Week, through Sept. 20
19—Frosh Tea
20—Hello Assembly
27—Hello Hop

October
9—Frosh Elections Assembly
12—Junior Class After-Game Dance
16—Girls' League Pot-Luck
18—Mt. Miguel Pep Assembly
25—Chaffey Tournament of Bands

November
1—Homecoming Assembly
—Alumni Tea
—Homecoming Dance
2—Band Jamboree
14—AFS Pot-Luck
15—Grossmont Pep Assembly
16—Junior Class Auction
18—Girls' League Canned Food
—Drive, through Nov. 27
23—All Western Band Review

December
2—Project Concern, through Dec. 13
7—Camarillo Band Review
14—International Club—Christmas Party
19, 20—Basketball, Kiwanis Tournament
20—Christmas Assembly
—Christmas Dance
23—Junior Caroling Party
—Basketball, Kiwanis Tourney

January
10—TARTAN After-Game Dance
14—AFS Assembly
31—Hi-Steppers After-Game Dance

Highlanders stomp the Foothillers.

Calendar

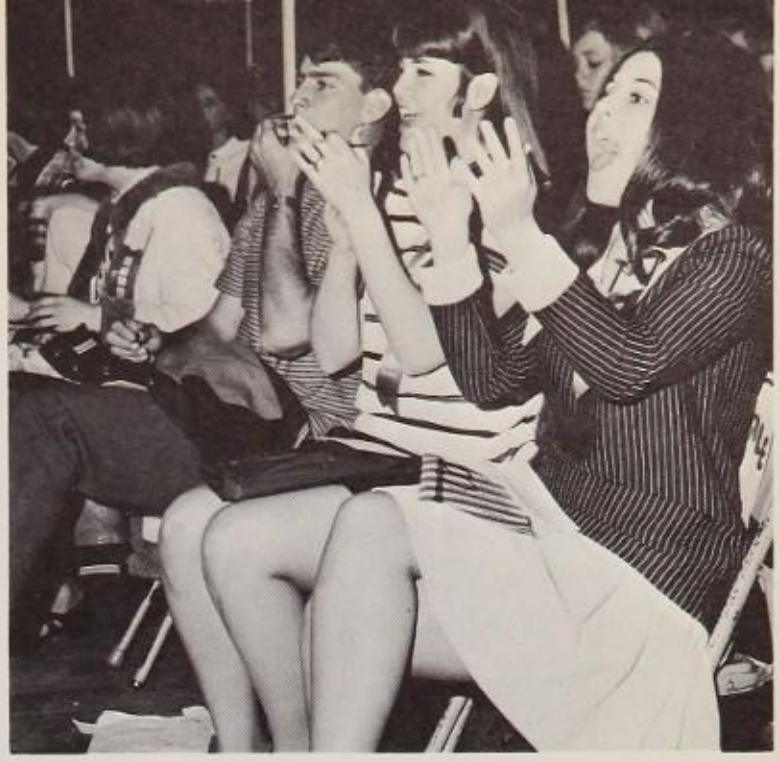
February
5- Quill and Scroll Installation
7- Speech Team After-Game Dance
13- Primary Election of Cheerleaders
14- Freshman Class After-Game Dance
18- Cheerleader Assembly
19, 20- Cheerleader Final Elections
26- Champion Spark Plug Assembly

March
1- Nominating Convention
5, 6- A. S. B. Final Elections
7- Lettermen's Club After-Game Dance
19- Girls' League Fashionality Night

April
11- Girls' League Hula Hop
23, 24- Class Officers Final Election
24- Slave Day Auction
25- Slave Day Dance

May
6- French Night
8, 9, 10- Spring Play
8- Girls' League Banquet
10- Leadership Conference
14- A. S. B. Assembly
15- A. S. B. Leadership Banquet
16- Junior Class Party
23- Hoot Mon
Bermuda Ecnuob

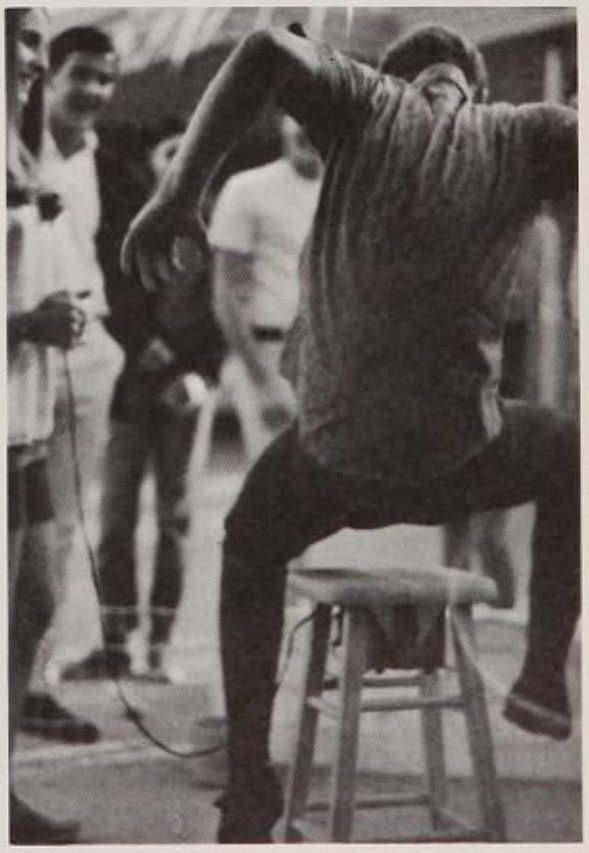
June
11- Awards Assembly
15- Baccalaureate
19- Graduation



Students cheer at the Nominating Convention.

Students wait in line to vote.

Girls "swing into spring" at Fashionality Night.

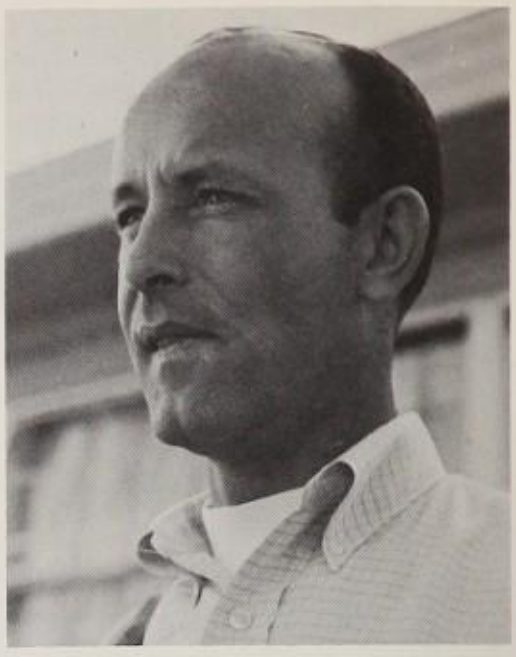


Leaping for joy at Hoot Mon.

Tartan

Peggy Wilkinson
Editor-in-chief

Barbara Mitchell
Business Manager



Mr. Roland Ray
Advisor

Cindy Dowling
Senior Editor

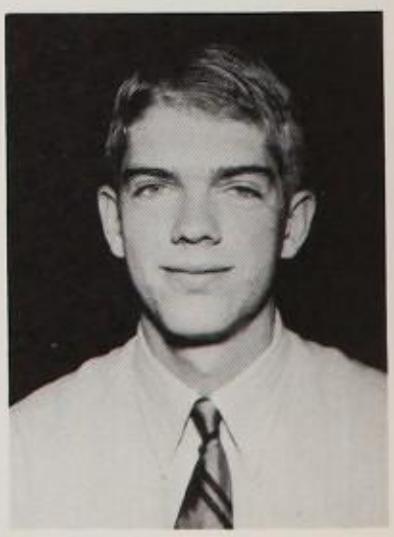
Nikki AquaViva
Activities Editor

Dee Dee Dayhoff
Classes Editor

Dennis Dunn
Art Editor

Jim Dillahunt
Sports Editor

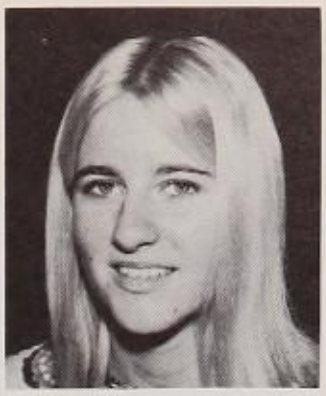
Curt Anderson
Photography Editor



Hal Griffith
Literary Secretary

Staff

The 1969 TARTAN Staff has done a tremendous job of putting together the fabulous 1969 TARTAN. Beginning with the first day of school, the members of the staff worked hard to document the events of a wonderful Helix year.



Peggy Andolsek
Ass't. Business Manager

Susan Leslie
Ass't. Business Manager

Donna Smith
Ass't. Senior Editor

Michele Bishop
Ass't. Senior Editor

Kathy Erickson
Ass't. Activities Editor

Laurie Johnston
Ass't. Activities Editor

Cathie Sander
Ass't. Classes Editor

Becky Olson
Student Life Co-Editor

Sharon Razo
Student Life Co-Editor

Pat Garrett
Clubs Co-Editor

Pam Dayhoff
Clubs Co-Editor

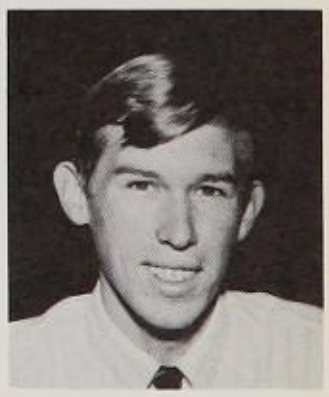
Ellen North
Ass't. Art Editor

Darryl DeVinney
Ass't. Sports Editor

John Stickney
Photographer

Doug Surber
Photographer

Rick Bissel
Photographer



Roger Meyerhoff
Photographer

Nancy Sandstrom
Editor-in-chief and Editorial Editor

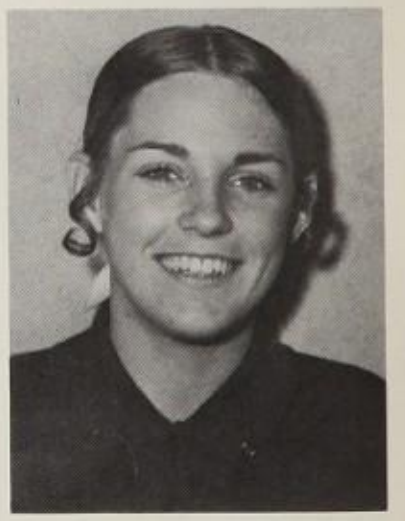
Claudia Roxburgh
Associate Editor and Feature Editor

Debby Harbaugh
Business Manager

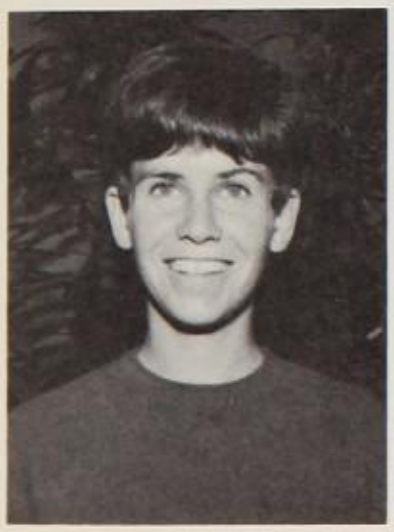
Tom Warren
Sports Editor

Don Kiener
Ass't. Sports Editor

Linda Sullins
Press Bureau Editor



Jenny Drane
Advertising Manager



Kay Singlaub
News Editor

Craig Skarda
Photographer

Ken Hulbert
Photographer

Mr. Clovis Hill
Advisor

Staff

Peggy Konzen
Ass't. Feature Editor

The Fling Staff has been busily working all year to produce an informative and interesting newspaper for Helix students. The Highland Fling appeared twice a month to every student owning an A.S.B. Card. Through the hard work of everyone on the staff, the Fling has been very successful.

Wayne Raffesberger
Ass't. Feature Editor

Chris DeGaetano
Reporter

Judi Ehrenfried
Reporter

Mike Gilmartin
Reporter

Hal Griffith
Reporter

Joan Holthusen
Reporter

Kerry Jacobsen
Reporter

Lynn Koenekamp
Reporter

Debby Long
Reporter

Gay Lundmark
Reporter

Roberta Merritt
Reporter

Jean Passino
Reporter

Lorraine Price
Reporter

Carla Riggins
Reporter

Gale Sutton
Reporter

Chris Wilken
Reporter

Alumni Tea Committee

First Row, L to R: R. Kesler, L. Price, A. Beasley, M. Boulio, W. Nelson, J. Bichowsky. Second Row: S. Kubanis, C. Riggins, M. Denton, R. Eady, T. Savage, L. Nelson, J. Smith, B. Nork.

Frosh Tea Committee

First Row, L. to R: G. Wendleton, L. Evans, A. Beasley, L. Lockwood, K. Newby, S. Pauters, C. Anderson, L. Price, B. Olson, C. DeGaetano. Second Row: J. Abel, K. De Hope, K. Welch, D. Lewis, J. Holthusen, C. Dowling, T. Pollard, R. Eady, C. Riggins, N. Zitren.

Canned Food Drive Committee

First Row, L to R: L. Warren, A. Beasley, J. Yano, C. DeGaetano, C. Schmidt, S. Grinolds, B. Olson. Second Row: L. Evans, P. Webber, L. Alschbach, J. Holthusen, B. Barnett, C. Riggins, K. De Hope.

Girls' League Calendar

Sept.	19	Freshman Tea
Oct.	16	Girls' League Potluck
Nov.	1	Alumni Tea
Nov.	18	Canned Food Drive—Nov. 27
Dec.	20	Christmas Dance (off campus)
Mar.	19	Fashionality Night
Apr.	11	Hula Hop
May	5	Girls' League Week—May 9
May	8	Girls' League Banquet

Christmas Dance Committee

First Row, L. to R.: N. AquaViva, B. Birch, L. Boyette, L. Carlile, C. Hegg. Second Row: J. Ingram, M. Duffy, K. Clemens, M. Kendall, K. Zech.

Fashionality Night Committee

First Row, L. to R.: B. Barnett, D. Lewis, C. Schmidt, B. Olson, P. Andolsek, C. Gardner, K. Clemens, C. Anderson, S. Pauter, P. Taddeo, K. Zitren, A. Knickerbocker, B. Fitch. Second Row: B. Birch, K. DeHope, A. Beasley, C. Riggins, D. Morsley, L. Wilson, P. Costello, J. Mellon, G. Nipper, C. North, T. Pollard, W. Forstrom, C. Dowling, J. Yano.

Hula Hop Committee

First Row, L. to R.: P. Andolsek, L. Berger, P. Gardner, S. Grinolds, C. North, B. Olson, L. Carlile, C. Davies, J. Yano, K. Clemens, L. Marco, B. Mitchell, S. Razo.

Girls' League Cabinet

Cindy Dowling
Vice-President

Judi Ehrenfried
President

Peggy Wilkinson
Secretary

This year the Girls' League Cabinet brought many new activities to Helix Lassies. The Cabinet, which consists of four officers and six committee chairmen, is responsible for such activities as the Christmas Dance, the Frosh Tea, the Can Food Drive, and several others. From helping to serve at a banquet to welcoming Frosh Lassies, the members of the Girls' League Cabinet have contributed a lot to Helix.

Kati Breshnahan
Treasurer

Carla Anderson
Fashionality Night

Nikki AquaViva
Christmas Dance

Chris DeGaetano
Can Food Drive

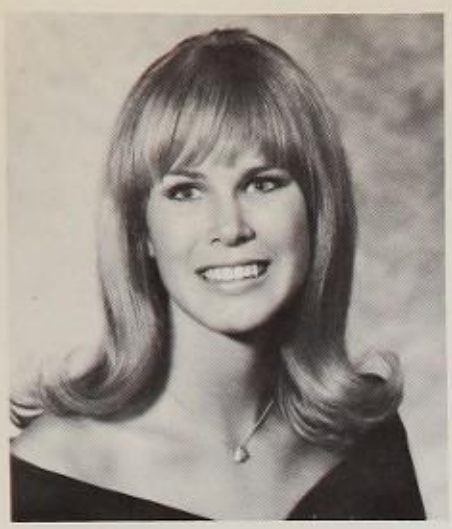
Mrs. Hazel Osborne
Advisor

Joan Holthusen
Frosh Tea

Barbara Mitchell
Hula Hop

Lorraine Price
Alumni Tea

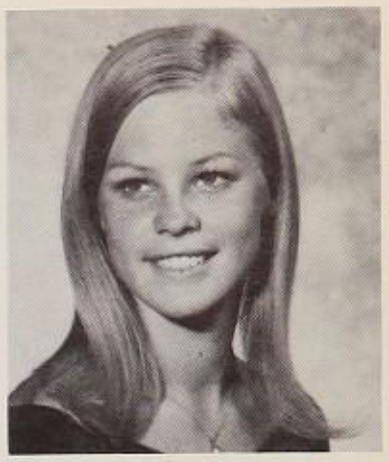
Leading Lassies



Nancy Sandstrom
Leading Lassie of the Year

Fifteen outstanding Senior girls are chosen every year on the basis of grades, achievements, and their personality. Each Lassie is featured in an edition of the Fling. Nancy Sandstrom is Leading Lassie of the Year, chosen by the Girls' League Cabinet. All of these girls deserve recognition.

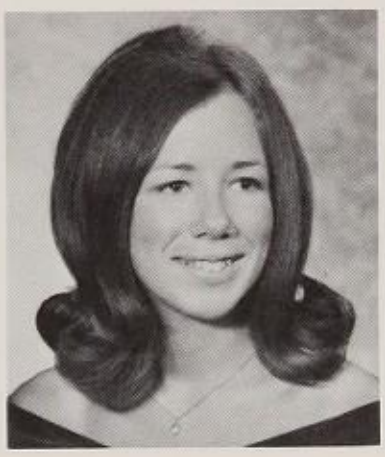
Nicole AquaViva



Kristy Clemens

Dee Dee Dayhoff

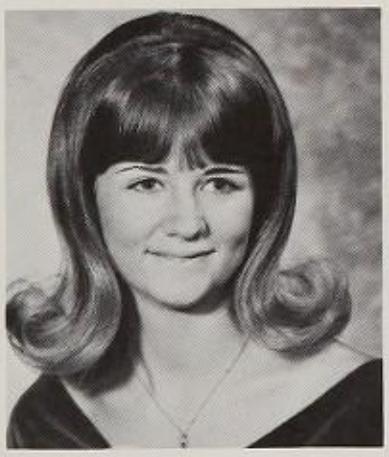
Roxanne Hart



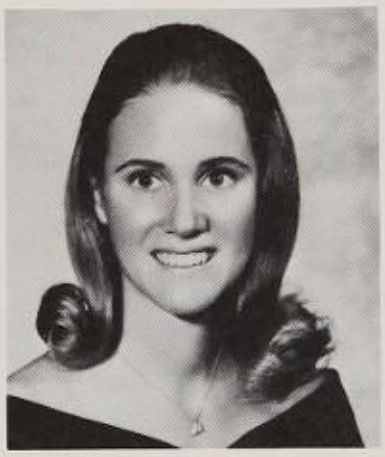
Melissa Hartley

Cinda Hegg

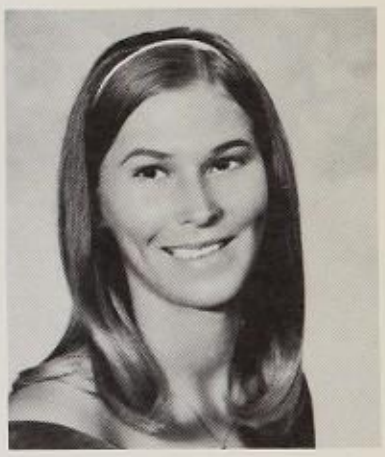
Liz Jessup



Debbie Long

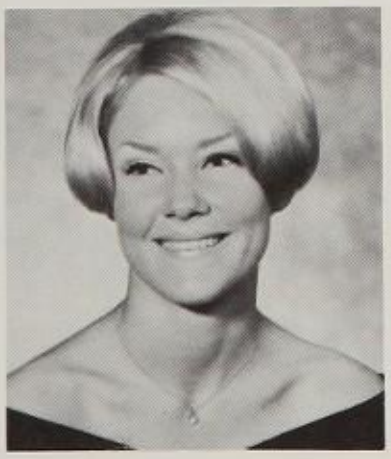


Barbara Mitchell

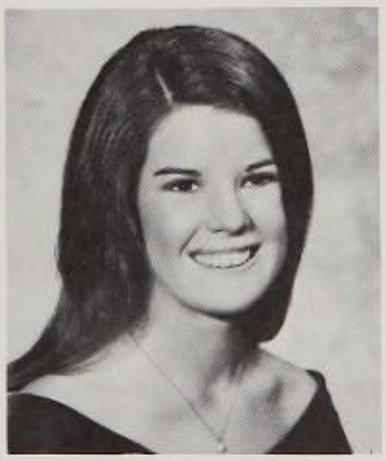


Susan Pallulat

Vivian Peterson



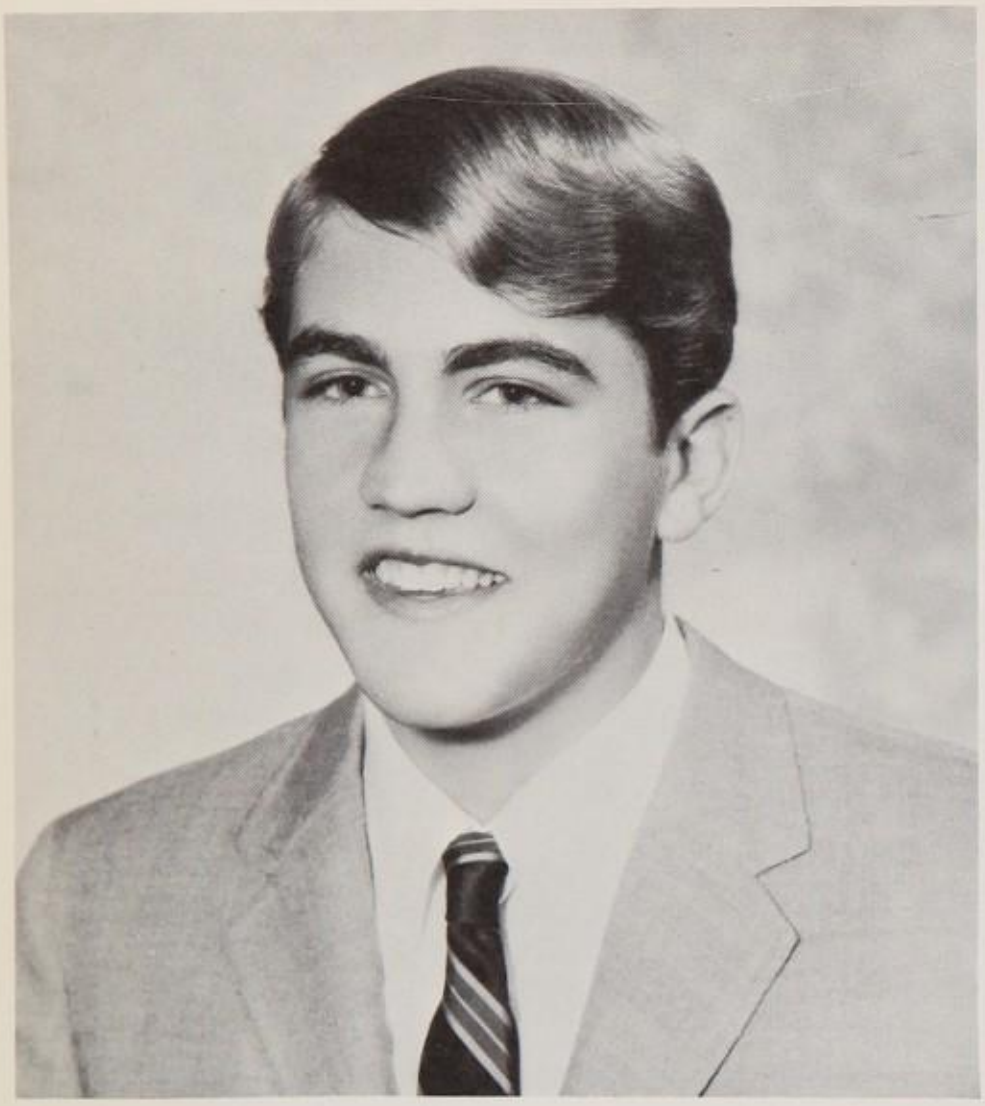
Claudia Roxburgh



Nancy Shepard

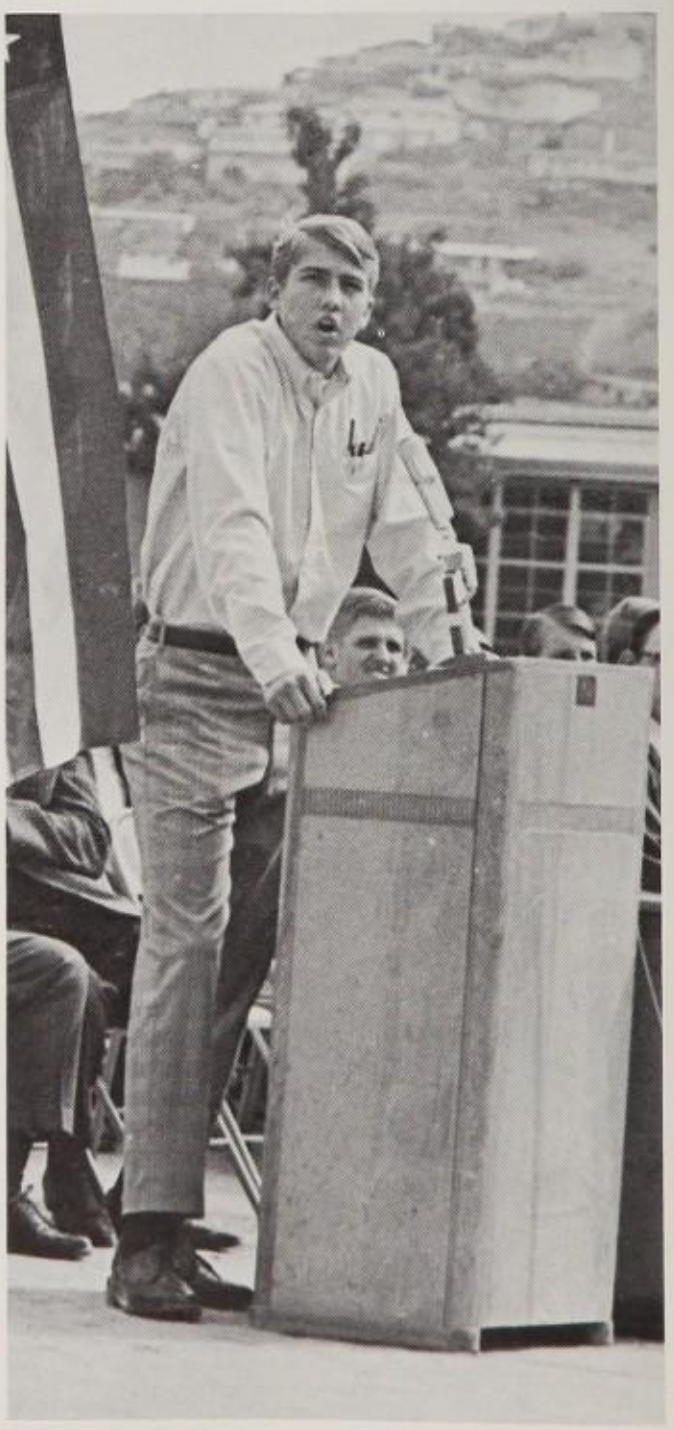
Chris Wilken

ASB Officers

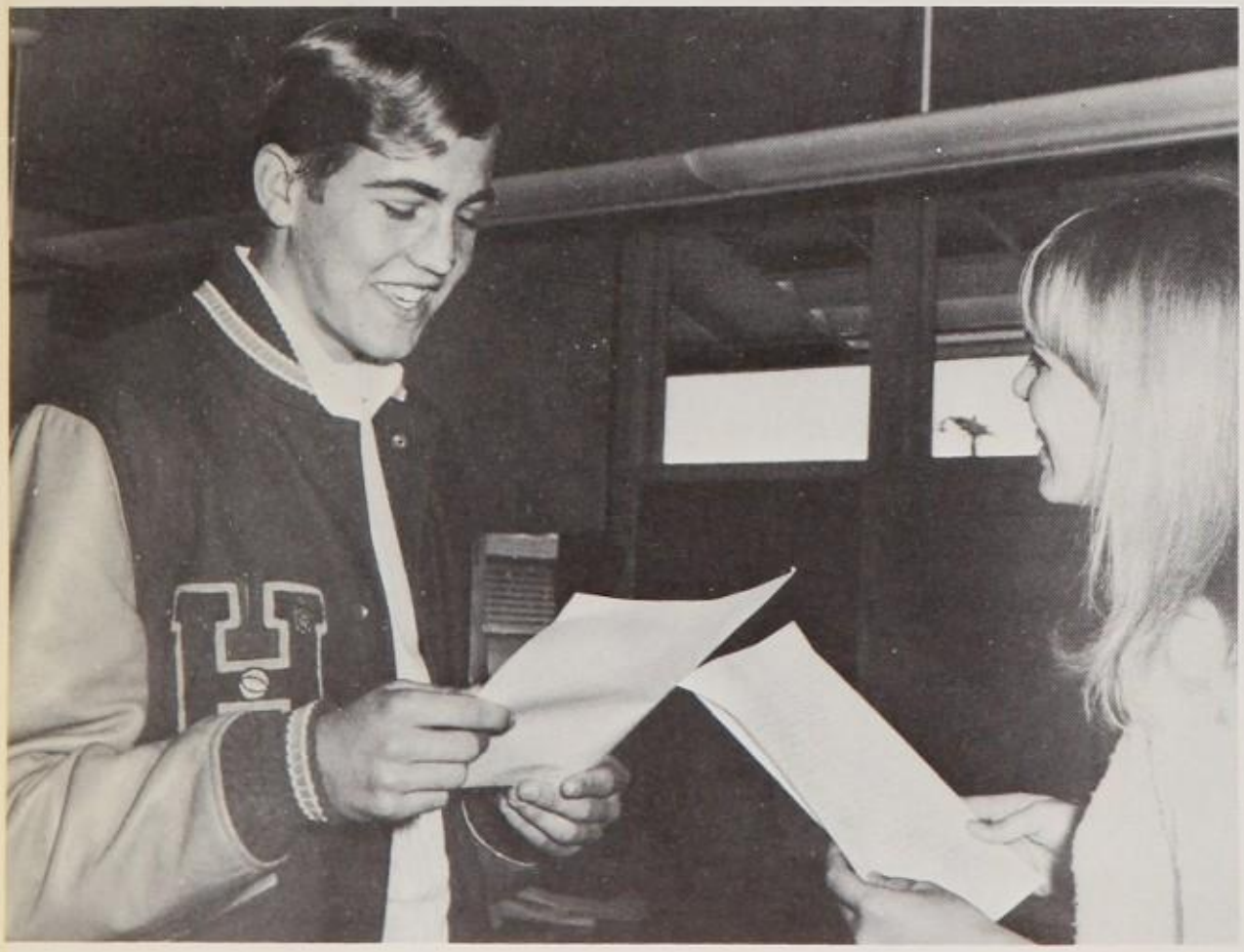


Bruce Menser, A.S.B. President

Bruce Menser, ASB President, supervises all activities sponsored by the ASB. His theme was "Get Involved," and he succeeded in getting each Highlander to do just that. Bruce did an outstanding job in bringing spirit to Helix.



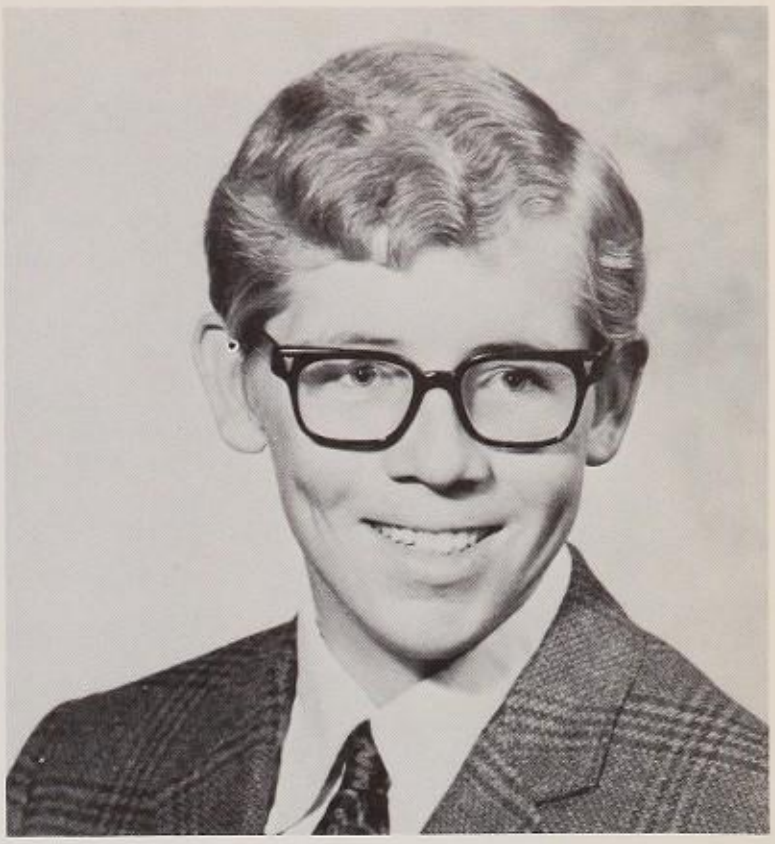
Bruce speaks at a pep rally.



Bruce helps with many activities at Helix.

# of 1968-69

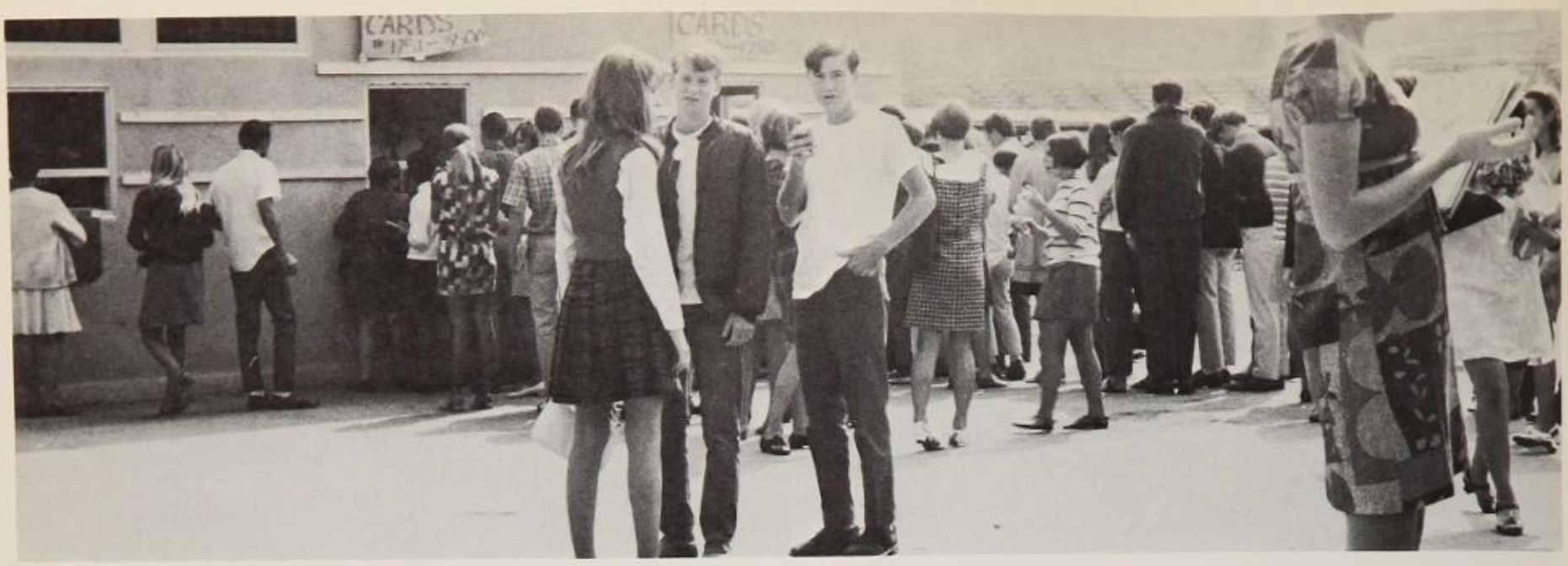
Smiling, Charlie presides over the Student Council.



ASB Vice-President, CHARLIE DENNIS, takes over as President in his absence and presides over all the meetings of the Student Council. This year, Charlie has shown outstanding leadership and has organized an excellent Student Council.

ROXANNE HART, ASB Secretary, is in charge of all elections and organizes the Nominating Convention. She also takes care of all correspondence for the school. Roxanne showed exceptional leadership in performing all her duties.

Roxanne is always busy with her daily work as Secretary.



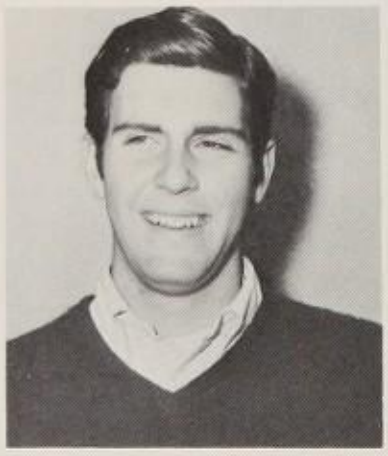
The ASB office, scene of much action.

ASB Commissioners

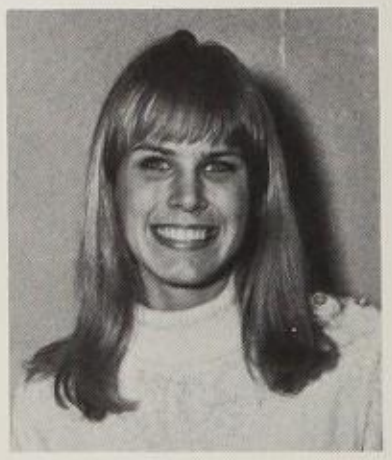
The ASB Commissioners perform necessary duties for Helix. This year the slogan was "get involved," which made an active year at Helix.

Debbie Long
Finance

Claudia Roxburgh
Cultural Affairs



Dave Unroe
Athletics



Nancy Sandstrom
Public Relations

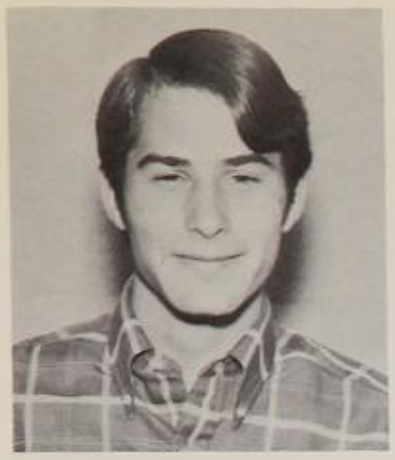
Darryl Simmons
Attorney-General

Vivian Peterson
Spirit

Darryl De Vinney
Senior Class President

Judi Ehrenfried
Girls' League President

Not pictured, Sue Pallulat, Publicity.



Gerry Limpic
Assistant-at-large

Chris DeGaetano
Assistant-at-large

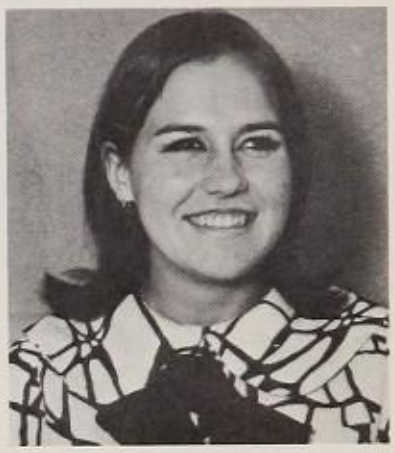
Ken Regas
Ass't. ASB President

Jenny Drane
Ass't. ASB Vice President

Peggy Konzen
Ass't. ASB Secretary

Cinda Hegg
Ass't. Finance

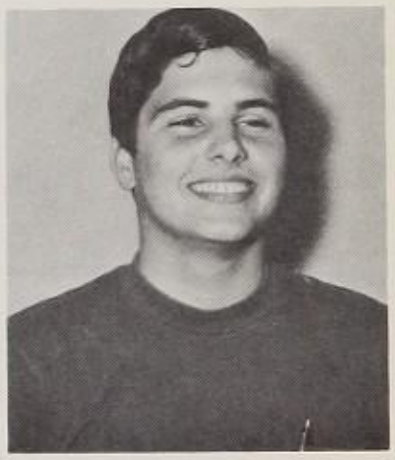
Marian Pehrson
Ass't. Cultural Affairs



Helen Matson
Ass't. Publicity

Promoting spirit is of great importance.

Linda Pittman
Ass't. Publicity



Jim Sable
Ass't. Publicity

Mr. Grainger
Advisor

Outstanding representatives for the first semester were Dale Kronkight, Freshman; Joyce Armstrong, Sophomore; Mike Ross, Junior; and Doug Oliver, Senior (not pictured).

Members become involved with the problems at Helix.

Student Council

First Semester Representatives

Andrews, B.
Anderson, C.
Armstrong, J.
Beeman, F.
Bray, D.
Brown, M.
Budzinski, E.
Carlile, L.
Carlina, A.
Claggett, J.
Crocker, S.
Dayhoff, D.
Driscoll, D.
Duffy, M.
English, S.
Evans, J.
Griffith, H.
Harter, C.
Heacock, J.
Hill, B.
Hoover, B.
Jurgenson, D.
Kaiser, T.
Kean, K.
Kent, B.
Knickerbocker, A.
Kronkight, D.
Kurty, T.
Kuykendall, J.
Lack, G.
Larsen, R.
Mandolg, M.
Marcello, S.
McClaren, M.
McGee, D.
Merino, B.
Naughn, B.
North, C.
Oliver, D.
Pace, M.
Peck, B.
Peters, K.
Phillips, K.
Poncurak, B.
Quick, S.
Raffesberger, M.
Raymond, D.
Ross, M.
Rowson, M.
Rycenga, S.
Salmon, D.
Shemke, G.
Schmidt, C.
Schrok, B.
Spencer, B.
Spivey, T.
Starling, S.
Strother, R.
Sturgeon, K.
Sutton, M.
Swanson, M.
Taylor, L.
Thomas, J.
Thunberg, F.
Togubat, A.
Tugloff, R.
Wagner, R.
Weber, R.
Wells, T.
Wilson, A.
Young, M.
Zeugener, F.

The Student Council is a portion of student government which gives each individual a voice in the actions of Helix. The Student Council also puts student government and the school administration more in touch with the actual problems at Helix.

A topic of discussion this year was conduct at assemblies.

Second Semester Representatives

Alschbach, L.
Anderson, C.
Andrews, B.
Aqua Viva, N.
Avery, G.
Bennett, M.
Boyar, S.
Bray, D.
Budzinski, E.
Coleman, J.
Conn, S.
Cooper, C.
Crocker, S.
Cyman, B.
Danielson, J.
Denton, M.
Di Pietro, G.
Driscoll, L.
Emory, M.
Faught, P.
Flemming, K.
Harter, C.
Herdel, P.
Hoover, K.
Humphrey, B.
Huskey, C.
Jessup, B.
Johnson, R.
Jurgenson, D.
Kachians, P.
Kinsella, K.
Larsen, R.
Lee, K.
McDowell, T.
McFeeley, M.
Merrill, B.
Mitchell, J.
Mulvihill, C.
Niehaus, N.
North, C.
Oliver, D.
Olson, B.
Orsborn, C.
Peck, B.
Peterson, S.
Poncurak, S.
Poskett, K.
Papenhaus, J.
Price, L.
Raffesberger, M.
Sander, C.
Schrock, B.
Selik, N.
Starling, S.
Tucker, B.
Waples, D.
Wendleton, D.
Wilkinson, J.
Williams, B.
Williams, S.
Wilson, A.
Young, C.
Young, M.
Zeugener, F.

California Cadet Corps

The Cadet Corps provides helpful training for a military career. It also gives a much needed service at football games and around school.

James Heyer
Company Commander

The California Cadet Corps.

Ronald Oliff
First Sergeant

Robert Monroig
Executive Officer

Rifle inspection, part of military training.

William Clark
First Platoon Leader

David Downie
Second Platoon Leader

Jamie Hanrahan
Supply Sergeant

Mr. Lueke
Commandant

Bagpipe Band

The Bagpipe Band.

The Bagpipe Band is a fine symbol of Helix tradition. While performing at football games, the band adds an authentic Scottish touch.

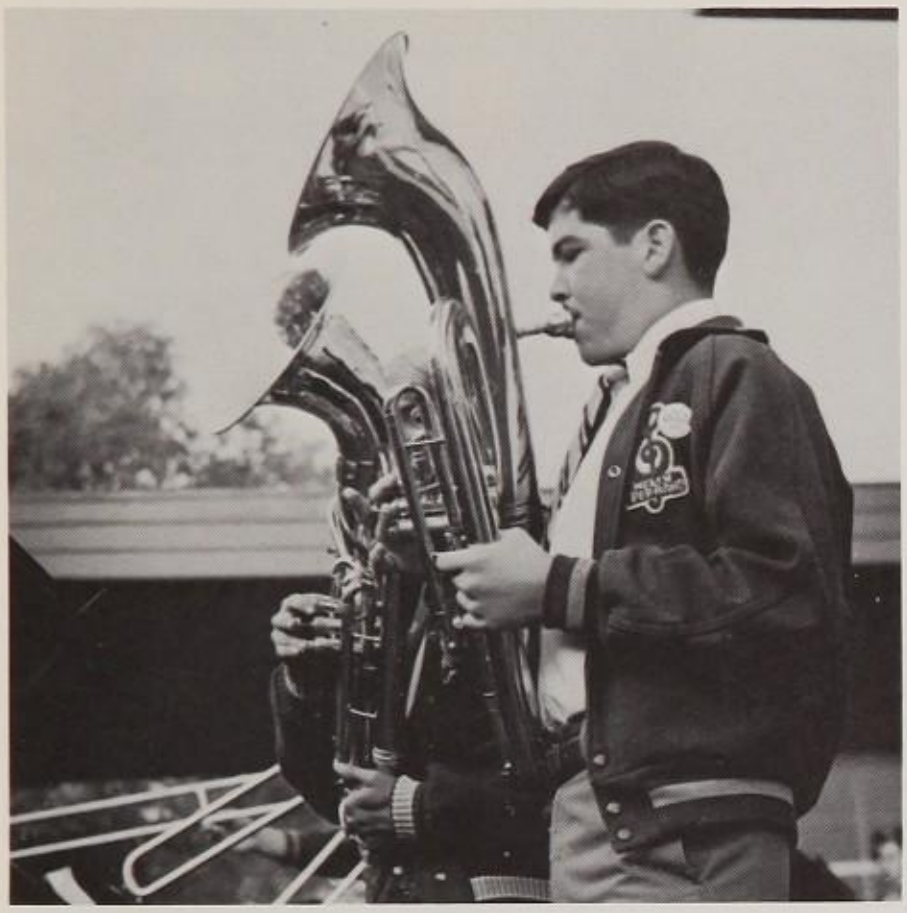
Lassies do traditional Scottish dances.

Byron Boddy
President

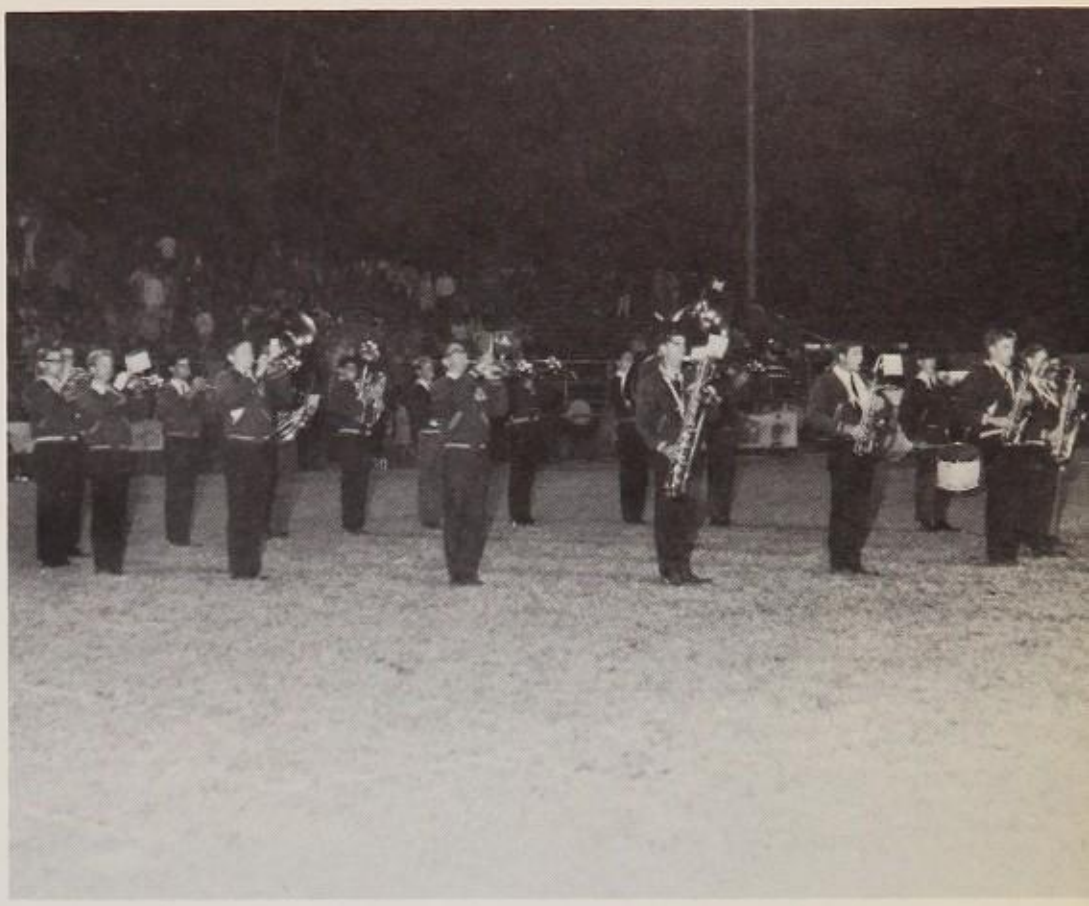
Mr. Rosenberger
Advisor

Pep Band

The Helix Pep Band promotes spirit by playing for pep rallies, football games away from home, and other numerous sports activities. They also play for many of the assemblies.



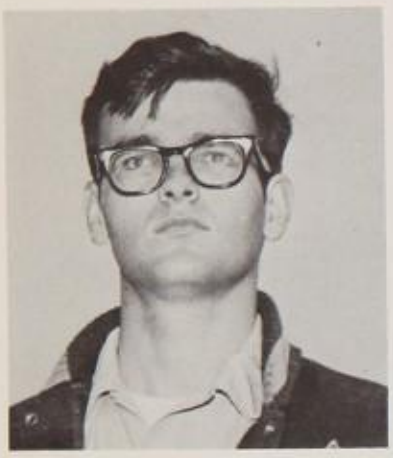
Pepping up at a morning pep rally.



The Pep Band brings spirit to the half time.

FRONT ROW (L to R): T. Irion, L. Holt, T. Bulow, R. Gleason, P. Allen, M. Marr, R. Gordon, D. Davis, R. Robinson. SECOND ROW: G. Holowach, B. Owens, P. Wheatcraft, J. Seay, P. Thompson, R. Thompson, R. Willbanks, R. Baker, C. Anderson, N. Motisi, D. Clark, D. Romero.

Helix High



Mike Marr
President

Rich Gordon
Vice President

Beth Spencer
Secretary

John Rudolph
Treasurer

The Helix High Band stands proudly in position.

Marching Band

Under the able direction of Mr. Thompson and Drum Major Tim Bulow, the Helix Band completed another successful year. After starting the season by winning top honors at the Hawthorne Band Review, the Marching Band continued to uphold the Helix tradition.

Challenge of the sword.

Tim Bulow
Drum Major

The letter-carriers continue to lead the band to victory.

FRONT ROW: K. Taber, S. Walton, K. Peterson, M. Friar, K. Oliver, G. Terpening, K. Keane, S. Skidmore, V. Kjorlie, C. Cross, J. Able, N. Shepard. SECOND ROW: R. Priskas, B. Dragoo, C. Mann, S. Friedgen, D. Aron, P. Sturz, M. Rodgers, A. Kiener, V. Clark, P. Argubright, C. Lindsay, L. Ednay, J. Morrison. THIRD ROW: D. De Jong, M. Boulio, B. Michener, M. Hand, A. Hopkins, K. Stauffer, S. Dixon, S. Marcoux, T. Myers, K. Long, C. Schatz, C. Cross, P. Webber. FOURTH ROW: C. Wilken, K. Amundson, C. Sander, C. Dill, D. Watson, L. Lockwood, C. Baldwin, G. Wendleton, A. Beasley, P. Dayhoff, P. Baxter, A. Hafner, J. Wirtz.

Chris Wilken, Mallia Boulio, Rosie Priskas, Kay Taber
Lieutenants

Nancy Shepard
Captain

Hi-Steppers

The Hi-Steppers are one of Helix's most competitive teams. Some of the highest ratings in appearance are received by our Hi-Steppers as they carry out the Highland theme. Winning first place in the Autumn Band Review, the Hi-Steppers expect to win many more awards.

Kathy Keane
President

Diane Watson
Secretary

Carla Cross
Treasurer

Cathy Dill
Publicity

Connie Baldwin
Social Historian

Miss Smith
Advisor

Highlander Choir

Choir members spend long hours practicing for their concerts.

The Choir, under the competent direction of Mr. Rue, participated in many concerts and programs. The Choraliers, a separate group, deserves extra recognition for their many performances. The first girl president, Judy Perrigo, did an excellent job in organizing these events.

Mr. Robert Rue
Director

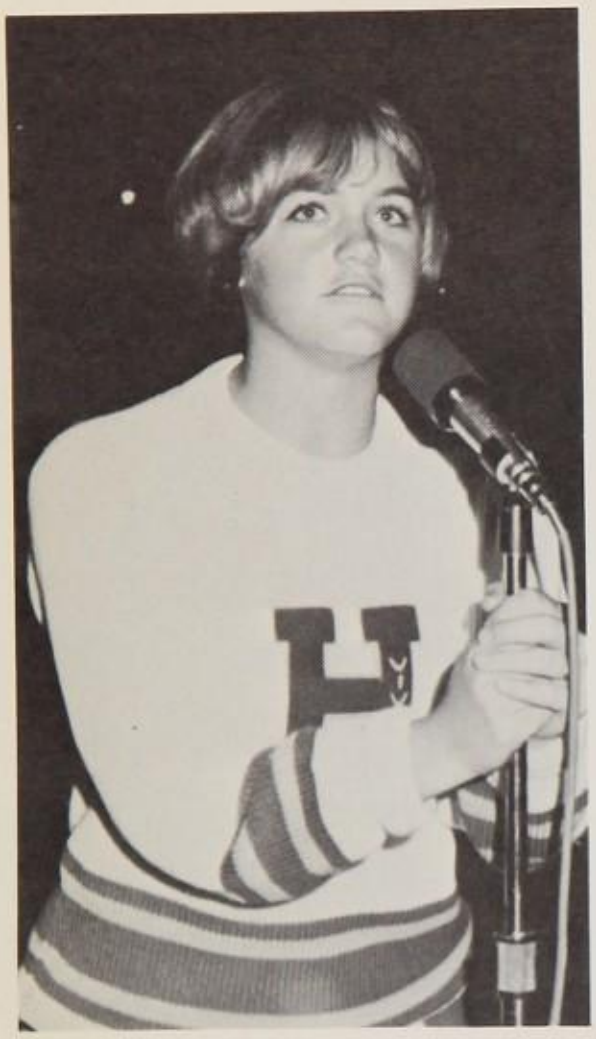
The Advanced Glee are select singers.

The excellent Freshman Glee is among the best of the county.

FRONT ROW (L to R): M. Kendall, S. Dixon, S. Nichols, S. Conn, L. Carlile, B. Chambers, S. Hayes. SECOND ROW: C. Ledford, V. Kjorlie, C. Giles, M. Eurich, E. Immenshuh, D. Olsen, M. Denton, C. Pleasent, G. Johnston, G. Fagelson, S. Spry, L. Fyock, E. Svirsky.

FRONT ROW (L to R): S. Dixon, R. Sardina, L. Delp, K. Lee, D. Alford, B. Dragoo, S. Hayes. SECOND ROW: S. Nichols, L. Kershaw, M. Paice, M. Holding, L. Fry, J. Oleksow, G. Terpening, K. Canney, M. Kendall. THIRD ROW: L. Carlile, C. Dufour, C. Moody, M. Strand, L. Severns, C. Saler, C. Lindsay, L. Dufour, B. Simon, S. Conn. FOURTH ROW: C. Ledford, M. Bell, Ol Ybarra, B. Burrows, M. Williams, P. Nolan, K. Cardin, B. Chambers. FIFTH ROW: E. Svirsky, C. Gardner, R. Rea, C. Oryall, Y. Bydevier, M. Miller, L. Harman, S. Katan, S. Youngflesh, L. Fyock. SIXTH ROW: J. Shaw, W. Rost, M. Carter, C. Starr, B. Van Elsberg, P. Schultze, D. Harmuth, W. Tobey, M. Vinson, D. Hoffman. SEVENTH ROW: C. Giles, M. Eurich, D. Olsen, V. Kjorlie, E. Immenshuh, G. Johnston, C. Pleasent, S. Spry, G. Fagelson.

Varsity



Vivian Peterson
Head Cheerleader

Viv illustrates school spirit as she sings the hymn.

This year the Varsity Cheerleaders promoted more spirit than ever before. Led by Head Cheerleader Vivian Peterson, the cheer squad supported our great athletic teams through an abundance of pep. From pep rallies to cheering for our band in a parade, the cheerleaders were ready for another great victory.

Varsity Cheerleaders: Dee Dee, Vona, Chris, Viv, Debby, Linda, and Kristy.

Cheerleaders

Dancing is another job of the Cheerleaders.

Cheerleaders show their pride.

We've got spirit!

Touchdown!

"The Pride of our Highlands."

Victory!!!

Go! Fight! Win!

Junior Varsity Cheerleaders

Cindy Schmidt, Joyce Armstrong, Denay Head, Maria Pace, Ruth Hobson, Colleen Burrows.

Joyce Armstrong, Head Cheerleader.

The Junior Varsity football team gets real active support at afternoon games. The Junior Varsity Cheerleaders provide for total school spirit.

A tense moment for all.

Kick-off, an exciting time.

Freshman Cheerleaders

Freshman Cheerleaders are new to Helix this year. This is an attempt to instill incoming Freshmen with the winning spirit.

Debbie Hand

Cathy Clemens

Pam Faught

Cecilia Alvarez

Helix

A fallen Monte Vista Monarch.

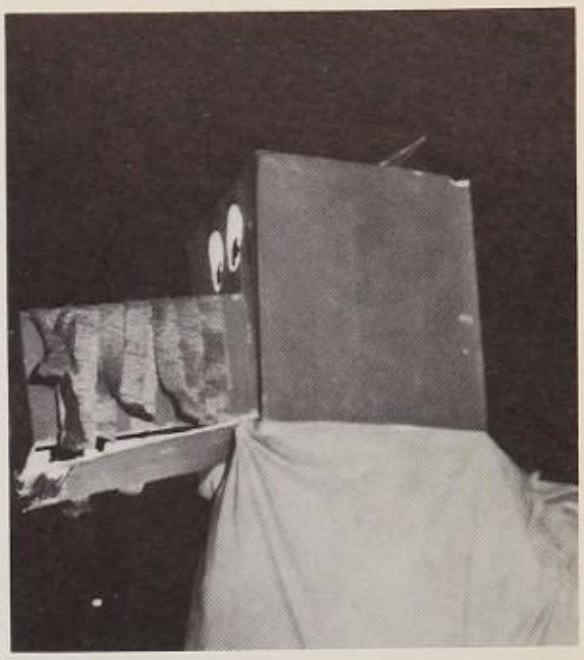
Helix crowd enjoys a basketball game.

Frosh get their first look at Helix.

Excitement swells as Helix students cheer at a football game.

Spirit

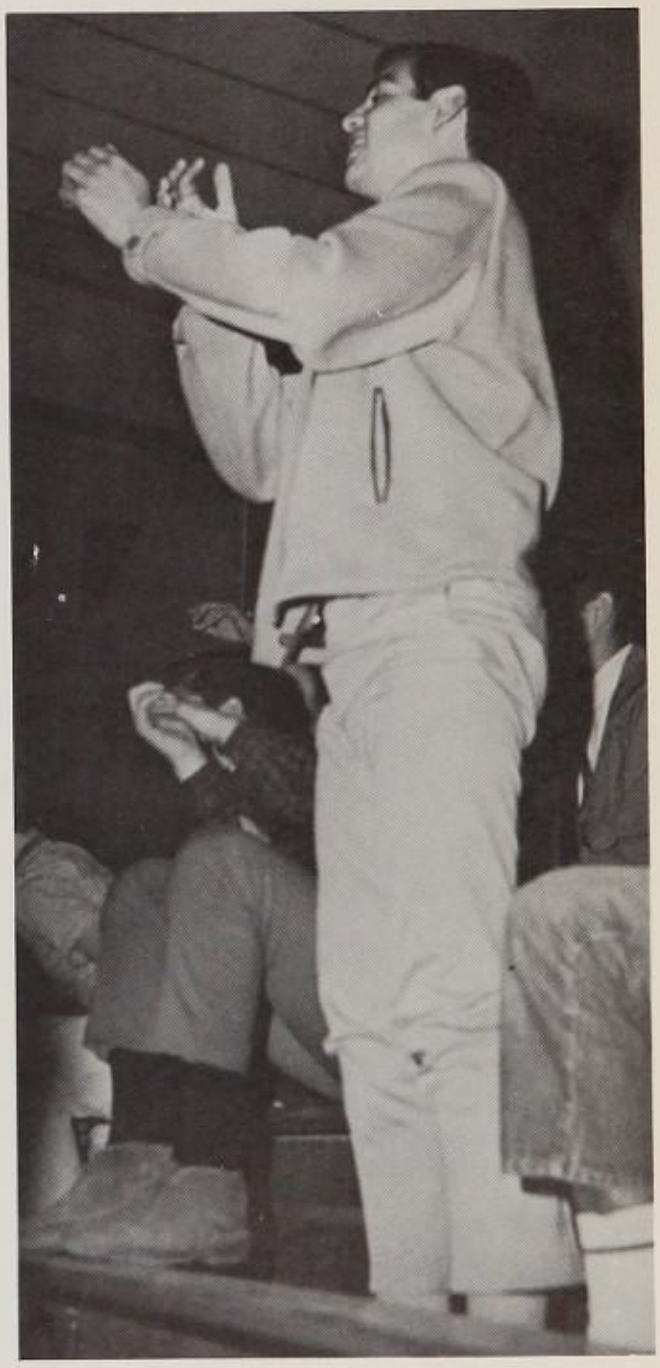
J.V. Cheerleaders show their excitement at a swim meet.



Helix mascot, Mac.

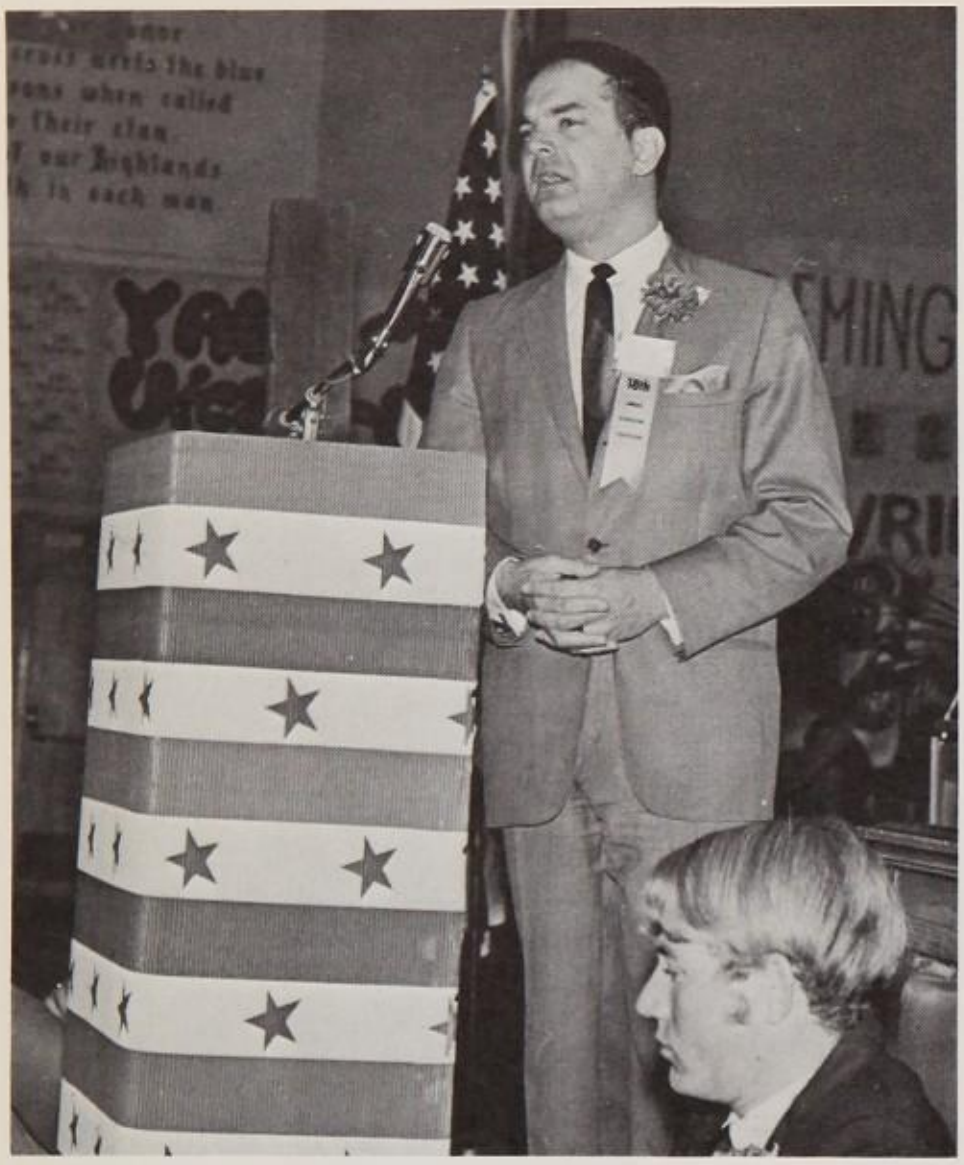
Helix has gained a lot of school spirit that was missing in previous years. The whole theme of the year was "Get Involved," and that's exactly what Helix students did. Our athletic teams were supported this year by Helix crowds, cheering them on to victory.

An exciting play earns a Helix cheer.



Basket!

Nominating Convention

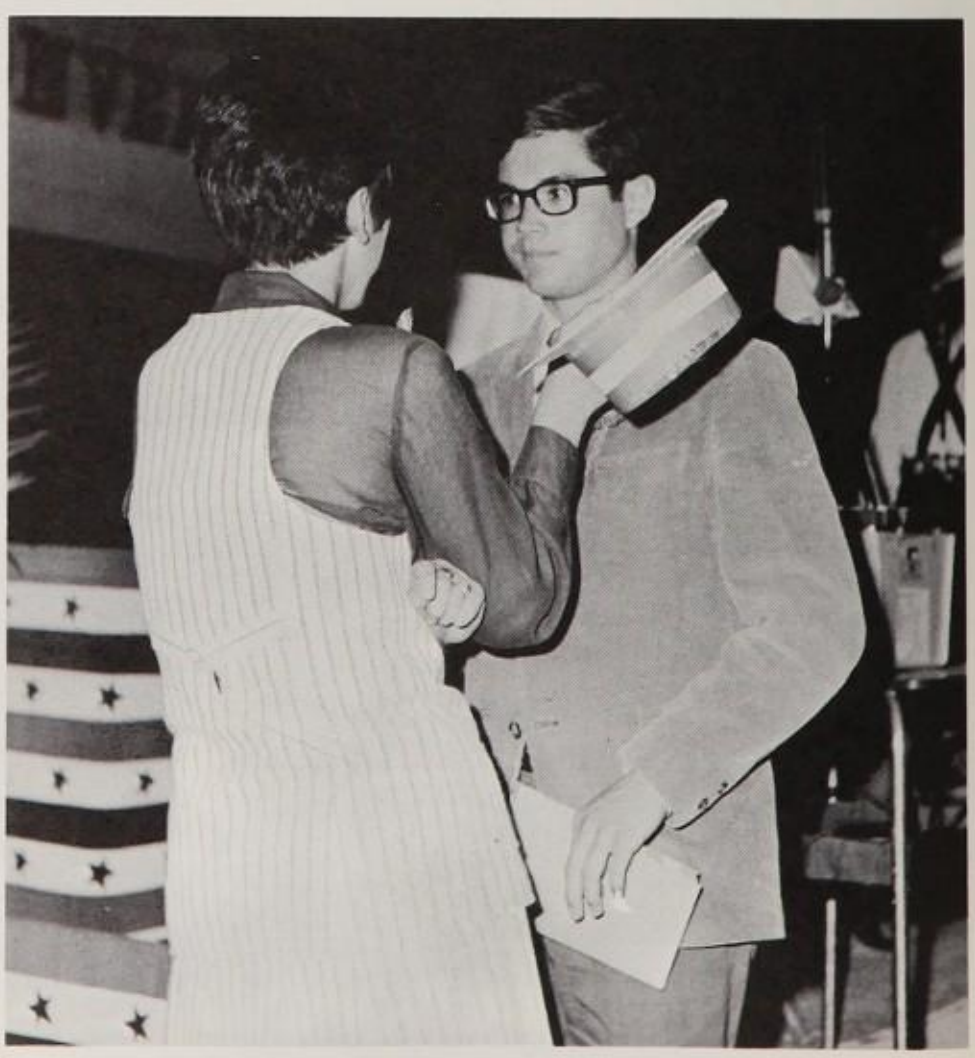


An inspiring speech was given by Keynote Speaker Mr. Terzian.

Surprised delegates smile as the camera flashes.

March first was the 18th Annual Nominating Convention. Delegates were confronted with the responsibility of nominating the A. S. B. officers for the coming school year. After a stimulating address by Keynote Speaker Mr. Terzian, the convention got underway, and the excitement of campaigning began.

Joelle shows her enthusiasm as a Page.



Peter Gilmour gets words of wisdom from Roxanne Hart.

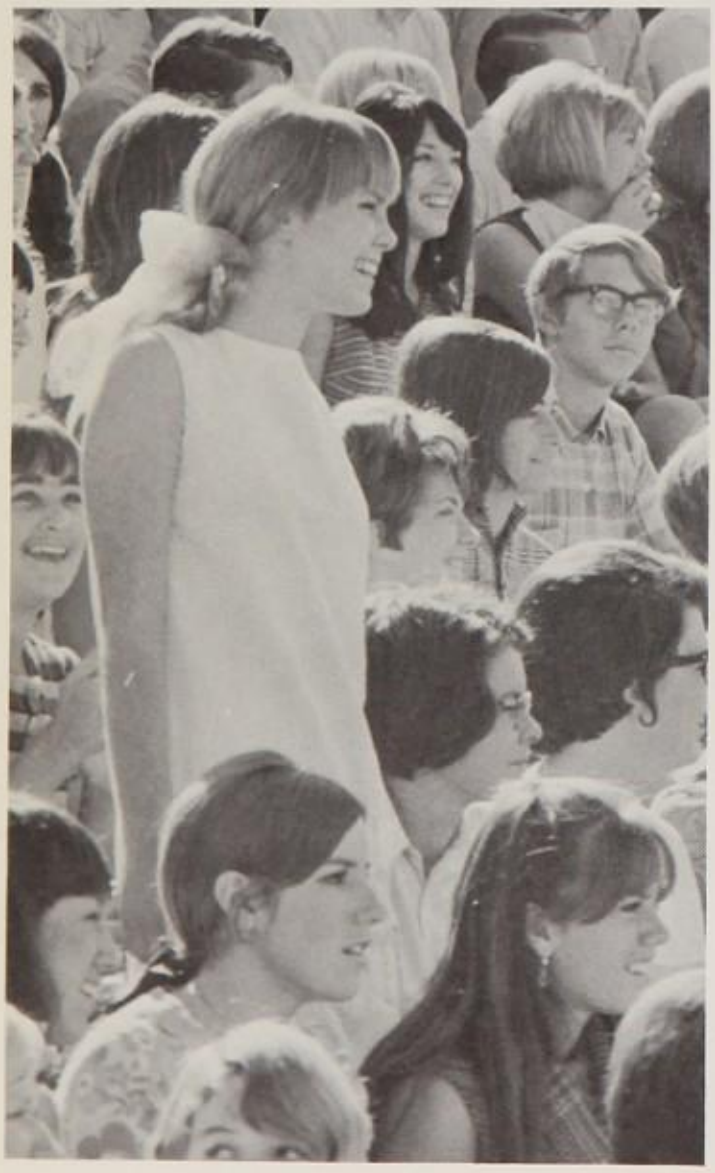
Steve Starling takes a break from his strenuous duty as a Sgt. at Arms.

Byron Boddy leads the Procession.

Confetti flies as the excitement of the convention mounts.

Assemblies

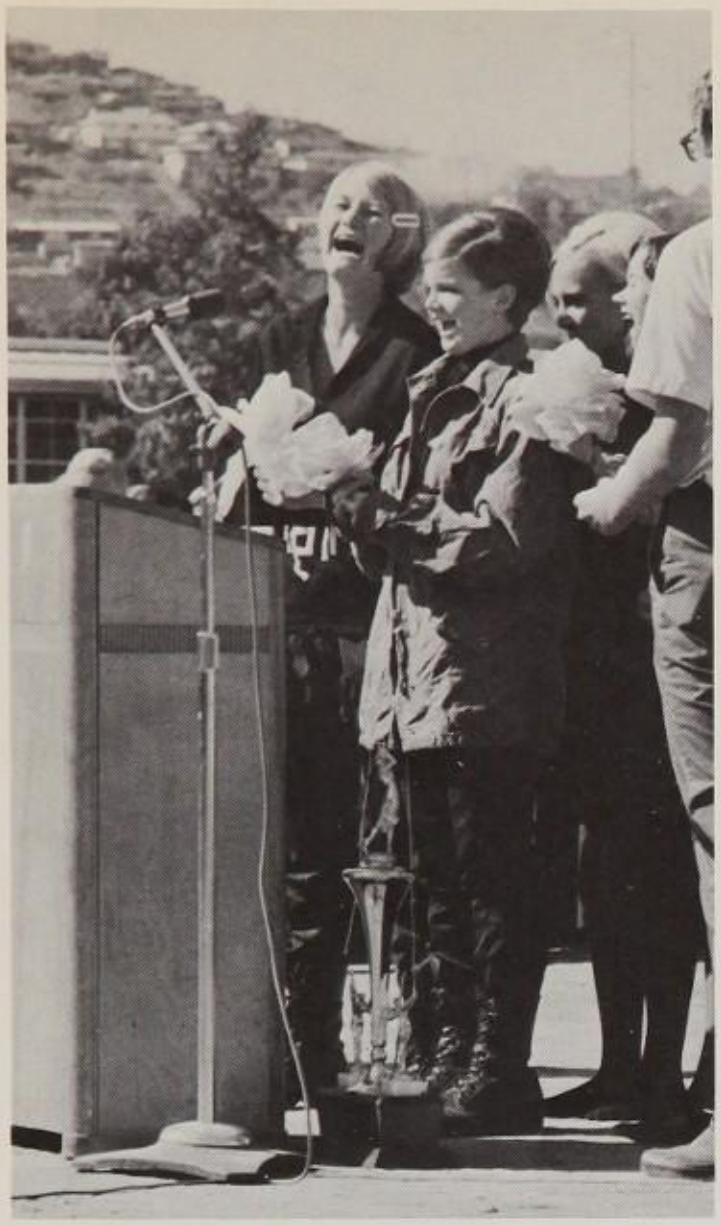
The Green Machine arouses spirit at the assemblies.



Senior standouts receive recognition.

This year, the Highlanders enjoyed many assemblies. The many participants were: the cheerleaders, the ASB officers and many highly interested students. The student body reacted spontaneously to the assemblies.

Bottom's up!



Flowers and funnies at the Mt. Miguel pep assembly.

Teachers get into the act.

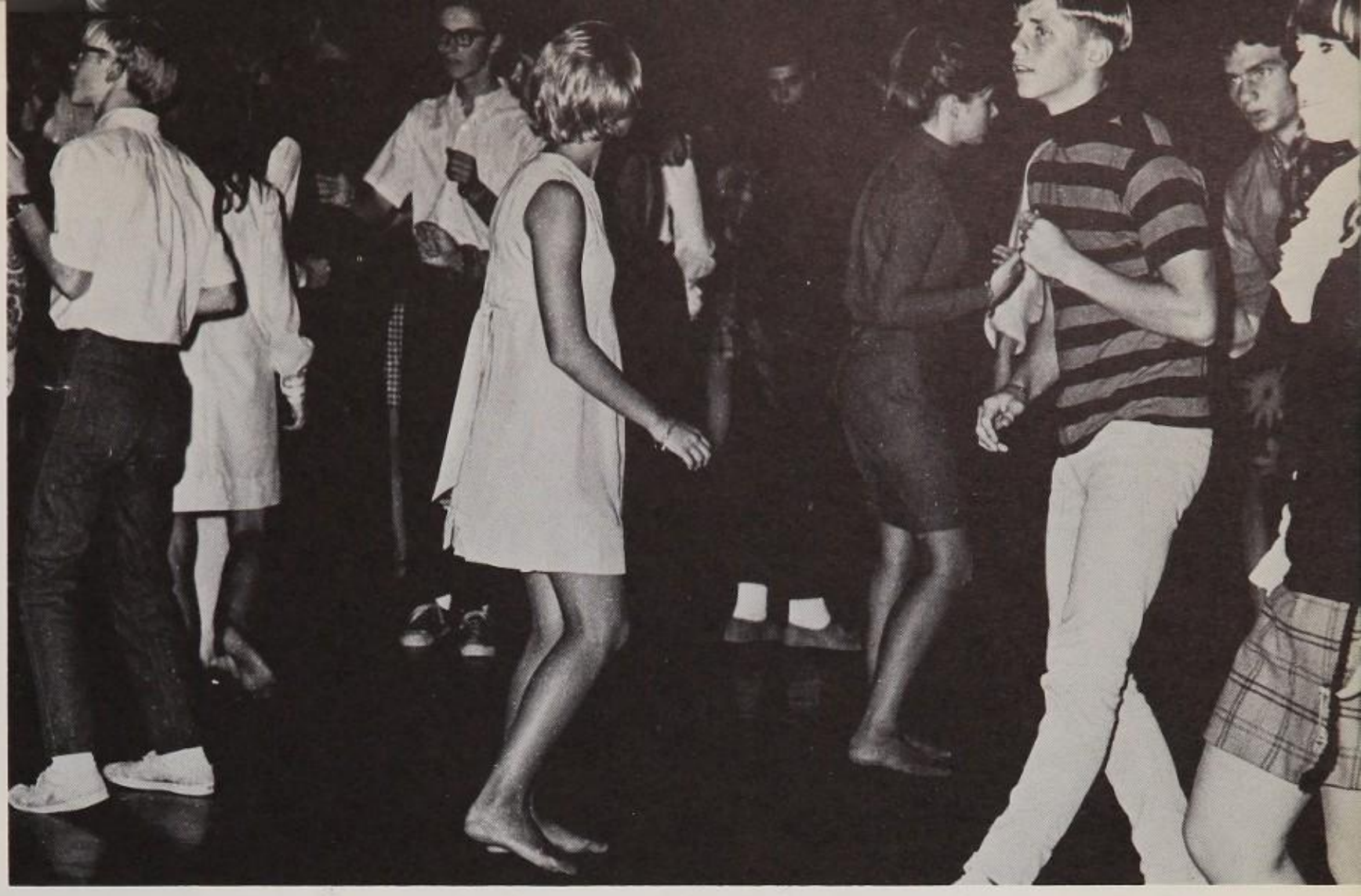
Cheerleaders put on skit for an assembly.

Hillbilly Highlanders frolic at an assembly.

Highlanders enjoy music provided by George The Band.

Kristy is crowned Queen by Chris Coover, who last year had the same honor.

The King and Queen of the Christmas Dance, Milan Young and Kristy Clemens.

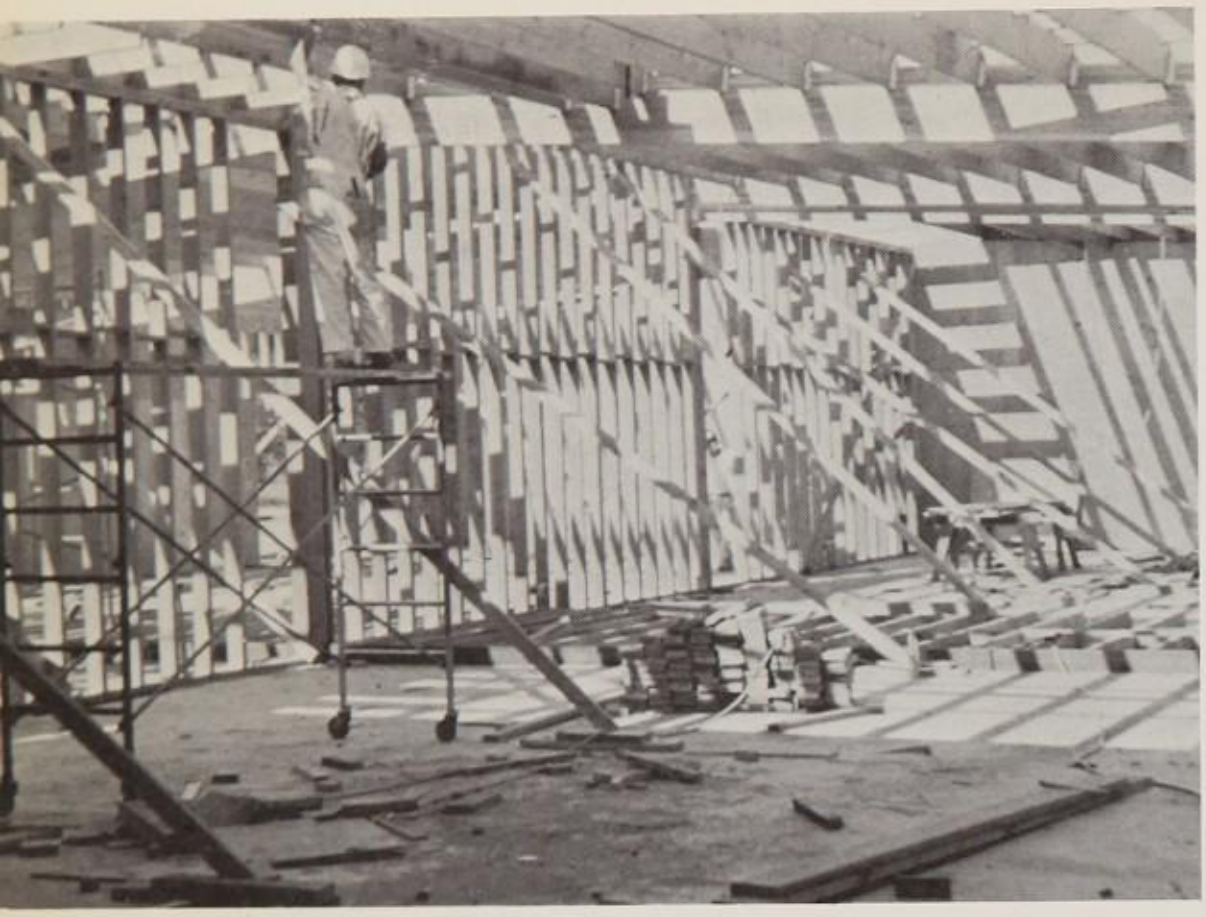


The Sophomore Class dance.

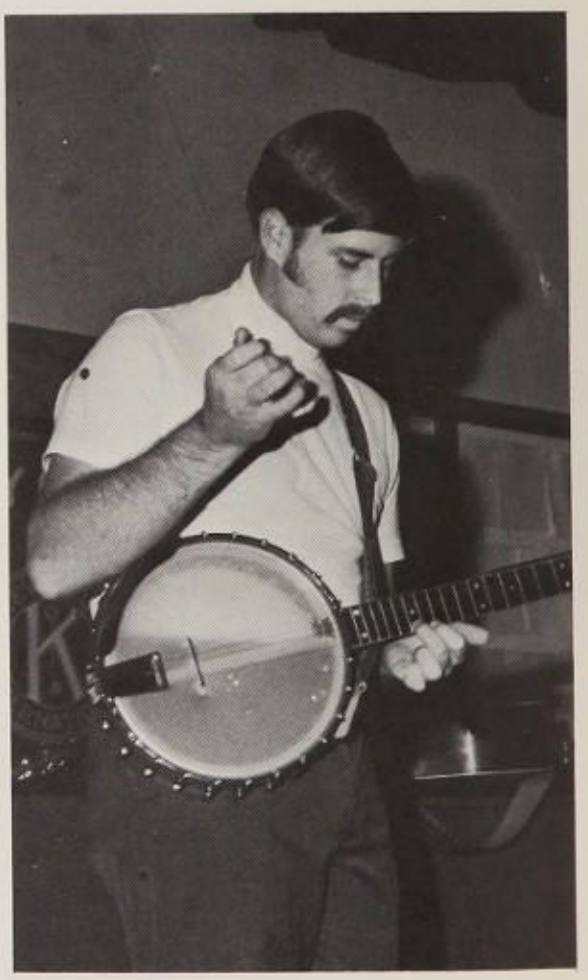
Dances

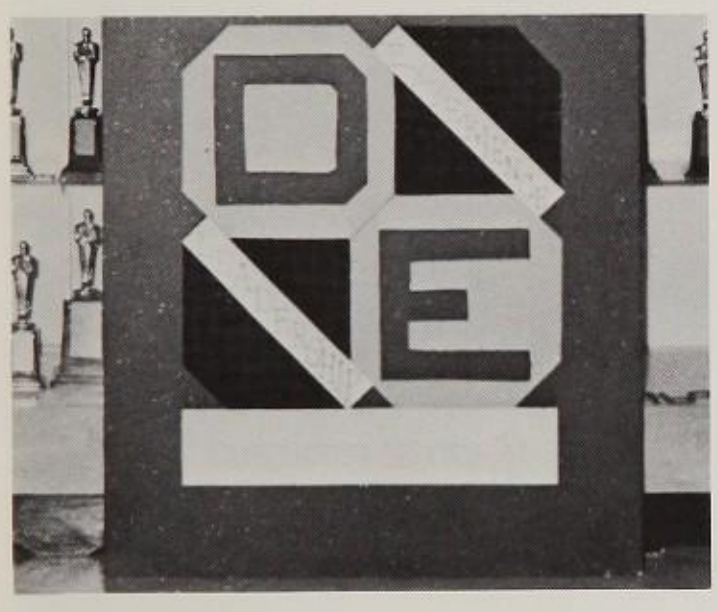
Dances are a part of Helix tradition. An Old Fashion Christmas was created at the Christmas Dance, and Tiki Enchantment was the theme of the Hula Hop. All after game dances were well attended and are a fond memory of Helix.

Good music makes a good dance.



Join a Club
Don't Be Left Out





CLUBS

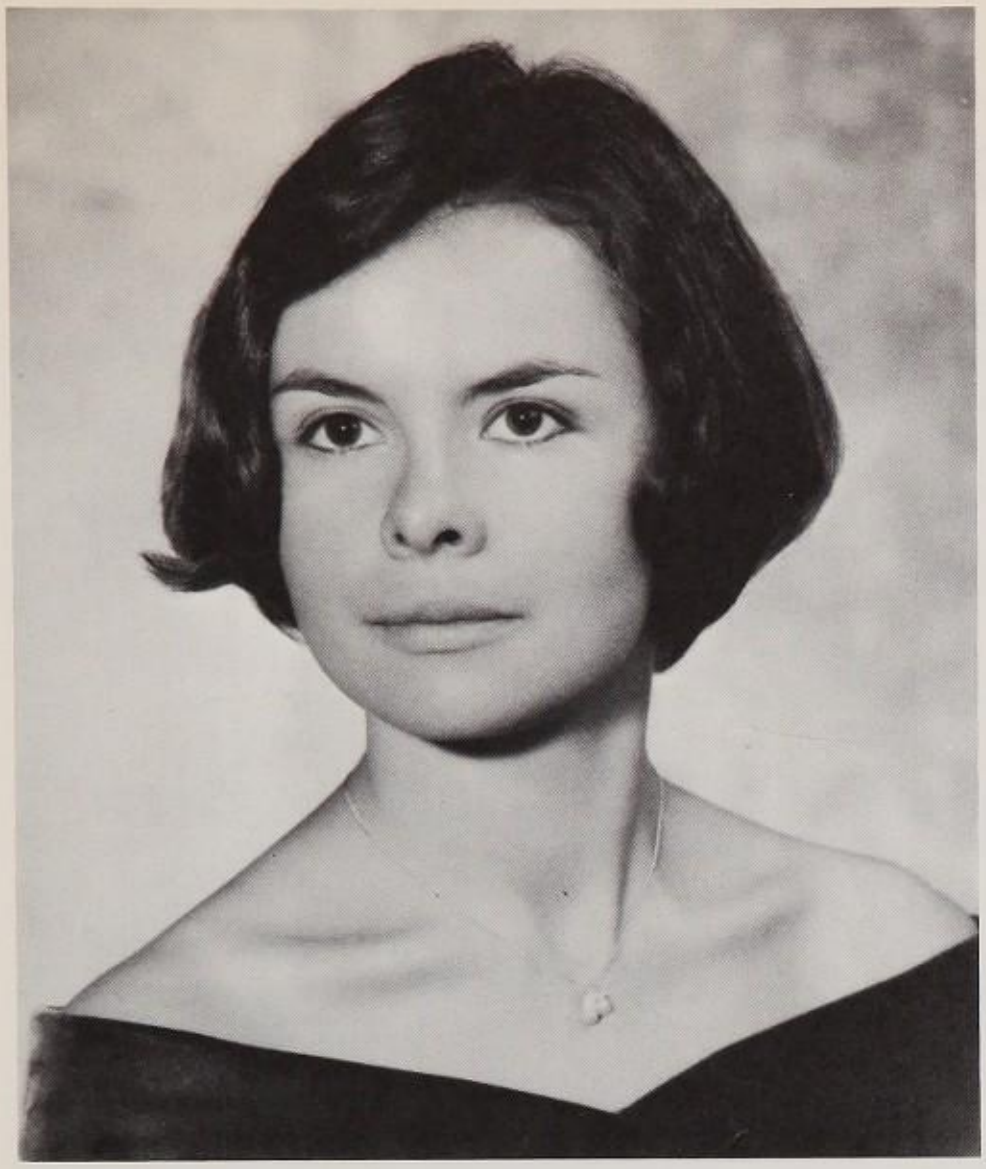
International Club

Chris and Joelle discuss life at Helix.

"Walk together, talk together, o ye peoples of the earth; Then and only then, shall ye have peace" is the International Club's motto. Working to bring foreign exchange students to Helix, and sending Helix students abroad, the International Club sponsored an AFS Bond Drive, a potluck dinner and car wash.

The club is open to any student interested in promoting international understanding through friendship.

FRONT ROW (L to R): C. Sund, Vice President; D. Smith, Treasurer; J. Ehrenfried, J. Gaultier, J. Holthusen, S. Kubanis, T. Stark, J. Yano, F. Thunberg, D. White, B. Latimer, C. Phillips, S. Katon. SECOND ROW: G. Atkinson, President; R. Bissell, Secretary; C. DeGaetano, C. Riggins, G. Berg, Mrs. Heimpel, L. Evans, G. DiPietro, D. Lewis, J. Wilkinson.



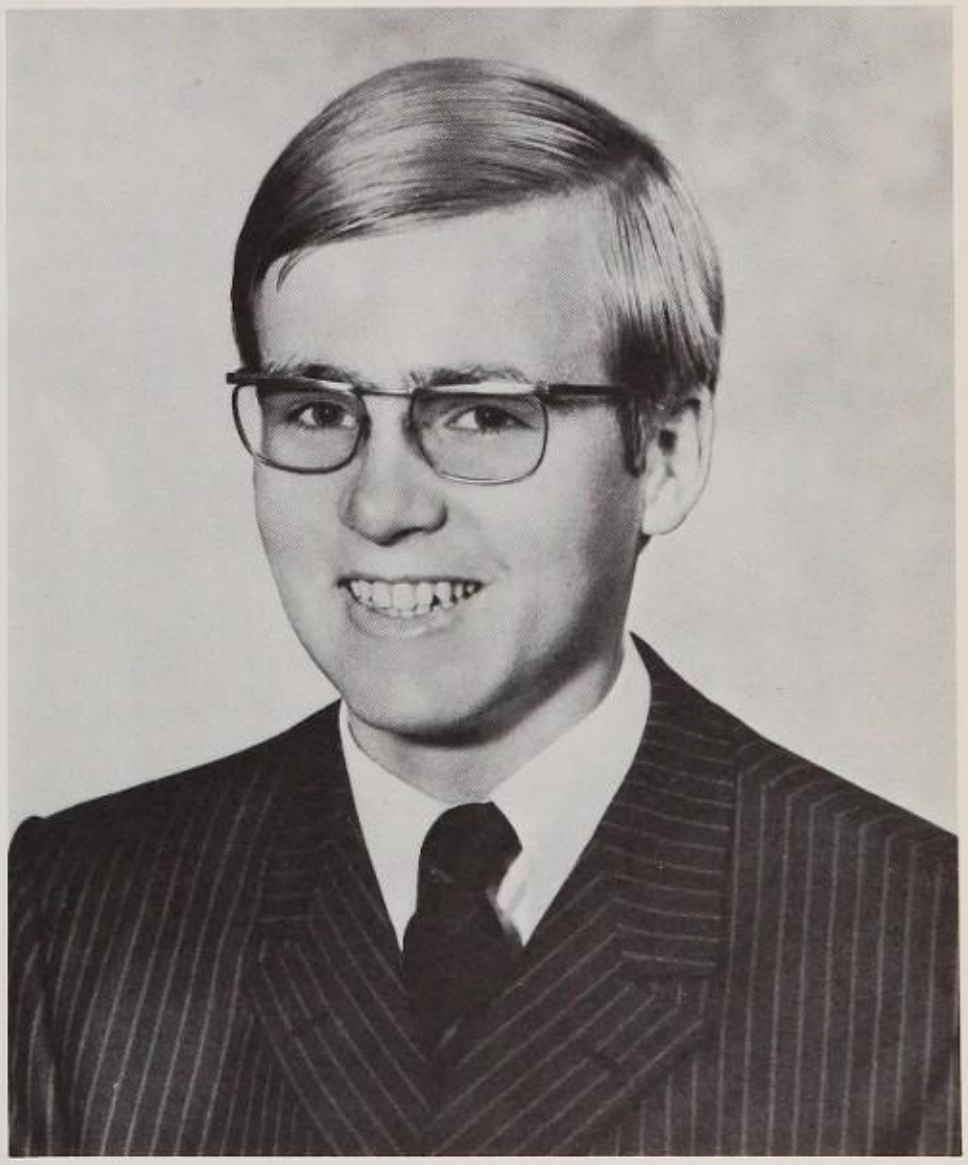
As the French AFS student at Helix this year, I enjoy living in California. It is as fabulous a region to Europeans as the Riviera is to you Americans. The climate and the landscape are not the only things that are different though, everything is new to me. For example, I was used to getting out of school at 5 o'clock as the lunch break was two hours long. The school band, games and dances are different too. I enjoy the possibility of taking courses such as drama and civics that we cannot find in the French high schools. Living here, I found out that I had a very false idea about America. For instance, I was very surprised to discover that all American teenagers were not hippies.

I am sure that I will always remember my year at Helix as a very busy and exciting one.

For the last four years I lived in a boarding school. At school I had twelve subjects and classes on Saturdays too. My German school doesn't have as many activities and isn't as much fun. There are no Friday night football games and dances. Actually, it took me a certain time to understand and like football games because in Germany, soccer is the most popular sport.

My German family is also different from my family here. In Germany, I have two brothers and two sisters, and all but one lives away from home. Here, there are always my two brothers and one sister and often, a lot of their friends. I really think they are the ideal family.

I am really glad that I could spend this year at Helix. There are so many things that I will remember: football games, the cheerleaders, my classes, especially Commission class, all my friends, the mountains and the beach.



Freshman Y-Teens

FRONT ROW (L to R): L. Warren, A. Gallemore, D. Salmon, K. Welsbacher, D. Olmstead. SECOND ROW: D. Davis, P. Ralston, K. Kinsella, K. Long, C. Alvarez, C. Pittman, R. Theis, E. Beznica, L. Weber, L. Bagshaw, E. Tilley.

FRONT ROW (L to R): Vice President; Linda Warren, Secretary; Diane Olmstead. SECOND ROW: ICC; Kathy Welsbacher, President; Darlene Salmon, Treasurer; Debbie Hand.

This years **Freshmen Y-Teens** were filled with Helix Spirit. The club, which works to promote growth as a person, growth in friendship with people of all races, religions and nationalities and growth in the knowledge of God, sponsored a dance called the Carousel, Trick or Treat for UNICEF, and the World Festival.

Sophomore Y-Teens

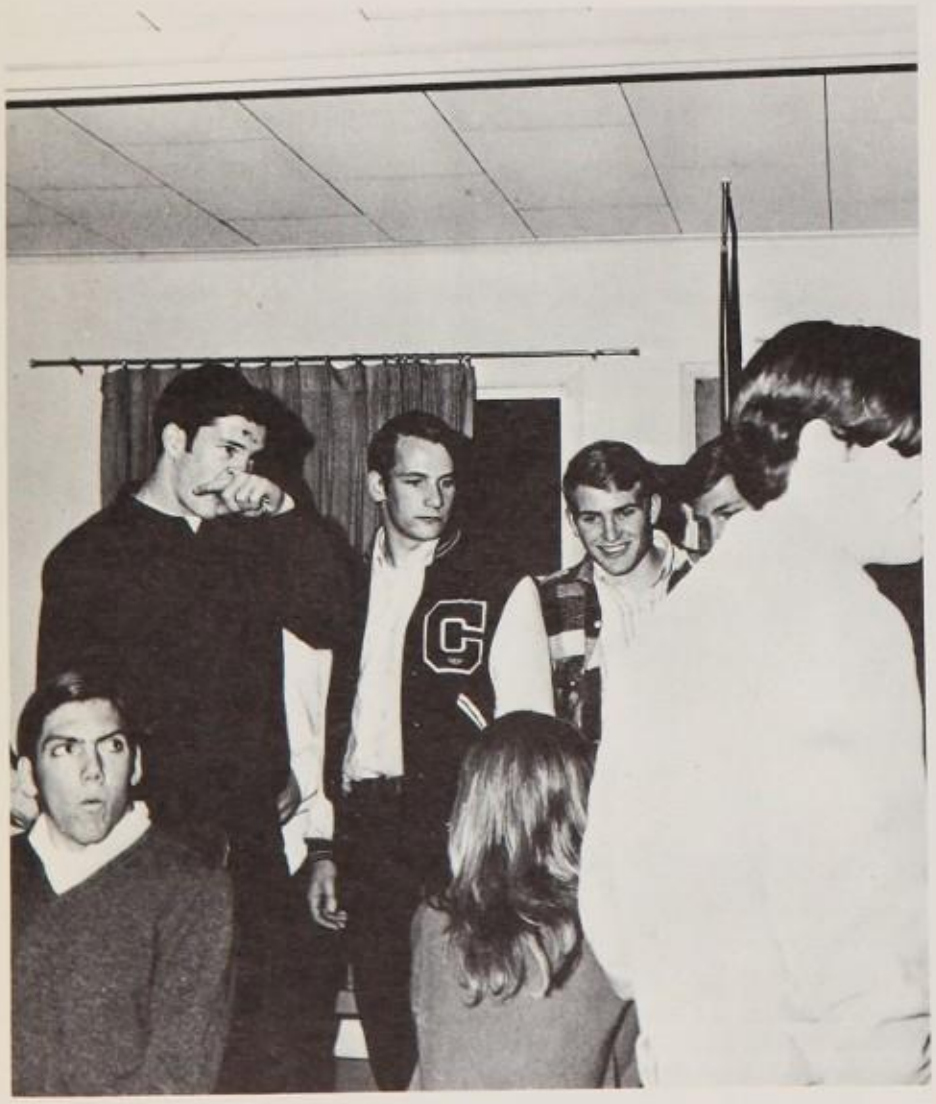
With their second year at Helix behind them, the **Sophomore Y-Teens** have many great memories from this past year. With the motto, "to help others," the club held many service projects and social functions. Among these activities were Trick or Treat for UNICEF and collecting for the blind.

L. to R., President: Debbie Bray, Vice President; Joann Coleman, Secretary; Ruth Hobson, ICC; Colleen Burrows.

First Row, L to R: M. Bresnahan, C. Wickersham, C. Schmidt, T. Bartol, D. Rodriquez, L. Alschbach, N. Caillouet. A. Clifton. Second Row: C. Burrows, D. Bray, J. Coleman. R., Front to Back: J. Johnson, A. Heid, C. Gardner, A. Leslie. L., Front to Back: N. Selik, K. Seal, V. Jones, L. Laird.

Jr. Y-Teens

Junior Y-Teens helps any Junior girl to grow in the knowledge and love of God. Service projects, a booth at Hoot Mon Carousel, World Festival, and joints are only part of the many activities of these ambitious Juniors.



A joint with the Crawford Key Club.

JUNIOR Y-TEEN OFFICERS ARE—First Row, L. to R.: P. Torrey, C. Dye. Second Row: T. Kaiser, M. Bennett, S. Creel, E. Weber.

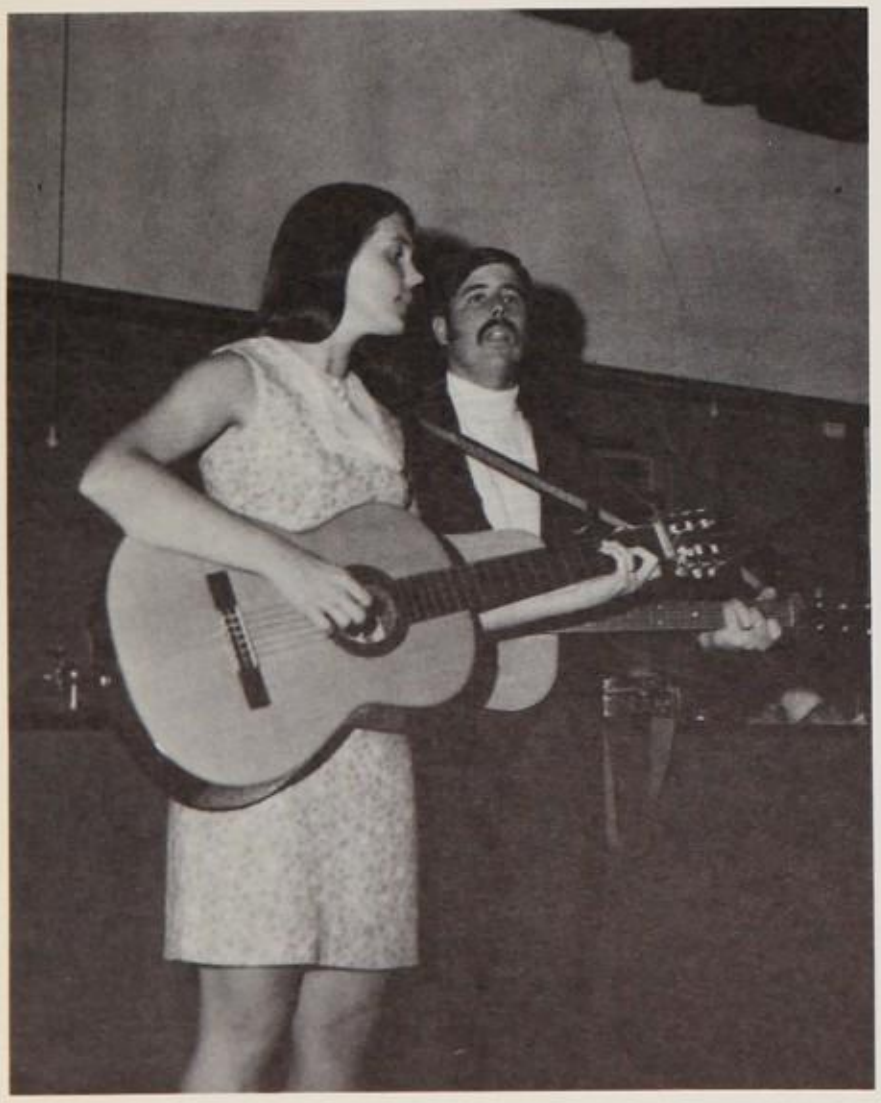
Senior Y-Teens

Sponsoring a program for orphans was the **Senior Y-Teens** major project. They also participated in the Trick-or-Treat Drive for UNICEF, sponsored car washes, and held joints. All these activities were designed to promote the Y-Teen goals which are: to grow as a person, to grow in friendship with people of all races, religions, and nationalities, and to grow in the knowledge and love of God.

First Row, L. to R: Sue Rycenga, Treasurer; Sharon Razo, President; Peggy McFeely, Vice-President; Peggy Konzen, Secretary; Not Pictured: Teri Keller, I.C.C. representative.

Key Club

First Row, L. to R.: D. Barnes, M. Ramebacker, J. Parker, M. Kerns, W. Raffesberger, M. McLaren, J. Thorsnes, G. Schneip, R. Johnson, T. Halley, Mr. Larson. Second Row: Mr. Austin, R. Barnett, T. Falk, K. Regas, L. Williams, S. Starling, A. Boyd, B. Williams, W. Dors, R. Gleason. Third Row: R. Agguire, S. Coover, J. Dillahunt, J. Dakis, R. Ely, T. Parks, P. Gilmour, J. Doddridge, D. Jackson, R. Gleason.



The Key Club has quality in their entertainment.

The Key Club is a service organization sponsored by the Kiwanians of La Mesa. This year besides helping the Kiwanians with their apple sale, they took underprivileged children to the zoo. Some other activities included the annual car smash at Hoot Mon, a soap sale during Christmas, and repainting and fixing the ticket booths by the football field.

Green Peppers

The **Green Peppers,** the largest spirit organization on campus, were much more active this year. Supporting the school during football season by making "Stomp Grossmont" feet and "Beat El Cap" armbands was just a small part of their activity. This year wrestling was also more of a spectator sport through the interest of the Green Peppers. This active participation is what makes the club a success.

The **Senior Benchwarmers** is a new spirit organization on campus this year. Membership is limited to Senior girls. The Benchwarmers offered more support and participation to the Green Peppers and actively cheered at the football games. During halftime the Benchwarmers went down on the football field and sat on the benches, cheered and kept them warm.

Senior Benchwarmers

Inter-Club Council

FRONT ROW (L to R): C. Dowling, E. Raucher, K. Singlaub, R. Sobek. SECOND ROW: M. Gaines, D. Smith, P. Garrett, M. Duffy, C. Burrow. THIRD ROW: R. Gleason, J. Ellis, D. Simmons, H. Griffith.

Headed by Attorney General Darryl Simmons, the **Inter-Club Council** is composed of representatives from each of the clubs at Helix.

The purpose of this club is to co-ordinate and unify all club activities. Working together, the **Inter-Club Council** sponsors Club Week, which orients students with the purposes and activities of the many clubs, and Hoot Mon.

Inter-Faith Council

I am the Way the Truth and the Light. The **Inter-Faith Council** believes this wholeheartedly and tries to convey this through the Thought-for-the-Day and the Prayer-of-the-Week. This inter-denominational group tries to make God's presence a reality to every student at Helix.

L to R: L. Johnson, B. Yezek, E. Black, Mr. Schwendiman, B. Young, M. Jingling, P. Garrett, S. Hays.

Distributive Education

L. to R.: E. North, P. Laufer, Secretary; D. Hodges, M. Brown, K. Lee, Treasurer; M. Overton, S. Freitas, L. Hart, G. Reid, O. Ybarra, S. Peterson, K. Lee, K. Grote, R. Sardina, J. Loukes, M. Hartly, Vice President; T. Beebee, W. Burgar, President.

The combination **Distributive Education** club-class stresses selling advertising, displaying and merchandising. They are active in local, state and national competitions dealing in merchandising. The club participates in many fund raising and civic activities such as gift wrapping at Grossmont Center at Christmas. They also take care of needy families during both the Thanksgiving and Christmas seasons.

Speech Team

The **National Forensic League**, or more commonly known around Helix as the **Speech Team**, is open to any student in the upper two-thirds of his class who is interested in competitive speaking. By competing in statewide tournaments to qualify for state finals, the club lives up to its motto: "To promote better competitive and public speaking skills".

First Row, L to R: J. Dakis, S. Willet, B. Smelko, G. DiPietro, E. Rauscher, D. Taddeo, M. Williams, P. Gillmore. Second Row: K. DeHope, F. Thuonberg, C. DeGaetano, L. Schaffer, D. Bray, J. Rogers, J. Kress. Third Row: Miss Basgall, D. Schwartz, T. Paup, R. Hill, D. Clary, K. Kinsella, C. Riggins, P. Claughlin, S. Booth, D. Kroll. Fourth Row: W. Burgar, M. Stroud, J. Hanrahan.

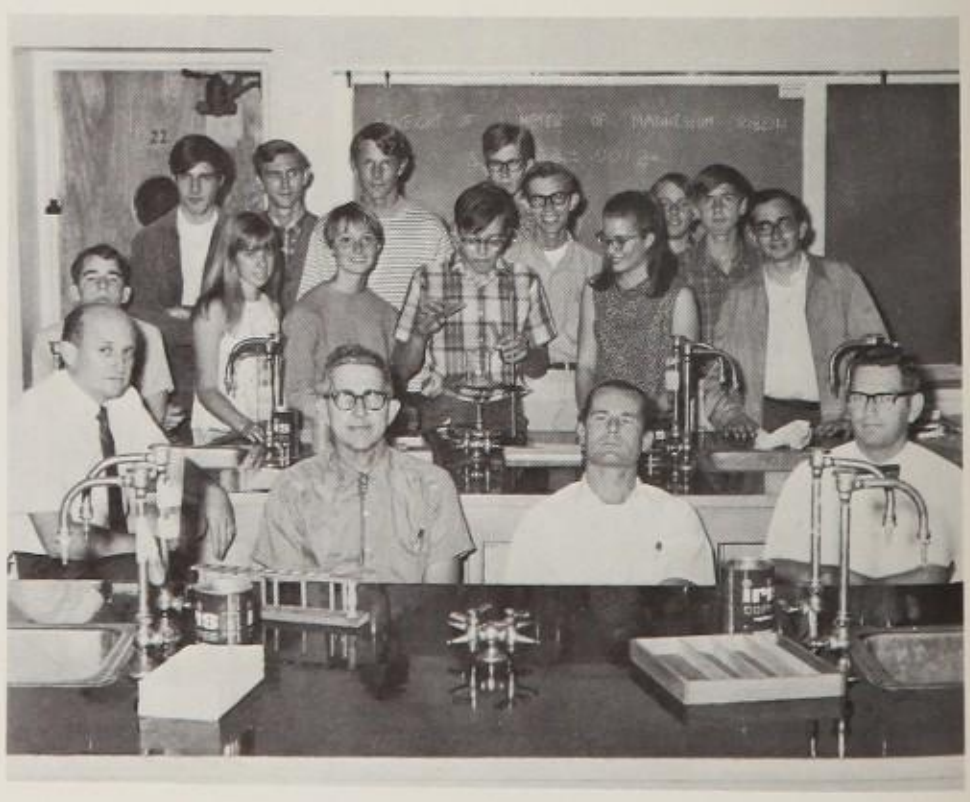
Future Nurses Club

First Row, L to R: B. Young, P. Garrett, President; E. Black. Second Row: B. Yezek, D. Marshall, Vice-President; C. Walsh, P. Wilkinson, Treasurer; C. Brown.

This relatively new club is open to any student interested in a nursing career. The purpose of this club is to encourage girls to become nurses, and to make known the opportunities of nursing. This year's activities included a bakesale, a district meeting at the Cinema 21, and an Easter project for a rest home.

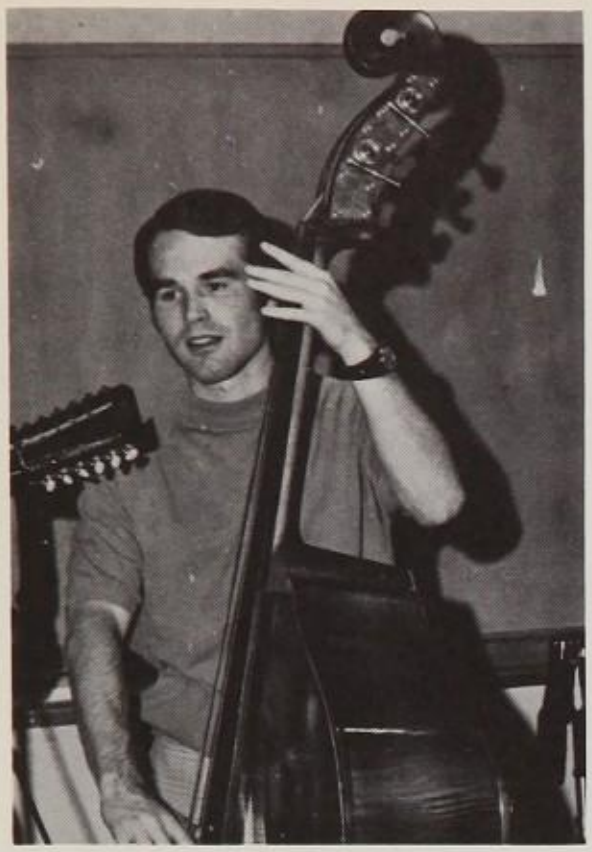
Science Club

The **Science Club**, or more commonly known to its members as **Phi Beta Chi,** had a spirited group this year. Working to promote an interest in all fields of science, the clubs activities included speakers from various scientific fields, and field trips to such places as Scripps and the Automation Institution.



First Row, L to R: Mr. Ramsey, Mr. Vogel, Mr. Pirie, Mr. Watenpaugh. Second Row: B. Cooley, D. Meserole, D. Dayhoff, D. Cownie, K. Schnaubelt, J. Aron. Third Row: M. Singer, D. Jackson, B. Thompson, L. Schmitz, D. Olliff, B. Fischer, V. Peterson.

Campus Life



Ted fiddles around at a meeting.

The Random Sample is a favorite singing group at Campus Life.

Working to promote Christian fellowship, Campus Life has hundreds of members. Meeting every other Thursday at member's homes, the club enjoys a variety of activities. Some of their wild antics include a Goosey Goosey Gander Hunt, a Burgar Bash, George's and Abe's birthday party, and Breakaway 1969. The electric chair which delights its receiver with a shocking '500 volts', is the hit of all meetings.

This year Campus Life introduced Mark Hill, who with Ted Limpic, worked hard to provide a fun-filled year for all.

The Rice Krispies crackle a tune for their audience.

Physical fitness à la mode.

"Tonight Campus Life presents . . ."

Lettermen's Club

First Row, L. to R.: J. Sable, M. Whillock, D. Burke, M. Swanson, K. Coltrin, D. Sauter, M. Young, J. Erautt. Second Row: R. Barnett, J. Foster, B. Clements, J. Anderson, D. Leslie, J. Dillahunt, S. Starling, B. Cyman, D. Simmons, T. Parks, Coach White. Third Row: Coach Nash, R. Hartigan, B. Laue, M. Sebach, A. Stevenson, R. Ely, B. Walton, D. Unroe.

The **Lettermen's Club** is open to all Helix athletes who have earned either a Junior Varsity or Varsity letter. This year the club sponsored the Senior Lettermen's Banquet, Senior-Faculty football, basketball, and softball games. By earning money through their projects, the club maintains and improves the inter-scholastic program.

Bowling Club

Bowling is another activity in which Helix students participate. They compete with other schools for a championship. A banquet is held at the end of the year where trophies are awarded.

First Row, L. to R.: Deb Cap, Roberta Cardenez, Mr. Murphy, Teei Towers, Kathie Cox, Barb Miller, Jackie Slobig. Second Row: Brenda Cox, Karen Peterson, Mike Hayward, Sandy Henry, Wayne Paradise, Casey Ells, Bruce Thompson. Third Row: Wally Beggs, Steve Herndon, Greg Deskins, Don Conyers, Steve Sims, John Kay, Dan Laber, Ken Clay, Mike Schell, Guy Tapper.

Math Seminar

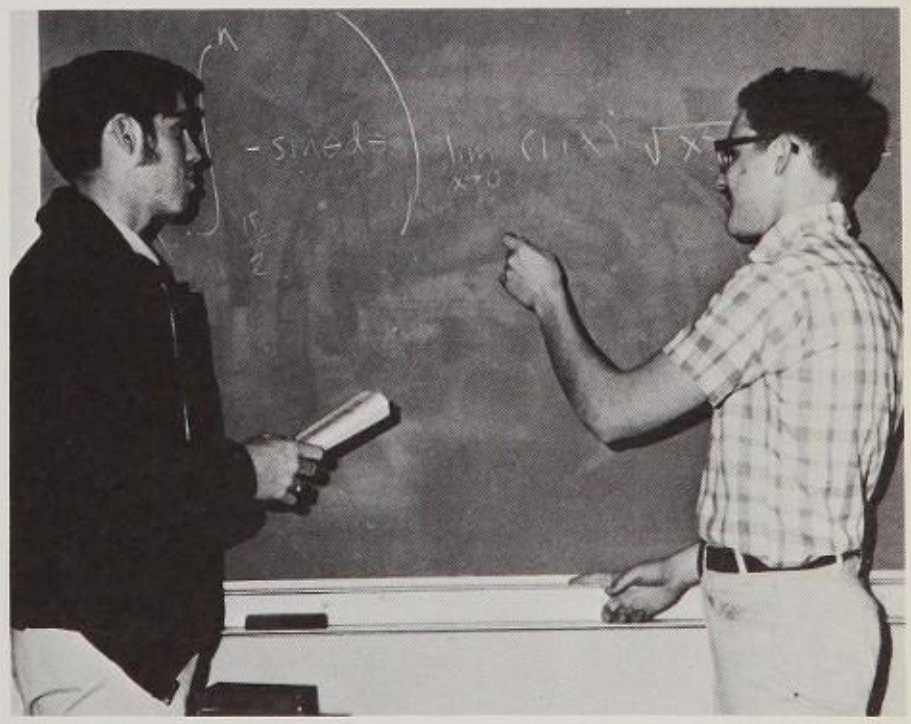
First Row, L. to R.: T. Thorvick, K. Gerhart, D. Jacobs, G. Valkirs, P. Wheatcraft. Second Row: D. Jacobsen, R. Aron, C. Cosner. L. Delp, B. Taylor, D. Boy, M. Rogers, A. Schnebly, J. Peterson, O. McConnell, J. Lillich, Mr. Munson, D. Jansen, R. Moore, C. McCollum, M. Singer, R. Latimer, C. Galbraith, C. Merrill, D. Rogers.

Win! This is the Math Team's motto, and that is exactly what they did last year. Enthusiastically headed by Mr. Munson, the Math Team placed first against over 100 top schools at Occidental College. They were the first school to ever win twice in a row. They also captured the title at State College three consecutive years in a row.

Striving to train interested students in non-routine mathematics and to participate in math contests, the Math Team continued to bring high honors to themselves and Helix.

Math Team

L. to R.: C. Merrll, J. Lillich, D. Rogers, C. Cosner, T. Thorvick, P. Wheatcraft, C. Janson.



Chris shows Paul how to spell his name.

Quill and Scroll

First Row, L. to R.: N. Sandstrom, B. Olson, C. Sander, K. Singlaub, M. Gilmartin, L. Sullins, J. Ehrenfried. Second Row: P. Andolsek, G. Lundmark, K. Erickson, S. Razo, B. Mitckell, S. Leslie, P. Wilkinson, N. AquaViva, L. Price, C. DeGaetano. Third Row: W. Raffesberger, J. Holthusen, C. Dowling, J. Passino, L. Koenkamp, C. Wilken, R. Meyerhoff, P. Konzen, T. Warren.

Quill and Scroll is an honorary club open to those students who have served on the TARTAN staff or FLING staff one semester. These students are in the upper one third of their class scholastically and have the recommendation of their teacher. An installation dinner is held near the end of the year.

Library Club

First Row, L. to R.: Mrs. Danielson, Mr. Freeland, R. Moore, D. Simmons, C. Malek, G. Key, E. Bennett, Mrs. Butts. Second Row: D. Hoff, W. Tobey, D. Conyers, D. Bock, J. Avery.

The Library Club functions offer social service to Helix High School. The club maintains officers and committees to plan service as well as social projects for our school. During the year several social affairs are sponsored by the club. The annual Christmas Party is an outstanding event, in which other Library Club members from the Grossmont District are invited. For a social project the library club conducted a successful candy sale. Throughout the year, the Library Club gives service to students and faculty in both audio-visual and library areas.

Drama Club

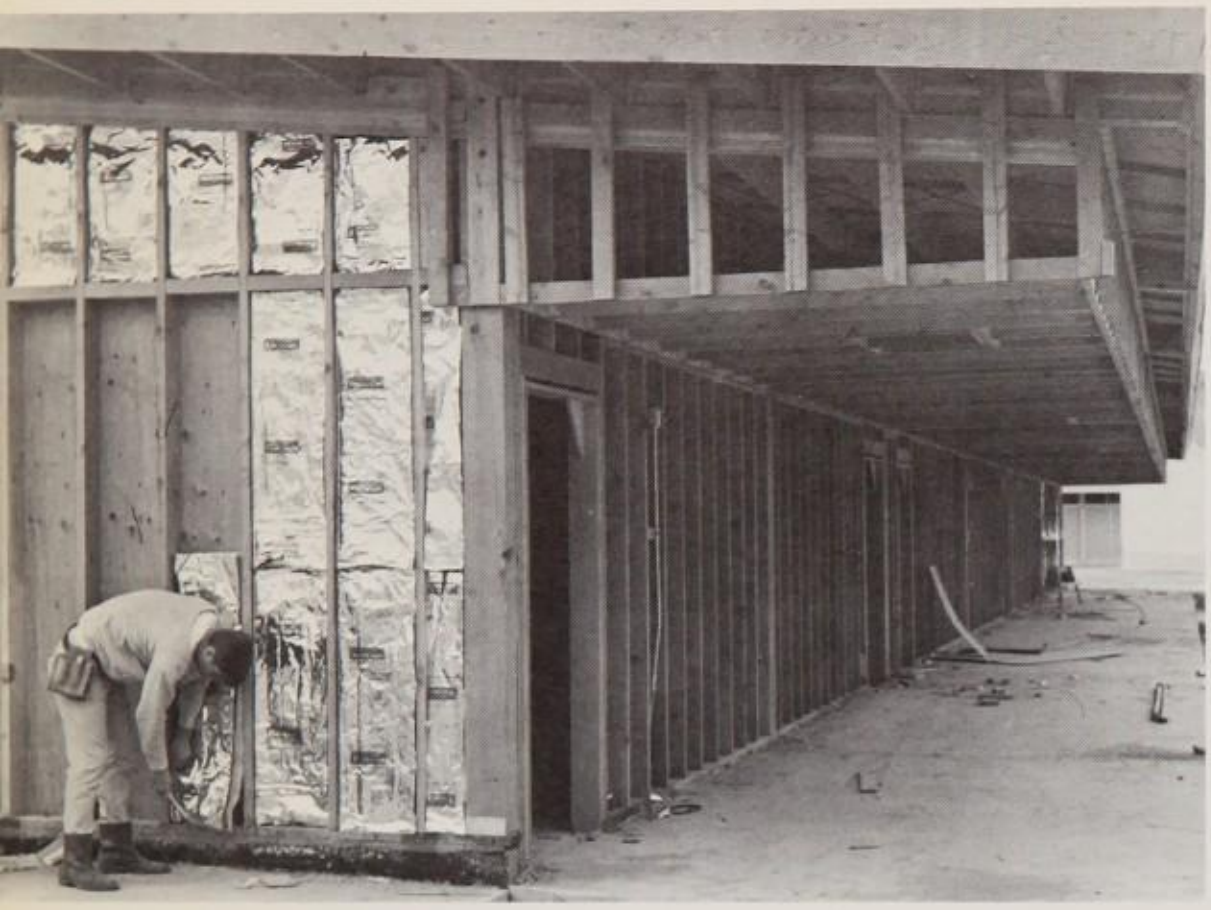
The **Drama Club**, or the **Descendants of Sophocles**, is an honorary club for those students interested in acting. Its purpose is to promote drama. To be a member of the club a student must have a B average, have one year of drama, and have participated in at least one show. This active group presented "The Boor" by Checkov in February, ushered at the Globe Theater, and sponsored the Drama Club banquet at the end of the year.

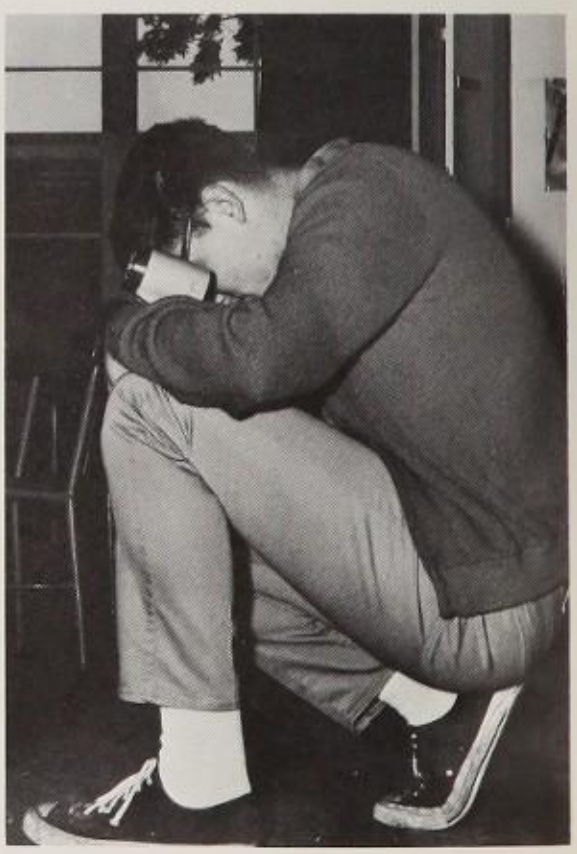
First Row, L to R: C. Enid, R. Harrington, C. Hall,. Second Row: L. Olmstead, D. Cownie, M. Kellhofer, J. Kay, J. Kuykendall, R. Sousa.

Coin and Stamp Club

The **Coin and Stamp Club**, or the **Helix Numismatic, Philatelic, and Philosophical Society**, exists to promote interest in coin and stamp collecting and improve collections through trading and auctions. A new purpose has been added this year, which is to create an interest in politics through discussions.

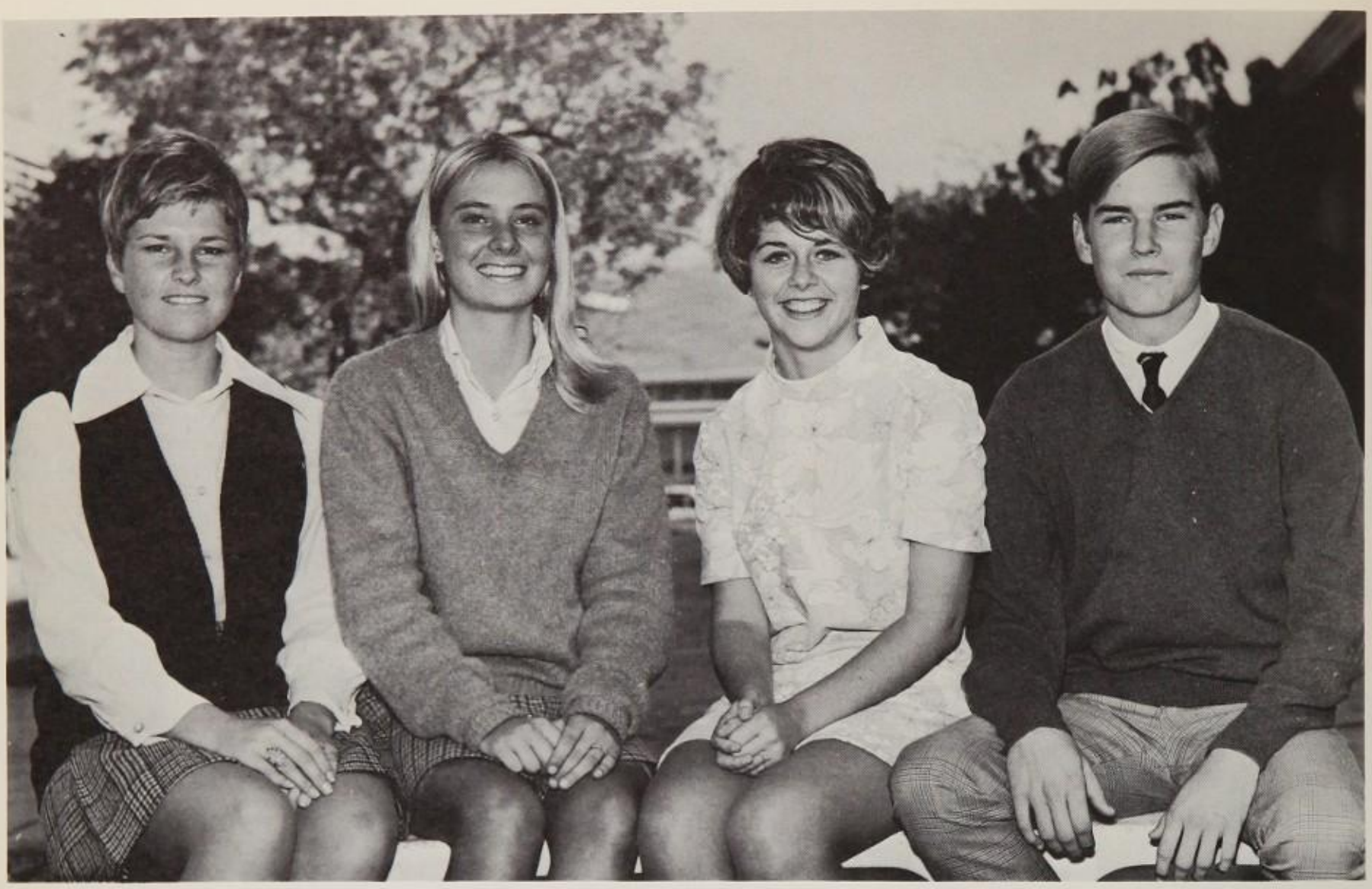
First Row, L to R: J. Heyer, M. Singer, R. Sobek, D. Dunn, D. Monjo. Second Row: Mr. Helmuth, D. Oliff, R. Aron, T. Sievers, E. Rauscher, M. Williams, T. McGrew.



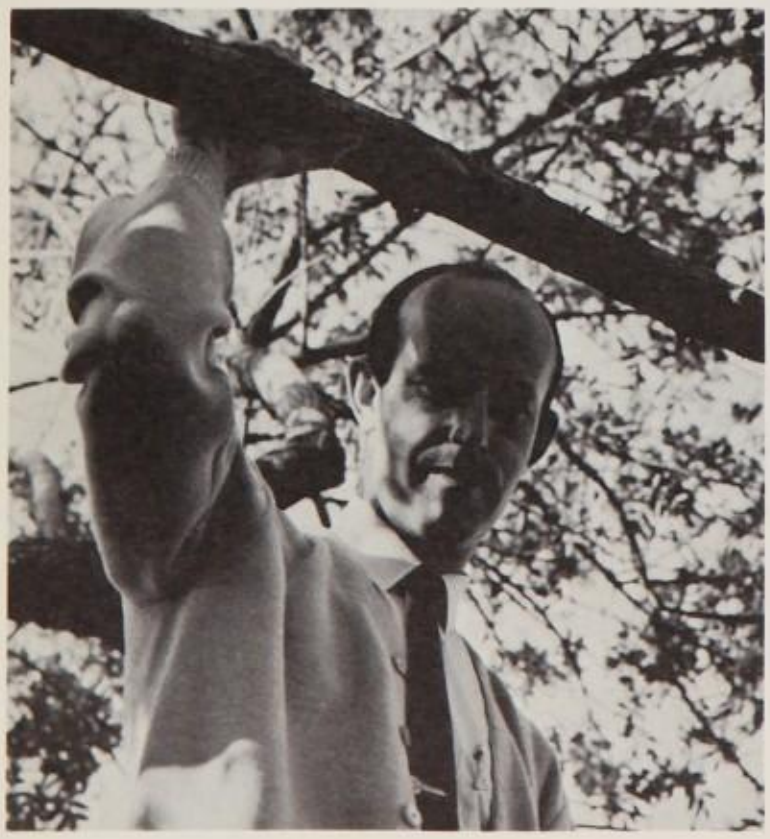


CLASSES

The Junior Class Officers



L to R: Toni Kaiser, Secretary; Pam Dayhoff, Treasurer; Barb Hurst, President; Steve Wrightson, Vice-President.



Advisor
Mr. Ray

Counselors

Mr. Brobst

Mr. Carlton

Aaker, Ruth
Abel, Joan
Abernathy, Jeri
Ackerman, David
Adams, Betty
Adolph, Donald
Allen, Paul
Allred, Carol

Amundson, Katherine
Anderson, Carla
Anderson, Christine
Andolsek, Peggy
Andrews, Linda
Andrews, Rebecca
Armstrong, Dee
Aron, Dorothy

Asaro, Josephine
Ashbrook, Charles
Atkinson, Gary
Augustine, Richard
Aunan, John
Austin, John
Axt, David
Baker, Bruce

Baker, Joanne
Baker, Magdalena
Baker, Randyll
Baker, Susan
Baldwin, Connie
Banker, Susan
Barnett, Betty
Barranco, Linda

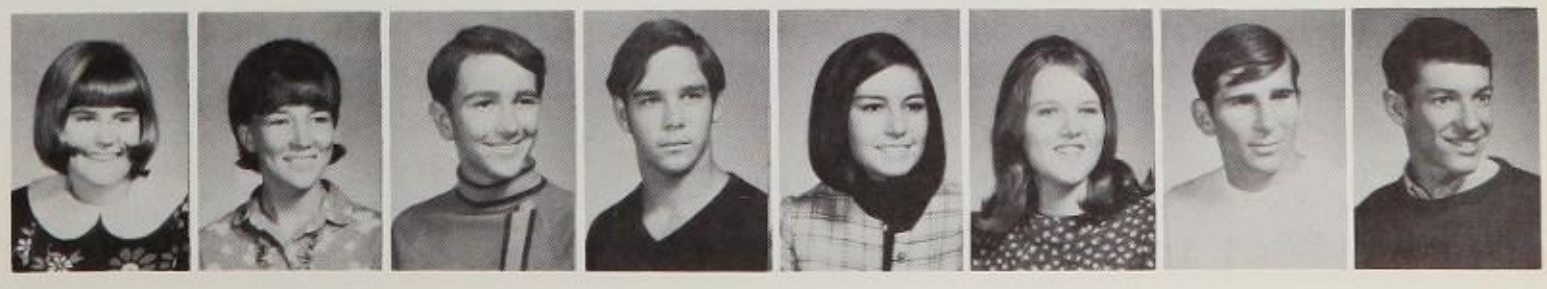
Barta, Joseph
Baty, Maybelle
Beasley, Ann
Beck, Ralph
Bedlion, Merrill
Beishline, Nancy
Belcher, Sheila
Bemis, Susan

Bendekgey, Donna
Bennett, Michelle
Berkey, Denise
Bertsch, Leonard
Best, Undine
Bivins, Jennifer
Blake, Alan
Blount, Bonnie

Bogdan, Sheryl
Bonker, Kristin
Booth, Sandi
Boss, Faye
Boss, Kenneth
Boulio, Mallia
Bowen, Diane
Boyle, Kathleen

Bradshaw, Patricia
Brawner, Victoria
Bresnahan, Katie
Brevick, Gail
Brody, Summer
Brown, Kurt
Brown, Terry
Browning, Arthur

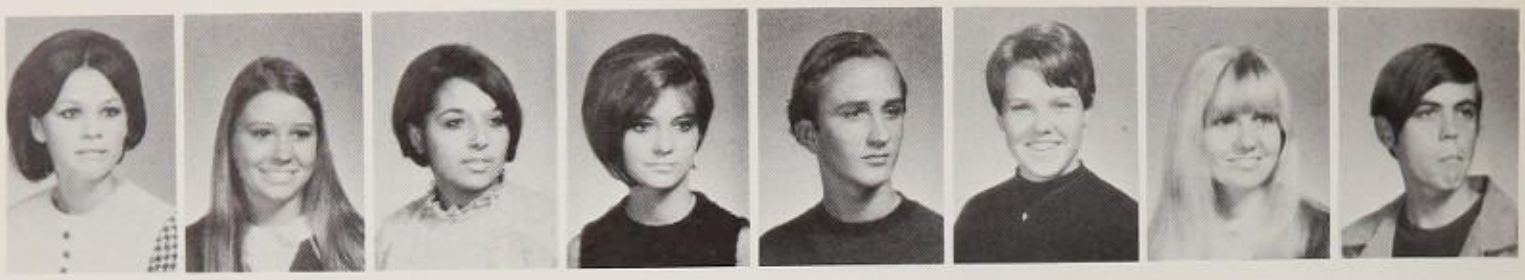
Browning, Janet
Brumbaugh, Barbara
Brunner, Kurt
Buchanan, Robert
Burns, Latisha
Burrows, Bonnie
Burrows, Randy
Butcher, Dave



Juniors

Butcher, Linda
Cacho, Norma
Caldwell, Dale
Campbell, Bill
Campbell, Donna
Carey, Nancy
Cash, Penne
Castaneda, Ramona

Castner, Karen
Caughlin, Phyllis
Cerda, Lillian
Cesena, Lisa
Chadwick, James
Chambers, Beth
Chapman, Donna
Chappell, Larry



Cherry, Cynthia
Childress, Marsha
Christiansen, Mark
Clabaugh, John
Clagett, Joyce
Clark, Nancy
Clements, Burt
Clepper, Linda

Cole, Kenneth
Collins, Bob
Collins, Margaret
Coltrin, Kelly
Comber, Richard
Compton, Deldene
Connolly, Mary
Cook, James

Cooper, Diane
Corriere, Diane
Costello, Patricia
Cox, Karen
Coy, Howard
Craig, Robyn
Cramer, Jeff
Crane, Hern

Creel, Sandra
Culber, Dave
Curtis, Marie
D Amico, Joanne
Daasnes, Kari
Dabler, Sheryll
Dakis, Jim
Davidow, William

Davidson, Janet
Davis, Aida
Davis, Dennis
Dawes, Matthew
Dawkins, Carol
Dayhoff, Pamela
DeGaetano, Chris
De Vilbiss, Janene

Deem, Anne
Dembowski, Ken
Dennis, Franklin
Denton, Marcia
Deskins, Gregory
Detweiler, Kelly
Dickerson, Dennis
Dickson, William

Dixon, Mark
Doddridge, Jeff
Dolan, Francis
Dors, Violet
Doshier, Kenneth
Dralle, Ricky
Driscoll, Linda
Dufour, Connie

Dunn, Robert
Dunn, Vicki
Dupree, Michael
Durand, Melvin

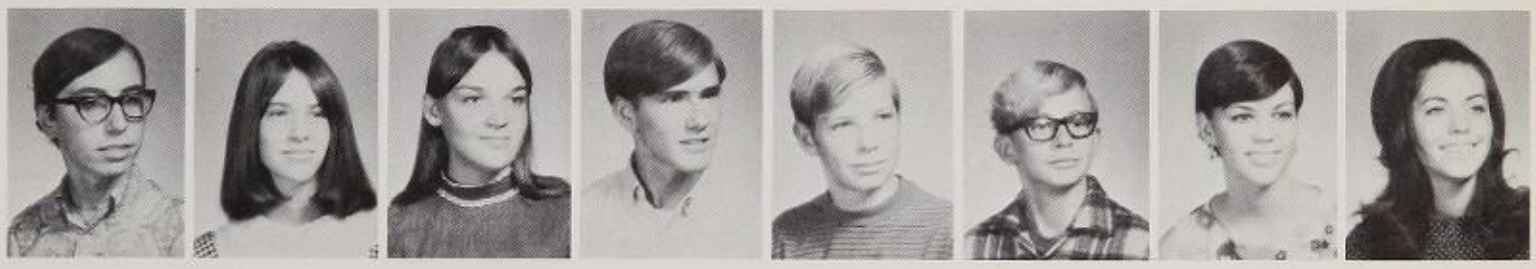
Dye, Cecilia
Eady, Rossayn
Ebright, James
Eddy, Linda

These juniors are discussing summer activities.

Edgar, Robert
Edney, Linda
Eells, Brian
Ehrenfried, Judith

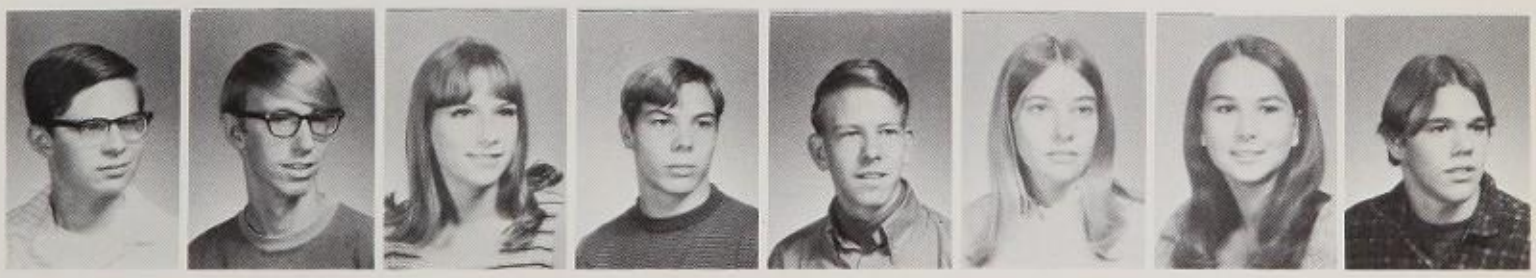
Ehrentraut, Christopher
Ehrig, Chester
Ensworth, Kevin
Ericson, Mark
Eurich, Michael
Evans, Linda
Eveland, Linda
Evins, Arthur

Fabares, Ricky
Fairall, Beverly
Farnsworth, Evelyn
Fattig, Steven
Faulkner, Bruce
Featheringill, Dan
Fernandes, Susan
Field, Melinda



Fitch, Bette
Fite, Paul
Flack, Joyce
Flores, Rose
Fluharty, Daniel
Forman, Dena
Forror, Mark
Forstrom, Wendy

Forte, Joseph
Fox, Thomas
Franson, Patty
Freiling, Chester
French, William
Fritsen, Wendy
Fuller, Rebecca
Furr, Mike



Furry, Randy
Gaines, Maureen
Galbraith, Craig
Gallear, Mark
Galvan, Linda
Gardetto, Jeff
Gardner, Alan
Gardner, Lucinda

Gardner, Susan
Garofalo, Carmela
Garrett, Dennis
Garvin, Michele
Gerhart, Kevin
Giacalone, Margaret
Giefer, Randy
Gilchriest, Jim

Gillespie, Suzanne
Gilmartin, Michael
Gilmore, Larry
Gilmour, Peter
Gionis, Thomas
Gord, Richard
Grame, Dennis

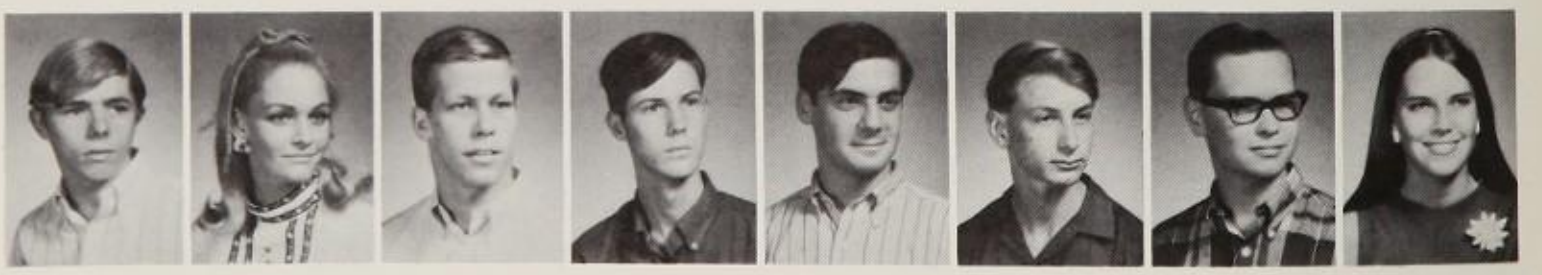
Grandjean, Bruce
Grant, Stephen
Graves, Paula
Gray, Christine
Grinolds, Susan
Grout, Wayne
Grundstrom, David
Guerrero, Silvia

Gustin, Donna
Hafner, Frank
Hagedorn, Ronda
Haider, Barbara
Hall, Christine
Hall, Dennis
Hall, Heidi
Halley, Timothy

Hamilton, Henry
Hand, Maureen
Haney, Blake
Harman, Ray
Harman, Roy
Harper, Alan
Harrington, Gary
Harrison, Randall

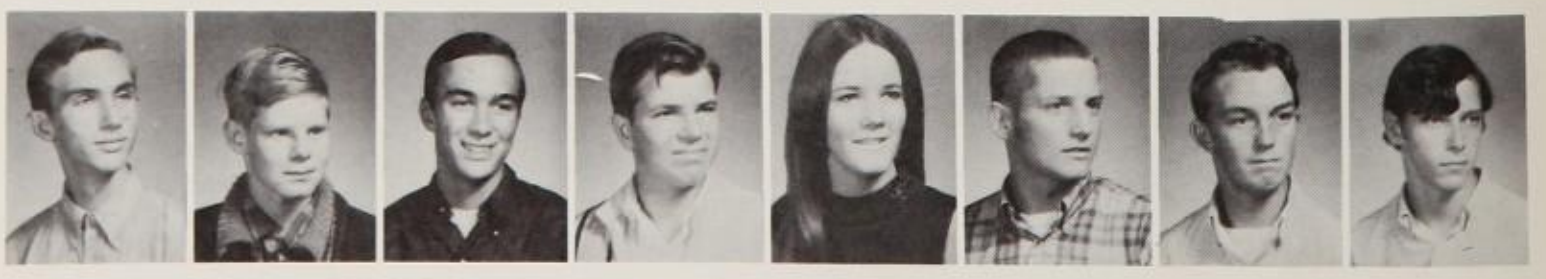
Hartman, David
Hathaway, William
Heerwald, Gail
Helms, Wyoma
Hendricks, Edward
Herdel, Marian
Heredia, Lydia
Herndon, John

Herndon, Richard
Hickman, Carol
Hicks, Mark
Hofer, David
Hoff, Lowell
Holowach, Gary
Holt, Larry
Holthusen, Joan



Honey, Linda
Howe, Connie
Huhn, Dennis
Hurley, Michael
Hurst, Barbara
Ingraham, Jacqueline
Irion, James
Jackson, Bob

Jackson, David
Jackson, Donald
Jacobs, Dean
Jacobsen, Daniel
Jenkins, Deborah
Jenkins, Gene
Jenkins, Michael
Jensen, Mark



Jingling, Theodore
Johnson, Richard
Johnson, Roland
Johnson, Susan
Johnston, Laurel
Jones, Jeffry
Jones, Stephen
Jurgensen, Diane

Kabance, Paula
Kaiser, Toni
Kandt, John
Katan, Sharon
Kathrein, Susan
Kay, John
Kear, James
Kelly, Debra

Kendall, Mary
Kerby, Byron
Kerns, Mark
Kerr, Rosemary
Kershaw, Lisa
Kesler, Rebecca
Ketterer, Tedene
Key, Gwendolyn

Kidder, Kristy
Kintz, William
Kirk, Doug
Kjorlie, Victoria
Klingler, Shirley
Knickerbocker, Anne
Kramer, Stephen
Kress, Judith

Kroll, Douglas
Kubanis, Susan
Kunz, Yvonne
Kuykendall, Jill
La Crosse, Kenneth
Landis, John
Larsen, Claire
Lathrop, Judith

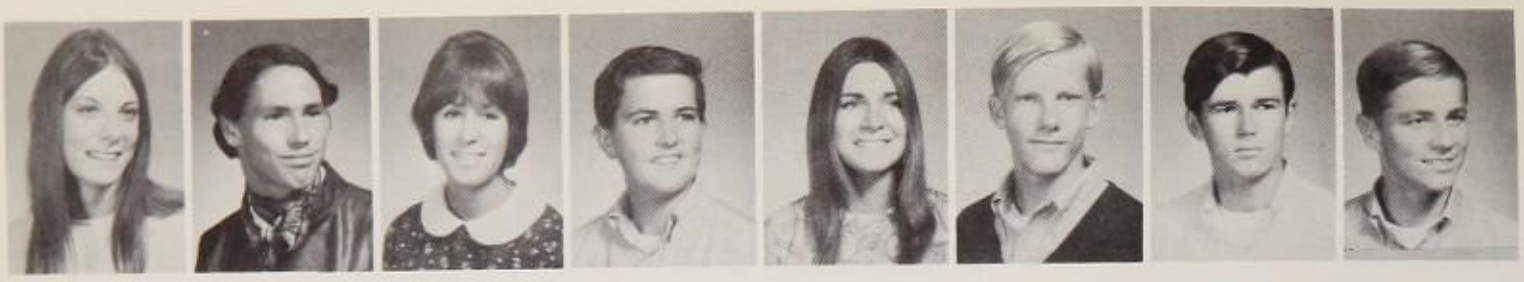
Lawson, Carol
Lee, Jeffrey
Leeds, Susan
Legault, Judy
Leiffer, Pamela
Leland, Ronald
Leming, Robert
Lemmo, Jonathan

Lent, Eric
Lewis, Deborah
Liddell, Debra
Light, Wayne
Lindsey, Virginia
Lograsso, Lawrence
Love, Teri
Lowrie, Thomas

Lueck, Mark
Lundberg, Gaylene
Luse, Meredith
Lusitana, Laura
Lyons, Clifford
MacDonald, Molly
Madsen, Randall
Mahoney, Michael

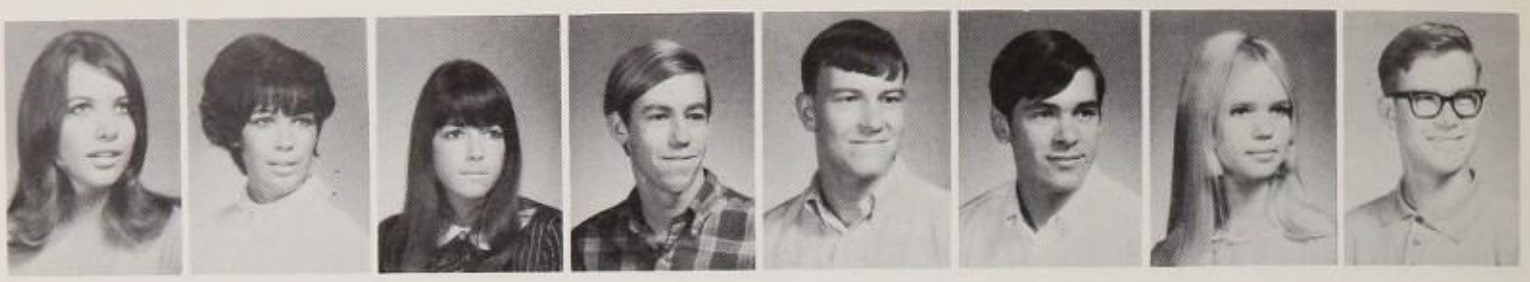
Malone, John
Malsack, Rosa
Mann, Bill
Marable, Victoria
Marcario, Jamie
Marcello, Susan
Marcoux, Sharyl
Marrow, Gretchen

Marshall, Donna
Martens, Daniel
Martinez, John
Mattia, Don
Matyas, Jill
McCollum, Craig
McDonald, Catherine
McDougal, Larry



Mc Dowell, Sharon
Mc Fadden, Mark
Mc Gee, Deanna
Mc Ivor, Mark
Mc Kee, Cherri
Mc Laren, Michael
Mc Laughlin, Kenneth
Mc Laughlin, Thomas

Mc Lewin, Phyllis
Mc Mullen, Irma
Mc Mullen, Nancy
Mc Pherson, Daniel
Mehaffie, Michael
Mekenas, Mark
Meland, Cheryl
Melhorn, Daniel



Mellon, Jeanne
Melvin, Ken
Merrill, Rebecca
Metcalfe, Betty
Meyerhoff, Roger
Michael, Deborah
Milich, Paul
Miller, George

Miller, Suzanne
Mittler, Mark
Mobley, Piper
Moe, Mary
Moore, Keith
Moore, Rolfe
Moore, Samuel
Moral, Linda

Morissette, Gloria
Morris, Linda
Morrison, Joy
Moser, Steven
Mulvihill, Diana
Murphy, Mike
Myers, Terry
Najera, Steve

Nakano, Gordon
Napolis, Kathy
Nathan, Patricia
Neff, Robert
Nelson, Linda
Newcomb, Linda
Neyndorff, Luuk
Nichols, Debra

Juniors enjoy eating their food at Jack's.

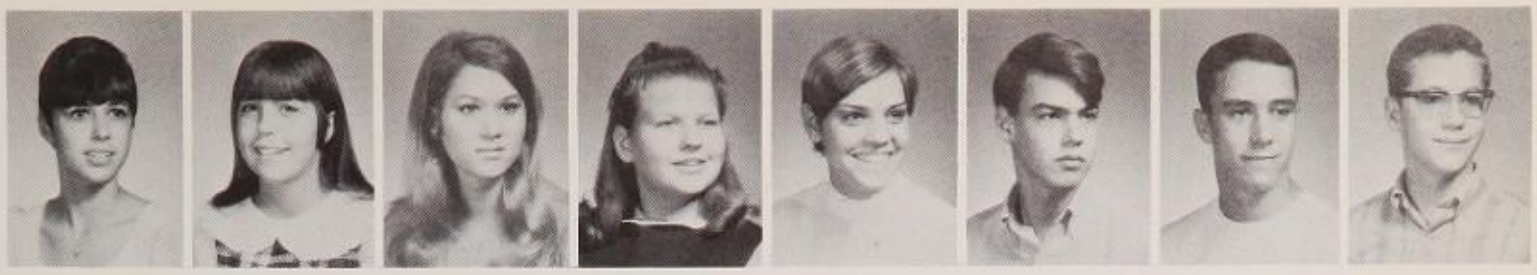
Nicodemus, Chris
Niehaus, Nancy
Nimon, Donald
Nipper, Grace

Nobiensky, Gary
Nolan, Patty
North, Christine
O Neil, Jeffrey

Ogden, Linda
Ohlsen, Elizabeth
Oldchurch, Ronald
Oleksow, Jean

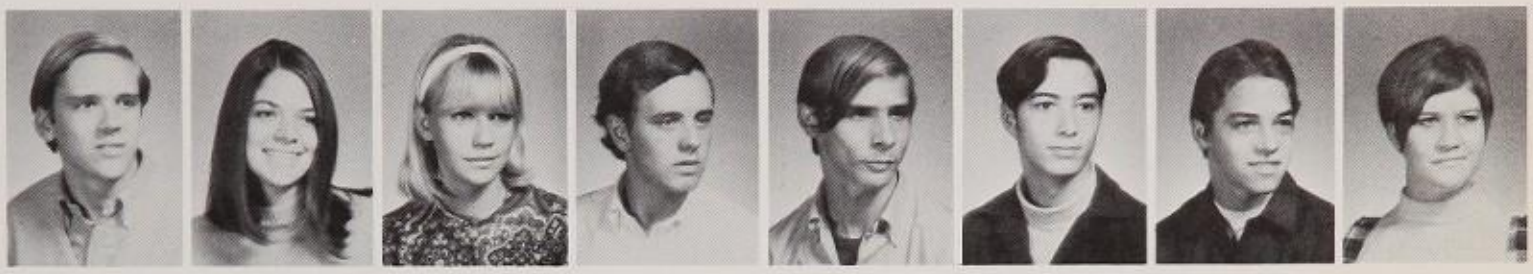
Juniors

Oliver, Karen
Olson, Rebecca
Olson, Terry
Oryall, Cathy
Osborne, Karen
Pack, John
Paddock, Race
Padfield, Richard



Padilla, Oscar
Papenhaus, Judith
Papike, Dennis
Papoulias, Toss
Parker, David
Patrick, Roger
Paupp, Terry
Pauter, Susan

Pearce, John
Peck, Sandra
Penny, Lorie
Perkins, Daniel
Perry, Edward
Perry, Keith
Petersen, Gerald
Peterson, Susan

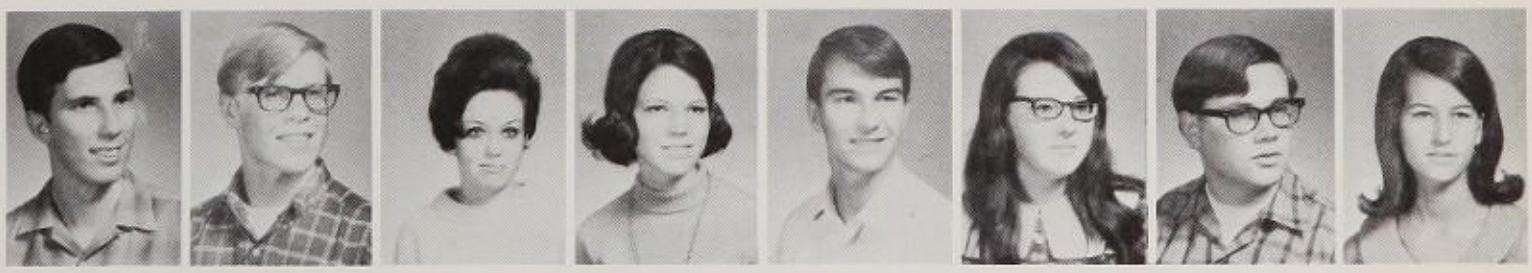


Pike, Victoria
Pipes, Alan
Pitt, Steven
Ploof, Donald
Plymale, Phillip
Pollard, Theresa
Ponce, Blanca
Ponce, Ernest

Ponce, Susan
Poncurak, Benjamin
Powell, James
Powers, Gregory
Price, Lorraine
Prince, William
Priskos, Roseann
Quarles, Regina

Ralston, Diana
Raney, David
Rasco, Evelyn
Raymond, Debbie
Razo, Mickey
Reed, Karen
Reiser, Martha
Remington, Richard

Reylek, Jerriold
Rhoads, Richard
Rhodes, Patricia
Riggins, Carla
Ritachka, George
Roberts, Elizabeth
Roberts, Gary
Robertson, Virginia

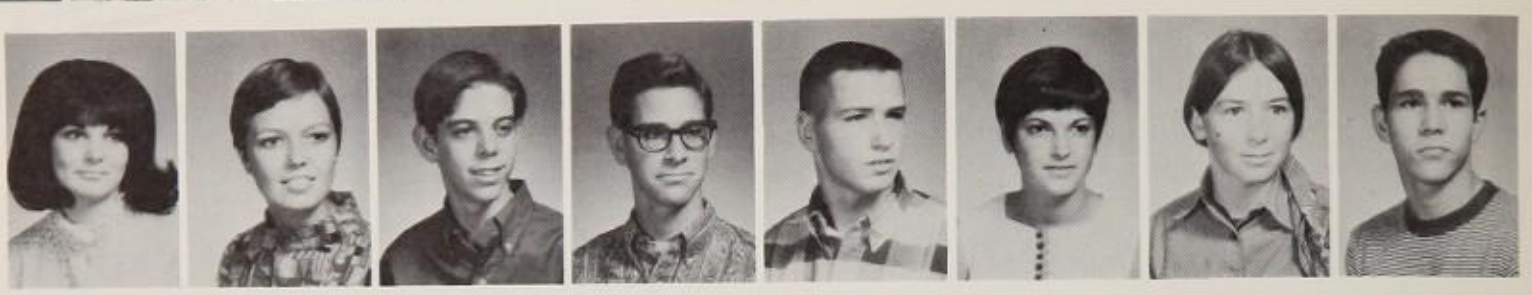


Robinson, Richard
Rodgers, Dennis
Rogers, Stephen
Rolsten, Kent
Romero, Mary
Rose, Randy
Rosenblatt, Alan
Rudolph, John

Saiz, Irene
Sander, Catherine
Sanders, Debbie
Sandoval, Alex
Savage, Tina
Schauer, Wanda
Schell, Michael
Schiano, Linda

Juniors

Schmidt, Michael
Schmitz, Chris
Schmitz, Loren
Schneider, Karen
Schniepp, Glen
Scholl, Louise
Schrock, Barbara
Schultz, Robin



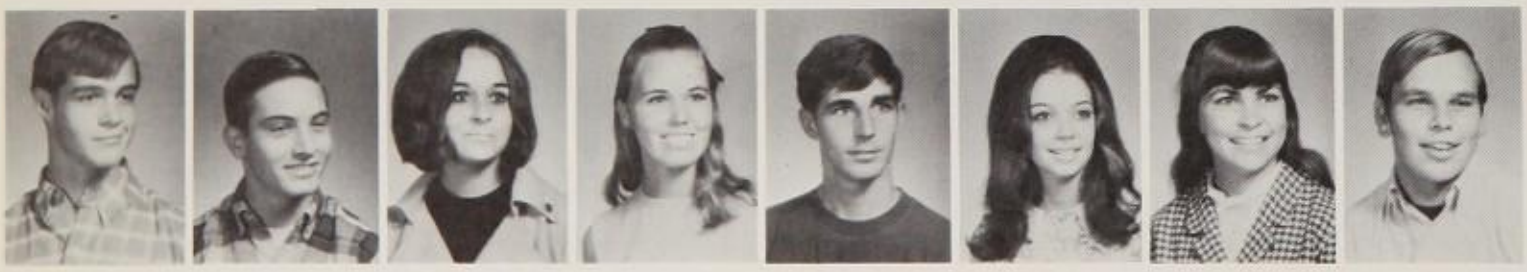
Schwartz, Dawn
Scott, Pam
Scott, Robert
Seay, Jeffrey
Self, Thomas
Selik, Randy
Seuferer, Mary
Shaeffer, Tim

Shaw, David
Sherman, John
Shrinkle, Louis
Sievers, Raymond
Sinclair, Keith
Slack, James
Slagle, James
Slates, Linda

Slepko, Bonnie
Smith, Carol
Smith, Cheryl
Smith, Curtis
Smith, Jim
Smith, Joan
Smith, Roger
Soto, Peter

Sousa, John
Sozzani, Georgette
Spencer, Edith
Spencer, Susan
Spurlock, Steven
Stacy, Deborah
Stalnaker, Michael
Starr, James

Stein, Gary
Steinauer, Michael
Stemas, Marianne
Stewart, Katherine
Stewart, Vickey
Stockdale, Mark
Stoehr, Claudia
Stolnack, Valerie



Strackbine, Brad
Street, David
Stroh, Adele
Sturgeon, Cheryl
Sturgeon, Kevin
Sugg, Karen
Sullins, Linda
Surber, Doug

Sutton, Ellen
Sutton, Gary
Swanson, Michael
Symons, David
Taddeo, Pam
Talley, Julie
Talley, Lark
Tanner, David

Taylor, Debra
Teter, Doborah
Thom, Cristina
Thompson, Shirley
Thorvick, Tom
Todd, Joseph
Tolin, Marcia
Torrey, Paula

Towers, Teri
Traut, Michael
Trexler, Jeri
Trieglaff, Rohn

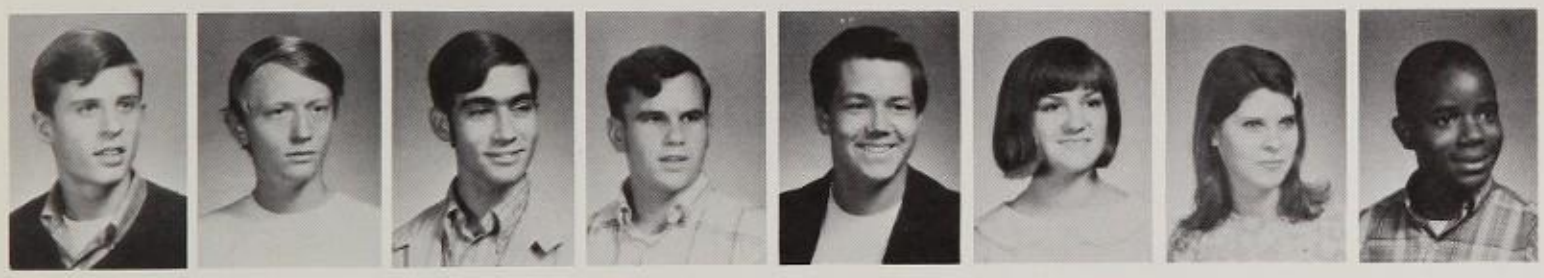
Trottier, Elizabeth
Trujillo, Vivian
Tuthill, Mitzi
Tyler, Anne

Ussell, Linda
Valkirs, Gunars
Van Elsberg, Robert
Villarino, Dino

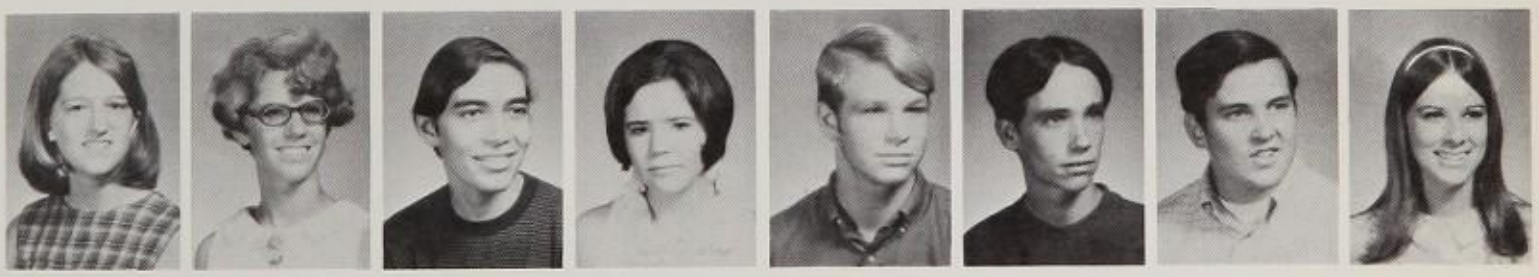
Juniors study for Finals.

Walker, Clarke
Walker, Rita
Wallace, Margo
Walton, William
Warner, Craig
Waters, James
Watson, Mike
Watts, Rodney

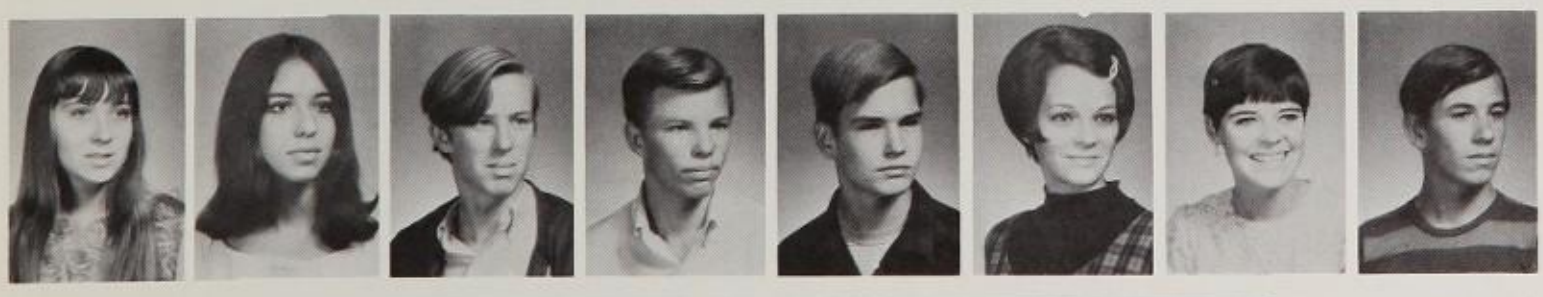
Weaver, Michael
Weber, Ellen
Webster, Charles
Weidinger, Patricia
Wendleton, Gail
Whiddon, Linda
Whillock, Mark
White, Mike



Wickersham, John
Wiechert, Tom
Wilcox, Charles
Williams, Bryan
Williams, Gary
Williams, Lisa
Williams, Mary
Williams, Walter

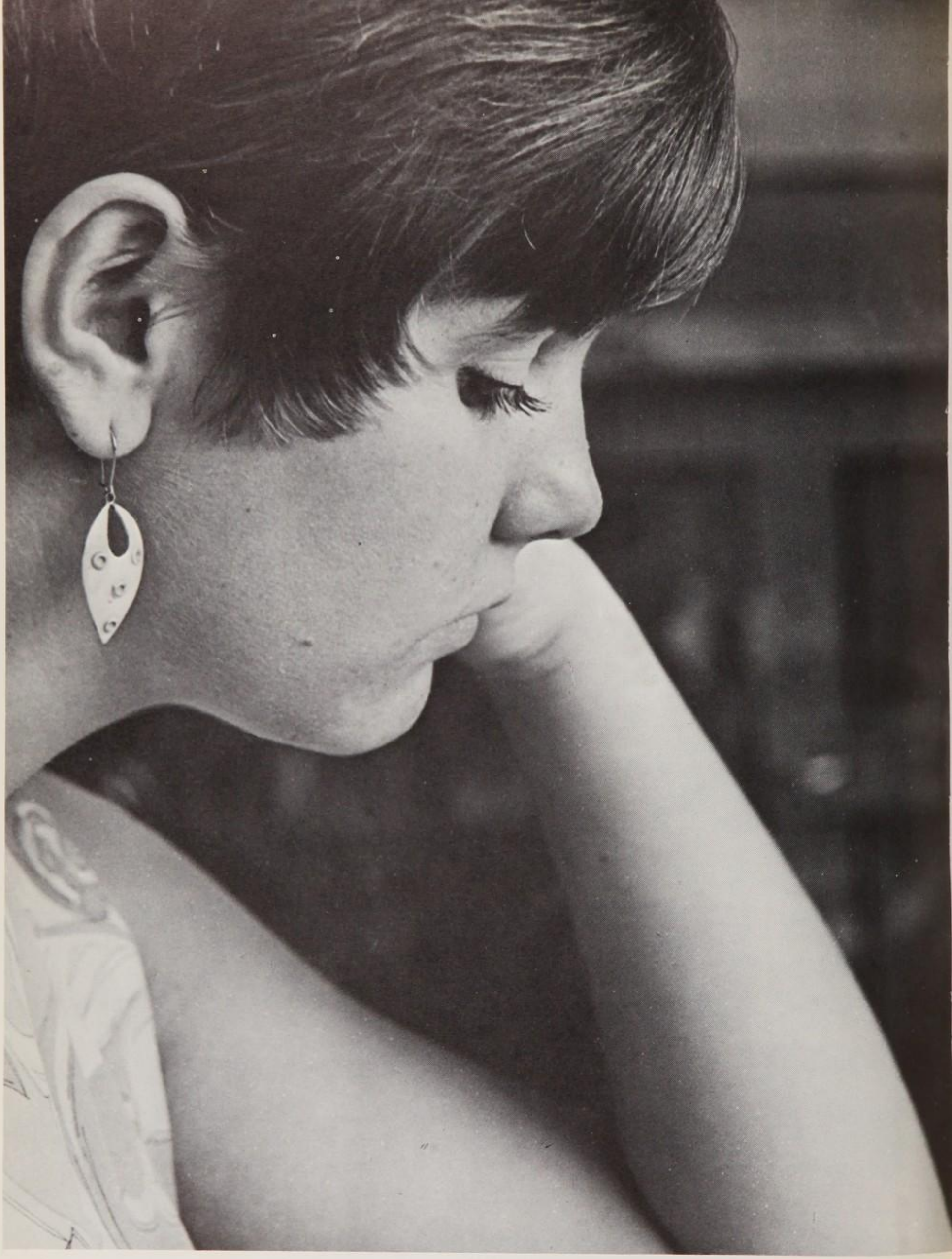


Williamson, Harriet
Wills, Beverly
Wilson, Bob
Wilson, Lynn
Wilson, Stephen
Winfree, Bill
Woll, Jeffery
Wood, Gale

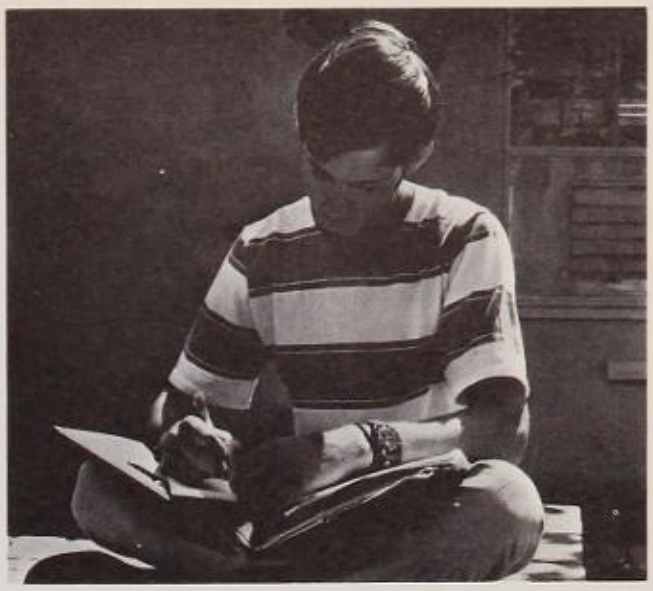


Wood, Judith
Wood, Liz
Wood, Nikki
Worley, Glen
Wrightson, Steve
Wyatt, Sherry
Young, Chris
Young, Robert

Youngflesh, Cheryl
Youngquist, Linda
Zapf, Donna
Zapf, Ronald
Zarkos, James



Underclassmen Experience Freedom to . . .

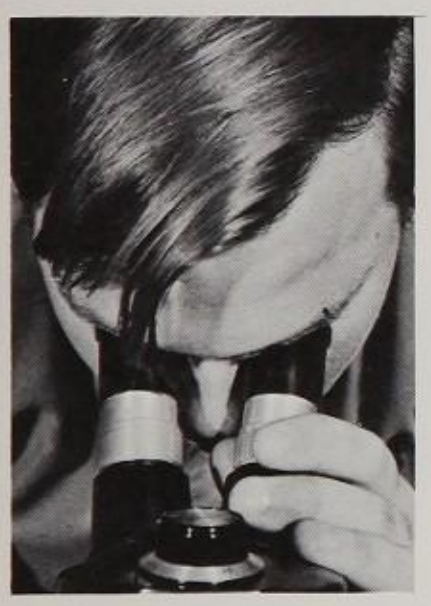


Learn

Relax

Communicate

Create

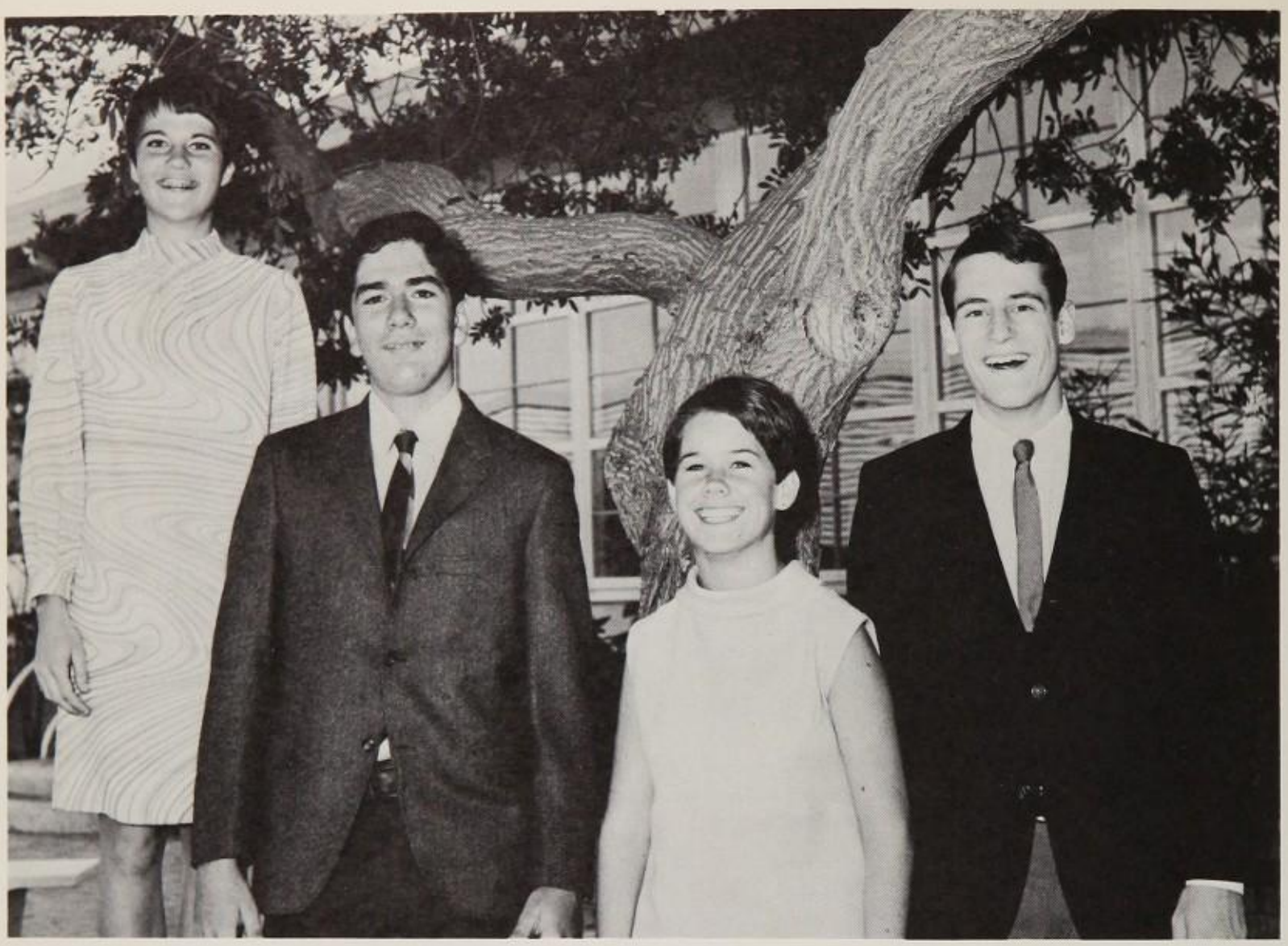


Explore

Make Friends

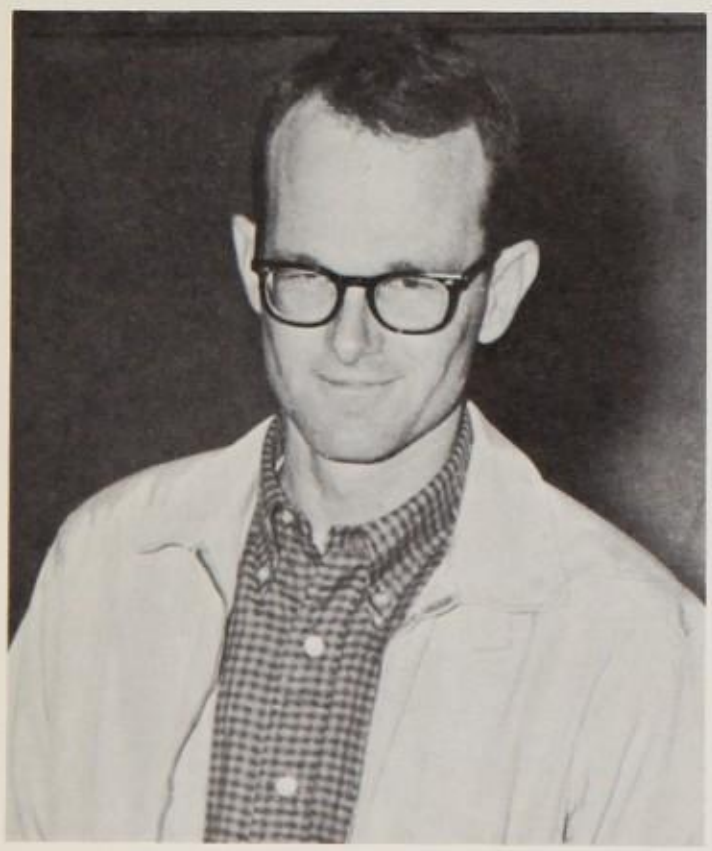
In a spirit that frees us from the bonds of tradition and launches us on a perpetual search for Truth.

The Sophomore Class Officers



L to R: Leslie Lockwood, Secretary; Bruce Merino, Treasurer; Margie Duffy, Vice-President; John Lillich, President.

Counselors

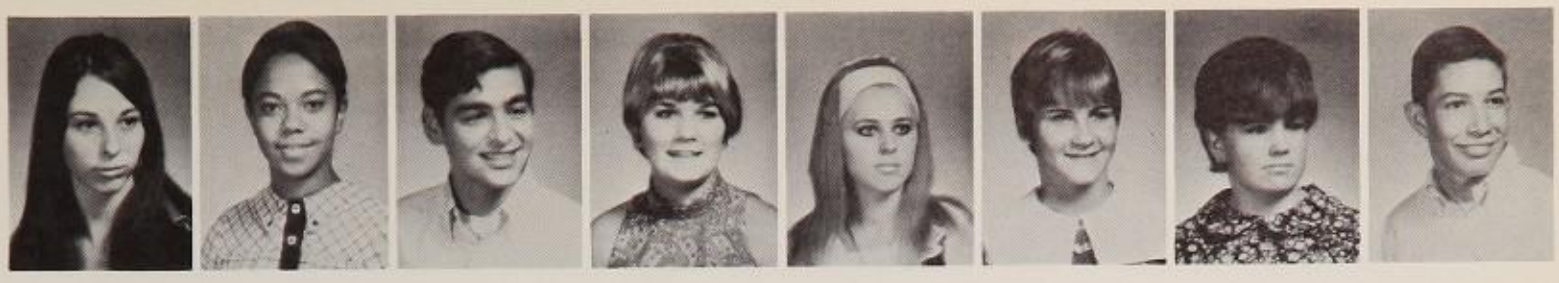


Mr. Ehlers
Advisor

Mr. Carlton

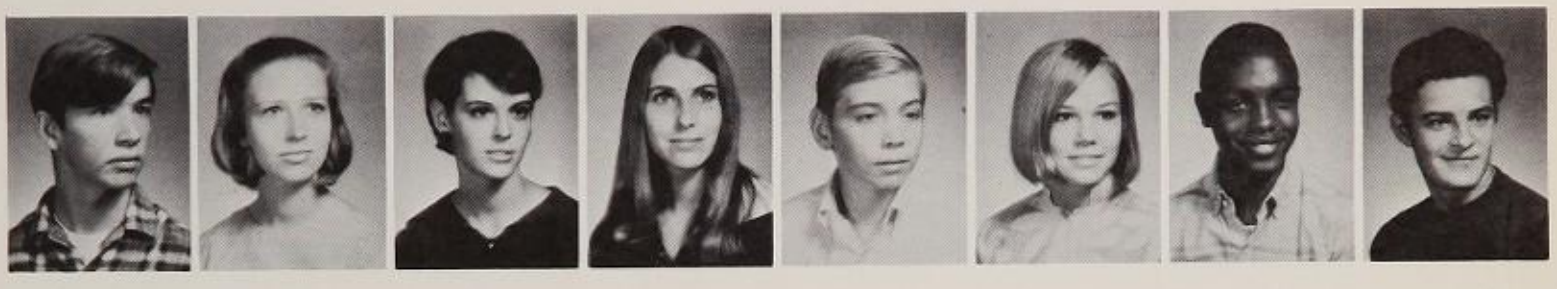
Miss Houghtaling

Abbott, Beverly
Aea, Josephine
Albanese, Patrick
Alford, Deborah
Allin, Gail
Alschbach, Laurie
Ament, Marilyn
Ammann, David



Anderson, Bruce
Anderson, Carole
Anderson, Chuck
Anderson, Colleen
Anderson, Gerald
Andrews, Bruce
Andrews, Pamela
Andrews, Susan

Archer, Charles
Argubright, Peggy
Ariessohn, Melanie
Armstrong, Joyce
Askew, Kent
Atkins, Kristen
Avery, Jerome
Azevedo, Mike



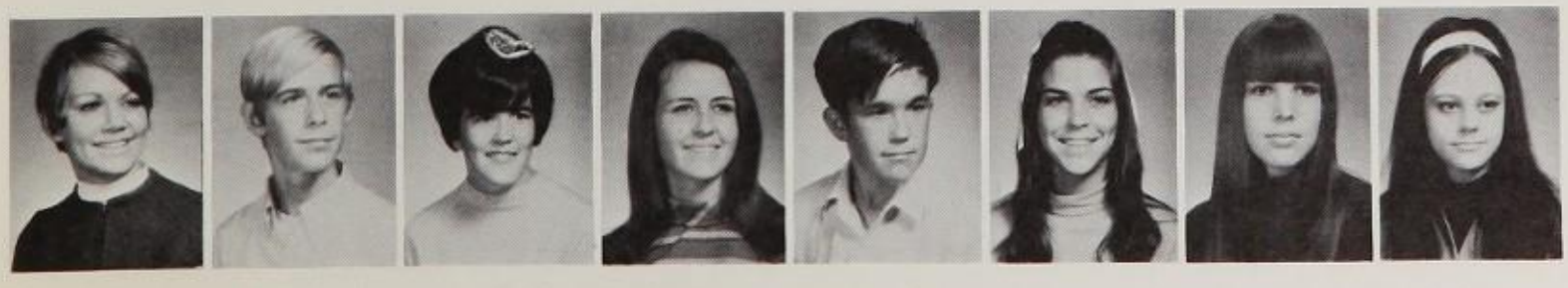
Aziz, Michael
Bahno, Ronald
Baker, Cathy
Balsey, Carol
Bandy, Richard
Bangs, Walter
Bannister, Cheryl
Bareno, Juliet

Barnhill, William
Barrios, Eugenia
Bartol, Theresa
Baston, William
Baum, Robert
Baxter, Paula
Beckstrand, Vicky
Bedlion, Jan

Beggs, Wallace
Belden, Susan
Bell, Marsha
Bennett, Shawn
Berger, Garry
Best, Gary
Bishop, Robert
Blackburn, Beth

Blount, Delari
Bly, Susan
Bobbitt, Joyce
Bogdan, Sandra
Bolen, James
Booth, Stephen
Bouchard, Debra
Boucher, Laura

Boyar, Susan
Boyette, Michael
Bozarth, Cathy
Bray, Debra
Brennan, James
Bresnahan, Maureen
Broulik, Michele
Brown, Jocelyn



Sophomores

Brown, Robin
Budzinksi, Eva
Burgess, Patsy
Burgos, Josephine
Burns, Robbie
Burrows, Colleen
Busick, Janet

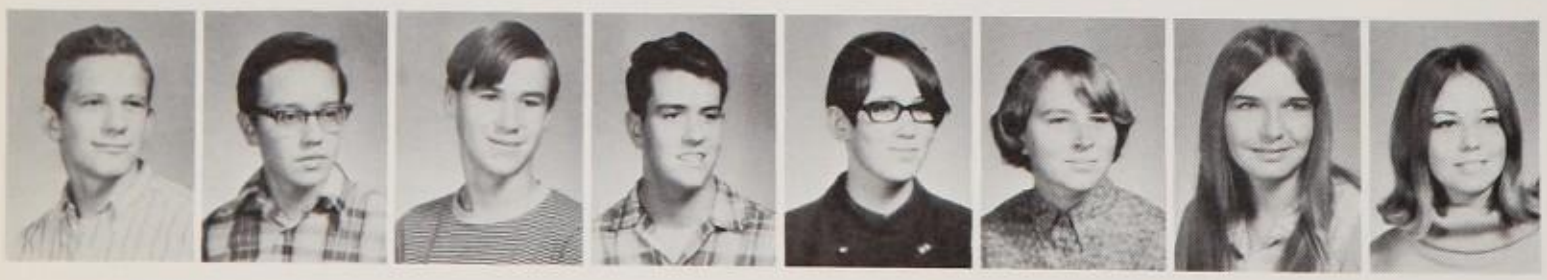
Cache, John
Caillouet, Nanette
Cain, Julie
Calentine, Robert
Cameron, Kathy
Cannizzaro, Diane
Carlin, Michael
Carlini, Anita

Carlson, Dale
Carte, Cynthia
Carter, Eva
Castaneda, Robert
Castro, Danilo
Cesena, Robert
Christison, Jon
Cimmarrusti, Carla

Claar, Todd
Clarey, Donna
Clark, Larry
Clary, Dianne
Clay, Steven
Clay, Stephen
Clifton, Ann
Close, Jeffrey

Colbeth, Suzanne
Cole, Valerie
Coleman, Daniel
Coleman, Joann
Collins, Terrance
Conniry, Bernadette
Cook, Asa
Cooley, Bruce

Cooper, Sindii
Cooper, Sylvia
Cooper, Thomas
Coover Stephen
Corbett, Martha
Corella, Billy
Cote, Donald
Cottrell, Steve



Couverette, Charles
Cownie, David
Cox, Alvin
Cox, Geary
Cox, Kathleen
Coy, Victoria
Craver, Janet
Crews, Denise

Cripps, Lawrence
Cross, Claudia
Crouch, Janice
Crouch, Judith
Cusumano, Jack
Cuthbert, Cynthia
Cyman, Francis
Daasnes, Michael

Dahl, Douglas
Davidson, Gayle
Davis, Cathy
Davis, Janet
Dayhoff, Jim
De Hope, Katherine
De Jong, Denise
De Jong, Gary

De La Bretone, Teri
De La Houssaye, Gwend
De La Rocha, Anando
De Marce, Jeff
De Turi, Roxanne
Deeds, Steve
Delp, Lynne
Denhart, Eileen

Denton, Michael
Di Meo, Maura
Dillahunt, Wayne
Dinkle, Terry
Dixon, Kim
Dixon, Larry
Dixon, Susan
Doll, Randy

Donathan, Gary
Donovan, Pat
Dornbusch, David
Dors, Lily
Dow, David
Dragoo, Barbara
Drew, Hal
Duffy, Margie

Duke, Larry
Dunn, David
Dunn, Linda
Dutton, Deborah
Eastin, Pat
Edwards, Douglas
Eells, Diane
Ek, Carl

Elliot, Robbin
English, Shirley
Enhelder, Carol
Enos, David
Eurich, Jerri
Evans, Nora
Evans, Suzanne
Evers, Dennis

Fahring, Melody
Fairweather, Rosemary
Falconer, Scott
Farnsworth, Lois
Farretta, Joe
Faulk, Thomas
Fellman, Debra
Fleming, Keith

Fogelberg, Linda
Ford, Jane
Fordem, Ricky
Forsythe, Deborah
Franklin, Al
French, Carol
French, Martin
French, Rebecca

Friar, Mary Lou
Friedgen, Susan
Fristo, James
Frontiero, Grace
Fuller, Robert
Fullerton, Shawn
Gandy, Michael
Garcia, Debby

Garcia, Richard
Gardner, Christine
Garrett, Clifford
Garvin, Jeanine
Gayhart, Lynne
Gerstein, Janette
Gibson, Jonathan
Gillingham, David

Gilmore, Laurel
Gleason, Ron
Golembiewske, Patsy
Goodman, Charles
Gordon, Alan
Grable, John
Grande, William
Grandjean, Patricia

Gray, Richard
Grindle, Dennis
Grosse, Paul
Grove, Debra
Guenon, Michael
Guerrero, Richard
Hada, Joy
Hafner, Anita

Haider, Paula
Hall, Marsha
Haney, Barbara
Hardin, David
Hargrave, Gregory
Harman, Linda
Harper, Diane
Hart, Brion

Hart, Ron
Hartley, Marilyn
Hayes, Richard
Hayward, Michael
Head, Denay
Heid, Anne
Heighes, Mike
Heitman, Bruce

Helms, Patricia
Herald, John
Hernandez, David
Hewitt, Mark
Hickman, Greg
Hill, Kathleen
Hill, Richard
Hillix, Jonnie

Hinck, Joyce
Hobson, Ruth
Hoefler, Bruce
Hoffman, David
Holding, Fred
Holding, Marilyn
Hollins, Melvin
Holowach, Laura

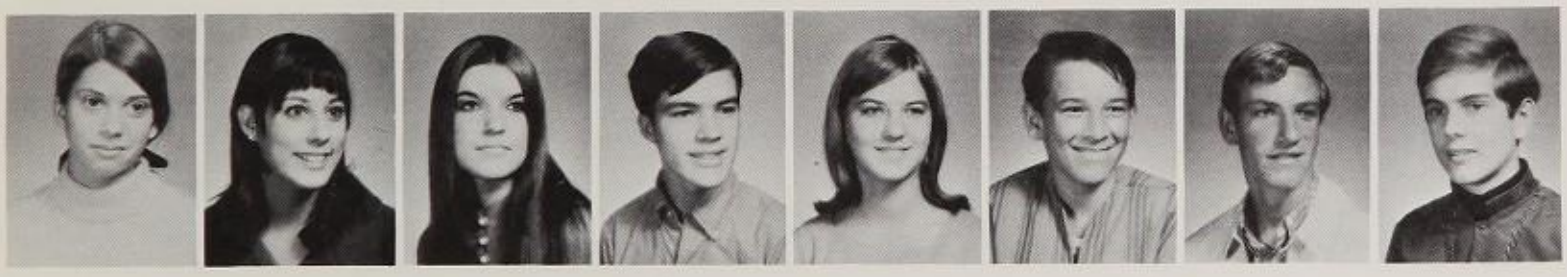
Honz, Mike
Hoover, Caron
Hoover, William
Hopkins, Ann
Horlor, Ian
Howard, Pamela
Howard, Susan
Howe, Sandra

Howerton, Gordon
Huckle, Susan
Hughes, James
Hulbert, Debbie
Hunter, Cathleen
Huskey, Chuck
Huson, Patty
Hyder, Shirley

Irwin, Laureen
Jackson, Karen
Jackson, Richard
Jacobson, Kerry
Janson, Clifford
Jarman, Tracy
Jarrold, Barbara
Jenkins, Alvis

Jensen, Claudia
Jessup, Brenda
Jester, Tony
Jingling, Marcia
Joergensen, Deborah
Johns, Katherine
Johnson, Art
Johnson, Janet

Johnson, Sharon
Johnston, Amy
Jones, Edward
Jones, Jennifer
Jones, Margaret
Jones, Patricia
Jones, Victoria



Justice, Rebecca
Kachians, Patricia
Kachok, Marguerite
Kaminski, Richard
Keats, Jerrie
Kellhofer, Michael
Kellison, Bruce
Kent, Brian

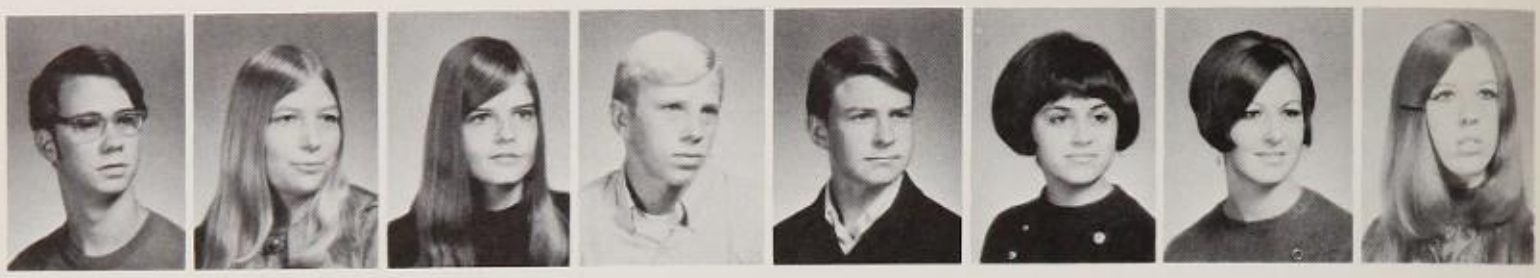
Kerrigan, Patrick
Kida, Jeffrey
Kiener, Ann
Kingsley, Alan
Kinnaman, Jo Ann
Kirk, Cheryl
Kirklen, Jacquelyn
Koehler, Donna

Koehler, Ruth
Kollars, Jim
Kraus, Bonita
Kuhn, Sandra
Kurth, Dan
Kurtz, Sandra
La Certe, Onil
Laber, Daniel

Sophomores

Lagorio, Anthony
Laird, Elizabeth
Lambert, Richard
Lambert, Vicki
Langlois, Eugene
Larkin, Terry
Larsen, Kevin
Laslo, Laura

Lawrence, Bob
Lee, Joan
Leslie, Anita
Lester, Gary
Leth, Gaylin
Leveen, Katen
Lewellin, Vickie
Lewis, Jeannette



Liddell, Michael
Light, Cynthia
Lillich, John
Lindsay, Christie
Lindsey, Jeanne
Lintvedt, Dennis
Liptrap, Diana
Lish, James

Little, Sandra
Lockwood, Leslie
Lolli, Steven
Long, Kristine
Lovell, Steven
Lovett, Leslie
Lozinski, Deborah
Lufsey, Claudia

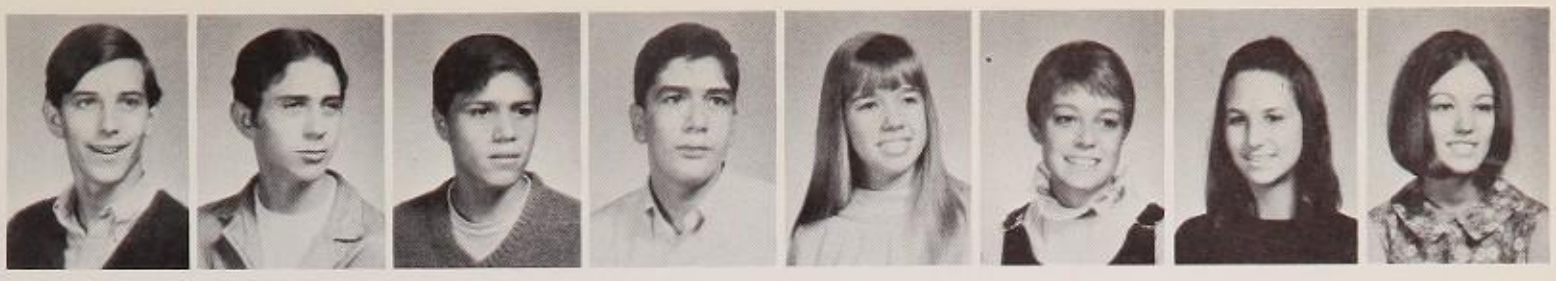
Lundmark, Rand
Luppens, Greg
Luse, Sarah
Luthi, Roland
Lynch, Katherine
Lynes, William
Mac Gillivray, Louise
Madison, Jona

Malek, Corrine
Malsack, Karen
Mandolf, Melissa
Mann, Candace
Mann, Christine
Marks, Dale
Martin, Frank
Martin, Joyce

Martinez, Ben
Massey, Mark
Mazalewski, Robert
Mc Carthy, Nancy
Mc Collum, Pat
Mc Connell, Karen
Mc Cook, Gary
Mc Cusker, Michael

Mc Daniels, Roxanne
Mc Donald, Roger
Mc Dougal, Sandra
Mc Dowell, Teresa
Mc Killop, Laurie
Mc Knight, Mary
Mc Laughlin, Mike
Mc Neely, Philip

Mc Nulty, William
Mead, Gordon
Mendoza, Edward
Merino, Bruce
Meserole, Doris
Michener, Bernadette
Miller, Joy
Miller, Julie



Moore, Jim
Moore, Thomas
Motisi, Anthony
Myers, Debra
Needham, Katherine
Nelson, Michael
Neptune, Denis
Newby, Kyle

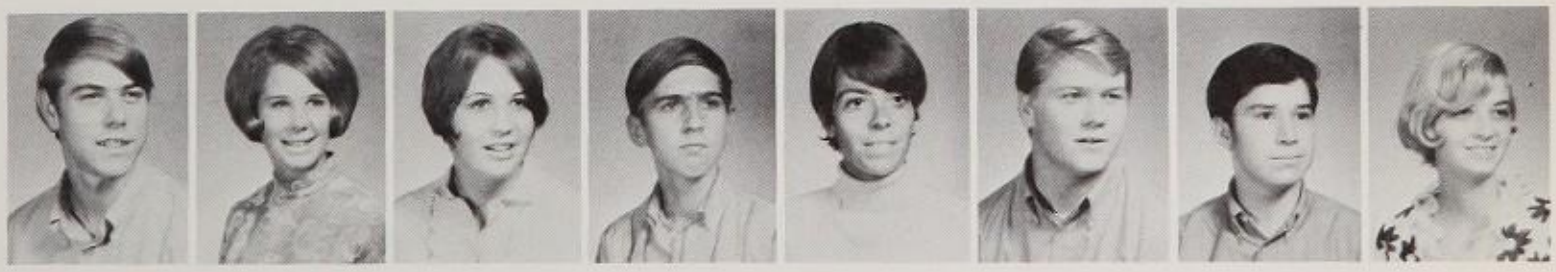
Nicholas, Kenneth
Nichols, Sharon
Nielsen, Douglas
Noland, Pamela
Nystrom, Thomas
O'Brien, Laura
Odendahl, Teresa
Offutt, Christine

Oldham, Pamela
Oliver, James
Oliver, Judy
Pace, Maria
Palmer, Arlene
Palmer, Lloyd
Paradise, Wayne
Parcel, Don

Park, Geraldine
Parker, Daniel
Parker, Doug
Parker, Jacqueline
Parker, Lloyd
Parker, Randy
Parks, Debra
Patrick, Susan

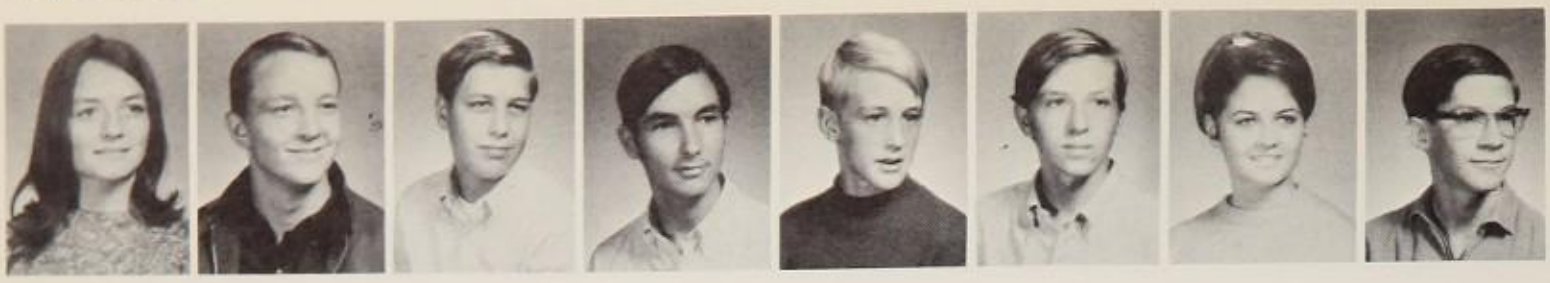
Paulick, John
Payne, Dennis
Pearson, Dora
Peck, Valarie
Peeters, Rick
Pepin, Dion
Perkins, Harold
Pernicano, Frank

Peterson, David
Peterson, Katharine
Peterson, Kathie
Peterson, Val
Phillips, Christine
Phillips, Richard
Pimentel, Alberto
Pippin, Patricia



Pitts, Ruth
Pleasant, Charles
Plymale, Sandra
Pontarolo, John
Poremba, Stanley
Powell, Bill
Powell, Bruce
Purdum, Tana

Sophomores



Rachel, Kristi
Raffesberger, Mike
Rakestraw, Derwin
Ramet, Gregory
Rasmussen, Christopher
Rasmussen, Douglas
Rathbun, Celeste
Rauscher, Eric

Raymond, Stephanie
Rea, Roxanne
Redmond, Glen
Regas, Kurt
Reif, Johanna
Renfrow, Edwin
Reynolds, Patricia
Richardson, Boyd

Richardson, Pamela
Riehle, Steve
Rikeldifer, Bette
Rivera, Rosemary
Robbins, Danna
Roberts, Debbie
Rodriguez, Diane
Rodriguez, Martin

Rogers, David
Rogers, Mary
Romero, Roger
Roste, Tom
Ross, Kimberly
Ross, Taymond
Rost, Wayne
Roy, Deborah

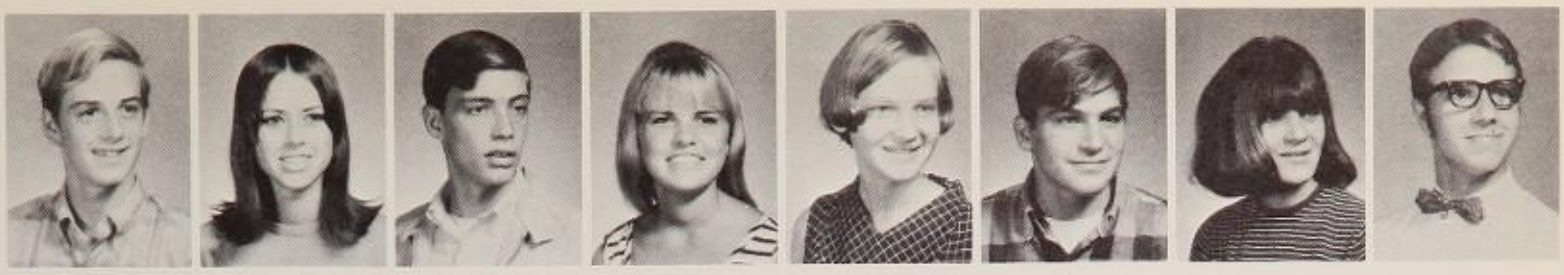
Royce, Arlene
Rubalcaba, Theresa
Ruegg, Harvey
Rugh, Randy
Ruiz, Rosanne
Russell, Linda
Saiz, Thomas
Salar, Connie

Sanchez, Humbert
Sanchez, Mary
Sanders, Dixie
Sandifer, Lucille
Sardina, Katherine
Saucedo, Jesus
Schafer, Martin
Schmidt, Cindy

Schnebly, Anne
Schultz, Randy
Schultz, Rickey
Scott, Brenda
Scott, Sherry
Seal, Kathryn
Seevers, David
Selik, Nancy

Semancsin, Carol
Serna, Betty
Severns, Lorena
Shaw, Jill
Shipherd, Leah
Simmons, Debbie
Simpson, Graham

Simpson, Marilyn
Simpson, William
Singer, John
Skidmore, Susanne
Skop, Vera
Skurdahl, Edward
Sledzinski, Elizabeth
Sluder, Danny



Smelko, William
Smith, Barbara
Smith, Barry
Smith, Danny
Smith, John
Smith, Birrell
Sousa, George
Spencer, Paula

Spivey, Timothy
Spry, Shawn
Stamos, Lydia
Stants, Gary
Stark, Tamara
Starke, George
Starr, Craig
Stauffer, Kathleen

Steele, Steve
Steinauer, Mitchel
Stensrud, John
Stevenson, Sue
Stickney, John
Storey, Valerie
Stottlemyer, Rick
Strother, Ronald

Stroud, Mark
Stump, Richard
Stumpff, Mark
Sullins, Jim
Sullivan, Sharon
Surenok, Wayne
Sutera, Joseph
Sutton, Leslie

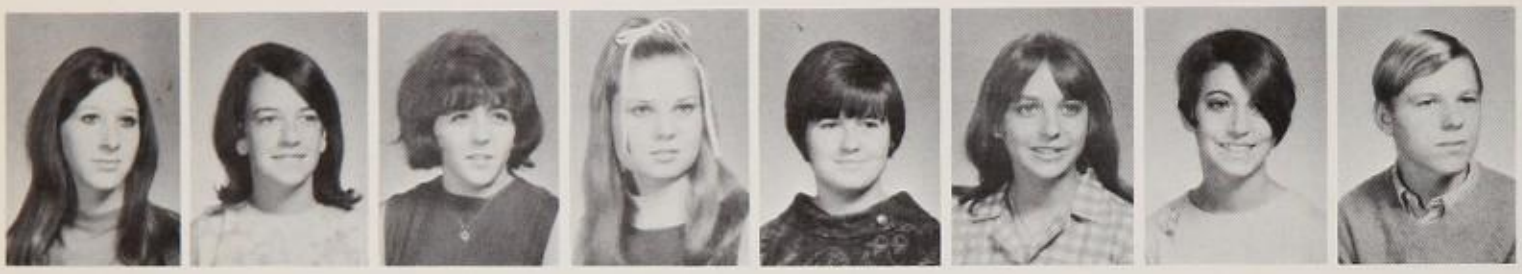
Swanson, Ingrid
Swartz, Richard
Sweat, Don
Swink, Richard
Taber, Sherri
Taddeo, David
Talley, Brooks
Tate, Tamara

Taylor, Brenda
Taylor, Jimmy
Taylor, Mary
Teigen, Kirk
Terpening, Gail
Thomas, Douglas
Thompson, Barbara
Thompson, Barton

Thompson, Elizabeth
Thompson, Johnny
Thompson, Patrick
Thompson, Sharon
Thompson, Steve
Thompson. Trudy
Thoner, Terry
Thornton, Cleveland

Thorpe, Linda
Thorsnes, Jeffery
Thunberg, Frances
Todd, Dan
Tompos, Stephanie
Toovey, Mike
Torrens, Deborah
Townsend, Tom

Triebull, James
Vanslager, Joyce
Varino, Susan
Varney, Doug
Vasconcellos, Darlene
Wagner, Richard
Walden, William
Wallace, Deborah



Wallbrink, Carol
Walton, Susan
Ward, Sue
Warwick, Diana
Watson, Brenda
Weinblatt, Geriann
Weisinger, James

Welch, Kathy
Wermuth, Christine
Wetherbee, Steve
Wheeler, Ellen
White, Gary
White, Linda
Wickersham, Carol
Willbanks, Robert

Willett, George
Williams, Melvin
Williams, Michael
Williams, Milton
Williams, Ricky
Williams, Steve
Williams, Susie
Williams, Kenneth

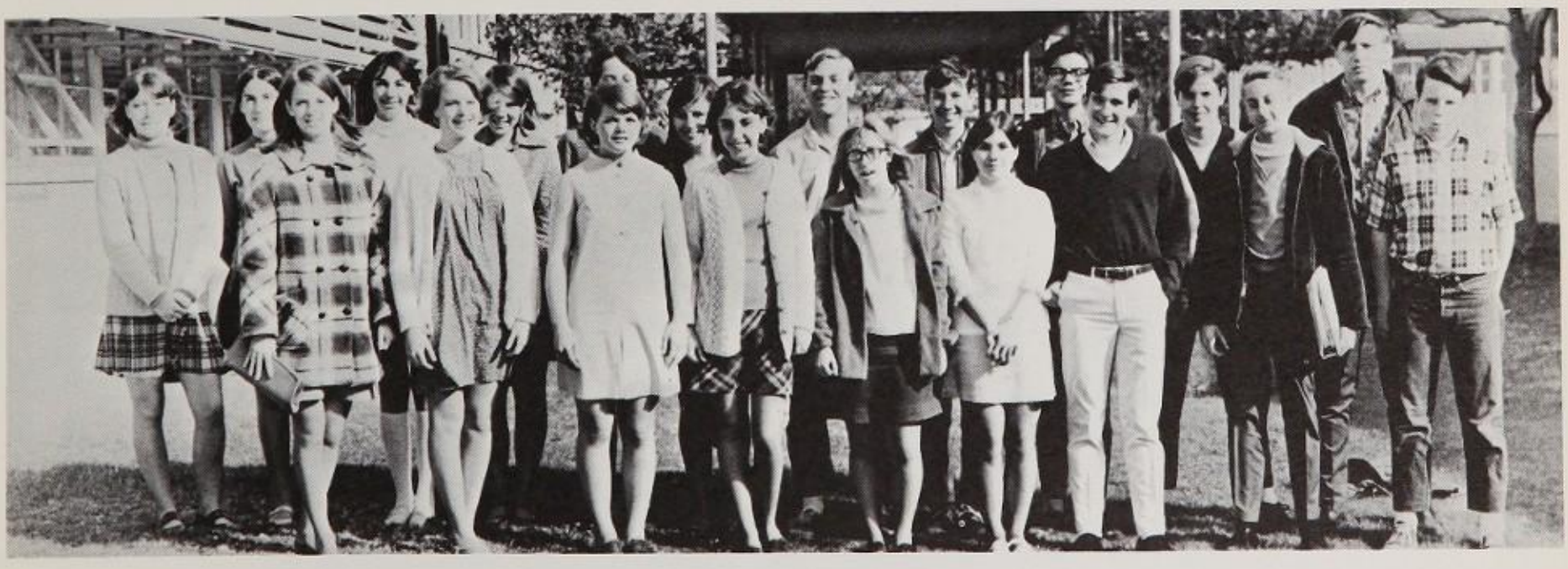
Willis, Patty
Willis, Susan
Wilson, Larry
Winchell, Steven
Wirtz, Joyce
Wise, Kerry
Wood, Susan
Wulff, Lawrence

Yale, Chelle
Yamashita, Julie
Yano, Joanne
Ybarrondo, Frederick
Yohe, Michael
Zablotny, Suzanne
Zalopany, Oresta
Zeitz, Marian

Zetterlund, Debbie
Zitren, Nancy
Zulauf, Joseph.

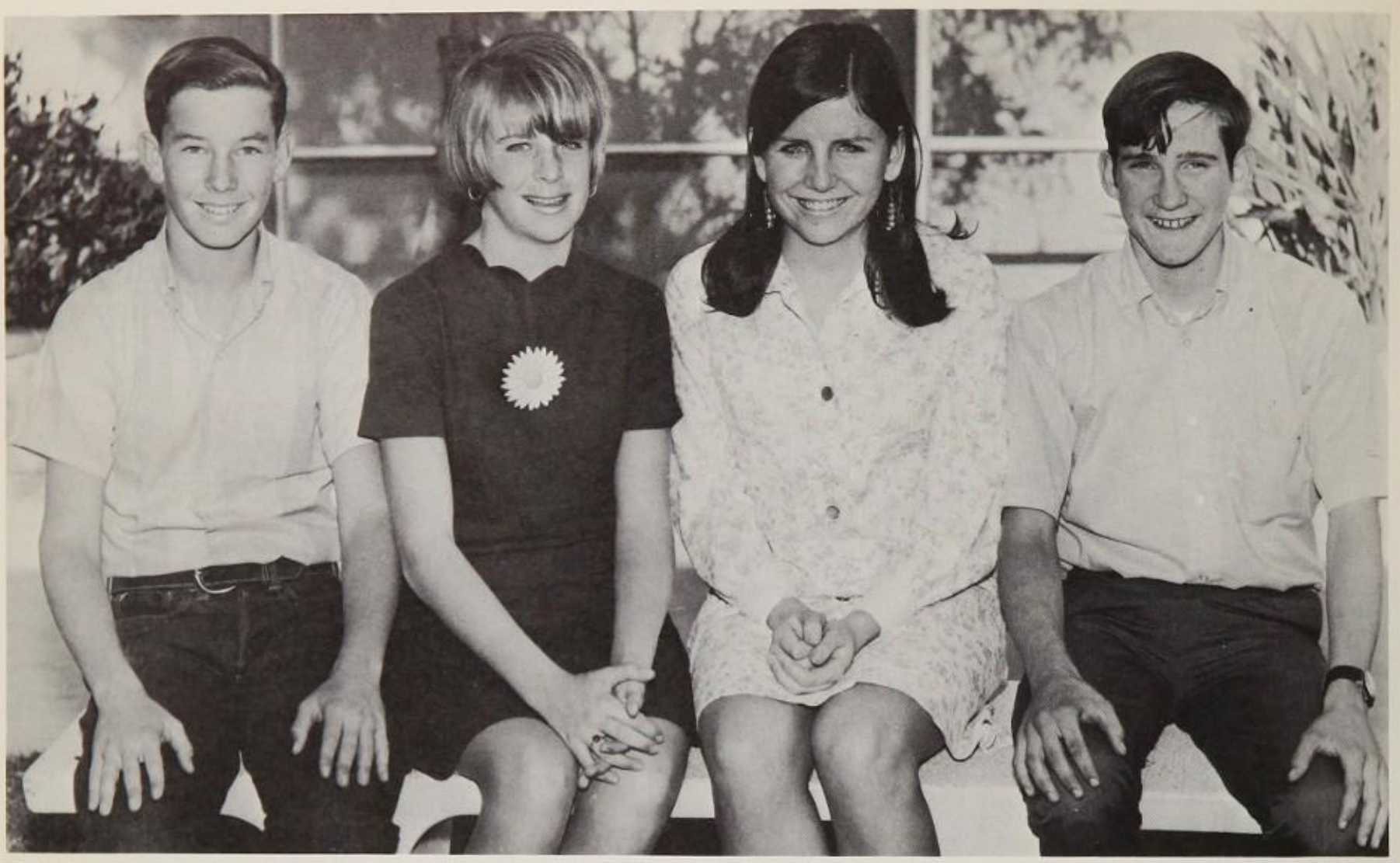
Junior Class Council

Sophomore Class Council



Freshman Class Council

The Freshman Class Officers



L to R: Joe Gamache, President; Lori Schmidt, Secretary; Lisa Heerwald, Treasurer; Jeff Jones, Vice-President.

Counselors

Miss Basgall
Advisor

Mr. Carlton

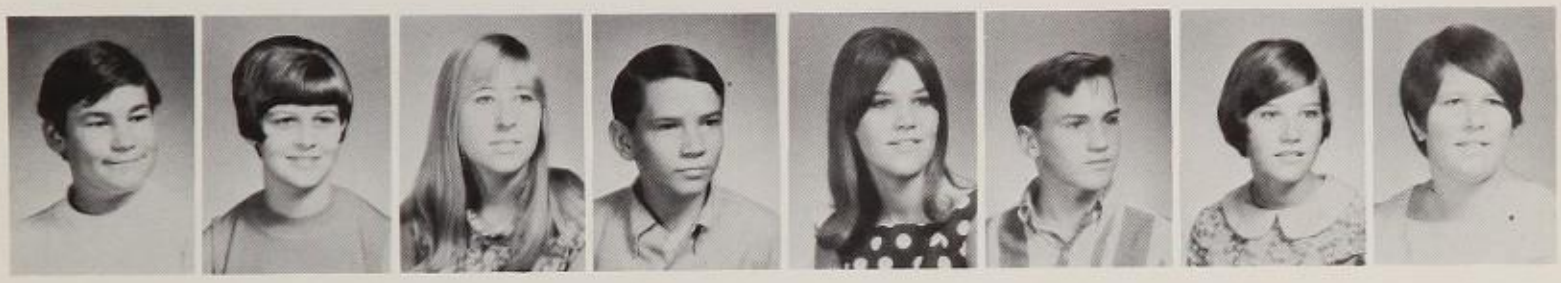
Mr. Gould

Abel, Robert
Adams, Pam
Adolph, Dale
Aguirre, Richardo
Alford, John
Allman, Alan
Alvarez, Albert
Alvarez, Cecilia

Alvarez, Ramona
Ament, Anita
Amodeo, Lois
Anderson, Dianna
Anderson, Garrett
Anderson, Karla
Anderson, Melissa
Anderson, Syndee

Andrews, Leona
Andrews, Wanda
Annis, Jenette
Archer, Paula
Asaro, Maria
Aunan, Jim
Avery, Gail
Axt, Deborah

Babb, Bob
Bagshaw, Lee
Baker, Debbie
Baker, Jim
Baker, Redarle
Bangs, Alan
Banker, Debbie
Barber, Linda



Barnes, Bob
Baron, Stan
Barrowclaugh, Greg
Barsi, John
Barton, Steve
Bates, Debbie
Baty, Gary
Bauer, Larry

Baxley, Dana
Beal, Cheryl
Beasley, Andy
Beck, Raymond
Bedlion, Mark
Beitinger, Stephanie
Belmer, Marcia
Benally, Marjorie

Benner, Mark
Bennett, John
Berg, Greta
Bernstein, Debbie
Bevilacqua, Marcia
Beznica, Ellen
Bichowsky, Carolyn
Bobbitt, Jerry

Bock, Daniel
Bonilla, Marcelle
Bradley, Debbie
Branch, Eileen
Bressi, Paula
Briscoe, Dan
Brooks, Richard
Brothers, Michael

Brown, Conchita
Brown, Cora
Brown, Renee
Brown, Shirley
Browning, Jim
Brubaker, Joan
Brule, Mike
Brumbaugh, Carol

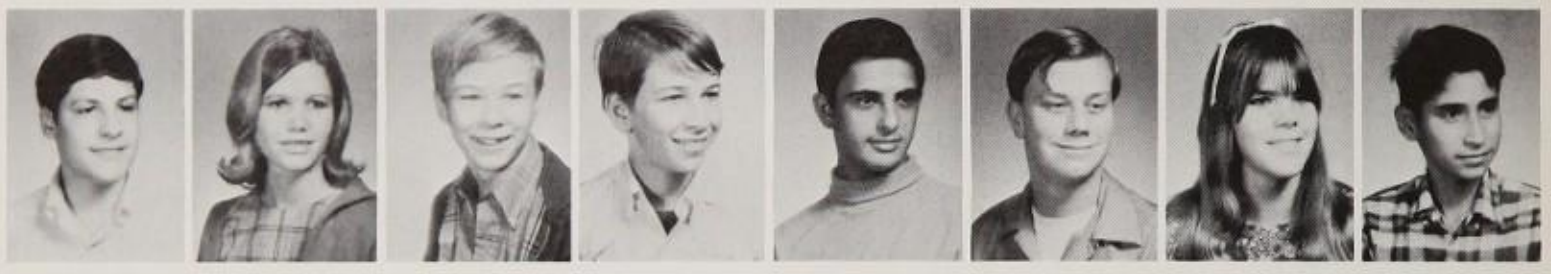
Freshmen

Buffington, Jeff
Burbank, Robin
Burgar, Pat
Burgess, Terri
Burgos, Jose
Burns, Larry
Burrows, Nancy
Butcher, Kevin

Bydevier, Harry
Cable, Becky
Cacho, Estella
Callahan, Kathy
Camacho, Juan
Campagna, Elizabeth
Campagna, Rich
Campbell, Stuart

Cannon, Jim
Canzoneri, Ruth
Capp, Debra
Cardenez, Roberta
Caronna, Henry
Carr, Bob
Castiglione, Sandra
Castro, Damon

Catalfo, Frank
Caughlin, Pat
Caulfield, Tim
Cease, Jim
Cefaratti, Ralph
Chalfant, Mike
Chandler, Lois
Chavez, Albert



Cherry, Nancy
Childers, Lenetta
Christiansen, Jodi
Churchman, Donna
Cimmarrusti, Mario
Clemens, Cathy
Clepper, Brenda
Coffield, Valerie

Conner, Carolyn
Conner, David
Connolly, Darlene
Conti, Anthony
Cook, Donald
Cooper, Cheri
Cooper, Jim
Corbett, Dave

Costello, Debra
Cownie, Cheryl
Cox, Brenda
Cox, David
Cox, Jay
Crabtree, Sena
Creel, Debra
Crocker, Steve

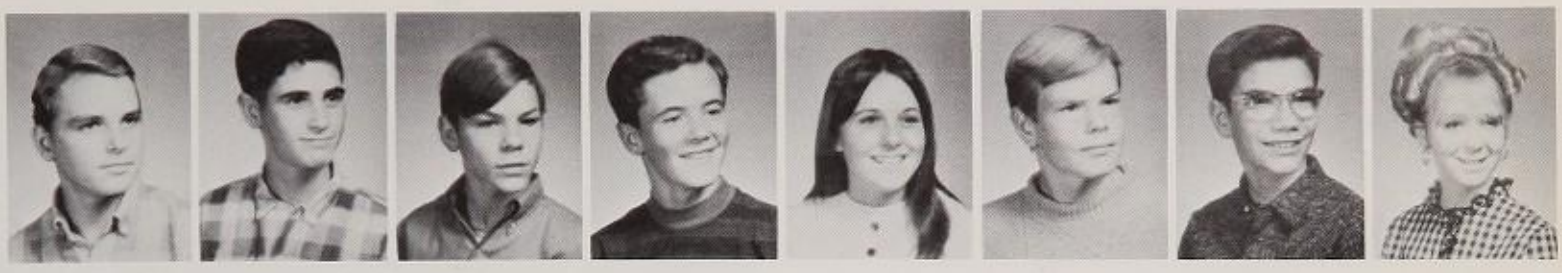
Crook, Karen
Crowell, John
Dale, David
Dalton, Nick
Danielson, Janet
Davis, Cynthia
Davis, Deedra
Davis, Lucille

Davis, Randell
Dawon, Donna
Dearie, Myrna
DeCarli, Joe
Dembowski, Lorin
Dennington, Jill
Deskins, Vicki
Dickinson, Terry

DiMaio, Laureen
Dobrich, Joann
Donnelly, Mark
Donovan, Margaret
Douglas, Deborah
Duarte, Catheran
Dunn, Peggy
Dupree, Dennis

Edgil, Dana
Ellis, Shannon
Ely, Gary
Enciso, Martiniano
Engelke, Bruce
Engelke, William
Erautt, Tom
Evans, Mike

Everhart, Anthony
Fagelson, Jim
Farace, Robert
Farquar, Larry
Faught, Pam
Fedje, Steve
Fellows, Jeff
Ferron, Vicki



Figueiredo, Diana
Finch, Charles
Fischer, William
Fitzgerald, Pat
Flack, Patsy
Flores, David
Florida, Bill
Fluharty, Pat

Focht, Michele
Ford, Richard
Foye, Scott
Freeland, Kent
Freeman, Jim
Freer, Colleen
Frei, Michael
Freiling, Linda

Freitas, Arnold
Friar, Lujean
Friedrich, Carl
Frost, Ken
Fry, Donmara
Fuller, Jeff
Fuscoe, Jim
Gallemore, Andrea

Gamache, Joe
Gardner, Geoffrey
Gardner, Gregory
Gardner, Lynn

Gaskins, Mary
Gastelum, Carmen
Geddes, Kathy
Gegnose, Marianna

George, Terry
Gerbaz, Cecile
Gibbs, Jim
Gilmartin, Patrick

The milk for lunch bunch.

Freshmen

Gloede, Robin
Gonzalez, Carmen
Goodrich, Jim
Grable, Chris
Grande, Diane
Grant, Stanley
Graver, Paula
Greenhill, Larry

Greer, Steve
Griffin, Rick
Grimard, Deborah
Gross, Debra
Grote, Kim
Grunder, Gloria
Guarano, Cheryl
Hackett, Lisa

Haddock, Don
Haddock, Linda
Haile, Jim
Hamilton, Rick
Hamlin, April
Hand, Debbie
Hanson, Cindy
Hardin, Marilyn

Harmon, Richard
Harmuth, Suellen
Harper, Linda
Harper, Marian
Harris, Linda
Harrison, Eileen
Harrison, Janine
Hart, Paul

Hartley, Peggy
Hause, Steve
Heacock, Julie
Hedges, Jim
Heerwald, Lisa
Heid, Judy
Heim, Mike
Hendricks, Jeri

Hennum, Terrill
Henschel, Arthur
Hiben, Danny
Higgins, Diane
Hill, Opal
Hofer, Nancy
Hofmann, Rosemary
Holden, Karen

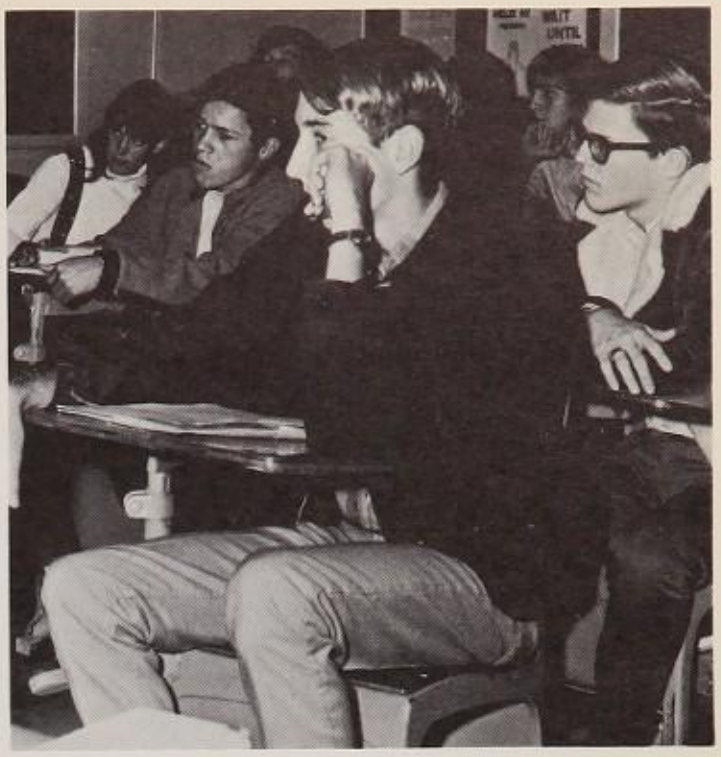
Honz, Steve
Hoover, John
Hoover, Karen
Howerton, James
Huffstutter, Dan
Hulbert, Nancy
Humphrey, Betty
Hunt, Brad

Hutchinson, Don
Jackson, Sue
Jaeger, Mike
Jahn, Duff
James, Sharon
Jarman, Pam
Jarvis, Glen
Johnson, Dennis

Johnston, Greg
Jones, Jeff
Jones, John
Jones, Richard
Jones, Tim
Justice, Leonard
Katan, Robert
Kathrein, Gordon

Keating, Dennis
Keebahe, Hazel
Kellhofer, Debra
Kelly, Don

Kelly, Madeline
Kendrick, Sheryl
Kent, Kevin
Kerby, Lynnette



Sophomore students hard at work.

Kerr, Thomas
Kibler, Koleen
Kilkenny, Kim
Killens, Tom

Kinsella, Kathy
Kirchner, Margaret
Kirk, Curt
Kirk, Pam
Knipe, Janice
Knox, Nancy
Kohagen, Karl
Kost, Sue

Kramer, Juanita
Kretz, Jeff
Kronkright, Dale
Krusesky, Robert
Kuhl, John
Kuhn, Mike
Kurtz, Mary
Kuykendall, Timothy

Lack, Regina
Lacy, Cynthia
Lagorio, Tosca
Landwehr, Rick
Lane, Lance
Latimer, Barb
Law, Jim
Laxson, Robert

Legault, Linda
Legault, Louise
Leveen, Steve
Lewis, Geoffrey
Lewis, Jackie
Lint, Deborah
Logan, Gary
Long, Kathy

Longfellow, Tom
Lopez, Loretta
Loraine, Marilyn
Lothringer, Carl
Lovejoy, Jack
Lowe, Lynn
Lucero, Alan
Lund, Mike

Lund, Rick
MacDonald, Mike
MacInnes, Pat
Macleod, Kevin
Macomber, Pam
Maginnis, Valerie
Mahoney, Kathy
Maihack, Bradley

The band practicing to win.

Malek, Daniel
Malone, David
Malpas, Joanne
Mangum, Sharon

Marable, David
Marikle, Edward
Markley, Kim
Marriott, Valerie

Martin, Gerry
Martin, Jennifer
Martin, Lance
Martinez, Cynthia

Martinez, Fernando
Massey, John
Matheny, Mike
Matheson, Peter
Mathieson, Deborah
Matyas, Jo Ann
Mayer, Paul
McDonough, Marla

Mc Dowell, Marion
McElroy, Loree
McFarland, Brenda
McGregor, Jill
McHorney, Roberta
McKee, Howard
McLeod, Gary
McNichol, Francis

Meads, Tom
Medieros, Pam
Meek, Russell
Mehaffie, Craig
Mendoza, Jo Ann
Merrill, Pam
Miller, Barbara
Miller, Debra

Minter, Tommy
Mitchell, Judith
Mitchell, Kennith
Moore, Reed
Moore, Theo
Moore, Walter
Moran, Jim
Morissette, Claudia

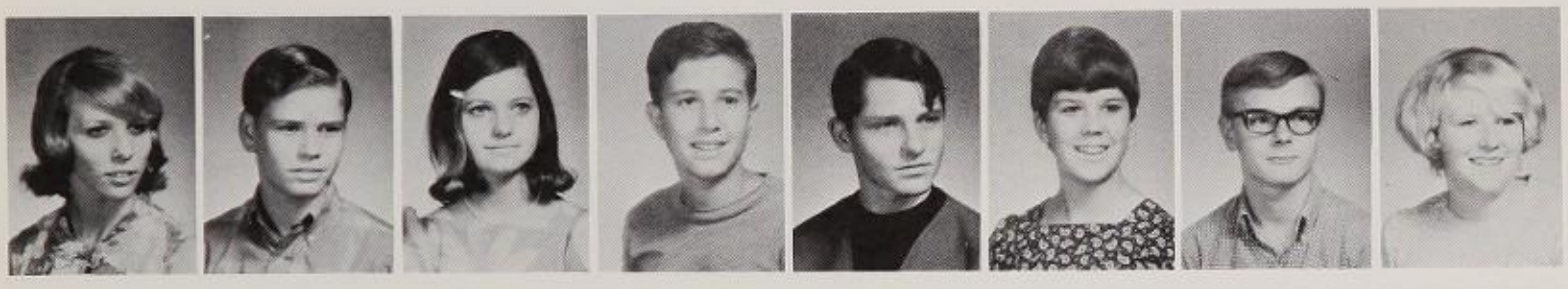
Morton, Linda
Mulvihill, Sue
Mirawsky, Edward
Murphy, Bill
Myers, Greg
Needham, Deborah
Neff, Jeff
Nelson, Emily

Nelson, Gene
Nevels, Chester
Nichols, Chuck
Nicholson, Robert
Nicodemus, Tom
Norris, Barbara
Norton, Debra
Nottingham, Holly

Novell, Paula
O'Barr, Mike
Oberlies, Tracy
O'Dell, Danny
Olmstead, Diane
Olmsted, Keith
Olson, Carol
Olson, Nikki

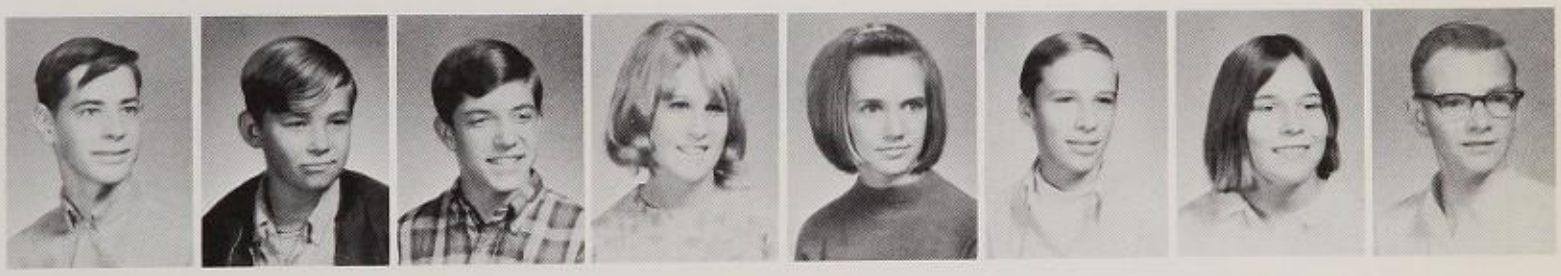
Orsborn, Dennis
Pace, Roy
Padilla, George
Papoulias, Mary
Paredes, Tony
Parker, Joan
Parker, Kathy
Paularena, David

Peace, Deborah
Pearson, Jennette
Peck, Becky
Pecdraro, Phyllis
Pekelder, Luann
Perkins, Robert
Perrapato, Steve
Perry, Craig



Perry, Joyce
Phillips, Gary
Phillips, Marilyn
Pisciota, Jimmy
Pitt, Walter
Pittman, Cynthia
Planalp, Wayne
Poskitt, Karen

Posladek, David
Potter, Ronald
Pottinger, Philip
Powers, Catherine
Price, Marla
Price, Rahn
Quick, Cynthia
Rafferty, Alex

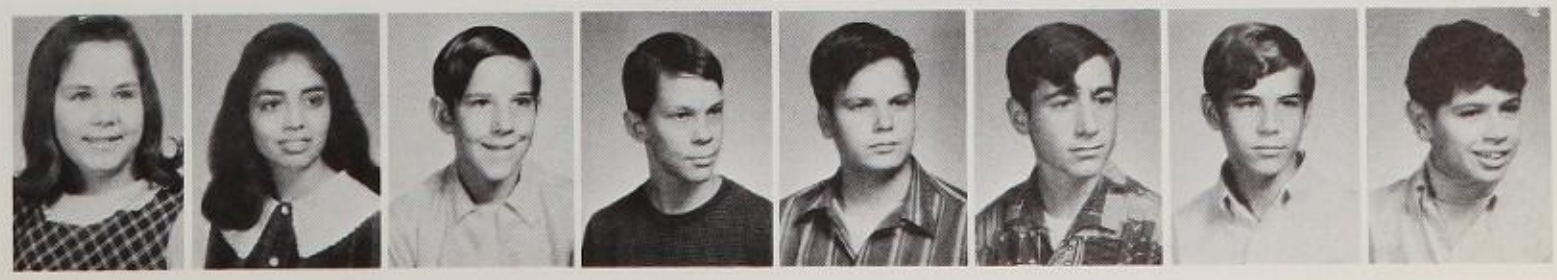


Ralston, Peggy
Rasmussen, Jon
Rathbun, Paul
Reed, Kristine
Reid, Peggy
Rella, Nicholas
Renzi, John
Reylek, Tom

Reynolds, Sheryl
Reynolds, Vincent
Richardson, Billy
Riedel, Barbara
Riedel, George
Rinde, Devin
Riney, Pat
Riordan, Lora

Rist, Carole
Roberg, Laura
Roberts, David
Robertson, Richard
Robinson, Billy
Robinson, Judy
Robison, Tom
Rogers, Jim

Rojas, Lisa
Romero, Ruth
Roscoe, Gary
Rose, Greg
Rothrock, Rodney
Rowson, Mike
Ruegg, Bill
Ruiz, Joe



Freshmen

Rurup, Roger
Ruse, Karen
Russell, Daniel
Ryan, John
Ryan, John
Rycenga, David
Salazar, Steve
Salmon, Darlene

Sandifer, David
Sandoval, Alberto
Savage, Kathy
Sawyer, Donna
Scarcella, Jerry
Schauer, Judy
Schell, Dennis
Schmidt, Lori

Schnaubelt, Karen
Schniepp, Mark
Schultze, Paul
Schwartz, Ronald
Scott, David
Scott, Mary
Seiden, Ray
Seiler, Gary

Shaw, Robin
Sherman, Cynthia
Shields, Marcia
Silvis, Jeff
Simpson, Brenda
Skanes, Bill
Skarda, Kim
Sledzinski, John

Sluder, Ken
Smith, Darlene
Smith, Jennifer
Smith, Nancy
Smith, William
Smoot, Dan
Snider, Jim
Spurlock, Barbara

Stamos, Nick
Stansil, Nancy
Steele, Dan
Steiner, Danny
Sterling, Kristi
Stewardson, Larry
Storts, Penny
Strickland, Joyce

Girls try hard to produce tasty food.

Stuckey, Pete
Sumner, Linda
Swink, Heidi
Tapper, Guy

Taylor, Ernest
Taylor, Liz
Taylor, Marsha
Teigen, Nancy

Theis, Renea
Thompson, Bruce
Thompson, Danny
Thoner, Danny

Thorpe, Judy
Tilley, Eileen
Tobey, Winfield
Toledo, Mike

Tonkinson, Leslie
Touchet, Donald
Traut, Pat
Turner, Nancy

The Freshmen being orientated to Helix traditions.

Turner, Terry
Uibel, Charles
Uibel, John
VanDerpoel, Andy

Vankampen, Joanna
Vasconcellos, Debra
Verstraten, Jolie
Vielma, Elbia
Vines, Victoria
Wagner, John
Wagner, Ruth
Walden, Robert

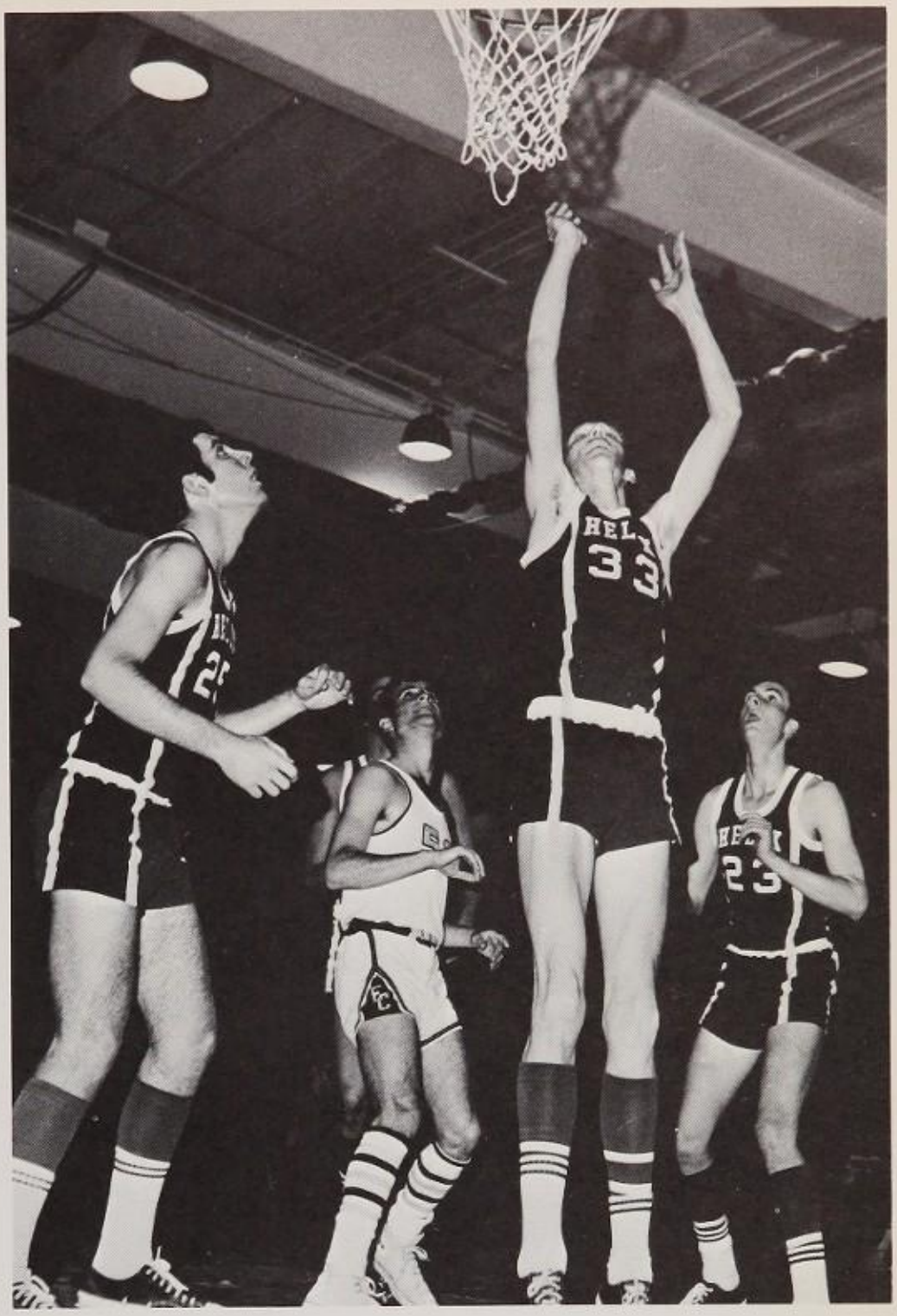
Walker, Hilary
Walker, Lee
Wallen, Gary
Wammack, Ed
Warren, Linda
Waters, Robert
Wear, Linda
Weaver, Kathryn

Weber, Laurie
Weidinger, Nancy
Weinblatt, Barbara
Weisbuch, Nadine
Wells, Toni
Welsbacher, Kathy
Wendleton, Dale
Wheatcraft, Debbie

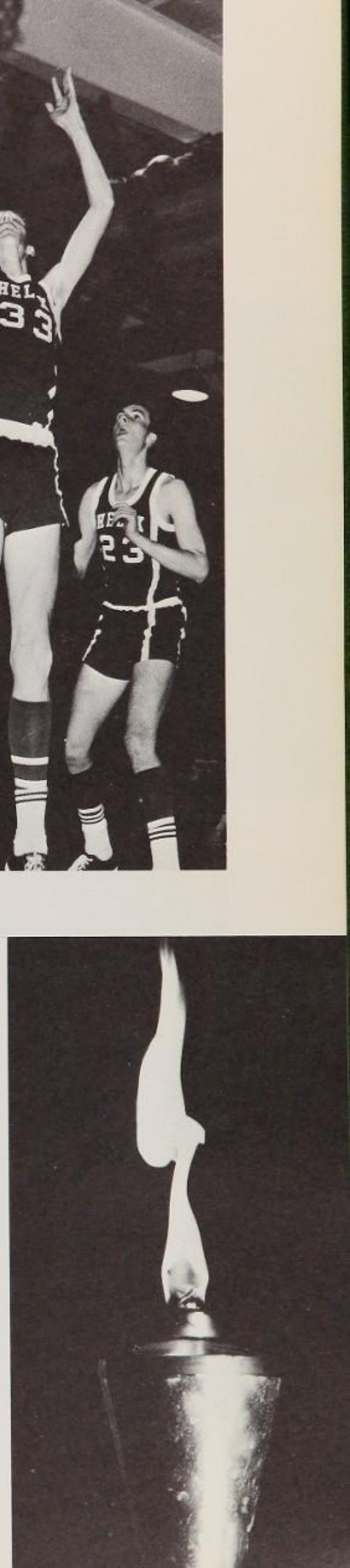
Wheeler, Lance
White, Deborah
White, Rick
Whittingham, Niki
Wieser, Eloyce
Wilhite, Mark
Wilkinson, John
Williams, Bonnie

Williams, David
Willis, Debra
Wilson, Sue
Winchell, Randy
Wissinger, Cathy
Withers, Dan
Wolgat, Raymond
Wood, Mary

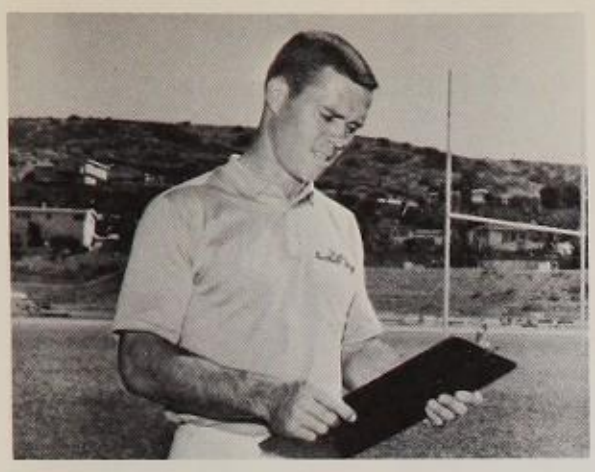
Wood, Tim
Woolrich, Francis
Wright, John
Yager, Beverly
Yurkovich, Cindy
Zeugner, Manfred
Zwick, Gary



ATHLETICS



Football 1968



Coach Al Hammerschmidt

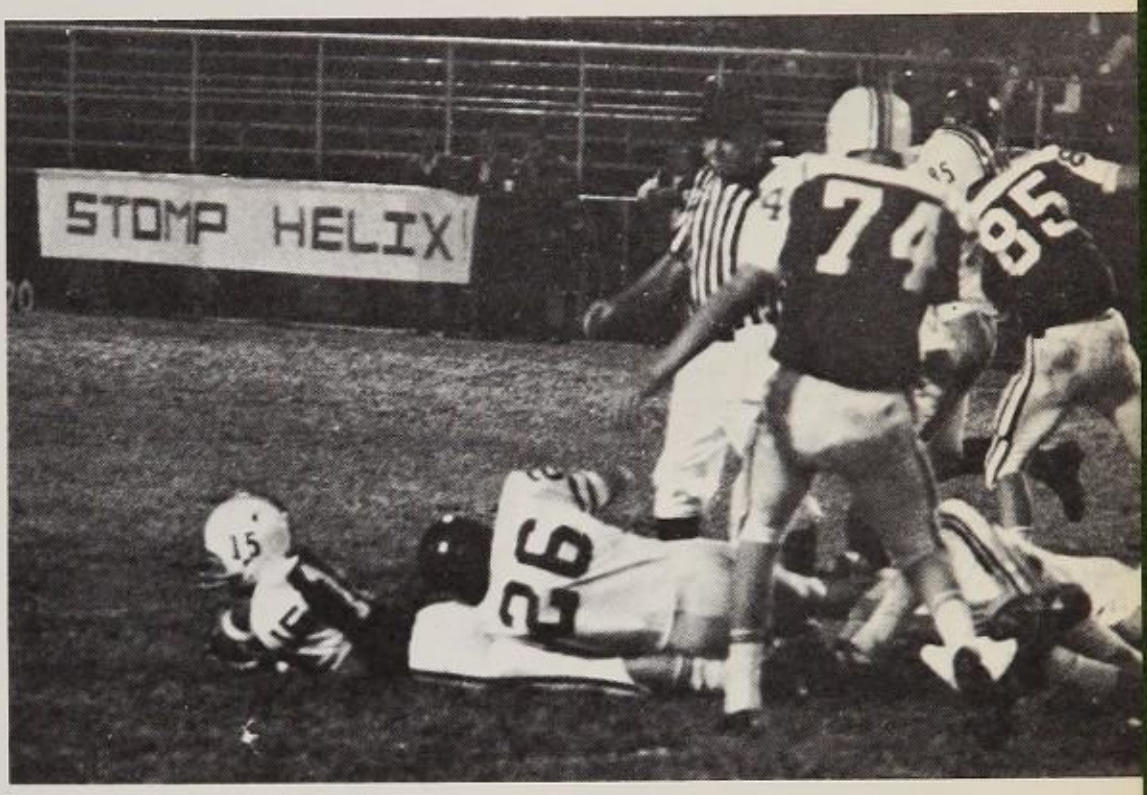
Coach Bill White

Coach Warren Vinton

Although the football team was continually beset by injuries, the Highlanders sustained their pride and brought victory to Helix. Because Jim Erautt, quarterback, suffered a knee injury during the first game, sophomore Steve Coover took over and displayed admirable skill. Also, despite the loss of Erautt, and in the same game Sr. halfback Gene Rhoads, the Scots went on to defeat Monte Vista and Mt. Miguel. In the following game, Helix lost to El Cap but came back and defeated both El Cajon and league-leading Granite Hills. Unfortunately, the "Green Machine" lost to a tough Foothiller team.

Making all league for the Highlanders were: Tom Parks, 1st team; Steve Starling, Gene Rhoads, Mike Althof, Bruce Walton, Milan Young, and Bill Denhart, 2nd team; Bob Cyman and Butch Paddock, honorable mention.

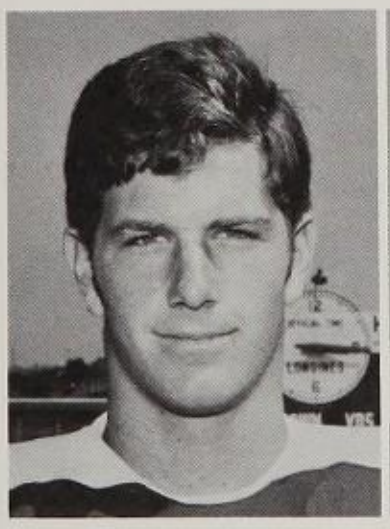
The Jr. Varsity finished their successful year in a tie against Grossmont. With only one non-league loss to Hoover, the Mighty JV came out with four wins and three ties. Outstanding players were Rick Rhoads, Mike Heighs, and Mike Raffesberger. These and other JV players will help spur the Helix varsity to a hopeful CIF victory next year.



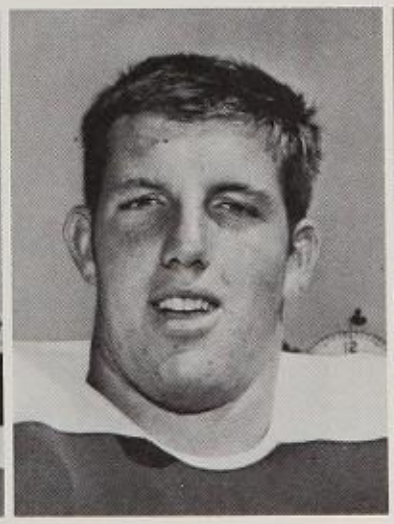
Coover stretches for more yards.

Record

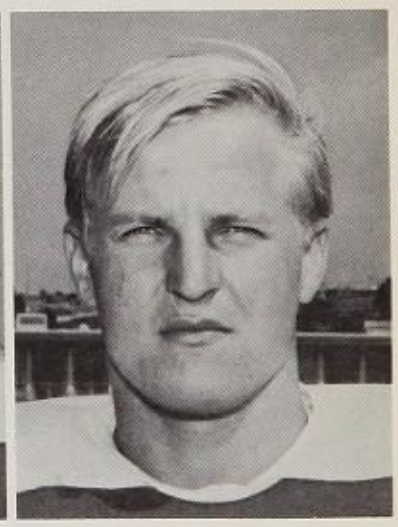
Helix		Opponent
25	Hoover	21
12	Santana	13
19	Monte Vista	0
13	Mt. Miguel	6
14	El Cap	34
35	El Cajon	7
13	Granite Hills	7
7	Grossmont	25



Bob Laue
Sr. End
6'0" 175 lbs.



Bruce Walton
Sr. Tackle
6'6" 270 lbs.



Hannu Mikkonen
Sr. Guard
5'11" 195 lbs.

Jim Erautt
Sr. Quarterback
5'11" 181 lbs.

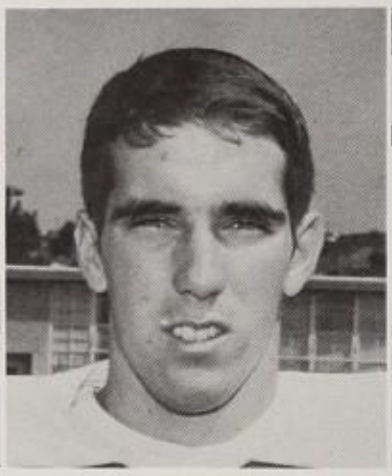
Dillahunt makes the stop against Granite Hills.

Milan Young
Sr. Back
5'7" 160 lbs.

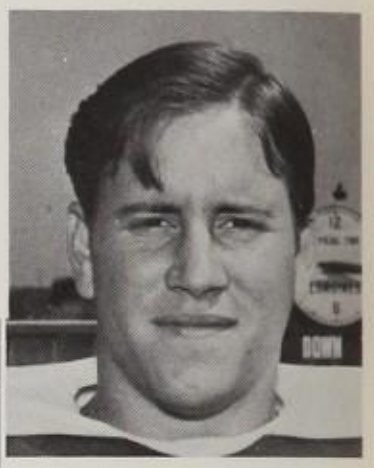
Jim Dillahunt
Sr. Back
5'9" 160 lbs.

Mike Althof
Sr. Back
5'10" 160 lbs.

Steve Starling
Sr. Center
5'7" 193 lbs.

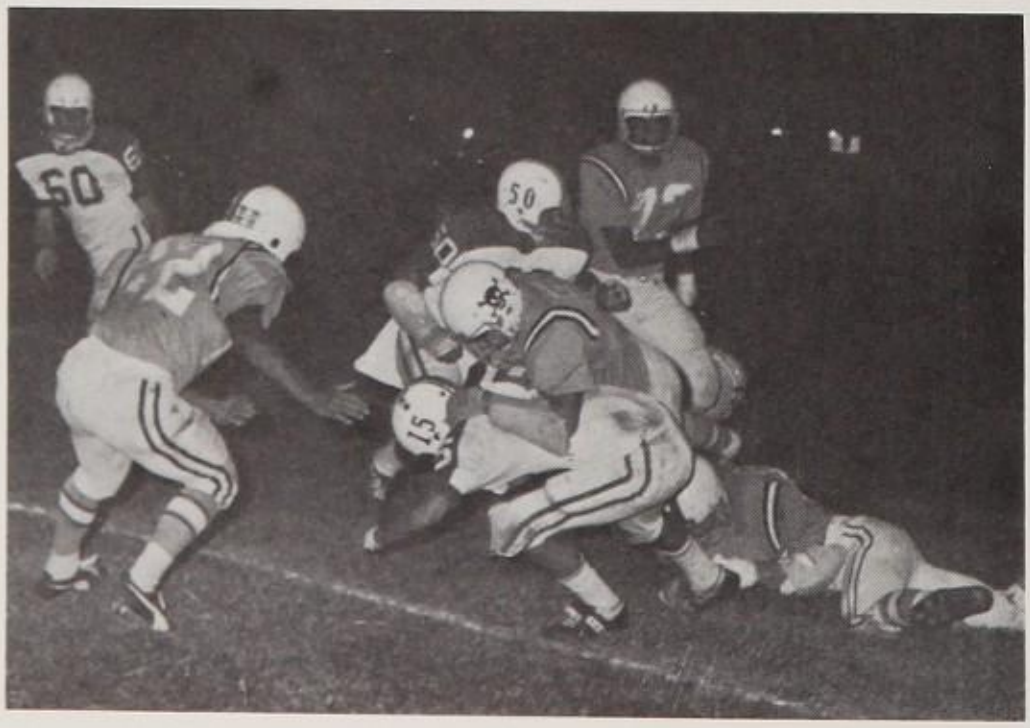


Bill Denhart
Sr. End
6'0" 170 lbs.

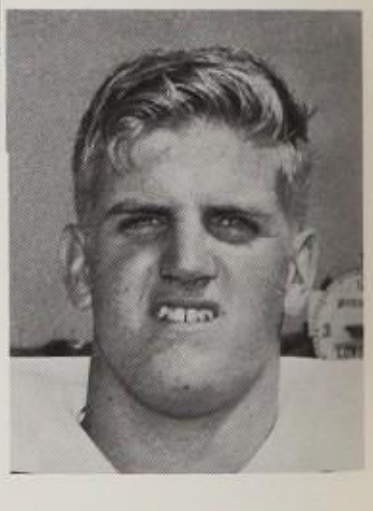


Mike Stein
Sr. Back
5'8" 168 lbs.

Tom Parks
Sr. Guard
6'1" 185 lbs.

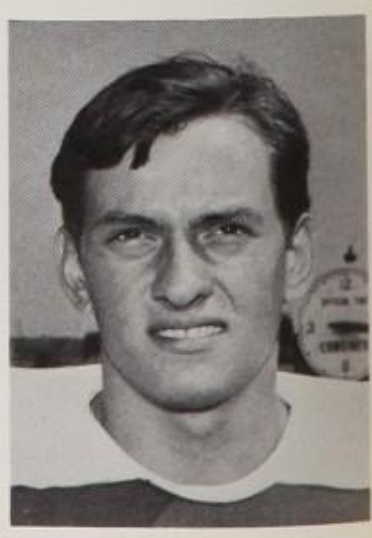


Coover carries for tough yardage.

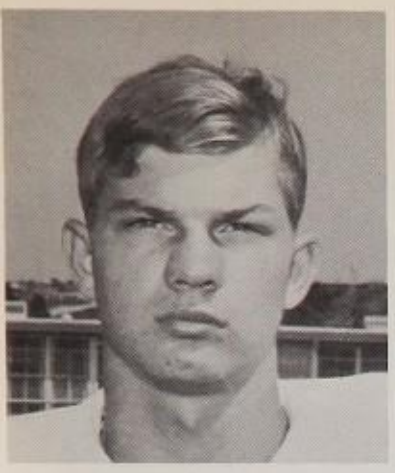


Dave Inabinette
Sr. Tackle
6'1" 191 lbs.

Mike Odom
Sr. Tackle
6'3" 195 lbs.

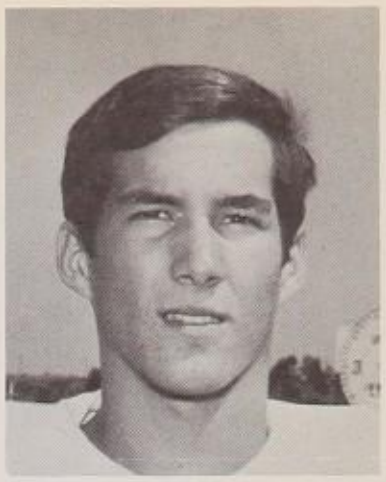


Bob Cyman
Sr. End
6'0" 180 lbs.



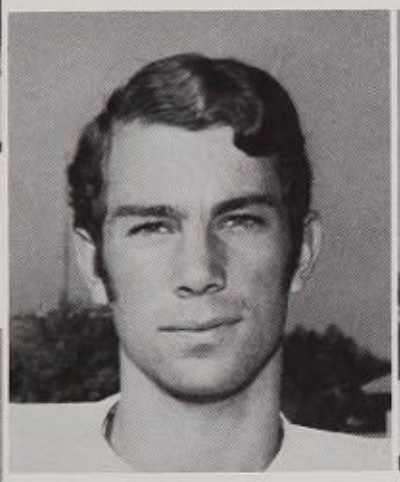
Jerry Anderson
Sr. End
5'7" 148 lbs.

Jenkins breaks through open field.

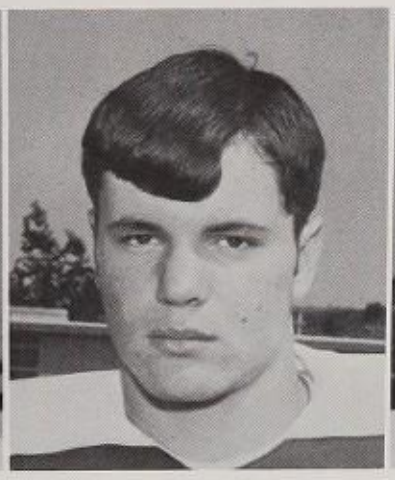


Steve Coover
Soph. Quarterback
5'10" 152 lbs.

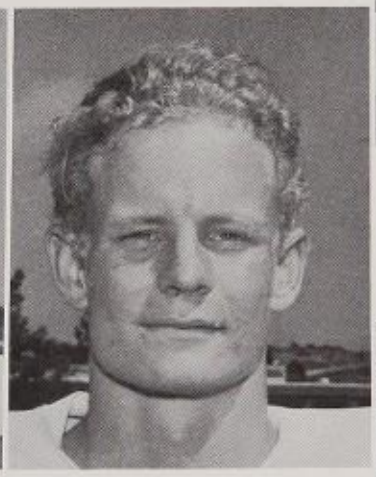
Gene Jenkins
Jr. Back
5'10" 162 lbs.



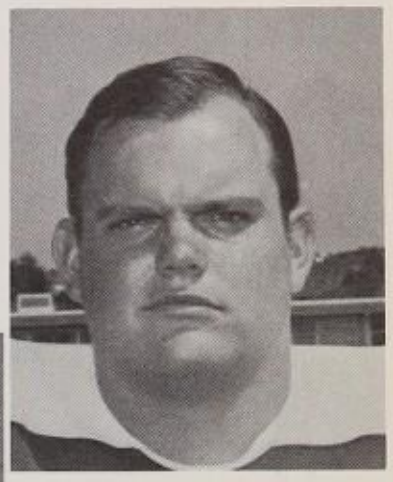
Dino Villerino
Jr. End
5'8" 150 lbs.



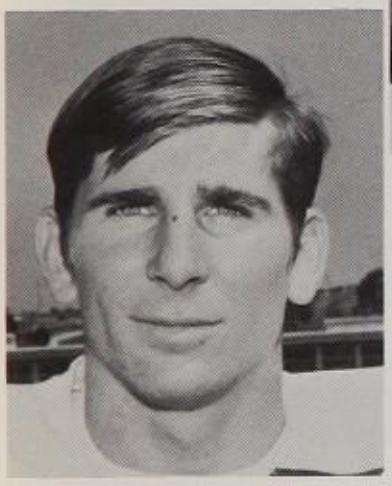
Roman Cham
Sr. Back
5'9" 192 lbs.



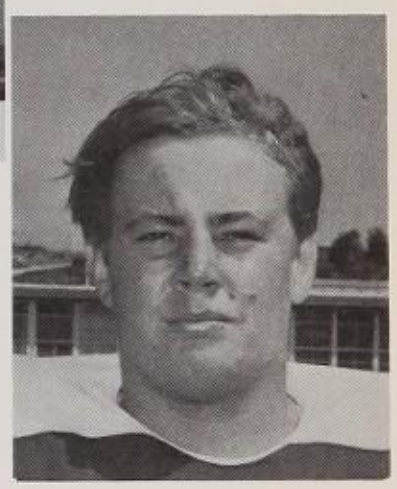
John Landis
Jr. Back
6'4" 170 lbs.



Bob Hafner
Sr. Tackle
5'10" 248 lbs.



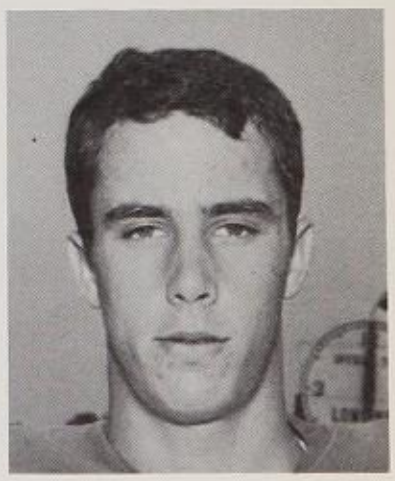
Randy Burrows
Jr. Guard
5'8" 150 lbs.



Burt Clements
Jr. Tackle
5'11" 205 lbs.

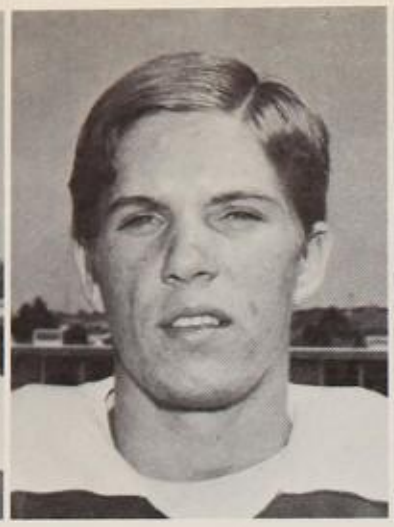
Laue stiff arms his way for more yards.

Mike Mahaffie
Jr. End
6'1" 189 lbs.



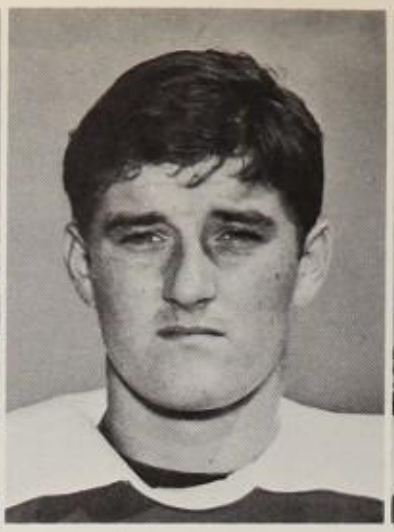
Butch Paddock
Jr. End
6'2" 175 lbs.

Mike Swanson
Jr. Back
5'7" 140 lbs.



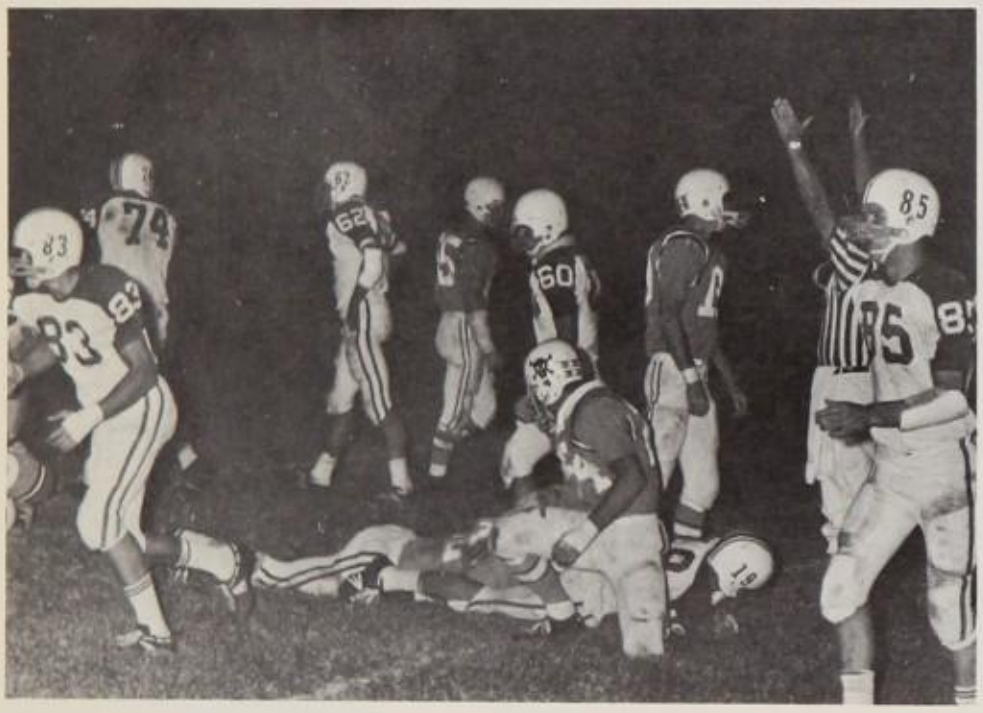
Rod Hennum
Jr. Back
5'5" 137 lbs.

Jim Dakis
Jr. Back
5'6" 140 lbs.

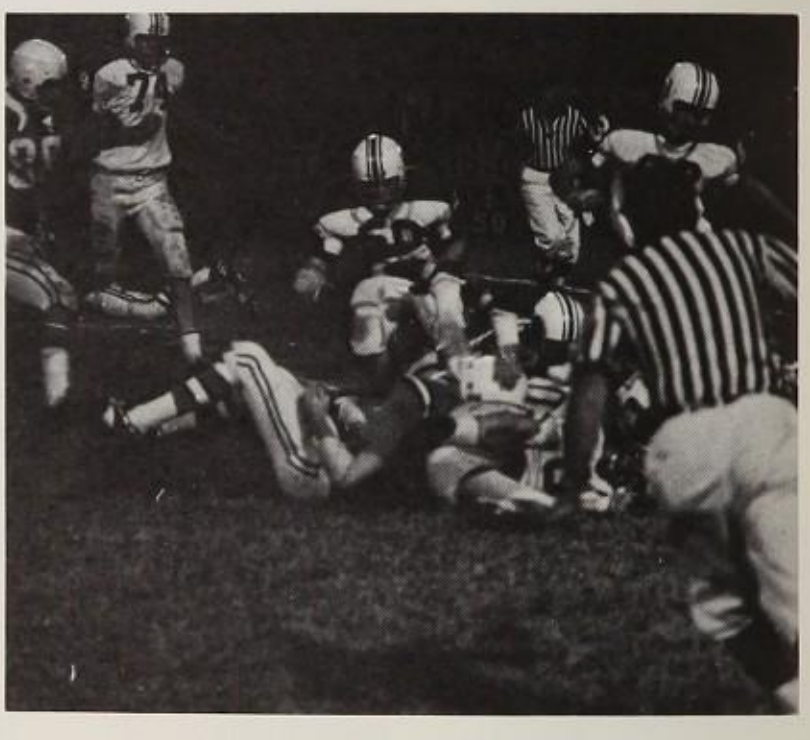


Frank Dennis
Jr. Guard
5'8" 170 lbs.

Randy Rose
Jr. End
5'9" 154 lbs.



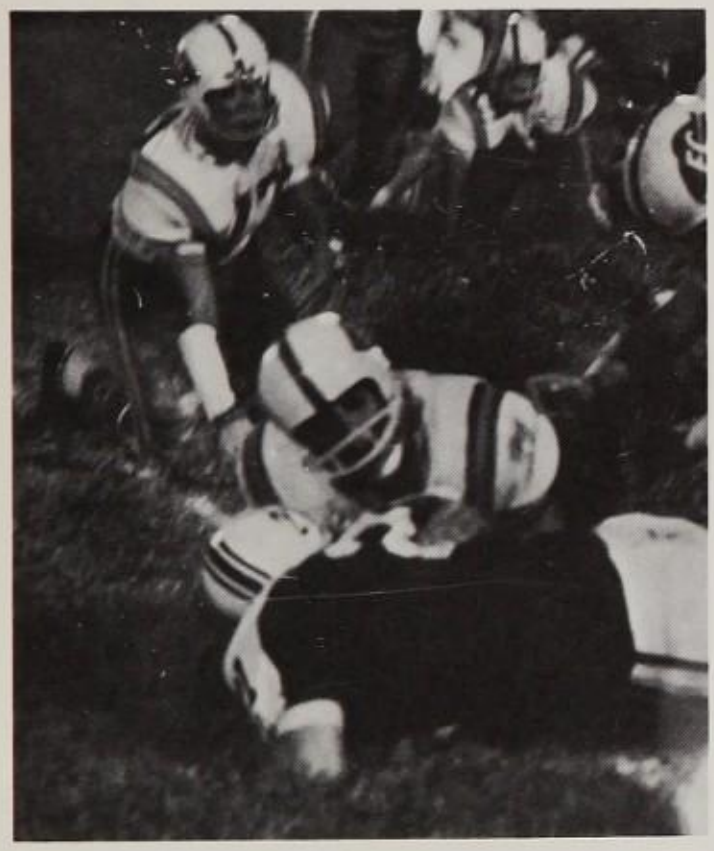
Rhoads drives for a touchdown.



Starling, Odom, and Cyman stop Granite Hills.

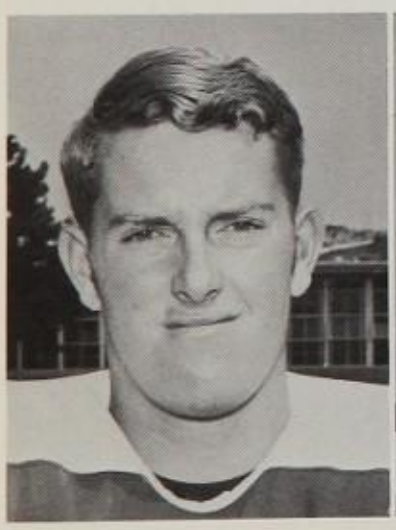
Mehaffie sticks El Cap runner.

Rboads charges against Granite Hills.

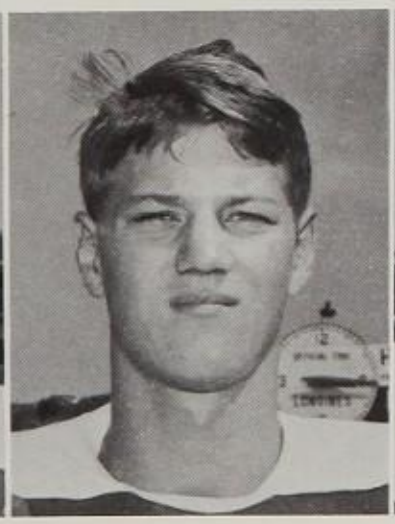


Landis scores six against El Cajon.

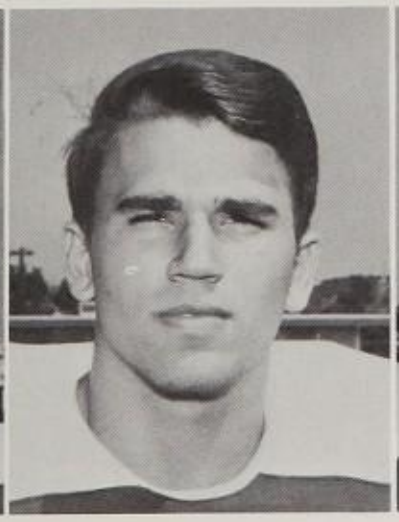
Clements kicks a hard earned point.



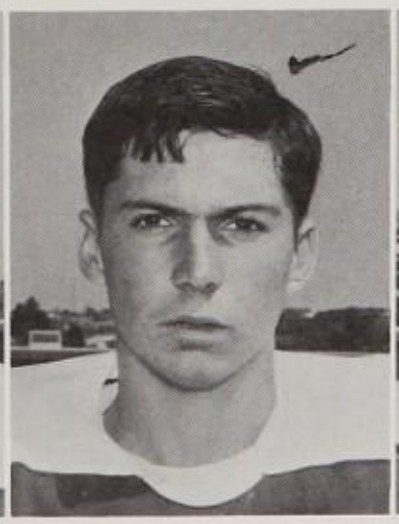
Rolly Johnson
Jr. Center
5'11'' 180 lbs.



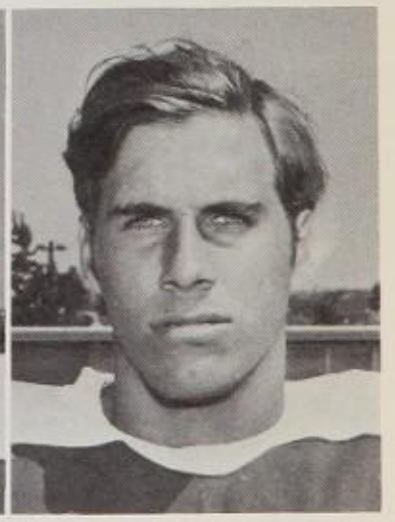
Mark Whillock
Jr. Center
5'10'' 145 lbs.



John Lemmo
Jr. Guard
5'8'' 162 lbs.

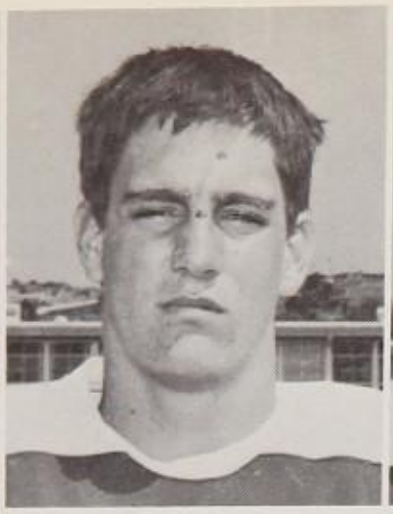


Kelly Coltrin
Jr. Guard
5'10'' 170 lbs.

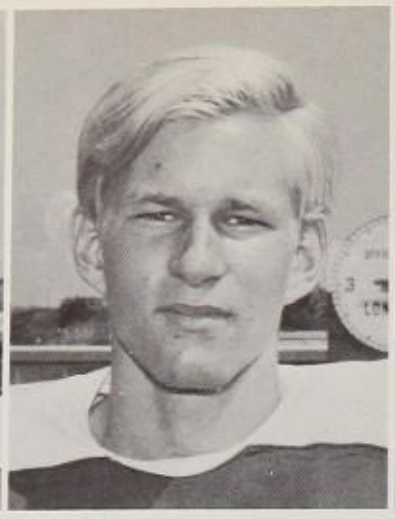


Rohn Trieglaff
Jr. Guard
5'10'' 160 lbs.

Gunars Valkirs
Jr. Tackle
6'1" 182 lbs.



Frank Hafner
Jr. Tackle
6'0" 175 lbs.

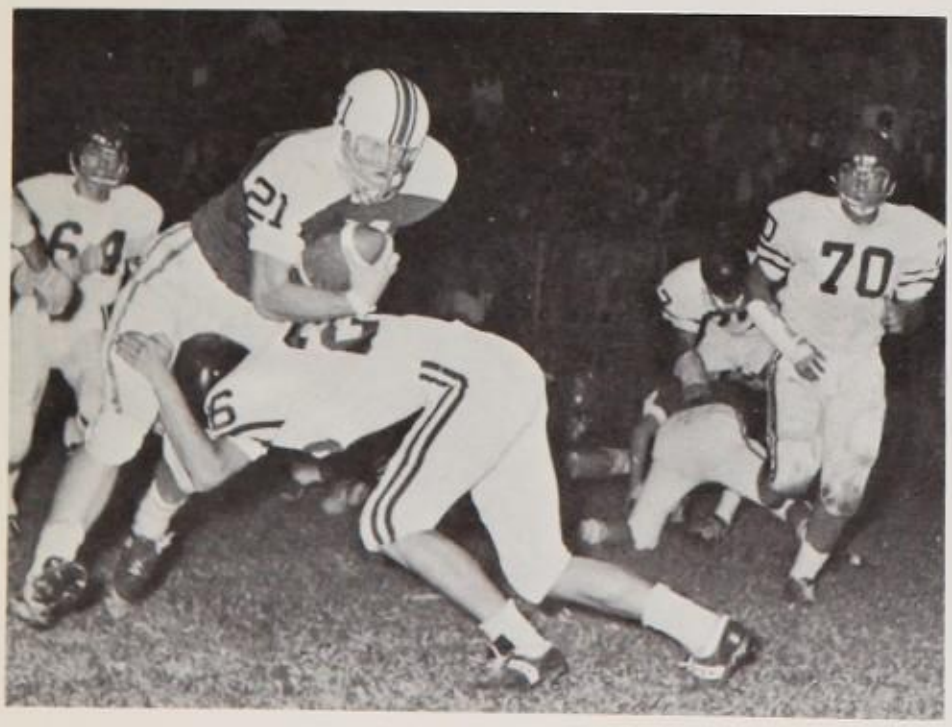


Mark Kerns
Jr. End
5'11" 160 lbs.

Dave Butcher
Jr. End
5'10" 155 lbs.

Gene Rhoads
Sr. Back
5'11" 190 lbs.

After a nice gain, the mighty green machine comes to a halt.



Landis continues to drive for yardage.

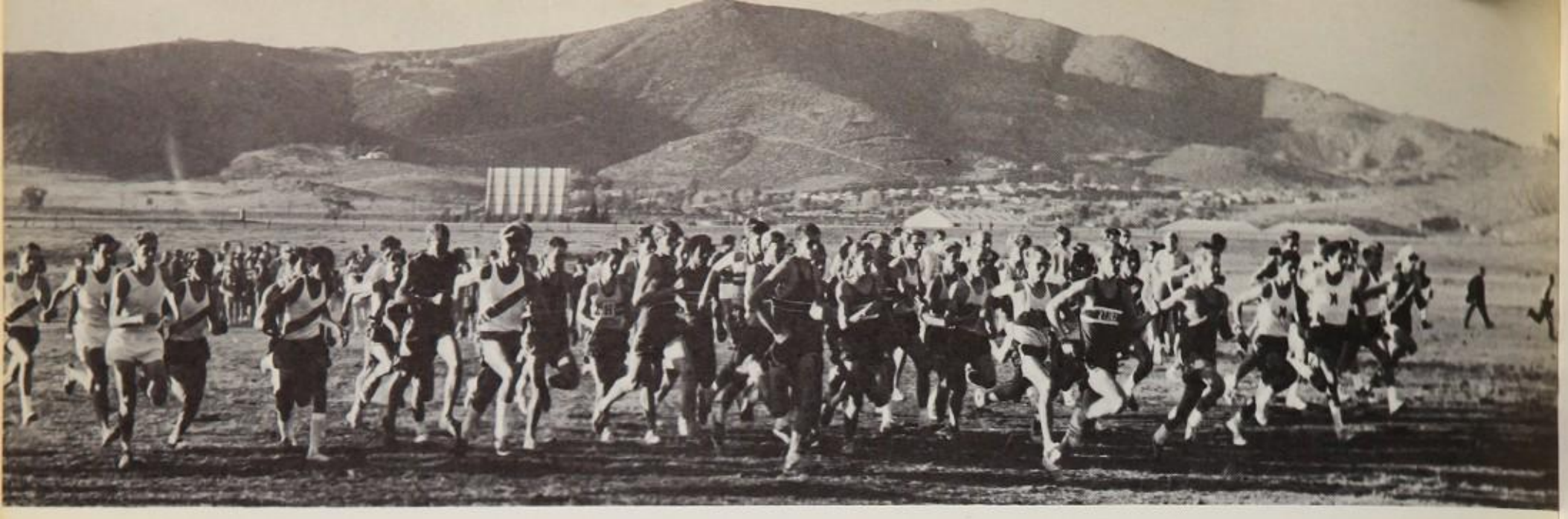
Helix defense digs in.

FRONT ROW: W. Hathaway, R. Hennum, J. Thorsnes, D. Payne, H. Dillahunt, R. Cesena, J. Close, R. Sherman, R. Bahano, S. Riehle, R. Baum, R. Schultz, B. Talley, Hayes. SECOND ROW: G. Howerton, M. Heighes, G. Cox, L. Wilson, B. Simpson, K. Regas, G. Lupens, R. Phillips, Mike Raffesberger, M. Hewitt, J. Singer, D. Castro, J. Fristo, C. Couverette. THIRD ROW: M. Dixon, H. Drew, B. Williams, D. Jones, K. Teigen, L. Dixon, J. Boutelle, R. Schultz, S. Steele, B. Heitman, J. Clabough, Coach Matheson.

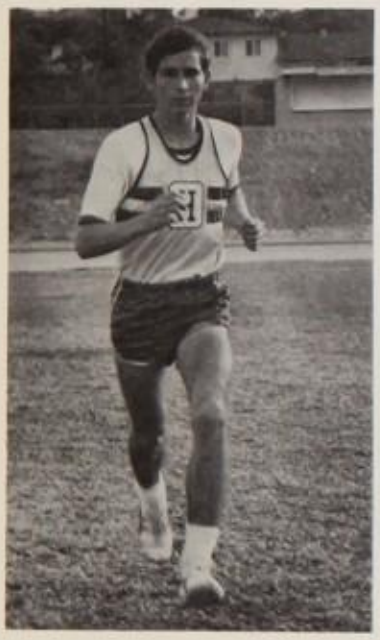
Helix	Frosh	Opponent
19	San Marcos	6
19	Santana	13
19	Monte Vista	13
19	Mount Miguel	20
7	El Capitan	12
14	El Cajon	14
0	Granite Hills	12
0	Grossmont	27

Helix	J.V.	Opponent
0	Hoover	7
20	Santana	7
14	Monte Vista	7
6	Mount Miguel	6
7	El Capitan	0
14	El Cajon	12
0	Granite Hills	0
7	Grossmont	7

FRONT ROW (L to R): T. Erautt, K. Grote, R. Hamilton, A. Alverez, G. Mehaffie, D. Castro, J. Freeman, C. Friedrich, R. Capagna, F. Wollrich, W. Planalp, D. Hiben, R. Lund, C. Kirk, D. Steiner. SECOND ROW: M. Moran, A. Allaman, M. Donnelly, G. Nelson, J. Gibbs, T. Turner, T. Han, J. Browning, T. Reylek, K. Sluder, M. Schneipp, T. Menter, T. Kuykendall, M. Kuhn, J. Jerman, M. Wallen. THIRD ROW: Coach Rockhold, P. Matheson, G. Garvis, J. Jones, J. Law, J. Crowell, D. Murphy, J. Wright, T. Conti, W. Toby, D. Johnson, Schultz, K. Butcher, R. Seiden, V. Reynolds, G. Logan, R. Moore, Coach Langston.



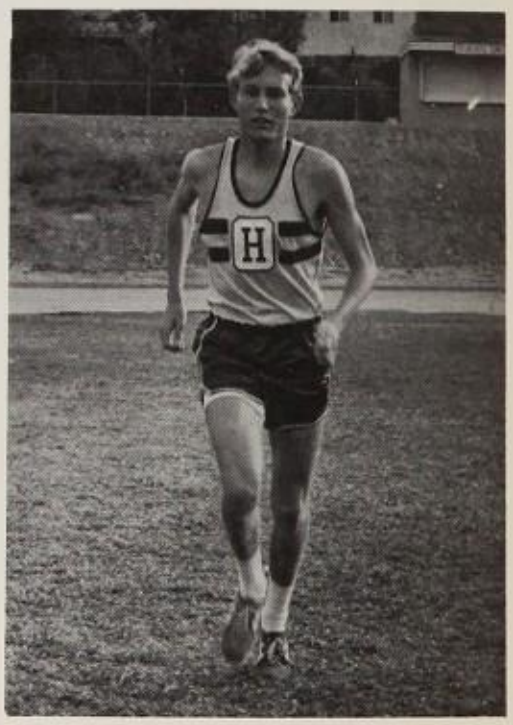
Cross Country



Jack Vargo, Senior
10:16

Chris Merrill, Senior
9:51

Lee Malsack, Senior
10:02



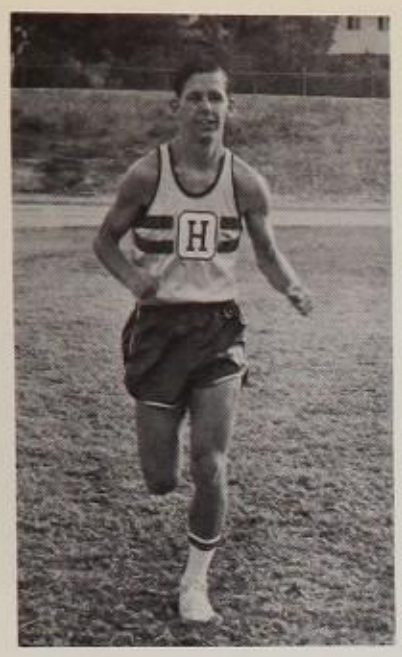
Darryl Simmons, Senior
Team Captain, Iron Man
All League, All CIF
9:26

Simmons leads the pack against Granite Hills.

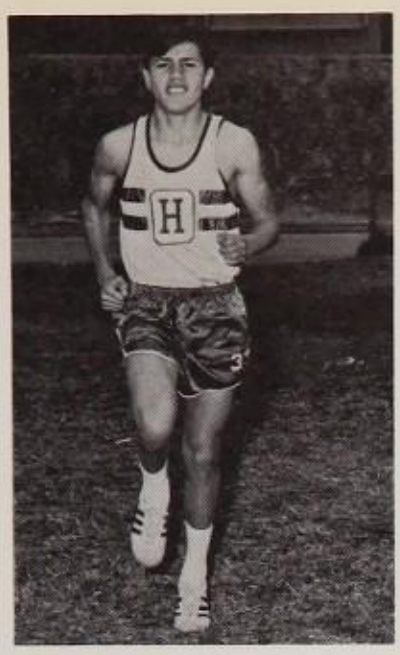
The varsity Cross Country team enjoyed a good season this year with a 4-3 league record and a 6-3 overall record on its way to third place in league standings. The varsity squad also did well in invitational meets taking fifteenth out of 160 schools at Mt. SAC and seventh in the Aztec Invitational. Led by All League, All CIF, Team Captain, Darryl Simmons, Cross Country captured seventh in CIF Finals. Simmons set a Helix home course record of 9:26 during the regular season and continued his great running taking third in CIF finals.

Most Valuable JV, Rich Stump, led the JV team to a 6-1 league record and an 8-1 overall season. This was good for second place in the Grossmont league.

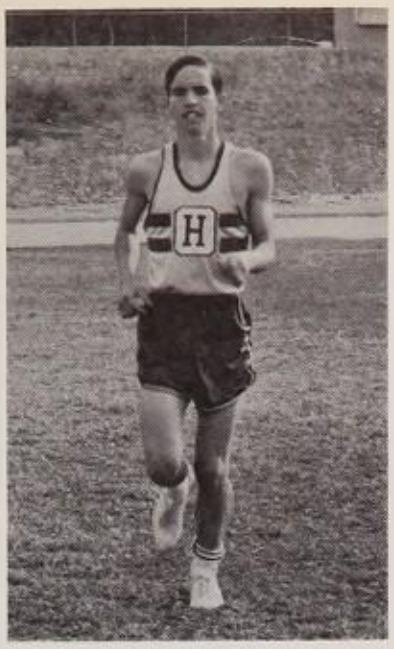
The freshman runners finished the season with a 3-4 record, taking forth in league competition.



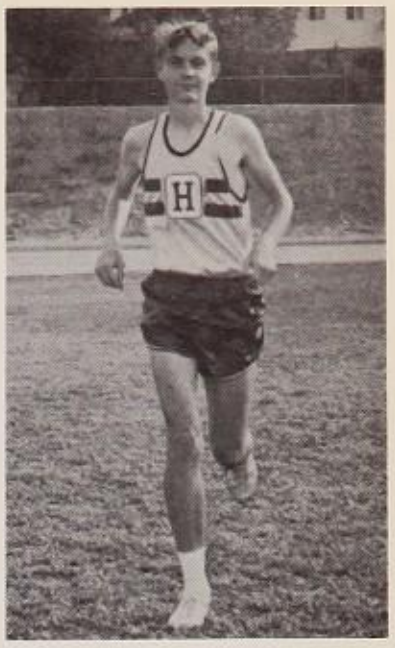
Dennis Rogers, Junior
9:53



Ed Mendoza, Sophomore
9:37



George Miller, Junior
10:36



Rick Latimer, Senior
10:36

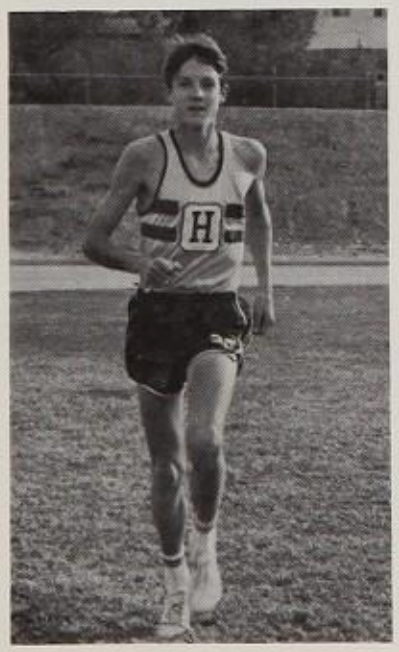
RECORD

Helix		Opponent
17	Vista	44
25	Clairemont	34
21	Santana	40
47	Monte Vista	15
28	Mt. Miguel	27
15	El Capitan	50
23	El Cajon	35
29	Granite Hills	26
19	Grossmont	44

15th Mt. SAC Invitational
7th Aztec Invitational
7th CIF Finals

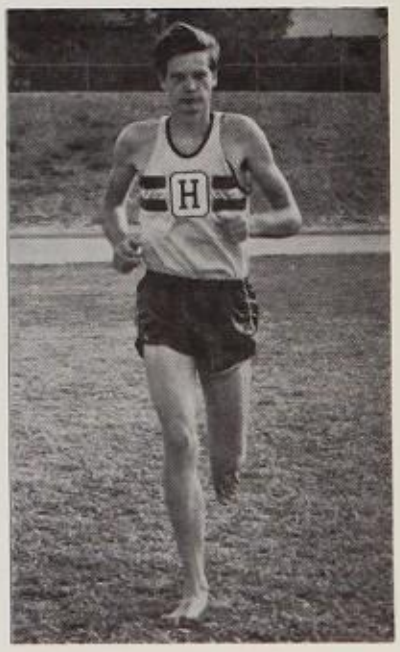
Coach Muirhead

Robin Schultz, Junior
10:13



Curt Smith, Junior
9:50

Steve Pitt, Junior
Most Improved
9:46



Don Moore, Junior
9:54

J.V. Record

Helix		Opponent
21	Vista	39
23	Clairemont	37
15	Santana	49
49	Monte Vista	15
20	Mt. Miguel	39
Forfeit	El Capitan	
23	El Cajon	38
19	Granite Hills	42
15	Grossmont	47

1st Mt. SAC Invitational
2nd Aztec Invitational
2nd League
2nd League Finals

FRONT ROW (L to R): M. Stockdale, L. Neyndorff, M. McLaughlin, G. Hickman, B. Nertsch, K. Rolsten, R. Fabares. SECOND ROW: T. McLaughlin, J. Slack, G. Donathan, R. Stump, B. Bishop, R. Latimer.

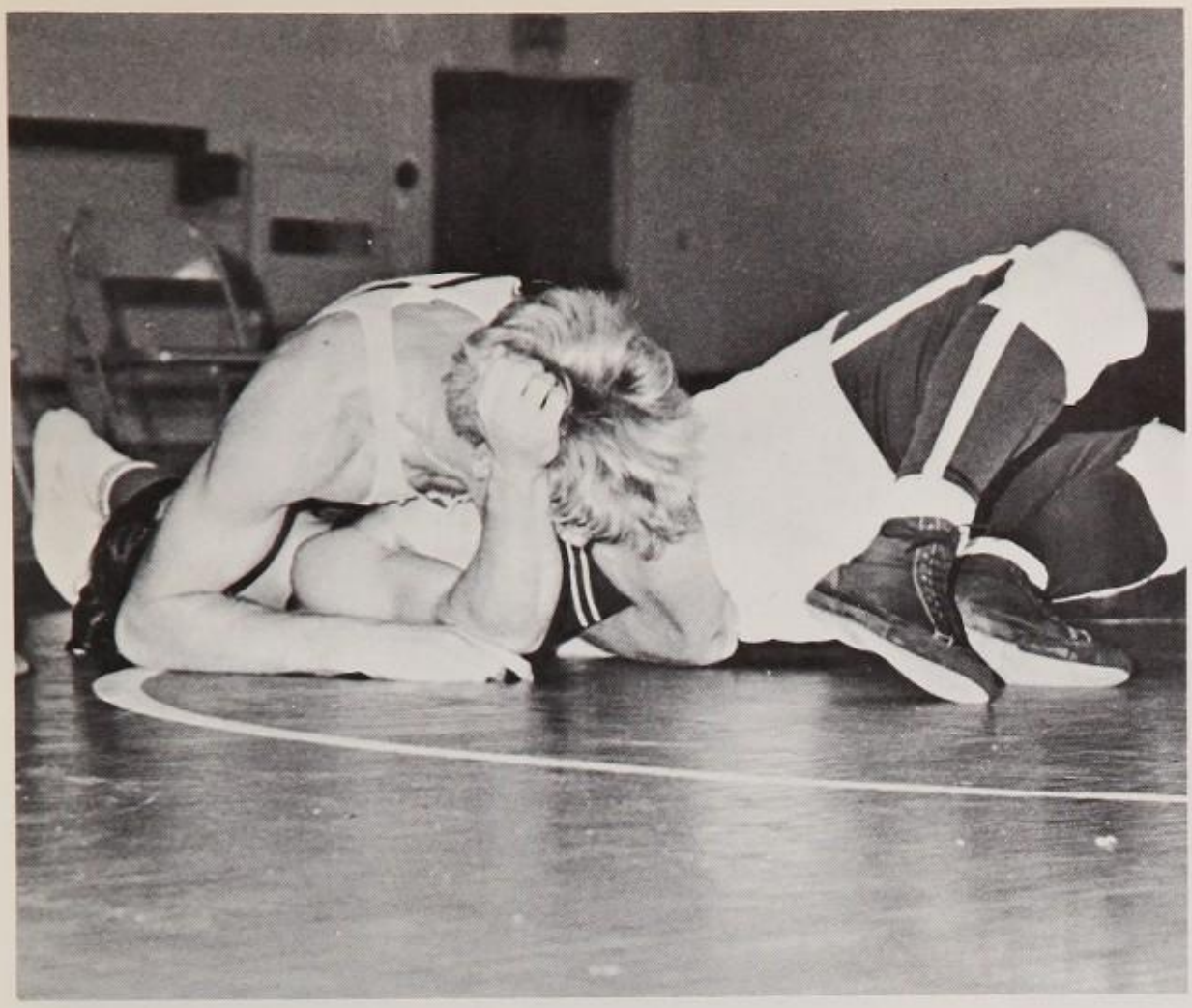
Helix JV gets a good start against Monte Vista.

FRONT ROW (L to R): R. Robertson, C. Nichols, E. Crease, H. Caronna, D. Touchet, T. Meads. SECOND ROW: S. Fedje, L. Bauer, A. Sandoval, B. Thompson, A. Henschel, L. Farquar.

Frosh Record

Helix		Opponent
29	Santana	28
43	Monte Vista	17
40	Mt. Miguel	18
27	El Capitan	28
45	El Cajon	16
27	Granite Hills	28
22	Grossmont	33

10th Mt. SAC Invitational
3rd Aztec Invitational
4th League
5th League Finals



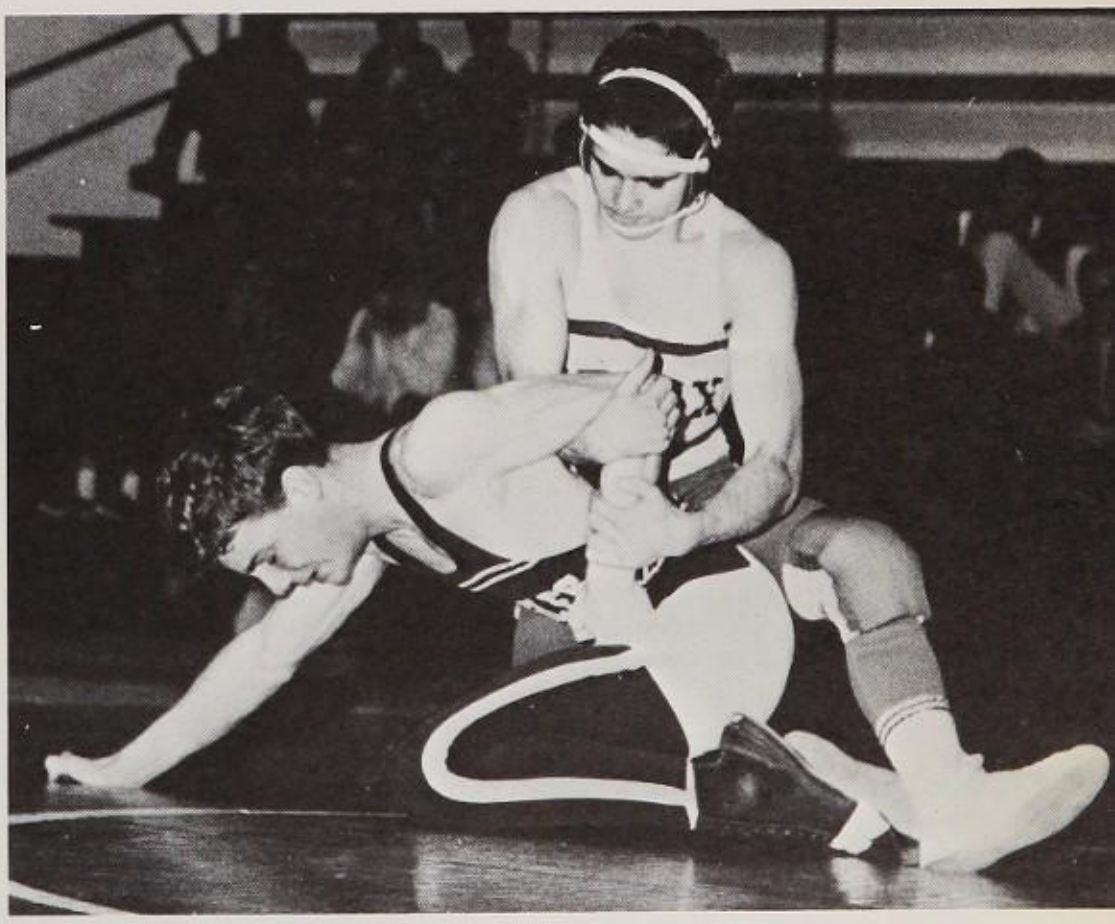
Odom pins his man.

Coach Lucas

Helix	RECORD	Opponent
37	Castle Park	10
43	Hoover	3
33	Mar Vista	14
17	Mt. Miguel	21
16	Monte Vista	27
36	El Cajon	8
27	Morse	16
51	Granite Hills	0
37	El Capitan	8
37	Madison	8

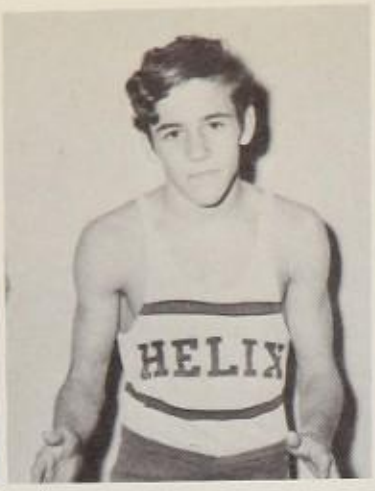
Wrestling

The Helix High wrestling team proved to be a competitive force throughout league and county play. The grapplers chalked up a second in the Kiwanis Tournament and a third in the Grossmont one. In dual meets, the squad defeated all opponents except Mt. Miguel, 21 to 17, and Monte Vista, 27 to 16, the closest anyone has come to the formidable Monarchs. Included among victories were a 35-10 victory over Grossmont and a 51-0 shutout against Granite Hills. Leading highlander matmen have been Tim Shaeffer, Billy Vaughn, Larry Davidson, Dale Sauter, and Dave Hoff.

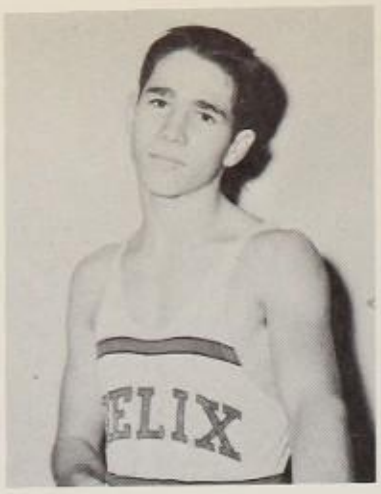


Shaeffer breaks down his opponent.

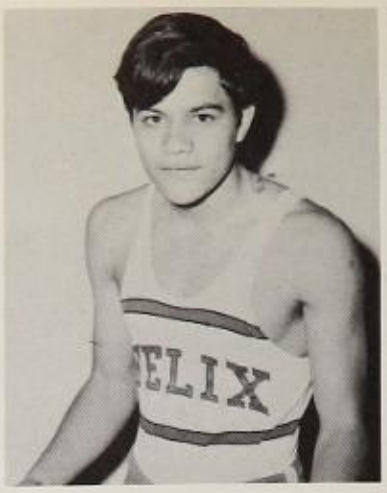
Steve Weitherbee
Jr. 98 lbs.



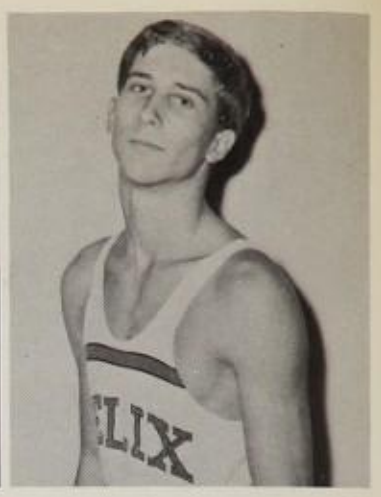
Mitch Steinhauer
Jr. 103 lbs.



Tim Shaeffer
Jr. 112 lbs.



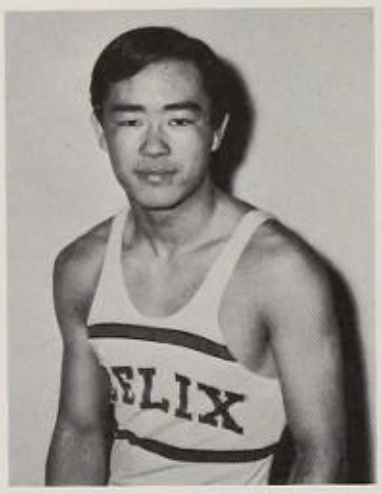
Jesus Vega
Sr. 120 lbs.



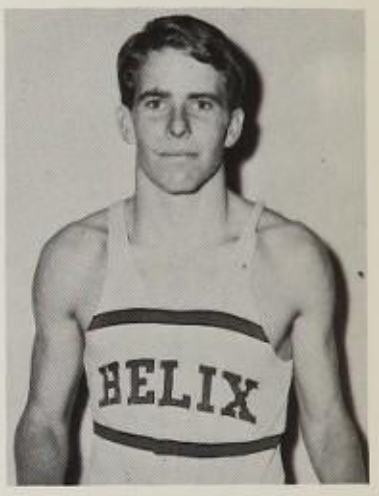
Ed Weirather
Sr. 120 lbs.

Alan Boyd
Sr. 127 lbs.

Bill Vaughn
Sr. 127 lbs.



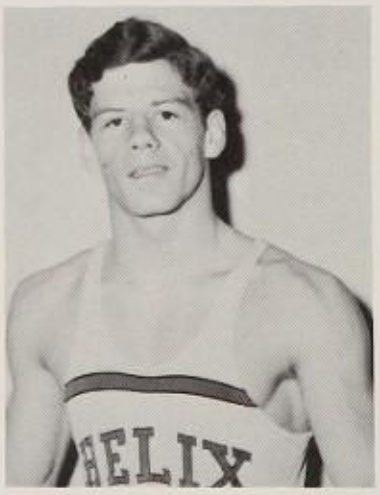
Wayne Nakano
Sr. 127 lbs.



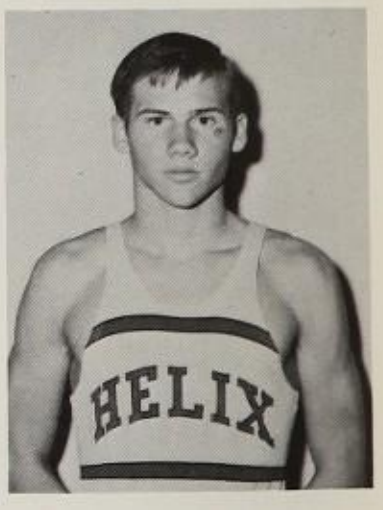
Dave Floyd
Sr. 133 lbs.

Larry Davidson
Sr. 133 lbs.

Mark Whilock
Jr. 145 lbs.



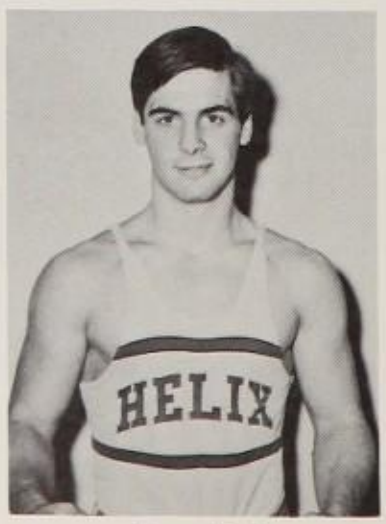
Dennis Leslie
Sr. 145 lbs.



Chris Ehrentraut
Jr. 154 lbs.

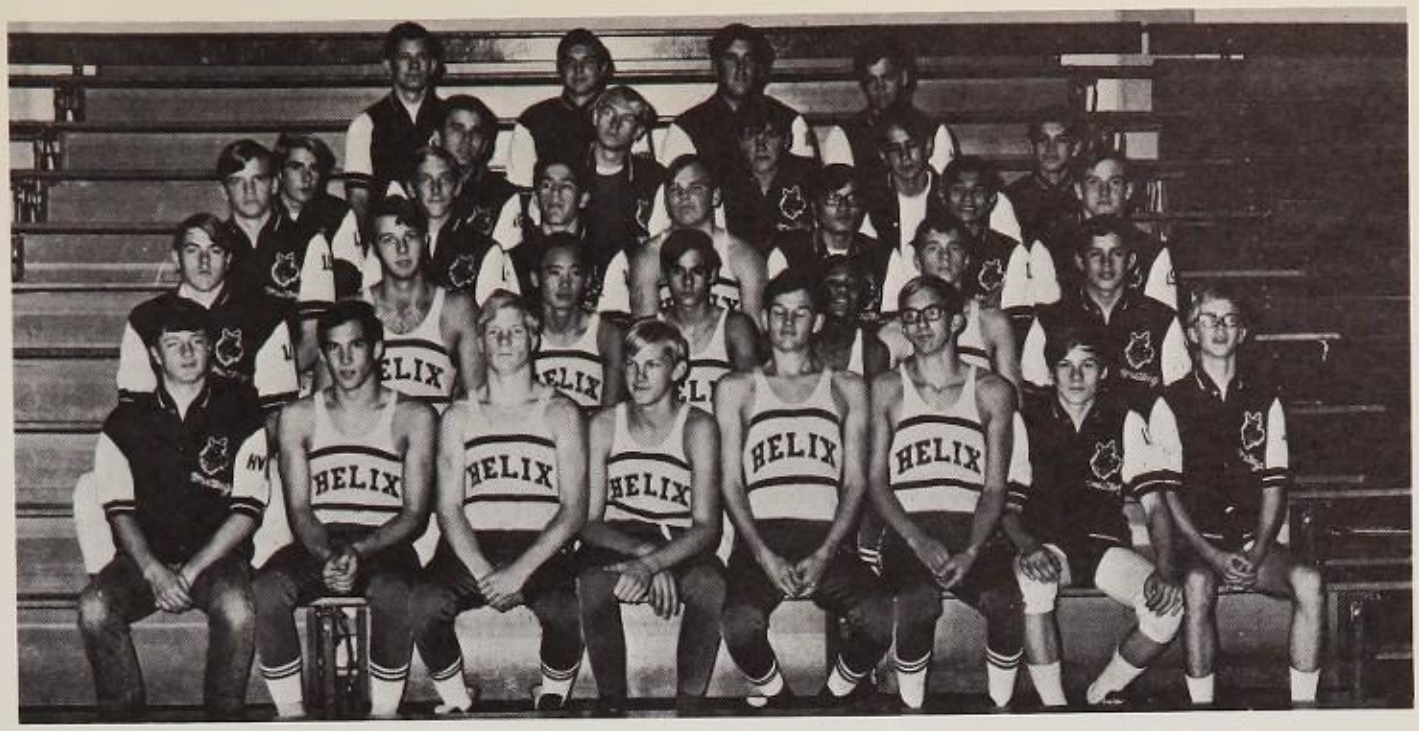
Dale Sauter
Sr. 165 lbs.

John Loukes
Sr. 165 lbs.



Dave Hoff
Jr. 183 lbs.

Mike Odom
Sr. Heavyweight



JV—First Row J. Close, S. Coover, J. Thorsnes, M. McLaren, M. Swanson, R. Fordem, S. Crocker, T. Nystrom. Second Row: D. Peterson, D. Sluder, G. Nakano, D. Hernandez, C. Navels, T. Faulk, A. Lujan. Third Row: H. Drew, R. Schultz, J. Cusamano, D. Surber, J. Kida, O. Padilla, M. Schmidt. Fourth Row: D. Garrett, J. Lemmo, M. Williams, D. Castro, R. Cesena, M. Enciso. Fifth Row: C. Couverette, R. Bahno, M. Dixon, M. Leland.

JV SCORES

Helix		Opponent
42	Castle Park	5
40	Hoover	8
48	Mar Vista	7
30	Mt. Miguel	17
6	Monte Vista	29
31	El Cajon	17
42	Morse	8
42	Granite Hills	8
30	El Capitan	8
24	Madison	22
30	Santana	13

FROSH SCORES

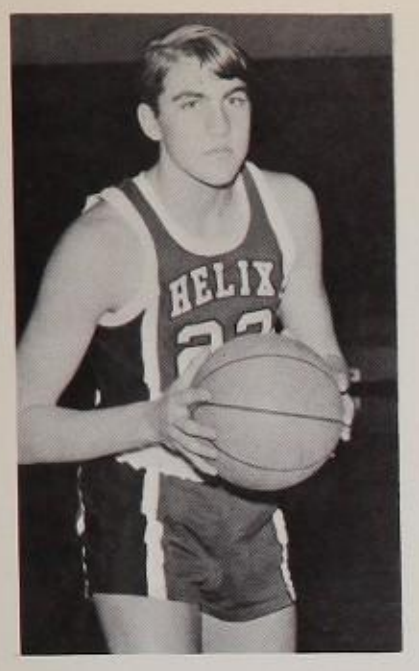
Helix		Opponent
35	University	10
48	Lincoln	5
37	Mt. Miguel	8
25	Monte Vista	22
20	El Cajon	33
43	Granite Hills	3
38	Grossmont	8
33	El Capitan	16
44	Santana	7

FROSH—First Row, L. to R.: C. Nevels, J. Ryan, S. Crocker, D. Steiner, A. Alvarez, D. Campagna, D. Hand, K. Butcher, F. Woolrich, J. Crowell, D. Johnson. Second Row: P. Matheson, D. Kronkright, J. Jarvis, S. Campbell, P. Hart, G. Logan, D. Castro, M. Kuhn, T. Minter, D. Hiben, J. Snyder, M. Evan, W. Jarrold. Third Row: C. Kirk, R. Jackson, T. Longfellow, J. Law, J. Freeman, R. Schwartz, M. Schniepp, C. Friedrick, B. Roberts, M. Banner, B. Engelke, T. Erautt, J. Turner. Fourth Row: K. Grote, M. Malloney, B. Burns, R. Lund, R. Harmon, M. Moran, D. Flores, Planta, A. Beasley, W. Toby, R. Seidan, R. Cefarratti.

CIF Basketball Champs

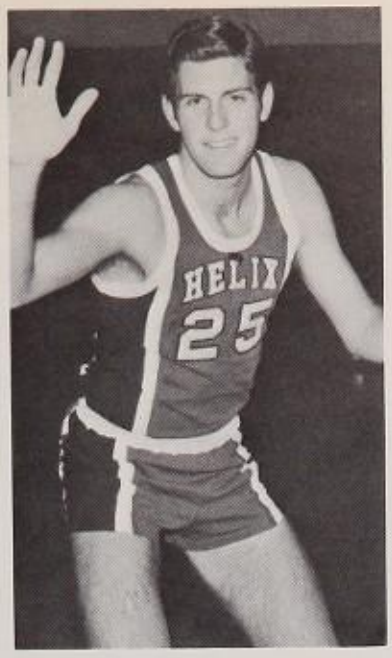
RECORD

Helix		Opponent
62	San Diego	45
77	Hoover	62
70	Madison	67
62	Chula Vista	41
65	Castle Park	51
82	Hilltop	54
56	Escondido	50
87	Point Loma	54
70	Kearny	42
64	Madison	57
60	Santa Paula	63
68	Glendale Hoover	59
76	Bakersfield	61
94	Grossmont	62
52	Monte Vista	58
83	El Capitan	42
103	El Cajon	56
80	Santana	54
96	Granite Hills	55
60	Mt. Miguel	48
69	Grossmont	52
67	Monte Vista	54
81	El Capitan	41
84	El Cajon	53
72	Santana	39
98	Granite Hills	48
70	Mt. Miguel	48
76	Hoover	41
70	Kearny	57
68	Castle Park	40
87	Madison	72

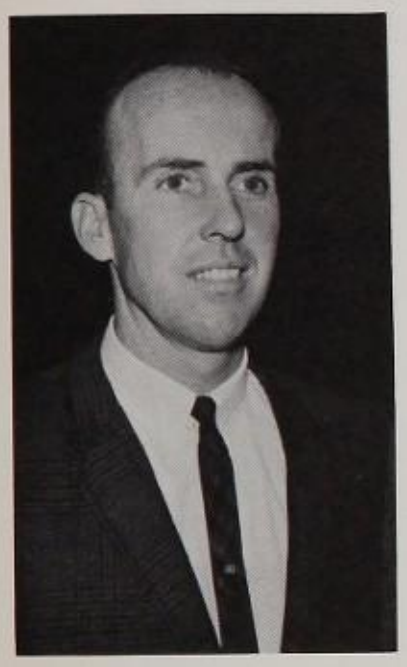


Bruce Menser Senior, Guard, Team Captain, All League, All CIF

Bill Walton Junior, Center, Most Valuable, All League, All CIF



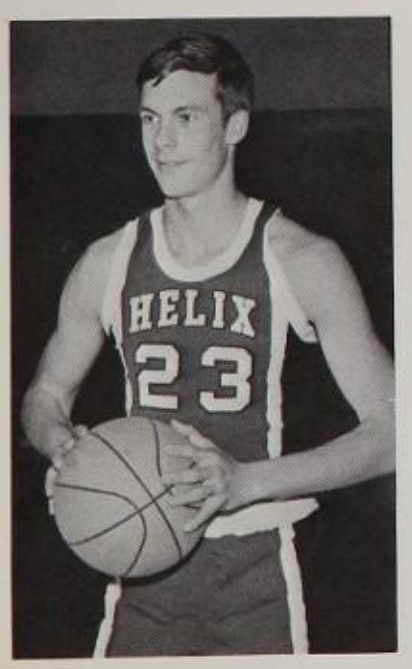
Dave Unroe Senior, Forward, Most Improved, Second Team, All League



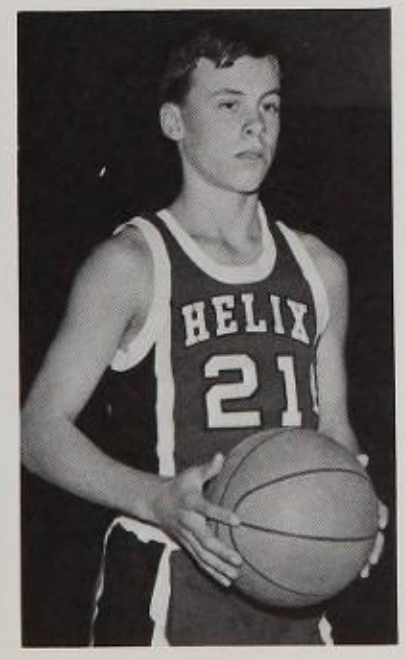
Coach Nash

We're No. 1! That was the cry at the International Sports Arena as the Helix basketball team beat Madison 87-72 to capture the CIF championship. Along the way the Scot roundballers set a record 29-2 win-loss season. Rated number one at all times, the team played well consistently. The pre-season was highlighted by a first in the Kiwanis Tournament and Consolation Championship in the Filmore Tourney. The Highlanders defeated all Grossmont League competition including defending CIF champs, Mt. Miguel, twice. They completed league play with a 13-1 win-loss record and went on to capture the CIF title.

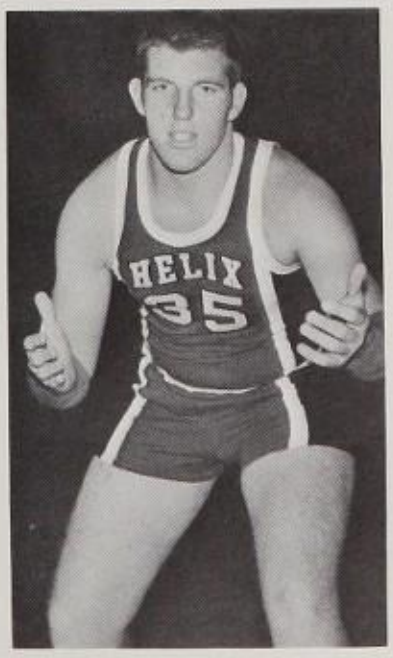
The basketball team was composed of many fine individual players. Team Captain and Best Defensive Player, Bruce Menser, and Most Valuable Player, Bill Walton, were named to All League and All CIF teams. Most Improved, Dave Unroe, selected to Second Team, All League. Given Honorable Mentions were Bruce Walton and Randy Madsen. These fine players and the rest of the squad made this year's team one of the best in Helix history.



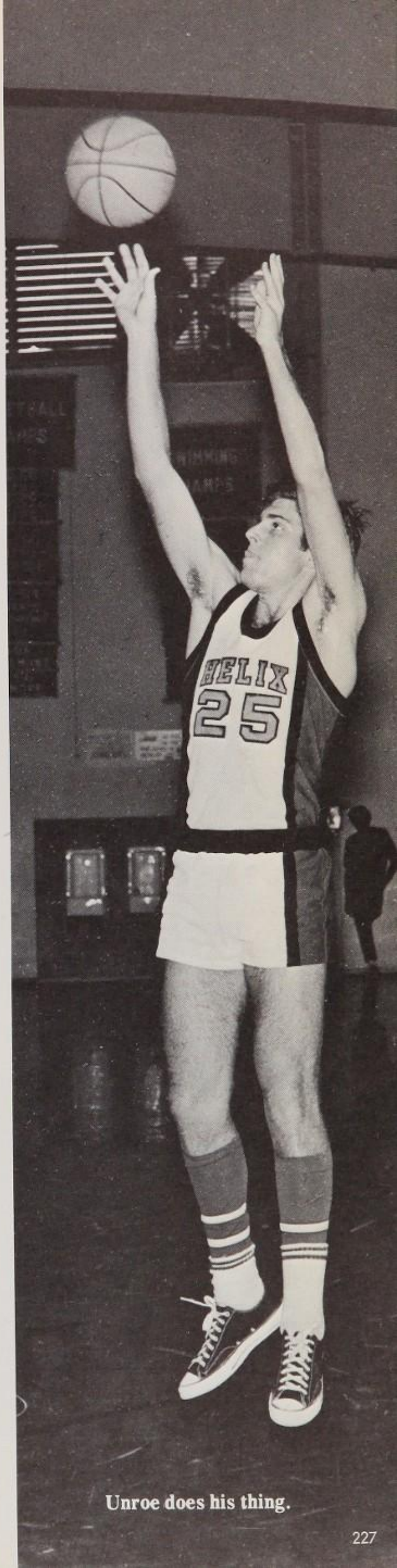
Mike Dupree Junior, Guard, Best Free Throw



Bruce Walton Senior, Forward, Honorable Mention

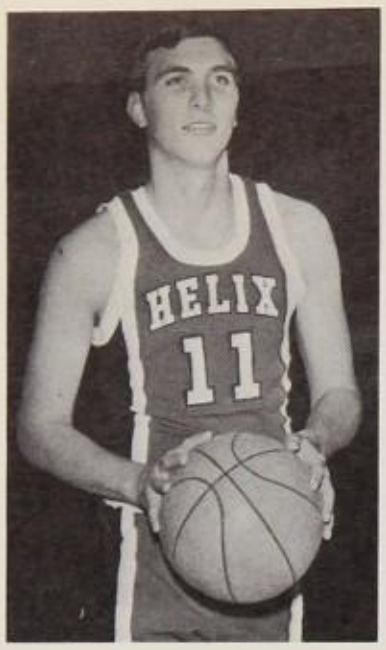


Randy Madsen Junior, Forward, Honorable Mention

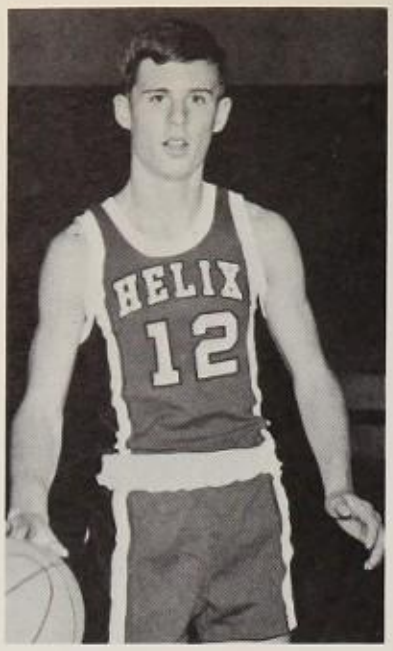


Unroe does his thing.

Butch Paddock
Junior Forward



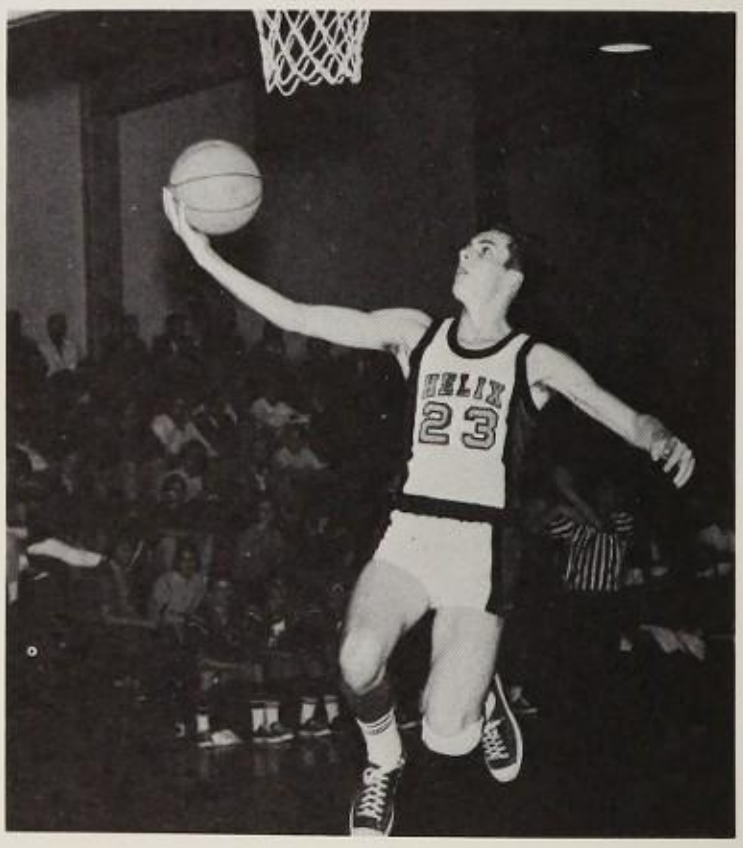
Gary Nobiensky
Junior Guard



John Wickersham
Junior Guard

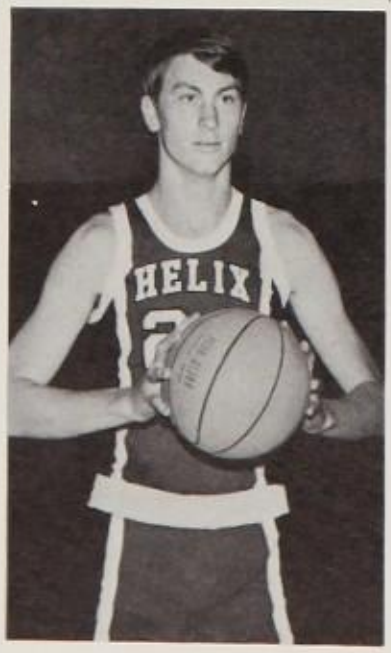
Mike Getz
Senior Guard

Unroe and Menser fight for the rebound.



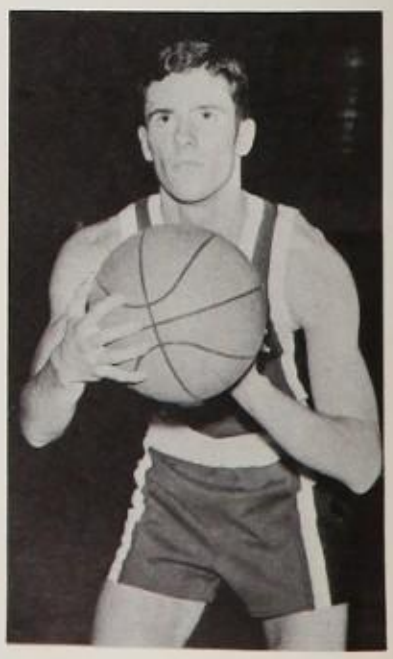
Madsen hangs a layup.

Dan Coleman
Sophomore Forward



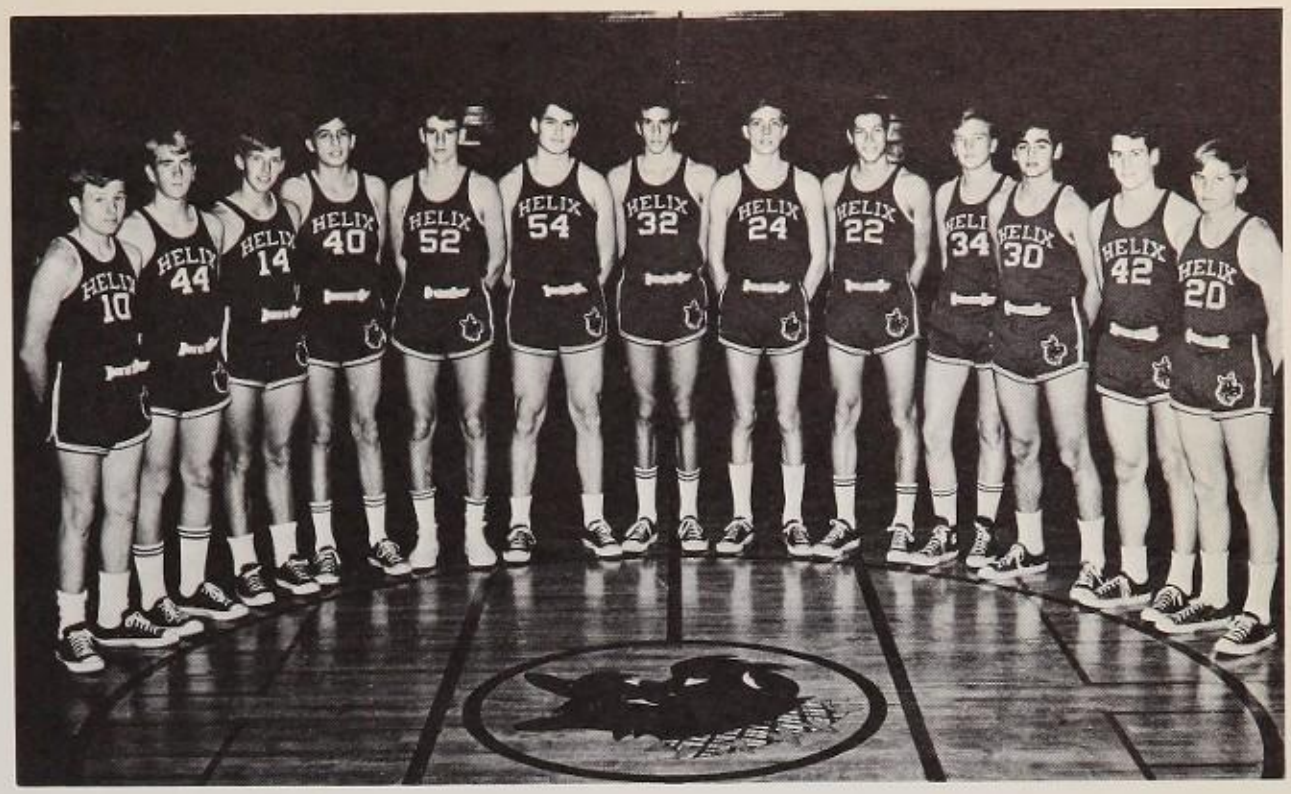
Mike Murphy
Junior Center

Mike Mahaffie
Junior Forward



Oliver McConnell
Junior Guard

COACH WALKER



JV—L. to R.: Brent Bacher, Steve Riehle, Bill Baston, Rick Garcia, Marty French, Chuck Goodman, Jeff Doddridge, John Singer, Mike Honz, Dave Grunderstrom, Pat Albanese, John Lillich, Howie Dillahunt.

JV RECORD

Helix		Opponent
46	San Diego	49
48	Hoover	39
47	Madison	39
52	Chula Vista	43
45	Castle Park	64
61	Hilltop	62
72, 71, 44	Mt. Miguel	39, 50, 37
58, 47, 48	Grossmont	50, 53, 52
65, 61, 54	Santana	56, 52, 56
56, 61	Monte Vista	43, 59
65, 70	El Capitan	32, 63
68, 70	El Cajon	77, 60
61, 50	Granite Hills	46, 49

FROSH RECORD

Helix		Opponent
42	Chula Vista	37
43	Mar Vista	48
41	Hilltop	54
59	Sweetwater	55
26	Coronado	46
40, 44, 65	Monte Vista	20, 41, 43
54, 60, 63	El Cajon	47, 49, 34
46, 42, 50	Grossmont	55, 49, 64
45, 46	El Capitan	44, 48
58, 61	Santana	59, 24
59, 49	Granite Hills	48, 66
47	Mt. Miguel	97

FROSH—L. to R.: Jim Browning, Jim Aunon, Anthony Conti, John Wright, Ken Sluder, Gary Ely, Bill Murphy, Paul Mayen, Craig Mehaffie, Richard Brooks, Tom Reylek, Jeff Jones.

COACH OLSEN

First Row, L. to R.: D. Raney, S. Pitt, S. Fattig, R. Hennum, C. Smith, G. Miller, D. Rodgers, D. Simmons, D. Jacobs, R. Ely, A. Evans, R. Gray, L. Adams, D. Ehrentraut, T. Halley, M. Williams. Second Row: C. Merrill, D. Moore, J. Vargo, R. Schultz, B. Erwin, R. Hartigan, R. Madsen, J. Candis, M. Hallameyer, G. Rhoads, C. Anderson, M. Sebach, G. Valkirs, B. Laue, R. Schultz, R. Rhoads, M. Mehaffie, F. Hafner, T. Parks.

Track

Coach Murihead

The varsity track team started the season with a tremendous win over a tough Lincoln team, who was predicted to be this year's state champs. One week later the team traveled to Mt. Miguel, their toughest league rival, and came home victorious. Clairmont and Patrick Henry came to our oval to try their luck at defeating the mighty green machine in a relay meet, but returned home with a decided defeat. The Highlanders then traveled to National City for the South Bay relays and then to El Capitan returning home again undefeated. The only team left with a chance to beat the Scots was El Cajon, who came hoping for victory but the green would not give in, and cleaned their clocks.

Coach Kahan

Landis and Adams charge out of the blocks.

Rick Hartegan—triple jump, long jump.

Al Stevenson—mile relay.

Rick Ely—high and low hurdles.

Jon Foster

Art Evins

Rob Barnet

Darryl Simmons

Gene Rhoads

Larry Adams

Dennis Rodgers

Curt Anderson

Greg Schimke

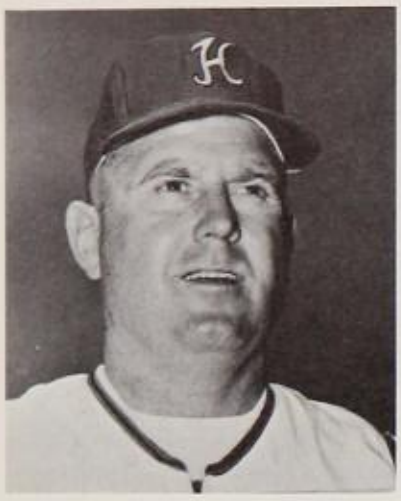
First Row, L. to R.: B. Vaughn, G. Nelson, R. Fordem, B. Hart, R. Parker, M. Boyette, R. Fabares, T. Mclaughlin, M. Mclaughlin. Second Row: L. Bauer, G. Howerton, F. Pernicano, J. Pontarolo, J. Fristo, R. Moore, G. Logan, M. Schniepp, M. Stumpff, S. Coover, M. Raffesberger, J. Freeman.

Rob Barnet and Rick Ely

John Landis

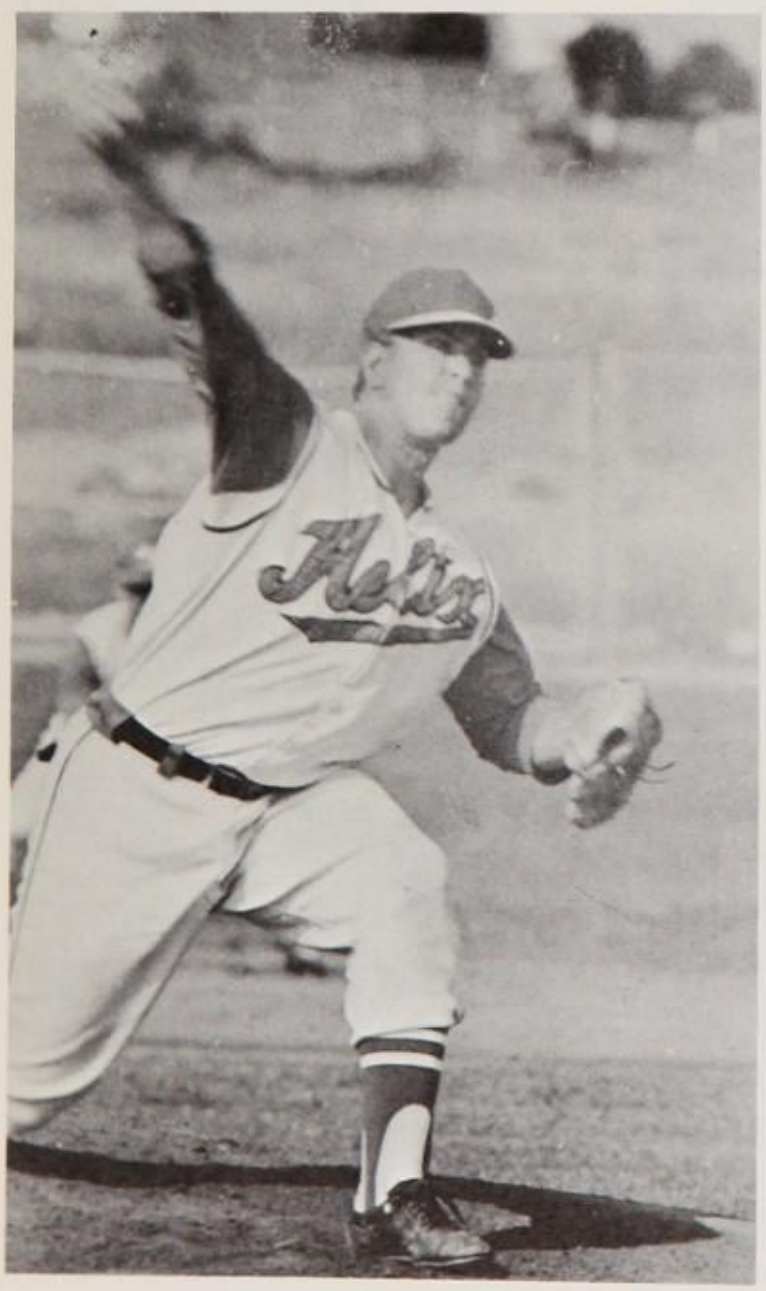
Chris Merrill

First Row, L. to R.: T. Meads, E. Cease, G. Hickman, D. Rassmussen, J. Close, A. Alvarez, M. Brothers, J. Avery. Second Row: B. McDonald, J. Aunan, R. Kaminski, R. Stump, B. Bishop, A. Henschel, D. Touchet, B. Ruegg, R. Lund, J. Jerman, A. Sandoval.



Coach White

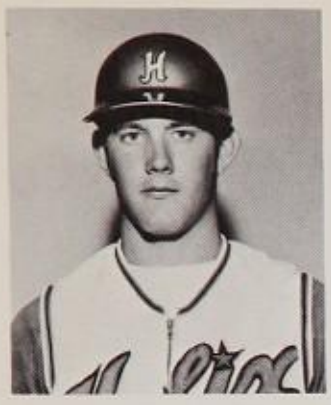
Dillahunt sprints to third.



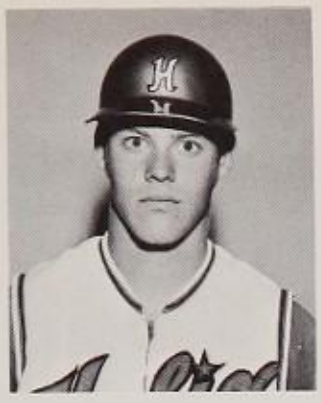
Wofford fires one to the plate.

Steve Honz
Manager

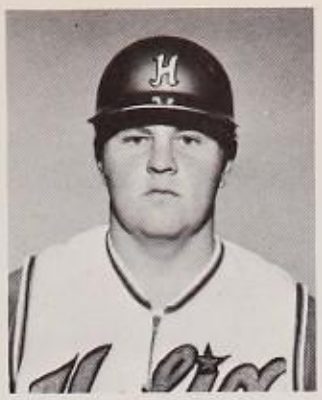
The Helix baseball team started off the season rather slowly. The team lost seven straight, before defeating San Diego in the Lyons Tournament. The team has a good potential with pitchers Jim Erautt, Brian Wofford, John Verdusco, and Burt Clements. The team put up a good fight in every game.



Jim Erautt
Sr. pitcher



Milan Young
Sr. 3rd base



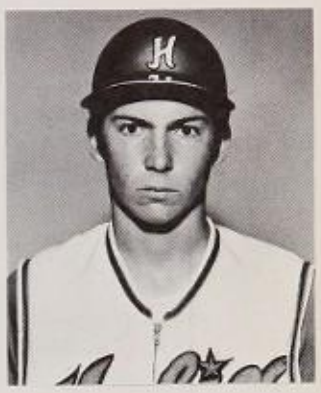
Steve Starling
Sr. 3rd base

Jim Dillahunt
Sr. outfield

Brian Wofford
Sr. pitcher

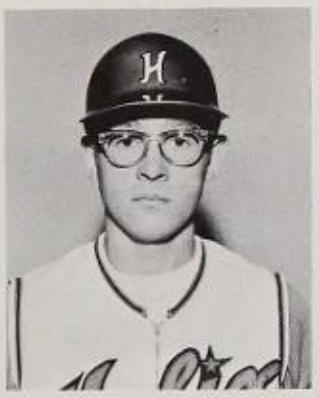
Burt Clements
Sr. pitcher

John Verdusco
Sr. outfield

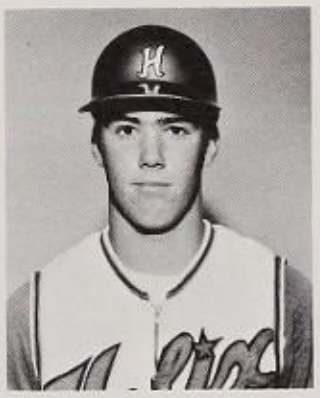


Kelly Coltrin
Jr. catcher

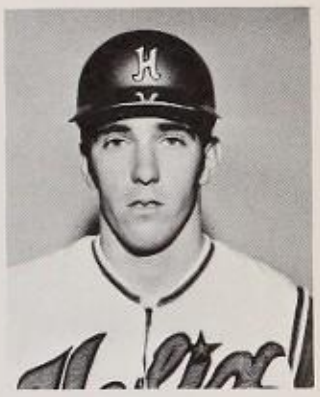
Dino Villarino
Jr. 2nd base



Tom Wolgat
Sr. 1st base

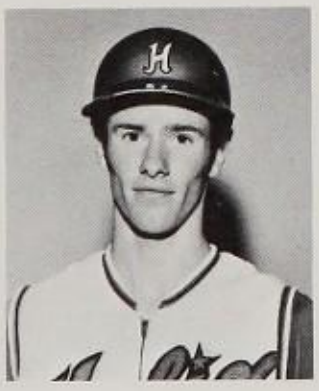


Bob Lean
Sr. 2nd base



Bill Denhart
Sr. shortstop

Kurt Brown
Jr. 1st base



Ollie McConnell
Jr. pitcher

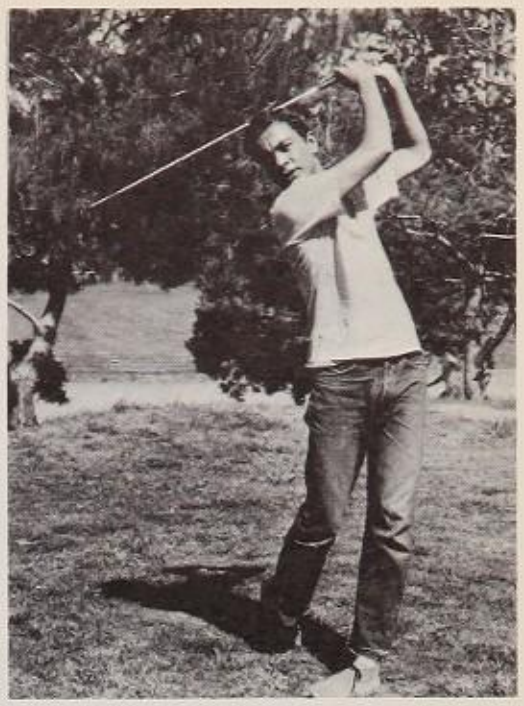
Mark Kerns
Jr. outfield

Jerry Anderson
Sr. catcher

First Row, L. to R.: J. Lish, O. Padilla, G. Burger, H. Dillahunt, O. McConnell, C. Garrett, M. Denton, Second Row: S. Reile, J. Ebright, J. Boutelle, R. Garcia, M. Honz, G. White, Third Row: Coach Lucas, M. French, B. Paddock, G. Jenkins, J. Reylek, D. Laber (Mgr.).

First Row, L. to R.: J. Browning, D. O'Dell, S. Salazar, T. Erautt, D. Hiben, Second Row: D. Dupree, R. Moore, T. Minten, P. Schultze, M. Donnelly. Third Row: G. Wallen, J. Wright, K. Sluder, V. Marikle, T. Conti.

First Row, L. to R.: M. Getz, G. Olsen, S. Randel, M. Dupree. Second Row: J. Engstrom.

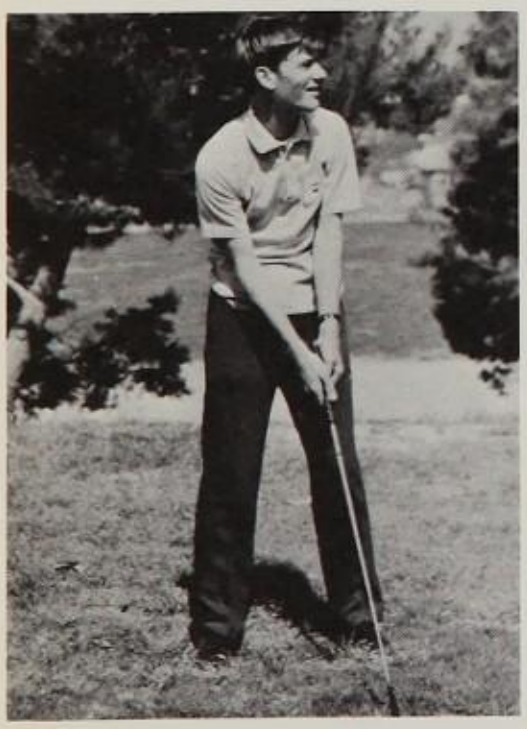


Olsen tees off

Coach Hammerschmitt

Golf

The Helix Golf Team, led once again by All-League seniors Steve Randel and Greg Olsen, had another outstanding season in tough league competition. The ''big three'' combination of Randel, Olsen, and Getz, also a senior, proved to be an unstoppable trio in the Highlanders attempt to win a third straight Grossmont title.



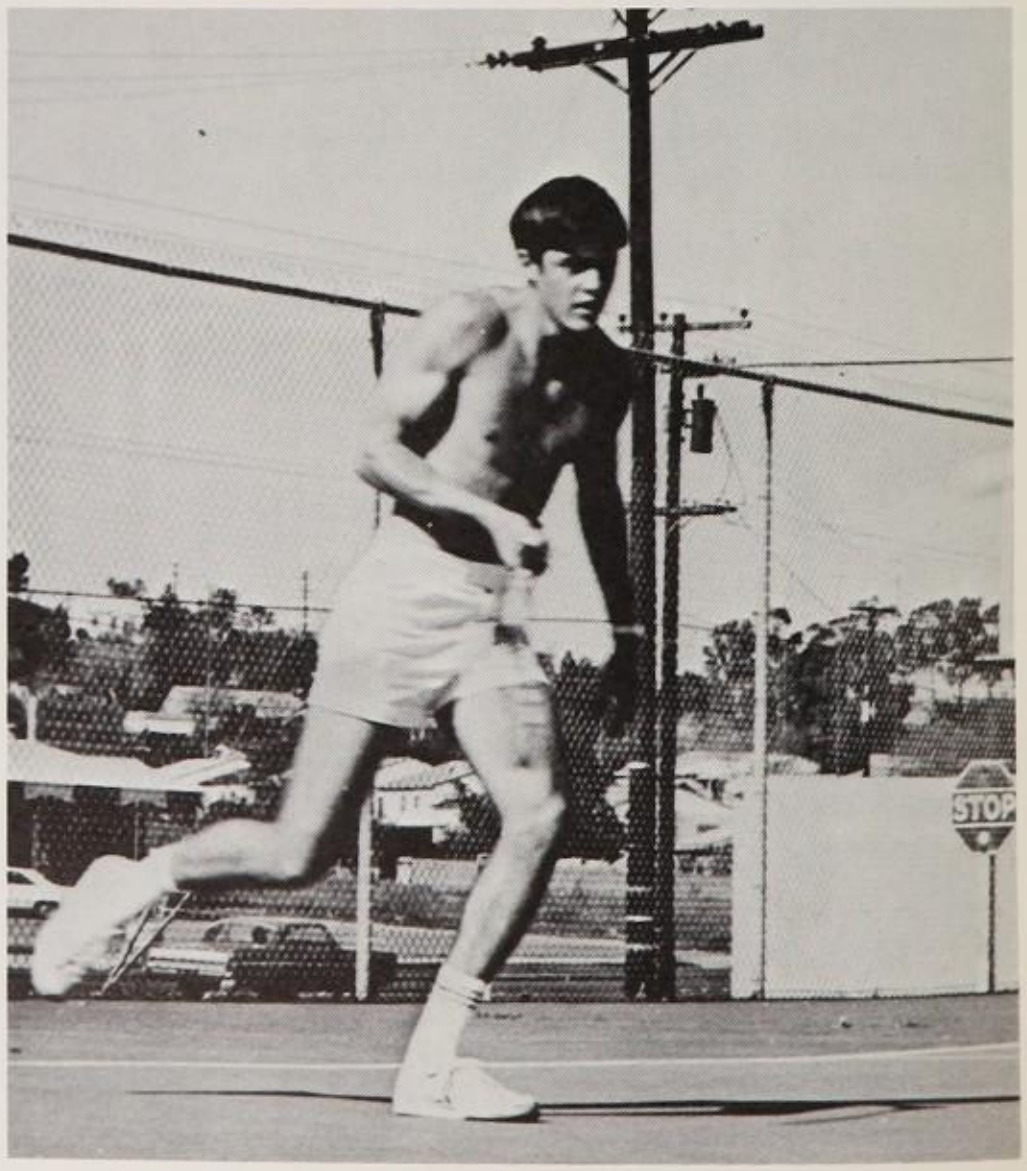
Randel sets for a fairway shot.

First Row, L. to R.: Pat Eastin, R. Doll. Second Row: L. Duke, J. Gilchrist, K. Cole.

First Row, L. to R.: Mark Mittler, Mike Traut, Dave Shaw, Jim Sable, Keith Sinclair, Second Row: Tom Self, Louis Shrinkle, Graig Galbraith, Rick Bissell, Kim Verstraten, Bruce Menser, Al Blake (Mgr.). Not Pictured: Larry Moore and Darryl DeVinney.

Varsity Tennis

Sinclair smashes an overhead as his team-mate, Dave Shaw, looks on.



Senior, Rick Bissell, follows through on a good stroke.

First Row, L. to R.: Mark McIvor, Dave Ammon, Steve Cottrel, Second Row: Chris Nicodemus, Gary Nobiensky, Rick Gord, Gary Atkinson, Al Blake (Mgr.).

J. V. Tennis

The Highlander Tennis Team got off to a great start this season by winning eight of their first eleven matches. Rick Bissell, Mark Mittler, and Craig Galbraith led the team in singles. The doubles teams of Dave Shaw-Keith Sinclair and Jim Sable-Kim Verstraten proved to be strong competitors. the squad's depth was an important factor in the team's success. The JV netmen also had a good season being undefeated in their first twelve matches.

Coach Walker

First Row, L. to R.: W. Dors, S. Clay, J. Doddridge, B. Lynes, M. Mclaren, M. Hewitt, D. Rodgers, B. Davidow. Second Row: R. Gleason, R. Geifer, R. Smith, J. Ellis, R. Johnson, G. Ryan, M. Nelson.

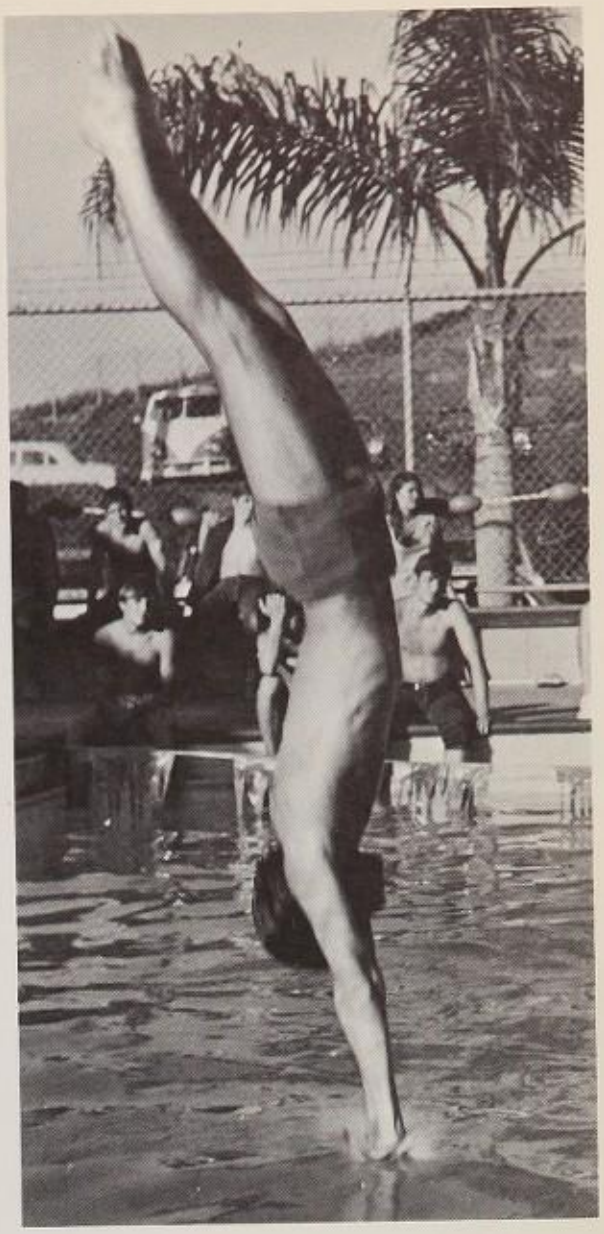
Swimming

The swimming team got off to a great start and is showing the potential of winning league and C. I. F. The team is led by many great swimmers such as: John Ellis, Rich Gleason, Gerry Limpic, Greg Ryan, Mike Nelson, Kirk Teigan, and the rest of the squad.

Coach Crawford

Teigan strokes for a lead.

First Row, L. to R.: B. Bertsch, R. White, M. Zeugner, T. Turner, R. Schwartz, P. Matheson.
Second Row: E. Murawsky, G. Simpson, T. Faulk, R. Gleason, S. Clay, D. Dornbusch.



Bertsch makes a smooth entrance into the pool.

Ryan possesses excellent form in this dive.

Limpic shows winning form.

Outstanding Athletes

The Outstanding Athlete for 1968-1969 will be chosen from these fifteen.

Larry Davidson
Wrestling

Bill Denhart
Football, Baseball

Jim Dillahunt
Football, Baseball

Rich Gleason
Swimming

Bruce Menser
Basketball, Tennis

Greg Olson
Golf

Tom Parks
Football, Track

Steve Randel
Golf

Gene Rhoads
Football, Track

Dale Sauter
Wrestling

Darryl Simmons
Cross Country, Track

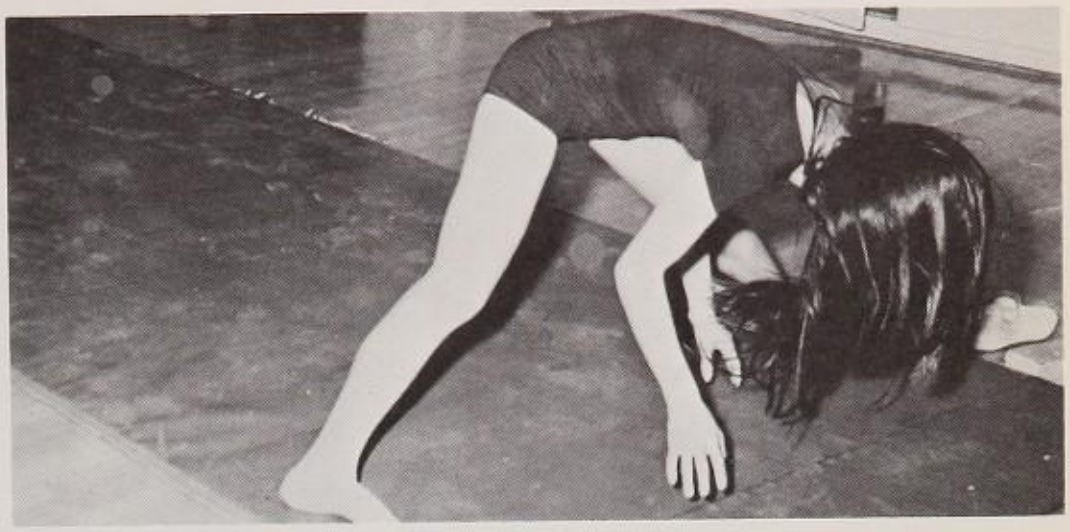
Al Stevenson
Track

Dave Unroe
Basketball

Bruce Walton
Football, Basketball

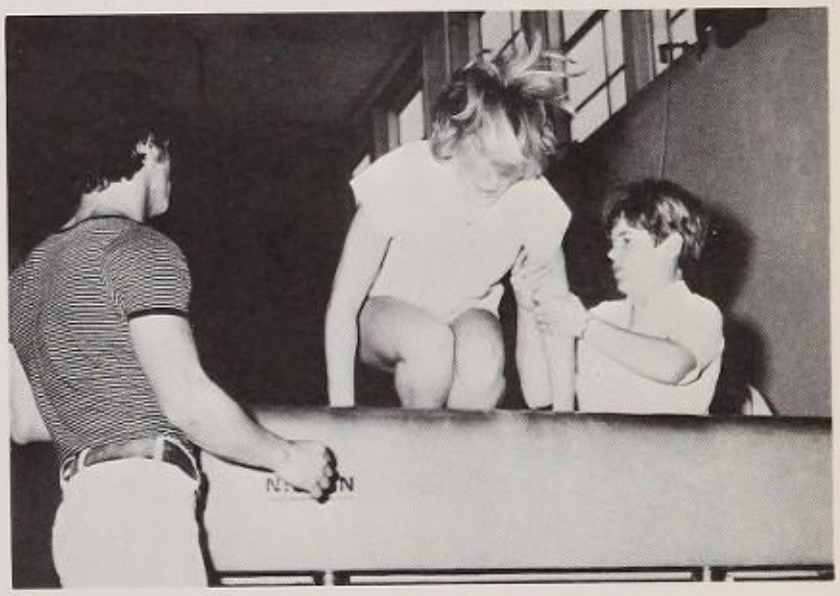
Milan Young
Football, Baseball

Gymnastics



The girls work hard perfecting their routines for competition.

The Gymnastics Club is a new club this year organized for those girls who are actively interested and have ability in the sport.



First Row, L. to R.: M. Wood, D. Bates, D. Creel, T. Henum, A. Gallemore, D. Olmstead, J. Annis, S. Cooper. Second Row: C. D'Spain, J. Smith, J. Mellon, J. Martin, M. Pace, J. Brubaker, J. Christiansen, J. Dennington, R. Burbank, P. Bressi, L. Schmidt. Third Row: Mrs. Rushing, P. Graver, V. Hernandez, M. Strand, B. Peck, A. Schnebly, T. Dickenson, A. Hamlin, C. DuFour.

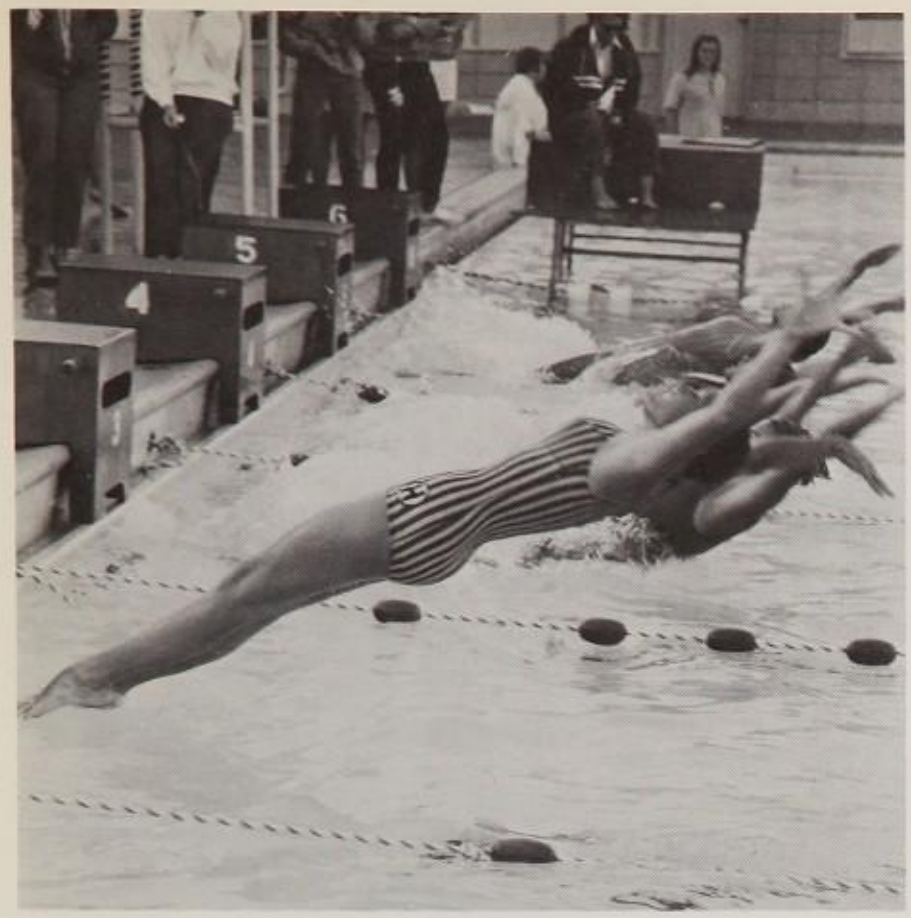
First Row, L. to R.: S. Johnson, P. Andolsek. Second Row: G. Sutton, C. Phillips, M. Munson, L. Berger, J. Verstratton, L. Evanse. Third Row: J. DeVilbiss, N. Bear, C. Harter, C. Jenson, M. Moe, C. Gardner, Olson, Wendelton, Mrs. King. Fourth Row: S. Howark, S. Gardner, B. Serna, J. Kirklen, K. Newby, A. Togabot, L. Penny, R. Canzonery, S. Youngflesh. Fifth Row: P. Helms, M. Denton, R. Eady, C. Hickman, S. Leeds, J. Jones, J. Wood, D. Roy, M. Carter, J. Smith.

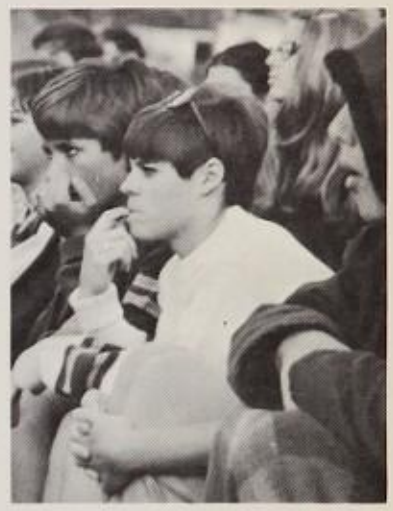
Victory

The Helix **Girls' Tennis Team** went through an undefeated season capturing first place in district competition. Their most important game against Grossmont ended the year with nine wins and no losses. That score was five to four. Some other important victories were against Escondido seven to three and Granite Hills seven to two.

First Row, L. to R.: S. Johnson, P. Andolsek. Second Row: G. Sutton, C. Phillips, M. Munson, L. Berger, L. Evans. Third Row: J. DeVilbiss, N. Bear, C. Jensen, C. Harter, M. Moe, C. Gardner, Olson, Wendelton.

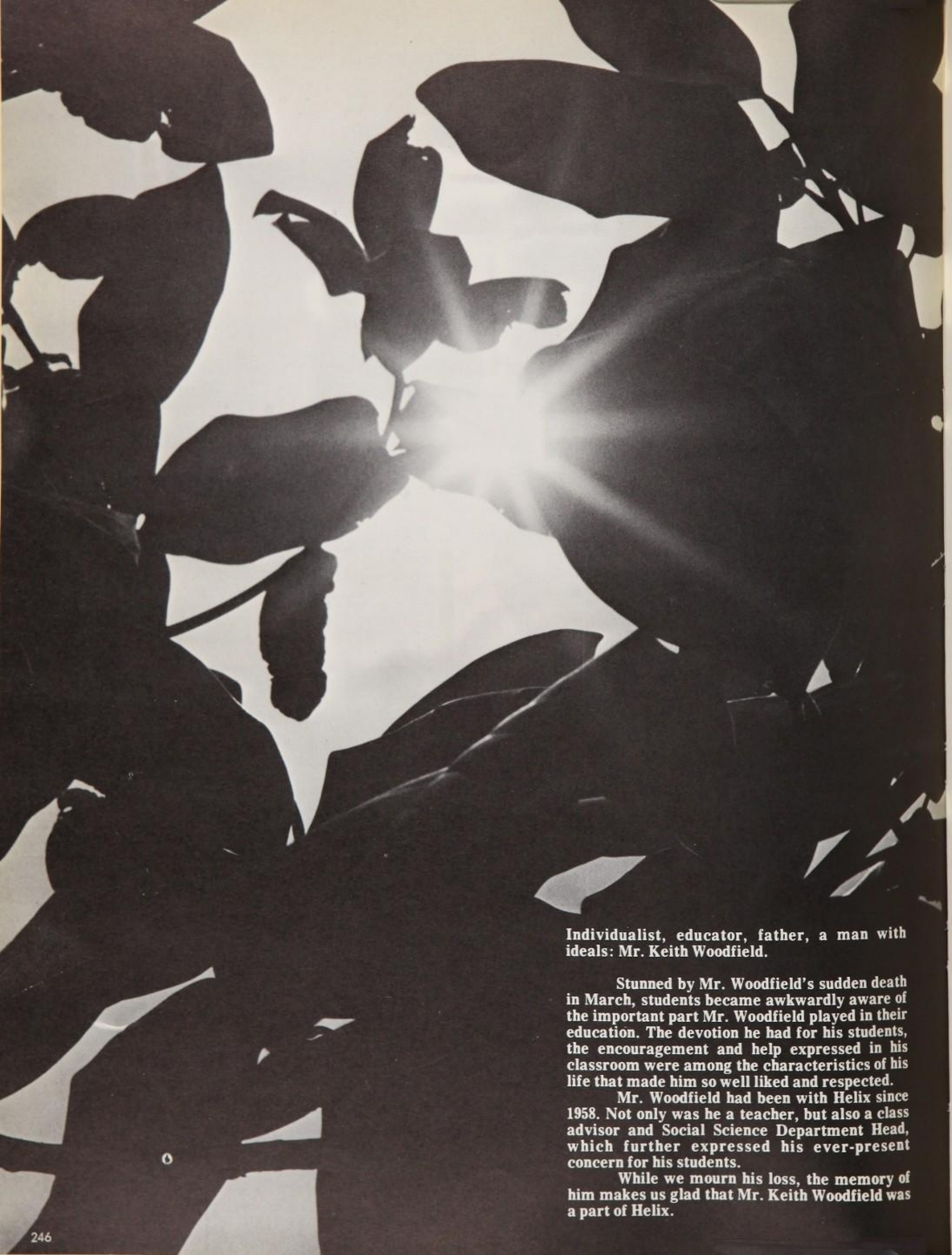
Swim Team





League Championship was captured by the Helix B team and they went on to take second in the San Diego County Finals. The A team took third place in the district and tied for fifth in the County Finals. The girls put in long hours working to perfect their styles and time in such events as the 200 meter medley, free style relays, and individual medley.

First Row, L. to R.: J. Mellon, N. Zitron, C. Yale, M. Hahn, D. Evers. Second Row: M. Bennett, D. Peace, P. Caughlin, J. Smith, A. Schnebly, P. Graver, P. Tadeo, V. Peck, T. Hilis, M. Garvin, D. Miller, R. Gloede. Third Row: M. Bresnagan, N. Clark, K. Cox, M. Hardin, N. Selik, G. Nipper, R. Selik, C. Brumbaugh, L. Russell, B. Kesler, T. Odenhall, Mrs. Kendall. Fourth Row: J. Kinnaman, K. Baker, J. Parker, T. Kaiser, C. Mulvihill, L. Driscoll, T. McDowell, C. Wickersham, J. Smith, T. Pardum.



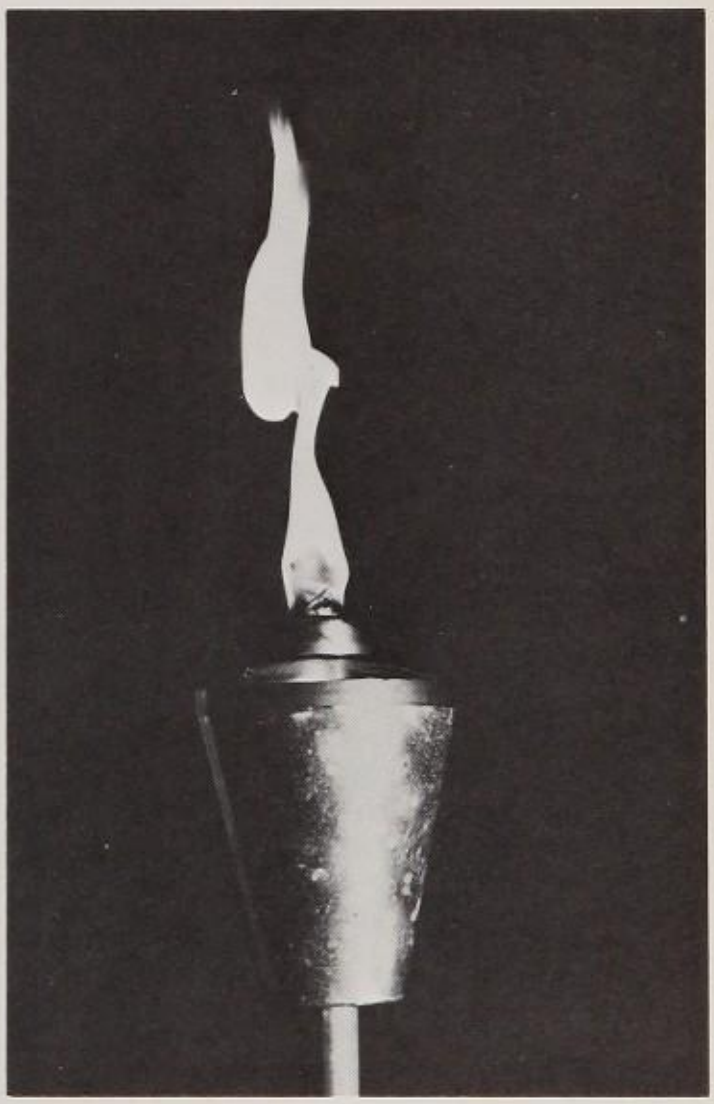
Individualist, educator, father, a man with ideals: Mr. Keith Woodfield.

Stunned by Mr. Woodfield's sudden death in March, students became awkwardly aware of the important part Mr. Woodfield played in their education. The devotion he had for his students, the encouragement and help expressed in his classroom were among the characteristics of his life that made him so well liked and respected.

Mr. Woodfield had been with Helix since 1958. Not only was he a teacher, but also a class advisor and Social Science Department Head, which further expressed his ever-present concern for his students.

While we mourn his loss, the memory of him makes us glad that Mr. Keith Woodfield was a part of Helix.

Conclusion



Helix is vacant: classrooms are bare, bulletin boards that once proclaimed athletic victories, coming dances and class activities stare at empty halls and lockers. The last faint echo of shouting and laughter is heard as another year fades away at Helix High.

Looking back, 1969 has been a year of change, of learning experiences, and a time of progress. It will be remembered as the year that, for the first time, boys with side-burns and long hair and girls with short skirts were seen on campus during school hours. 1969 will be remembered as the year the country innaugurated its 37th President, San Diego celebrated its 200th birthday, astronaut Bill Anders of La Mesa orbited the moon, the Olympics were held in Mexico, and the North Koreans released the crew of the Pueblo. 1969 will be remembered as the year Helix got its new eight-room, air conditioned, no-window, classroom building . . . and the year 578 Seniors were unleashed from the Green and Gray tradition; from academic abilities and athletic prowess.

Unlike other schools where tradition often dictates policies and decisions, Helix found that change was a byword. While the administration and faculty labored to resolve the ever increasing problems inherent with growing pains, the real problem of adjustment fell to the student who, in the final analysis, would have to live with the situation. More often than not, these efforts were paradoxical.

Much has been accomplished and another school year has ended, but Helix will continue to move forward . . . and the **Torch of Progress** will continue to shine.

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Acknowledgements

The year has come to an end. As we look back we remember not just one great time, but many great times. Thirty-six weeks packed full of fun, laughter, study, and solemnity have been documented in the 1969 TARTAN. It has been enthusiastically put together by the TARTAN Staff and it is our wish that it will always bring back fond memories.

At this time recognition and thanks should be given to the many people who have helped make the 1969 TARTAN possible.

To the TARTAN Staff, for the many months of gathering and compiling material for the TARTAN.

To Mr. Ray, our advisor, for his work done in photography for the TARTAN and for his understanding and guidance.

To Mrs. Key, for her management of our finances.

To Florence Arts Studio, for their co-operation and photography service.

To Mr. Don Demmon and Pischel Yearbooks, Inc., for their help in assembling the 1969 TARTAN and for a fine printing job.

To the faculty and administration, for their patience and understanding.

To all the Highlanders who encouraged and supported the 1969 TARTAN Staff.

Sincerely,
Peggy Wilkinson
Editor-in-chief
1969 TARTAN

PISCHEL YEARBOOKS, INC.